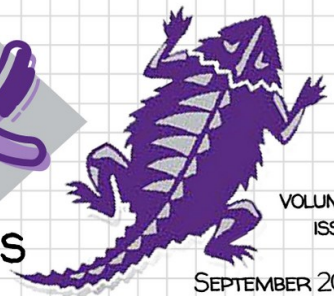


# SILVER STREAK

CONNECTING AND INFORMING TCU'S SILVER FROGS



VOLUME 5  
ISSUE 1

SEPTEMBER 2020  
BACK TO SCHOOL

## WELCOME!

by Lisa Winter, Advisory Board President 2020-21



Is it still 2020? The year with vision? I can't believe it is September! Where did March, April, May, June, July, and August go? So much has changed in all of our lives since March 13 when the world went into quarantine. I think, for the time being, this is our New Normal. And as the world around us has changed, so has TCU Silver Frogs, and we are rolling with the punches!

It is my pleasure to welcome you back to school for the Fall 2020 "virtual" semester of TCU's Silver Frogs program. I'm delighted that you chose to be a member of this great community of lifelong learners. We will be taught in different ways, participating and connecting in different ways, but we can do this, and be inventive in the process. We have a wide selection of courses, lectures, and special lectures (pre-COVID-19 also known as Luncheon Lectures), and we are offering many of our SIG programs online where possible. Remember, all of our instructors and leaders are volunteers who are sharing and covering topics in which they are knowledgeable and talented.

There were many scenarios we explored for Fall 2020. The curriculum and schedules have been shuffled a few times, and engineered for both in-person and virtual, so that we would be prepared for either option. A lot of work was done by our committees, advisory board and TCU staff "behind the scenes" since March.

None of the TCU Silver Frogs program would be possible without our dedicated TCU liaison, Julie Lovett, and her full-time staff. They have been working diligently since the pandemic began (mostly from home) to make sure this semester would happen. Lately, the Extended Education folks have been "training the trainers" on how to use TCU's Zoom platform.

Be aware: It is best if we don't drop in at Secretst-Wible for a visit with Extended Ed staff. They can handle everything we need over the phone and via email. This is for your protection, as well as for the health and safety of the students, faculty and staff. The one exception is instructors who need to teach class from the conference room (arranged in advance). For social distancing, much of the non-classroom space on campus has been repurposed for in-person instruction. The Campus Rec is closed to community members and alumni. The library is closed to the public.

I'm glad you have chosen to join Silver Frogs in this troubling time. I hope you'll stay and hang in there while we explore this new way of online learning. I know you will find Silver Frogs to be a fun group. We will not only learn together, but also be able to check in with each other and look after each other, re-connect with friends, and make new friends. Be safe! Stay at home! Wear your mask! Wash your hands! See you in school!



## VIRTUAL MEET & GREET SEPTEMBER 9

Join the Silver Frogs on **Wednesday, September 9** via Zoom for the fall semester's kick-off event, the **Meet & Greet**. While we won't be able to provide the coffee this time, you're welcome to bring your own!

All Silver Frogs are invited, and we strongly encourage both new and returning members to attend, since this semester looks different from previous years.

Meetings are at 10am and 1pm; [you'll need to register](#) in order to receive the link to get into your chosen session. Space is limited (that's a Zoom thing) but we have plenty of it between the two sessions.

Learn what's new this semester, ask questions, meet your fellow Frogs and the Extended Ed team, and learn about our committees and Special Interest Groups (see a list of these on [page 6](#)).

If you can't make it, no worries — Extended Ed will email a link with the recorded presentation for later viewing.

## MEET OUR SILVER STARS!

Silver Frogs launched its first semester in Spring 2015 with 160 members who enjoyed 24 course offerings. This semester marks the 12th for the program and we're recognizing and honoring the 69 charter members—43% of the original group—who have returned for more this fall. An astounding 62 of that inaugural group have been members of Silver Frogs all 12 semesters!

These members truly represent a commitment to Lifelong Learning—and you can normally recognize them by the silver stars on their name badges. We're not wearing those this semester, but you can still strike up a conversation with these members in a virtual class, find out what they love about the program, get recommendations for choosing classes and know that they're truly the coolest kids on campus.

