MAY, 2018 CELEBRATING THE SEMESTER

SIREAK

CONNECTING AND INFORMING TCU'S SILVER FROGS











End of Semester Fiesta on Joe T's Patio

by Lisa Winter with photos by Randy Smith

The weather couldn't have been nicer for our outdoor end-of-semester dinner on the patio at Joe T Garcia's! The 205 attendees washed down chips and salsa with classic margaritas and cold beers. The passed nachos were fun to snack on while visiting with our friends and sharing summer plans. The dinner included enchiladas, tacos, and fajitas. Yum.

Three prizes were raffled: two beach bags of poolside/picnic items and a membership to Silver Frogs. Everyone had a very enjoyable evening.



See more party portraits on every page of this issue!





Thanks to our Spring'18 Instructors!!

by Ron Gantz

Each instructor is a volunteer who devotes time and effort to share knowledge and help make the Silver Frogs program a success. Our instructors for the Spring 2018 semester are listed below. Those who have taught 5 or more classes (since Silver Frogs started) are noted with an asterisk.

Adrian LeBlanc Angela Tacco* **Anne J. Bailey Anthony Lickteig Arthur Busbey Arthur Griffith* Buddy McIntyre Cannon Flowers Crystal Barth Dan Calvin** Dan Smith* **Darren Middleton* David Coke David Grebel David Hares II Dennis Beck*** Dianne Fisher **Donald Jackson*** Ed Strickel* **Eilene Theilig Elaine Klos Elaine Stoltz George Frein**

Gregg Lehman J Cv Rowell **James Brittain** Jerome Davis* Jim Parr* Joe Greenslade Joe Shannon **Joseph Tarride** Judith Soriano* Kathy Bowser* **Kaye Thornton Ken Bowers* Lalonnie Lehman Larry Borne Larry Klos Larry Lauer** Lewis Woodard* Linda Barrett **Mike Montefusco Nancy Price Nicole Conrad Orlew Lauger** Patricia Geran

Peter Nichols Randy Smith* Resa Shipman* Richard Selcer **Richard Wolf Roger Norman*** Ronald Flowers* Sara Klein Shari Barnes* **Sheri Parris Staphanie Mamantov** Steve Huddleston* **Suzanne Lewis Tee Tyler Terri Ellis Thomas Morton Thomas Van Gunten** Tom Rogers, Jr. **Uma Tauber Vernon Downing** Vicki Newby Virginia Dias William (Bill) Taylor*







Wrapping Up 2017/18

by Sharon Harrelson

On May 22, over 60 Silver Frogs instructors and Advisory Board members gathered at the Brown Lupton University Union for the 2018 Appreciation Dinner. The evening started with time for drinks and mingling, followed by a seated dinner and dessert.









After dinner, Extended Ed Director David Grebel expressed his appreciation to the group and then turned the podium over to Associate Director Julie Lovett. In her presentation, Julie talked about the phenomenal growth of the Silver Frogs program over the last three years, sharing statistics about that growth and emphasizing the importance of the instructors in making this possible. Starting with 160 members the first semester and leading up to the 500 that will be with us this fall, each semester has allowed more people to enter the program simply because we have the courses available to support that. She specifically recognized the instructors present

who have delivered 5 or more classes during that time [see list on page 2], and noted that Dr. Ron Flowers leads the pack with 16 courses offered. She also recognized Ron Gantz, who has been leading the Curriculum Committee since Silver Frogs began, and who has contributed so much time and energy into making the program what it is today.

The event was a lovely conclusion to another milestone year!



Advisory Board Elects New Members

by Nancy Box

At the April 13 Silver Frogs Advisory Board meeting, the annual election of new voting members was held to fill the seats vacated by retiring board members John Nugent, Kay Phillips and Randy Smith. Our newly-elected members are Rick Price, Richard Ranc and Lisa Winter. Welcome!

At the May 11 meeting, outgoing president Randy Smith passed the baton to **Nancy Box** for the Fall 2018 and Spring 2019 term. New officers for the upcoming school year are **Sharon Harrelson**, vice president, and **Linda Tindall**, secretary. The Board includes nine voting members, plus the Committee Chairs and past president.