Lynda Agnew  
Crystal Barth  
Mike Bickley  
Lee Bohme  
Peggy Bohme  
Kakai Bowers  
Ken Bowers  
Kathy Bowser  
Jim Box  
Nancy Box  
Dan Calvin  
Elizabeth Calvin  
Nancy Caudill  
Claudia Coggin  
Sheila Cole  
Mary Craig  
Leola Curtis  
Steve Epstein  
Dick Fahy



Mary Ellen Fahy  
Ron Flowers  
Ed Furche  
Judy Furche  
Evelyn Gantz  
Ron Gantz  
Helga Gerlinger  
Carol Harrell  
Emily Harrell  
Kathleen Hayes  
Fluffy Jones  
Elaine Klos  
Larry Klos  
Sarraine Krause  
Tony Krause  
Larry Lauger  
Orlew Lauger  
Judy Lester  
Dian McCall



Betsy McDaniel  
Buddy McIntyre  
Linda Northern  
John Nugent  
Kathy Nugent  
Arthur Pawgan  
Jane Pawgan  
Melanie Rosen  
Nancy Rowe  
Warren Russell  
Nabil Saad  
Barbara Salley  
Sonna Sanders  
Chris Shahan  
Trish Shaw  
Ann Shelton  
Steve Smith  
Lowell Stephens  
Susan Stevenson



Mike Strange  
Mahala Stripling  
Jane Swanson  
Linda Tindall  
Sue Walker  
Joe Waller  
Sharon Ward



*These charter members may have missed a semester or two, but they're also with us this fall:*

Judith Coberly  
Sharon LeMond  
Barbara McClellan  
Risa Payne  
Sharon Richey  
Nancy Ricker  
Judith Smith  
Tom Swanson



## NEW MEMBERS: KEEPIN' THINGS FRESH

Silver Frogs welcomes new members to the program EVERY semester, and we're always excited to meet these additions to our community — because with new members come new ideas, additional life experience, and “freshman” enthusiasm. Whether you're new in town, newly retired, excited about learning new things or looking to make new friends...this is a great place to be. A very special welcome to our **54** new Silver Frogs who've chosen this crazy year to join the program!

Joe Algermissen  
Randi Anderson  
Ann Baldree  
Connie Brown  
Joan Carey  
Viney Chandler  
Gratia Childers  
Chris Coppin  
Andrew Crapper  
Roberta Crawford  
Bo Cung  
David Dubofsky  
Mary Dulle  
John Enlow

Susan Garrett  
Lyn Goggin  
Nancy Grogan  
Otto Grunow  
Harriet Harral  
Tad Hauck  
Eileen Henderson  
Theresa Hocker  
Jonathan House  
Susan Howell  
Kathleen Hughes  
Dana Johnson  
William Kernaghan  
Michael Marshall

Sherry McCallum  
Norma Moore  
Vien Nwoko  
Mary Pencis  
Victoria Quick  
Carol Record  
Michael Record  
Ruth Reimann  
Mark Rhea  
Sheryl Russell  
Kathleen Sargent  
Elizabeth Scott  
Laura Stackhouse  
Stephen Stackhouse

Greg Swanson  
Shirley Thedford  
Maggie Thomas  
Brenda Tindel  
Ann Trotter  
Amy Vanecek  
Carlela Vogel  
Don Ware  
Donella Ware  
Susan White  
Tom White  
Cynthia Williams



## FALL 2020: SILVER FROGS BY THE NUMBERS

This was our second semester for Silver Frog members to utilize the “new” system for course requests and allocation, and once again the process went very smoothly! The numbers are impressive:



- Fall 2020 membership: **574 (54 new!)** — that’s even more than we had in Fall 2019!
- **2,273** individual course/lecture registrations processed on Allocation Day, August 24
- **92%** of members participated in the allocation process
- Of 77 available courses/lectures:
  - ⇒ **33** courses/lectures were filled to capacity on Allocation Day
  - ⇒ **15** additional courses/lectures were filled after a week of open registration
  - ⇒ **29** courses/lectures remain open (551 seats)

We thank TCU’s Extended Ed and IT departments for making it all run smoothly!

## GETTING READY FOR SCHOOL TO START

You’ve registered for classes and you still have a few days before Session I starts. Now’s the time to get yourself ready for the new semester, with no worries about forgetting your locker combination or cramming for exams.

### **STEP 1: Get everything into your calendar.**

Whether you use a date book, desk calendar or an electronic schedule, take a few minutes to synch your new classes with your calendar and (if it helps you) set reminders so you don’t forget any of your upcoming activities. Occasionally there are classes scheduled at the same time, so make sure you aren’t trying to be virtually in two places at once.

**STEP 2: Make adjustments.** If you signed up for a course or lecture and later realize that you won’t be able to make it for any reason, it’s no big deal. **Simply contact the Extended Ed office at 817-257-7132** as soon as you know, so that you can be withdrawn from the class. This opens up the seat for another member to attend the course.

This is especially important for one-time lectures, but it may also be a good option if you find you’ll miss multiple sessions of a four-week course. Many courses are offered again in another semester, and you’re likely to get more out of any course when you’re able to attend most of its sessions.

The same courtesy applies to other Silver Frogs events. In most cases there are a limited number of spaces; if you sign up and later find you can’t attend, just let Extended Ed know.

**STEP 3: Learn!** If you’re a note-taker, have paper and pen handy when you sign in to your class. Not all courses have handouts, but many will, and you’ll see those ahead of time in your email. If you choose to print those, you may find it helpful to designate a folder or small binder for organizing your materials.

**STEP 4: Provide feedback.** After the completion of each class, you’ll get an email survey requesting your comments about it. Please take a couple of minutes to respond and provide this helpful information to the Curriculum Committee.

**FINALLY** — and this is important — if you have NOT registered for a class or event, you may not attend. Please **do not share your Zoom link with others**, as there are a limited number of spaces in the class and they are reserved for those who are registered.

You’ll get a confirmation message every time you sign up for something, so you’ll know for sure that you’re “in”! Extended Ed also sends email reminders before each class begins; be sure to read those in case anything changes about your class.






## ZOOM-ZOOM! HERE WE GO...

If you haven't become Zoom-proficient over the summer, you don't need to worry! We know people who Zoom all the time, and one of those is our own Julie Lovett, who shares some helpful hints for us before classes begin:




Above all else, stay healthy and safe. We're looking forward to seeing everyone in person as soon as possible! — *Julie*

- If you're having connection issues, try turning your video off.
- To hear better, use headphones/earbuds and turn up your speaker volume.
- Zoom invitations will typically be emailed two business days in advance of a class. If you're in a four-week class, keep the email so you can use the link again.
- Please do not share your Zoom invitation with others. We have courses capped for effectiveness and we'll be taking attendance!
- You will be "muted" upon arrival in class. Stay muted until you have a question. You can unmute yourself by holding down your space bar while talking and then release to easily return to the muted mode.
- Handouts will be emailed prior to the start of classes.
- Give a lot of grace and thanks to your instructors—we couldn't have programs without them and this is our first time doing programs remotely! 

## SILVER STREAK STAFF GETS BUSY

When everything slowed down in the spring, your Silver Streak team geared up to produce three extra special-edition newsletters, knowing that what we do was already done (mostly) remotely and would not have to be sidelined by the pandemic.

And when time came to get started for Fall 2020, we were refreshed and full of ideas (along with a good supply of commas).

Armed with our stylish new masks and mousepads (thanks, Extended Ed!), we're looking forward to reporting on Silver Frogs happenings and hearing from some new contributors. 



(Left to right, top to bottom) Richard Ranc, Sharon Harrelson, Carolyn Stephens, Ann Shelton, Diane Griffin, Polly Hooper and Siân Borne met via Zoom to finalize this issue of Silver Streak.

# SILVER FROGS ADVISORY BOARD AND COMMITTEES

Your elected Silver Frogs Advisory Board for 2020-21 includes these members:

[Lisa Winter](#), President

[Siân Borne](#), Vice President and President Elect for 2021-22

[Carol Stanford](#), Secretary

[Dan Calvin](#)

[Virginia Dias](#)

[Judy Furche](#)

[Jim Godfrey](#)

[Jo Ann Haedge](#)

[Elaine Klos](#)

The advisory board also includes non-voting members Past President Sharon Harrelson, TCU Liaison Julie Lovett, and the committee chairs (listed at right). The Board meets monthly via Zoom (and in Secrest-Wible 119 when campus is open). Exact days and times may vary depending on when other Silver Frogs activities are scheduled.