Thank you to John, Kay and Randy for all your contributions during your terms! A big thank you also goes to all of the nominees who submitted applications for consideration — with so many talented Silver Frogs in the running, it was a difficult choice...but we'll be doing it all again next spring and hope to have a lot of interested candidates at that time.



(L to R) Richard Ranc, Nancy Rowe, Linda Tindall, Nancy Box, Sharon Harrelson, and Rick Price. Not pictured: Nancy Caudill, Fluffy Jones, and Lisa Winter.









Coming Soon: Fall '18

COURSE AND LECTURE REGISTRATION

OPENS AT 9:00 AM ON JULY 31

Watch your email for links to the catalog and dates for "online registration training"—and be sure to test your login ahead of time. We've got lots of new courses as well as some returning favorites; you'll have over 100 classes/lectures to pick from this fall!

How Do You Select Your Courses? by Sharon Harrelson

Deciding which of the many Silver Frogs courses to take each semester can be a challenge! With so many intriguing offerings and such a varied selection, how do you even narrow the list? And what if your top choices fill up before you register? Don't stress; there's no guarantee you'll always get your top picks, but you'll have greater success if you keep an open mind and have lots of backups on your list. Here are a few tips based on my personal experience:

Lengthen your list; this is your opportunity to try new things. In my first Silver Frogs semester, I didn't "get" all of my top-choice courses. So I just took what I got, was happy with that, and hoped my waitlisted classes would open up (they were popular, and didn't). The next semester, I widened the net and went into registration with a longer list of courses to try for. With a "full load," I was pleasantly surprised by the sessions that hadn't originally been at the top of my list. Going to every luncheon lecture offered, even if I wasn't initially intrigued by the topic, taught me something interesting about my community every single time, and I enjoyed the relaxed atmosphere of the lunches as well as chatting with new friends.

Ask other SFs what courses they loved and which instructors they've enjoyed. Having just completed my fifth semester, my selection strategy has changed somewhat — based on conversations with other students, I've chosen a few courses based solely on who's teaching rather than just choosing topics I think I'd like. I've taken

a few classes with my dad because he thought they'd be good, even though I wasn't as excited about the subject. And you know what? Those approaches have worked out great too — who would guess that learning about dew points, logical fallacies, the celestial sphere and how the Supreme Court works could be fun?

Just roll with it! So...rather than being annoyed about not getting into a specific class (believe me, this happens to EVERYONE since there are usually 30 seats and we'll soon have 500 members), consider expanding your selection criteria and taking a path you might not normally choose. There will be a "next" semester, after all, and many popular courses are repeated. And remember that no matter which classes you take, you're part of an exciting, expanding program that has so much more to offer its lifelong learners! Sure, the classes are what got us here, but if you also participate in events, special interest groups, and/or committees — whichever interest you — you'll get the most from your membership.







New Special Interest Groups Proposed by Nancy Box

Silver Frogs Special Interest Groups have really taken off this year with the recent addition of two more SIGs. We now can boast that TCU's Silver Frogs have ten Special Interest Groups!

Sign Language, proposed by Lisa Winter lgw.winter@gmail.com

Interest for this group was forged in the Spring 2018 Beginning Sign Language class taught by Dianne Fisher. Lisa shared that Sign language will be more important to know for Silver Frogs as we age and our parents age. It will also enable us to communicate with younger grandchildren who are sometimes taught sign language as a form of communication before they are talking. The group will be open to all skill levels.

Bead Buddies, proposed by Elizabeth Calvin susybee1222@gmail.com

Participants in the Silver Frogs Jewelry Making class are so enthused about their newly-acquired skills that they want to continue learning and creating beautiful jewelry. The group enjoyed the atmosphere of working together to make creations for themselves and friends and hope to contribute items to homeless shelters and non-profits.

Contact Lisa or Elizabeth to join or for more information about these groups. To see descriptions of all the SIGs, along with contact information, <u>click here</u>.

Art of Fort Worth SIG Tours Private Museum by Dick Ramsey

On April 18, members of the Art of Fort Worth SIG experienced "Amon, Architecture, and Fort Worth" at the old Fort Worth Star-Telegram building. There they viewed Amon Carter memorabilia (including his 1903 Cadillac Runabout), beautiful western art, vintage automobiles and other items collected by Bob Simpson, XTO Energy founder and part-owner of the Texas Rangers. Joy Webster, who conducted the tour, has headed projects to restore the WT Waggoner Building, one of the Tindall Records Buildings (which was the original Montgomery Ward warehouse) in downtown Fort Worth, and the Swift and Armour buildings in the Stockyards, as well as others.

Following a wonderful tour, the group lunched at The Original Mexican Food Cafe. Thank you to Ann Heinz and the creative team involved in planning another year of unique Art of Fort Worth activities!



Participants saw Amon Carter's Travel Air 5000, one of only 14 produced, which provided the first air mail service, flying out of Fort Worth Municipal Airport to Chicago in 1926.







Silvers Step Out on Campus Walking Tour

by Lisa Winter and Resa Shipman

On a sunny, warm (hot?) April afternoon, forty Silver Frogs gathered at the Brown Lupton University Union for a walking tour of the TCU Campus. Three enthusiastic student volunteers—James, Jeff and Andrew—led our tour groups, taking us

through the Commons bookended by the Union and Scharbauer Hall. Four dormitories are on the north and south sides of the quad. We stopped for a photo op at Frog Fountain and headed toward University Drive, pausing at Seppo Aarnos' sculpture, *TCU Horned Frog*.

Lisa's tour guide James, an ROTC student from Colorado, was an excellent backwards-walker who fielded all sorts of questions from his group and also man-

aged to provided some insight into 2018 campus life. Did you know, for example, that although pets are not allowed in the student housing, animals are brought into common areas during finals weeks to help relieve stress? What a great idea!

Across University Drive, we ambled at our "senior" pace through the academic quad. The Mary Couts Burnett Library, Rees-Jones Hall, Sid W. Richardson Building, Annie Richardson Bass Building (Nursing), Charles D. Tandy Hall (Business), and Tucker Technology Center were all pointed out. We caught our breath in Rees-Jones, and then proceeded through the library and back across University Drive. We viewed the "junior/senior" dorms — whose amenities sound amazing, especially when compared to some of our own dorm experiences — and then walked through the Rec Center. We exited the adjacent Rickel Academic Wing, turned right down the sidewalk and were educated about the athletic facilities on the west side of Stadium Drive. Our tour concluded where it began.







Resa spent some time learning about her tour guide Jeff, who came to TCU from a small Christian high school in Arizona and who has grown to love both TCU and Fort Worth. Jeff shared one last story before concluding the tour, saying that when the new football stadium was being built, the outdoor lights were 10 feet taller than any other point on the campus until Chancellor Victor Boschini, Jr. heard about this. He said the steeple of the student chapel was to remain the tallest point [so the stadium design complied]. Yes, football reigns at most high schools and colleges in Texas, but at TCU, God is first!

We finished the event none worse for the wear, albeit a little thirsty, tired, and sunburned. It was fun to see how the campus has grown, learn about current college life, and get our steps in at the same time. Thank you to our student tour volunteers with TCU Admissions and their leader, Margaret McCarthy, for spending time with us. We really enjoyed the outing and hope to do it again.





Luncheon Lecture:

Riding the Rails with Paul Ballard

by Sharon Harrelson



On May 17, Silver Frogs gathered for the third and final Luncheon Lecture in our Spring series. Paul Ballard, President and CEO of Trinity Metro (formerly the Fort Worth Transit Authority) spoke to the group following a buffet lunch. Having worked in public transportation for his entire career, and growing up in Boston, Paul certainly knows his way around buses and trains!

Most of the lecture was focused on the new **TEX**Rail train system that is currently under construction, and is scheduled to begin its regular runs on January 1, 2019. This system runs from the ITC in downtown Fort Worth through Grapevine and to



DFW Terminal B, with a projected end-to-end time of 48 minutes. There are nine stations on the line and the trains themselves are amazing! They'll be fueled by a combination of diesel and electric, and promise to be very clean-running and quiet. With amenities including level boarding (no steps), comfortable seats, work tables and USB ports, and roomy restrooms, the trip should be pleasant and fun! Many attendees were es-

pecially excited that there will be a designated "quiet car" on each train; each will also have a real live conductor on board. By the numbers, the 8 trains are 275' long and can carry 225 passengers seated, with another 225 standing. The initial schedule offers 72 departures each day, running every half-hour during peak times and hourly the rest of the day. With "Silver" fares for passengers 65 and older and day passes available, the aim is convenient, safe, affordable and enjoyable transit.