## GOOD TO KNOW

Advisory Board members serve two-year terms and elections are held each spring. Silver Frogs Operating Guidelines are available on the Silver Frogs website.

Committees bring together interested members to perform important tasks which are needed to help Silver Frogs run smoothly. They schedule meetings based on their activities. Contact the chairperson to see how you can help!

### CLASSROOM HOSTS

Co-Chairs: [Nancy Caudill](#) and [Betsy McDaniel](#)

Work with instructors to ensure they have what they need to teach, provide classroom support, and check-in participants.

### CURRICULUM

Chair: [Randy Smith](#)

Solicit course and lecture proposals, determine what will be offered and when, create printed/online schedule (basic computer skills helpful).

### LUNCHEON LECTURES

Chair: OPEN

Identify TCU and community speakers for high-profile presentations; assist with planning and implementation.

### NEWSLETTER

Chair: [Sharon Harrelson](#)

Report on activities, share your special interests, and plan future issues. The Silver Frogs' newsletter, *Silver Streak*, informs and connects our members throughout the school year.

### SPECIAL EVENTS

Chair: [Rick Price](#)

Plan activities for entire membership each semester as well as extra special events.

### SPECIAL INTEREST GROUPS (SIGS)

Chair: [Siân Borne](#)

Promote and support Special Interest Group creation and modification.

# JOIN—OR START—A SPECIAL INTEREST GROUP

by Siân Borne

Special Interest Groups (SIGs) foster fellowship and allow members to engage with others who share a common interest. SIGs are open to current Silver Frogs members only. Membership or participation in specific SIG activities may be limited and a waitlist might be in place.

These groups are member-driven and during normal conditions they meet at various locations on a regular schedule according to what the group members decide. During global pandemics, some of the SIGs continue to meet virtually, while others are on hold until they can meet in person. Current meeting status is shown in *red*.

## CULTURE

**Art of Fort Worth** — contact: [Ann Heinz](#) *Connecting via email.*

**Discussion of Current Societal Issues** — contacts: [Larry and Elaine Klos](#) *Meeting virtually with Zoom.*

**German Conversation** — contact: [Helga Gerlinger](#) *Waiting to meet in person.*

**Spanish Club** — contact: [Virginia Dias](#) *Waiting to meet in person.*

## FOOD AND FELLOWSHIP

**Ladies Lunch Out** — contact: [Virginia Dias](#) *Waiting to meet in person.*

**Men's Breakfast Group** — contacts: [Gary Harrell](#) and [Jim Box](#) *Connecting via email.*

**Positive Aging** — contact: [Anne Carlson](#) *Waiting to meet in person.*

**Women & Wine** — contact: [Sian Borne](#) *Meeting virtually with Zoom.*

**NEW!!!! Bake Anything Better** — contact: [Sharon Harrelson](#) *Meeting virtually with Zoom.*

## SPORTS AND GAMES

**Classic Canasta** — contact: [Virginia Dias](#) *Connecting via email.*

**Liverpool Rummy** — contact: [Polly Hooper](#) *Connecting via email.*

**Silver Frogs Fly Fishers** — contact: [Ken Bowers](#) *Waiting to meet in person.*

## WORKING TOGETHER, DEVELOPING SKILLS

**American Sign Language** — contact: [Lisa Winter](#) *Meeting virtually with Zoom.*

**Give Me A Break** — contact: [Roger Norman](#) *Waiting to meet in person.*

**Knitting** — contact: [Lisa Winter](#) *Waiting to meet in person.*

**No Fears Writers Group** — contact: [Judith Soriano](#) *Meeting virtually with Zoom.*

For details about any of these groups, or to inquire about joining, click on a name above to contact the organizers. [Click here](#) to see all of the descriptions on the Silver Frogs website or to access the proposal form to start a group of your own.