Safety is a major focus and we'll be seeing billboards, social media posts, safety videos and campaigns around **TEX**Rail. Operation Lifesaver will also head into area schools to teach students about train safety. And the train system is being built with the latest safety technology.



Advisory Board President Nancy Box, speaker Paul Ballard and Luncheon Lecture Chair Ann Shelton

Q&A wrapped up the session and now we can all look forward to getting on board in 2019! For more information and updates on the **TEX**Rail project, <u>visit the **TEX**Rail website</u>.







Frogs and Serpents and Bears, Oh My!

by Julie Lovett, with photos by Resa Shipman and Randy Smith



The TCU Silver Frogs welcomed the Baylor University Lifelong Learners to campus on April 20 for a roundtable discussion and luncheon. Board members, committee chairs and members exchanged ideas about their programs and shared in the pride they feel for their organizations.

Sixty-plus folks attended this event and the capstone was listening to our own Dr. Ron Flowers do a brief lecture on *They Shall Take Up Serpents*.

The event was organized by Audrey Johnson of Baylor University and Julie Lovett of TCU. We hope to continue the conversations and perhaps do some joint programs/adventures in the future. Go Silver Frogs! Go Bears!







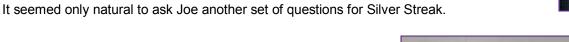




Instructor Spotlight: Meet Dr. Joe Tarride by Linda Eastwick

Joe Tarride is not (yet) a Silver Frog, but he recently taught his inaugural course for the group: Mythology and Spirituality. Those of us lucky enough to land a space in this course were treated to a wake-up call for the neurons - and for the soul. Before we realized what he had done, Joe had woven the theme of Interconnectedness from the Paleolithic Period through the teachings of Jung through the theories of parallel universes.

From Eastern philosophy to quantum physics, we explored how science informs spirituality, spirituality informs science, and how Interconnectedness is an undeniable theme of both. After each class, a group of students congregated around Joe to ask more guestions. But it was a circular mission, as his answers served only to produce more questions.



Frogs instructor? Joe: Meeting new people. Also, I learned as much or more about the subject than the students by teaching the course.

Silver Streak: What's the best part of being a Silver

Silver Streak: What drew you into the study of mythology and spirituality?

Joe: My general interest in science and philosophy. I was a pathologist by profession, and I have always been drawn to science.

Silver Streak: You shared a book that you self-published about mythology and spirituality. Tell us a little about what inspired you to write that.

Joe: I wrote the book primarily to organize the information and thoughts that I had on the subject: although a secondary goal was to enlighten others on the subject.

Silver Streak: You mentioned in class that your studies have taken you to the McDonald Observatory. How did you "connect the dots" to arrive there?

Joe: My wife Sallie and I have been members of the Board of Visitors (BOV) of the McDonald Observatory for about 18-20 years. Because of our interest in astronomy. friends asked us to join the BOV, which is a support system for the observatory.





Silver Streak: Do you have one piece of advice for people who want to pursue the study of spirituality and mythology? (Something that won't scare them off, like the mention of quantum physics!).

Joe: Read widely and keep an open mind. Carl Jung, Joseph Campbell and Karen Armstrong's writings are very enlightening on the subject of Mythology and Spirituality.

Silver Streak: Do you have a favorite quote to share? "There are more Joe: From Shakespeare's Hamlet: things in heaven and earth, HORATIO, than dreamt in your philosophy."

Thank you, Joe, for so generously sharing your research, time, and thoughts with us!









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Classroom Hosts: Thank You!

by Nancy Caudill and Betsy McDaniel, Classroom Host Committee Co-Chairs

Gracias. Merci. Danke. Grazie. Thanks, y'all. No matter the language, our intent is the same: to show gratitude! Sounds simple, but words are powerful...and we want these powerful words to sound loud and clear...THANK YOU, CLASSROOM HOSTS!!

With you, Silver Frogs attending a class or lecture are welcomed into the classroom. With you, our membership rolls are maintained. With you, instructor questions are answered or directed to the knowledgeable people in the front office. And with you, our beloved candy bowl is always full! We are grateful for all you do each time you volunteer to be a classroom host. We know we say it over and over but it remains true...we couldn't do it without you. Enjoy your summer; we look forward to seeing your face and many new faces at the Classroom Host table next semester!

What Are You Watching?

My wife and I have been enjoying *The Marvelous Mrs. Maisel* on Amazon Prime. This show, set in 1950s Manhattan, has a wonderful cast led by cute-as-abutton/smart as a whip, Rachel Borsnahan ("Midge" Maisel) and quirky Alex Borstein as the manager of a downtown comedy club. Marin Hinkle and Tony Shalhoub are Midge's parents. High-fashion costumes, trueto-life sets, catchy music and snappy dialogue add to this viewer's love of the show and explains why Amazon has ordered a second season.

- Bill Benge

Cheers!

Thank you to **Orlew Lauger** for a wonderful class on visiting France. I wanted it to continue for another four weeks!! Merci bien, Madame.

— Sian Borne

I want to thank whoever was responsible for organizing the TCU campus tour [Lisa Winter]. It was fun, informative and a great way to get some steps in. Our guide, Jeff, was knowledgeable and charming.

— Linda Rodjak

My sincere thanks and appreciation to the members of the Luncheon Lectures Committee. They faithfully attend meetings, bring outstanding ideas and volunteer to assist at each event. Makes my job very easy and enjoyable!

- Ann Shelton

Cheers to **David Grebel** for his great course *God's Long Summer—Faith & Civil Rights* and to my Silver Frog classmates for their throught-provoking comments. Thanks to David and the classmates who came out to see and discuss the new "Black Panther" Marvel Comic movie—it was a lot of fun!

— Andi Smith

Silver Frogs is so lucky to have **Kathy Bowser** as an instructor! I have taken three classes with her, and they have all been informative and insightful—but most of all interesting. Do yourself a favor and sign up for anything she teaches!

— Rhonda Grundy

My friend and I took the [Extended Ed] Photography class with **Greg Kopriva**. He's a terrific instructor and we've both learned so much about our DSLR!

- Nancy Jones







Hammock and Porch Swing Summer Reads by Shari Barnes

No more curling up in front of the fireplace...the flowers are blooming, and we're ready to welcome vacations, fireworks, and frivolous books.

May...Settle into your backyard hammock with an icy lemonade and Dan Brown's adventures with Robert Langdon. The latest travels with Brown's intrepid Harvard professor begin in Bilbao at the famous Guggenheim Museum and take you to Madrid and Barcelona. By the time you've finished **ORIGIN** you will be ready to book your flight to Spain. This is an exciting read which leads you to deal with themes of where we came from and where we're going.

June...It's time to move to the front porch swing and delve into a delightful, gossipy account of Eleanor Roosevelt and Alice Roosevelt Longworth's contentious relationship. Teddy Roosevelt's niece and daughter were at opposite ends of the political spectrum and were among the most famous women in the world. Marc Peyser and Timothy Dwyer take you through Roosevelt family friction and notoriety. **HISSING COUSINS** provides insight into our American royalty.



July...While you're traveling, try an audio book. Anne Hillerman has written **ROCK WITH WINGS** as the 20th in the Leaphorn and Chee series begun by her father, Tony Hillerman. The audio version provides a different experience and makes a nice summer "reading" break. Sgt. Jim Chee and Officer Bernie Manuelito follow clues leading to a missing woman, a villain, and a potential gravesite. Navajo land is the location for mystery and intrigue.

August...It's 100 degrees outside and time to move to the bedroom easy chair. Jacqueline Winspear's second book in the Maisie Dobbs series, **BIRDS OF A FEATHER**, takes you back to 1930. Private Detective Dobbs works in London in a male-dominated profession, but she is emerging as an impressive force. Searching for a missing heiress, Maisie discovers three murders related to the Great War. Winspear leads us through a great mystery romp while dealing with difficult issues of family dynamics. If you enjoy Maisie, you may want to follow the 14-book series.