## THANK YOU, INSTRUCTORS!

As usual, your instructors have been preparing handouts and presentations for their classes. But they've also accepted the challenge of learning to use the Zoom platform in order to teach for Silver Frogs this fall. For most of them, this is a new skill (yes, we're all Lifelong Learners!); and without their willingness to adapt to this new environment, we wouldn't be able to offer an astounding 77 courses and lectures.

## INSTRUCTOR SPOTLIGHT: LALONNIE LEHMAN

by Carolyn Stephens

**TCU Professor LaLonnie Lehman will be conducting only her second lecture for Silver Frogs this semester, but you may have benefitted—probably without knowing it—from her remarkable skills in other venues around Fort Worth.**

First and foremost, LaLonnie has been teaching in the areas of costume history, costume design and costume construction in TCU's College of Fine Arts, Theatre Department, since 1972. Since that time, she has taught 13 different courses and designed costumes for well over 300 TCU and other theater productions.

Midway into the spring 2020 semester, she was among TCU's pioneers in conducting her classes virtually, one student as far away as Japan where her class time began at 1:00am. All her fall classes are being taught virtually from her home in the TCU area, which abounds in theater memorabilia. "I'd rather be standing in front of a classroom full of students," she laments. "That's how teachers feel they are at their best."

In the early 1980s, the Fort Worth Opera learned of her skills and invited her to become the costume designer for the children's opera and costume coordinator for the "big opera." There, she turns two-dimensional designs on paper/computer into three-dimensional costumes that become part of the opera story-telling process.

In a recent YouTube video interview with the FWO, LaLonnie explains how "your costumes define both the mood and the personality of a character and a scene. Costumes are one of the visual delights of the opera. The designer's mission is to create costumes for a character that help the singer tell the story both to themselves and to the audience."

She recalls with delight the transformation that takes place when an actor puts on their costume, stage makeup and oftentimes a wig. "They look in the mirror and they suddenly BECOME that character. It's transformative."

"One of the most outstanding things for me is watching the children in the audience at a final dress rehearsal of the Opera at Bass Hall," she says. "Those students cheer and clap and are so appreciative. The same thing happens at the schools before the children's operas where many have never seen a live performance before."

And, in another venue, this costume historian was in the core group that 45 years ago conceived of and brought to fruition at University Christian Church the annual Boar's Head and Yule Log

Festival. It's an elaborate production of more than 300 actors, singers, and musicians – most requiring unique costumes. It's considered by many to be a highlight of the community Christmas season.

The Boar's Head production is the subject of her book entitled ***The Boar's Head Festival: A Christmas Celebration*** which was published by TCU Press in 2015. Prior to that, she wrote ***Fashion in the Time of the Great Gatsby*** (Shire Publications, England), some of which she will be sharing in the SF lecture October 23. Her latest publication is a textbook, ***High Definition Stage Makeup***, published in 2018.

Her SF lecture draws on her knowledge of how the confluence of the youth, women's and civil rights movements, and the Vietnam War changed American society. This cultural shift can be seen in our music, art, clothing, film, national incidents, manners, sexuality, and books. Her PowerPoint abounds in illustrations of the cultural changes following WWII, with a special focus on the 1960s.

Although much of her work is behind the scenes, it's not without notice. She is the recipient of the Educator of the Year and Lifetime Achievement Awards from the Live Theater League of Fort Worth, the Founders Award for Outstanding Lifetime Service by the US Institute for Theatre Technology/SW, and is a TCU Mortar Board Preferred Professor. She earned her BA and MA degrees at TCU.





## SILVER STREAK MAGAZINE PREMIERES

As a group, it might be easy to stereotype Silver Frogs and imagine that all members will be interested in the same things. But as we've seen time and time again, the strength in our group lies in the individuality of each person. What one member might find fascinating another might find "dull as dirt." It's true with our classes and we believe it's true with the special-interest content in our newsletters.

As part of our ongoing effort to encourage ALL members to read the newsletter, we recognize that sometimes sitting down to read a 20-page document can be daunting. So we've included all the Silver Frogs news in the (now shorter!) main document and the special interest features are now in a supplemental magazine.

The Magazine's table of contents will be included with the Silver Streak newsletter. Simply click a link to go directly to that story. Read some, read all, it's up to you.