Take a reading vacation in Spain, Washington, D.C, New Mexico, and London, but stay cool.



Islam, Christianity and Middle East Conflict by Richard Ranc

Several years ago I began to read parts of the Koran as my interest in Islam and the Middle East was peaked by US involvement in the region. I discovered Joel C. Rosenberg and bought his novel, *The Twelfth Imam*.

Some background: The Islamic messiah is called the Mehdi or the Twelfth Imam. His coming signals the so-called "end of times" and ushers in a new world order and the establishment of the Caliphate. The principal character of this novel is

American-Iranian David Sharizi, escaped from Iran (as in the film/story Argo) and works for the CIA with the mission of disrupting Iran's nuclear weapon's program.

Released in 2010, *The Twelfth Imam* is a page–turner, and was difficult to put down. The novel is realistic, insightful and vividly portrays the conflicts of the three major religions of the region and Iran's nuclear ambitions.

Rosenberg's first book, The Last Jihad,

published in 2002, was on the New York Times Best Seller list for eleven weeks. His latest novel, *The Kremlin Conspiracy*, was published in March 2018.

Rosenberg was born near Rochester, New York in 1967. His father was of Jewish descent and mother Methodist but both agnostic. Rosenberg himself is a born-again Christian. He has worked as a political consultant but now centers his efforts on works of non-fiction and novels.









Taxes, Anyone? by Richard Ranc

"Nothing is Certain Except Death and Taxes"*

Tax returns for most have been filed and now many are anticipating how the Tax Cuts and Job Act bill will affect future taxes and income. Let's begin with a short summary of the birth of the Federal Income Tax.

Income taxes were initiated during the Civil War to finance that conflict. The 1861 Revenue Act was passed to generate revenue for the war and was set at the rate of 3% of annual income over \$800. In 1872 that tax was rescinded. In 1909 Congress proposed an amendment to the constitution and sent to the states, for ratification, an income tax bill allowing the Federal Government to collect taxes. In February 1913, the 16th Amendment was ratified establishing the income tax system. The original tax was 1% on incomes up to \$20,000!

Moving forward to today. Roughly 54% of Americans pay taxes, and approximately 77 million households (or 46%) pay no taxes. The top 1% of earners account for 44% of the total taxes collected and the top .1% (earning \$9 million+) pay 20% of individual tax revenues. By estimates, in 2017 the top 20% of wage earners will pay 87% of income taxes.

Americans generally articulate the feeling that taxes are too high. In reality, the tax burden on Americans is approximately 26% of gross domestic product (GDP). European and other OECD (Organization for Economic Cooperation and Development) economies average 34% of gross domestic product.

Americans who pay no federal income tax are still subject to payroll and Medicare taxation. The number of non-payers has continued to rise over the years. It is projected that the recently passed tax bill will decrease the number of non-payers in ensuing years as current exemptions are phased out.

Although the US tax code is progressive we do need to be concerned that a significant number of Americans enjoy the benefits of this society without any or a minimal financial stake. In recent years the idea of a national sales or consumption tax, perhaps less skewed, has gained some momentum.

*Attributed to Benjamin Franklin, 1781

Heard it in Class (actually, on the Walking Tour):

BLUU ("blue") — according to our student guide, this is how all the kids refer to the Brown Lupton University Union.

What Are You Reading?



THE WOMAN'S HOUR: The Great Fight to Win The Vote, by Elaine Weiss, Viking Press. In-depth coverage of the ratification of 19th Amendment. Sometimes more detail than the reader might want, but a breathtaking report of the politicking that went on to pass this amendment, the women and men on all sides and what motivated them. Fascinating look at clash of politics, culture, business and religious mores. Of special interest to all who take our freedom and right to vote for granted.

— Betty Youngman

Need to Know by Karen Cleveland. FBI agent finds Russian spies. Real page turners. Gale impressions. Jeffrey Archer about stolen paintings. Velva Jean learns to drive. Great series about being self determined.

- Dianne Fisher

Andrew Jackson and The Miracle of New Orleans by Brian Kilmeade. Great book about a great American, Andrew Jackson. So many details about how he turned back the mighty British Navy! A must read.

— Janelle Coyle

The Scarlet Pimpernel by Baroness Orczy, about the French Revolution. I've always enjoyed the classics and historical fiction, and am reading this for the 4th time since junior high.

— Resa Shipman

Currently reading *Insidious Intent* by Val McDermid...latest in series featuring Tony Hill and Carol Jordan. Enjoying it as I like to follow characters from book to book...they have plenty of flaws, the crimes are just atrocious and it's an easy read. What more could you want!?!

- Betsy McDaniel





Head to the farmers' market or your backyard garden for fresh produce to brighten your plate this summer!



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Sweet and Sour Zucchini

3/4 C sugar 1 tsp salt 1/2 tsp pepper 1/3 C vegetable oil 2/3 C apple cider vinegar 2 T white wine vinegar 5 C thinly sliced zucchini

1 small onion, sliced 1/2 C chopped green pepper

1/2 C chopped celery

In a large bowl, combine first six ingredients; stir in the vegetables. Refrigerate several hours or overnight. Serves 6-8.

Cantaloupe Salsa

2 C coarsely chopped cantaloupe

2 C coarsely chopped **cherry tomatoes**

1/4 C chopped green onions

1/4 C fresh basil or 4 tsp dried basil 1 - 2 T diced, seeded jalapeño pepper

2 T lime juice

1 - 2 tsp grated orange peel

1/4 tsp salt

1/8 tsp pepper

In a large bowl, combine all ingredients and toss to coat. Cover and refrigerate at least 30 minutes before serving. This makes about 6 cups.

BLT Pie

Your favorite pie crust recipe or a store bought pie crust (such as Betty Crocker) 3/4 C mayonnaise (not reduced fat or fat free)

1 C shredded cheddar cheese

8 bacon strips, cooked and crumbled

4 oz sliced, fresh mushrooms or 1 small can mushrooms, stems and pieces, drained

1 T chopped green pepper

1 T chopped onion

3 medium ripe tomatoes, peeled and sliced

In a bowl, combine the mayonnaise, cheese, bacon, mushrooms, green pepper and onion. Then layer half of the tomatoes in piecrust. Top with half of the mayonnaise mixture. Repeat

Bake at 350 degrees for 30-35 minutes until golden brown. Serves 6-8.







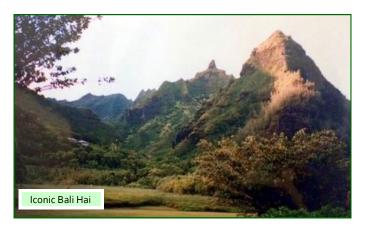




Live Like A Local: Kauai by Jane Swanson

With the end of the semester and summer fast approaching, many of us will be heading to the beach, some for family reunions and others just to cool off. This is another occasion where you may want to consider staying in a private home or condo. We did just that on one of our trips to Hawaii. It was actually a trip I won in a raffle and was able to take along family and friends.

Venturing north on the island of Kauai after dark due to delayed flights and lost luggage turned into quite an adventure, despite having a map and directions to the house. What we didn't have was the knowledge of how to navigate one-lane bridges (we encountered seven!). Despite our rough start, we were delighted to arrive at the beautiful oceanfront home on five acres complete with its own fruit orchard and colorful feral roosters (which we didn't see until morning).



Our other surprise at first light was that Makana Mountain Peak was in our backyard. This may not mean much to you unless I tell you it was cast as the magical mountain Bali Hai in the movie South Pacific, which was filmed just down the beach many moons ago. A real treat was watching the movie (which we did while there) and occasionally glancing out the window.

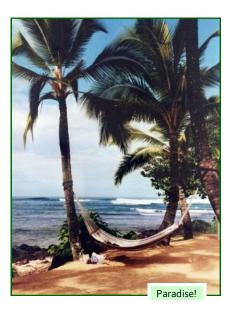


We had such a great time doing so many of the things Kauai has to offer: Waimea Canyon, white sandy beaches, helicopter rides, luaus, and hiking the rugged North Shore. Kayaking the Hanalei River was not only beautiful but relaxing and easy...that is, until you try to exit the boat!

My favorite thing, and the reason I always enjoying having a kitchen, is the camaraderie of everyone pitching in and cooking together—creating not only delicious meals but wonderful memories.