**[Please let us know what you think of this new format by responding to a very quick survey here.](#)**



So many people in the classes I teach comment that their high school/college focus was math, science, history, fine arts, or something else. In their retirement years, they regret not reading more literature. [Read more of Shari Barnes' story.](#)



Member recommendations for what to read are always popular! In this issue our bookish Silver Streak staff shares what they've read this summer. [Find your next favorite book here.](#)



Because we're always looking for new places to go (but not too far away!), Polly Hooper searches out hidden gems in and around Fort Worth. [Take a trip to Twin Points Park/Beach with her.](#)



We've all tried some new foods in our time at home over the last few months, and hopefully found some new favorites in the process! Carolyn Stephens explored the produce section and came up with rhubarb. [Have a taste here.](#)



What's with the stock market? That's the question on lots of folks' minds these days, including our own Richard Ranc's. [He dives into the question here.](#)

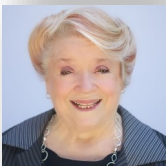
If the links above are not working for your computer, phone or tablet, you can [use this link](#) to access the entire Silver Streak Magazine, starting with the cover page



## SILVER STREAK STAFF



**Siân Borne (SIGs)** A Silver Frog since Spring '17, Siân came to Fort Worth in 1973, after moving to the US from England. She has two daughters and five grandchildren. She loves to read and travel, and is active in several Silver Frog committees, serves on the Advisory Board and is the SIG Chair.



**Diane Griffin** has enjoyed Silver Frogs since Spring 2016 and is an enthusiastic advocate for lifelong learning. She is a retired business owner who loves reading, writing, listening, travel, theater, volunteering, and frequent interaction with family and friends.



**Sharon Harrelson (Editor)** is a Fort Worth native who's been editing various publications for work and fun since middle school. She's delighted to be a Silver Frogs instructor as well as a student; She also enjoys cooking/baking, gardening, games and being a band mom to twin high-schoolers.



**Polly Hooper** is a native Texan and is passionate about all types of photography. Her hobbies include travel and reading. She also loves to play games and is in a neighborhood book club. Her grandsons keep her very busy as well.



**Richard Ranc** came to Silver Frogs four years ago following an affiliation with Senior University in Georgetown. He's a retired VP of Investments at Wachovia Securities. He is a Silver Frog instructor who serves on the Curriculum Committee in addition to writing for Silver Streak.



**Ann Shelton** is a charter member of Silver Frogs. She retired after many years as an Administrative / Executive Assistant, and now enjoys being a grandmother, playing tennis (when TCU's courts are available!) and volunteering.



**Carolyn Stephens (Instructor Spotlight)** came to Silver Frogs three years ago following a career in journalism, public relations and crisis communications. She loves the concept of lifelong learning and enjoys reading, cooking, gardening and new adventures.

What do you enjoy about Silver Streak?  
[Click here](#) to send feedback. [Click here](#) to view past issues.



Office of Extended Education  
817-257-7132  
[lifelong@tcu.edu](mailto:lifelong@tcu.edu)  
[Visit the Silver Frogs website](#)

## LETTER FROM THE EDITOR

Welcome to a new semester and a fresh new issue of your Silver Streak newsletter! Your dedicated newsletter team is excited to start another season of "connecting and informing" Silver Frogs.

A year ago when we were putting the back-to-school issue together, we were planning so many great fall activities and events for Silver Frogs, without an inkling of the challenges that would face us in the spring (and summer). As I re-read last August's issue to get into the mindset of the fall semester, it was clear that everything was so much easier back in the "good old days of 2019."

The reset that came with the COVID-19 pandemic will have some lasting positive effects, I'm sure. We're getting into some better habits, learning new skills, and seeing what is really important. Being jolted into new routines and losing some of our freedom—even temporarily—has tested our patience and agility like never before. As a group of lifelong learners, we've kept the faith that while things are different, we can still pursue our passions and face the challenge together.

Let's do this!

—Sharon Harrelson

### SESSION I DATES TO REMEMBER

September 9  
**Meet & Greet**

September 14  
**Session I Classes Begin**

October 9  
**Session I Classes End**