Wherever the approaching summer takes you, have a great time and a safe trip, and as they say in Hawaii: "Aloha".









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Thank you, Silver Streak Contributors!



Shari Barnes (*Hammock...Reads*) has taught TCU Extended Education's *I Love A Mystery* for several years and has facilitated *Bucket List Books* since the Silver Frogs beginning. Shari has also written for numerous popular and professional magazines. She is happy with a book and a cup of coffee.



Sian Borne (Newsletter Staff) is in her 3rd semester as a Silver Frog and is retired from a nursing/Human Resources career. Originally from England, she made her home in Fort Worth back in 1973 and has never lived anywhere else in the US. She has two daughters and 4 (soon to be 5) grandchildren.



Nancy Box (Special Interest Groups) is a charter member of Silver Frogs, serves on the Curriculum Committee, and is the 2018-19 Advisory Board president. Being involved in Silver Frogs has been a very rewarding experience. She enjoys reading a good mystery and playing with her two granddaughters.



Linda Eastwick (Instructor Spotlight, Newsletter Staff) is a former educator and her passions – besides all things grand-child-related – include researching and writing. She embraces the Minimalist movement, but is 37 boxes and two file cabinets away from becoming one.



Ron Gantz (Instructor Thank-You), a founding member of the Silver Frogs Advisory Board, is the current Chairman of the Curriculum Committee. Ron, originally from Illinois, spent most of his career at the Johnson Space Center in Houston, and is enjoying living in and learning about Fort Worth.



Sharon Harrelson (various articles, Editor) is a Fort Worth native who has been editing various publications for work and fun since middle school. A Silver Frog since Spring 2016, she also enjoys cooking/baking, gardening, photography and the challenges of keeping up with her twin teenaged sons.



Dick Ramsey (*Art in Fort Worth SIG***)** is a graduate of TCU where he served as student-body president. An avid gardener, golfer and sports fan, he's now an avid Silver Frog.



Richard Ranc (*Taxes, Islam,* Newsletter Staff) came to Silver Frogs following a 10-year affiliation with Senior University in Georgetown. His background also includes time as VP of Investments at Wachovia Securities and contributing financial articles to various publications.



Andrea Rankin (*Frogs in the Kitchen*) has been a Silver Frog for 2 1/2 years and has taught the lecture, *Antarctica: You're Never Too Old.* Her passions besides her only granddaughter, Sage, are traveling and cooking themed meals with an international flair.



Ann Shelton (Newsletter Staff) is a charter member of Silver Frogs. She retired after many years as an Administrative/ Executive Assistant, and now enjoys being a grandmother, playing tennis and volunteering. She serves as chairperson of the Luncheon Lecture Committee.



Resa Shipman (Walking Tour, photos) is a charter member of Silver Frogs, and also a regular Silver Frog instructor. She served as Advisory Board President for 2016-17. She enjoys travel, photography, cooking and gardening.



Randy Smith (Photographer) is the 2017-18 Silver Frogs Advisory Board president, and also an active member, committee member and instructor.



Jane Swanson (*Live Like a Local*) Jane was at one time was a stewardess for Ft. Worth's other airline, Central. Eleven years as a travel agent and living in Europe for a time instilled a love of travel where she aims to feel like a local instead of a tourist.



Lisa Winter (Joe T's, Walking Tour) has been a Silver Frog since Fall of 2016. She is active on the Advisory Board as Special Events Chairman. Lisa is a TCU neighbor and a Frog Club member.

Cheers! Three big cheers to our **terrific Newsletter Committee and regular columnists** for being the heart of *Silver Streak*. And thank you to all members who contributed to the newsletter this year; whether you sent in pictures, an article, or contributed to our "what are you (reading, watching, growing)..." columns, you've made this newsletter fun to put together and to read. We'll be scouting for additional committee members at the Fall Meet & Greet, but you can also join now by sending me your contact information at sharon.r.harrelson@sbcglobal.net. We will be meeting again in August.

Important Dates to Remember:

June 19 Silver Frogs @ Romeo & Juliet
July 31 Course Registration for Fall'18
August 28 Fall Meet & Greet





What do you enjoy about Silver Streak? <u>Click here</u> to send us an email with your feedback or suggestions.



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