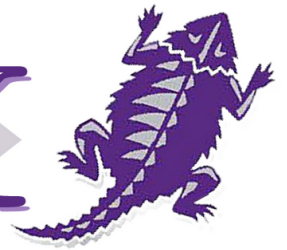


SILVER STREAK



CONNECTING AND INFORMING TCU'S SILVER FROGS

VOLUME 6, ISSUE 1
SEPTEMBER 2021
BACK TO SCHOOL

Welcome! by Siân Borne, Advisory Board President 2021-22



I am delighted to welcome you to the Fall 2021 semester of TCU's Silver Frogs program. Whether you are a returning participant or a new member, we are glad to have you for what promises to be an interesting time! Our enrollment remains strong with 100% of our 600 memberships filled – a testament to the popularity of our program! We have several of our favorite courses and lectures returning, as well as some wonderful new offerings, and I hope that you will enjoy your selections. Thank you to all of our volunteer instructors for sharing their expertise, interests and passion with us.

We have been living in a very stressful and difficult time as we cope with the COVID-19 virus, its variants and the challenges they bring to our everyday life. We appreciate your patience as we navigate the ever-changing environment TCU leaders are dealing with, and encourage you to keep up to date with the latest guidelines that we all have to follow on campus. While some offerings are on Zoom, I want to remind those who are attending in-person classes/lectures that you will be required to wear a mask at all times and there will be no food or drink allowed in the classroom under any circumstances. Class size has been reduced so that we can spread out and be safe.

While we are unable to offer larger events like our luncheon lectures, you can still participate in activities to meet other Silver Frogs. Many of the Special Interest Groups (SIGs) are back to meeting in person or in some cases are on Zoom. You can see the offerings on the website and I would encourage you to reach out to the leader if you have an interest in joining any of them. Or, if you have an idea for a new SIG, please complete the Proposal Form found on the website. We have a new Special Events Chair this semester, Susan Turner, and she is excited to hear from you as we plan events later in the year. Thank you to the many of you who offered your thoughts on future events in the survey that was sent out in August.

Our program is strong and vibrant because of our members, instructors, volunteers and the Extended Education staff who support all that we do—thank you, Julie Lovett and your team!

I am glad you are here and hope that you will find Silver Frogs welcoming and a place to participate, learn, meet wonderful people, make new friends and have fun. Here's to a great Fall semester!



What's Inside

STORY	PAGE
Meet & Greet	2
Silver Stars	3
By the Numbers	3
New Members	4
Name Badges	5
Ready for Back to School	5
Virtual / Zoom Tips	6
Parking	7
Advisory Board / Committees	8
Special Interest Groups	9
Learning Legacies	10
Be a Contributor	12
Dates to Remember	12
Staff	12

Meet & Greet Kicks Off the New Semester

On Wednesday, September 1, over 60 Silver Frogs members and Extended Ed staffers met via Zoom to officially kick off Fall21. A lot of useful information was shared, and there was also just enough time for a couple of breakout sessions where we could meet some new friends and chat for a few minutes, while seeing each other in a safe, mask-free way.



Highlights from the call (and not included elsewhere in this newsletter) included:

- ◆ **Advisory Board President Siân Borne** welcomed members and introduced the board members and committee chairs
- ◆ **Curriculum Committee Chair Randy Smith** thanked all of our volunteer Instructors and gave an overview of this semester's offerings along with a description of how his committee works; he is looking to add some new members and can be reached at smithrc@flash.net. He also reminded everyone to start thinking about what they might teach next spring!
- ◆ **Special Events Chair Susan Turner** reported on the activities survey that went out in August. She was thrilled at the response and all the new ideas, and she gained 27 committee members! A meeting will be set up soon. She talked about several events in the works, most of which will have an outdoor component. These include the Fort Worth Zoo, Amon Carter Museum, Botanic Garden, possible athletic and fine arts events at TCU, and a couple of holiday activities.
- ◆ **TCU Liaison Julie Lovett** reviewed campus policies related to COVID-19. For us this means masking any time we are indoors on campus—put your mask on before entering! Instructors can opt for a face shield and will stay at the front of the room. No eating or drinking in class. And please do NOT come to campus if you have any symptoms. Call to cancel out of any class you cannot attend; we are tracking who is in each class for contact tracing purposes, if needed. Notify Extended Ed if you attend an in-person class and develop symptoms within 48 hours. Keep an eye on your email—in the event of any changes, you'll have information there. Make sure your TCU email isn't going into the spam folder!



Meet Our Silver Stars!

Silver Frogs launched its first semester in Spring 2015 with 160 members who enjoyed 24 course offerings. This semester marks the 14th for the program and we're recognizing and honoring the **62** charter members—39% of the original group—who have returned for more this fall. Quite a few members of that inaugural group have not missed a single semester!

These members truly represent a commitment to Lifelong Learning—if you find yourself in class with them, either virtually or in the classroom, strike up a conversation, find out what they love about the program, get recommendations for choosing classes and know that they're truly the coolest kids on campus.

Lynda Agnew
Crystal Barth
Mike Bickley
Kakai Bowers
Ken Bowers
Kathy Bowser
Jim Box
Nancy Box
Dan Calvin
Elizabeth Calvin
Nancy Caudill
Judith Coberly
Claudia Coggin
Sheila Cole
Mary Craig
Leola Curtis



Steve Epstein
Dick Fahy
Mary Ellen Fahy
Ed Furche
Judy Furche
Evelyn Gantz
Ron Gantz
Helga Gerlinger
Carol Harrell
Emily Harrell
Kathleen Hayes
Fluffy Jones
Elaine Klos
Larry Klos
Sarraine Krause
Tony Krause



Sharon LeMond
Dian McCall
Barbara McClellan
Betsy McDaniel
Buddy McIntyre
Linda Northern
John Nugent
Kathy Nugent
Arthur Pawgan
Jane Pawgan
Risa Payne
Sharon Richey
Melanie Rosen
Nancy Rowe
Warren Russell
Nabil Saad



Barbara Salley
Sonna Sanders
Chris Shahan
Trish Shaw
Ann Shelton
Steve Smith
Lowell Stephens
Susan Stevenson
Mike Strange
Mahala Stripling
Jane Swanson
Tom Swanson
Linda Tindall
Sharon Ward



Fall 2021: Silver Frogs by the Numbers

As we open Silver Frogs' 14th semester, here's how things stack up:

- Fall 2021 membership: **600** (**100** new!) with a waitlist for Spring
 - ⇒ **71%** female, **29%** male
 - ⇒ Ages ranging from **53** to **93** years young!
- **86%** of members (518) participated in the allocation process
- Of **107** offered courses/lectures:
 - ⇒ **68%** will be in-person and **32%** via Zoom (instructors' choice)
 - ⇒ **49%** of courses/lectures were filled to capacity after initial requests processed
 - ⇒ **71%** of courses/lectures were filled after a week of open registration
 - ⇒ **2765** total seats originally available, **2365** seats taken (86% of capacity)
 - ⇒ **28** courses/lectures remain open as of September 1 (400 seats); you can still register for these at your convenience



We thank TCU's Extended Ed and IT departments for making it all run smoothly!

New Members: Keepin' Things Fresh

Silver Frogs welcomes new members to the program EVERY semester, and this semester we have hit the jackpot with **100** new members! We're always excited to meet these additions to our community – because with new members come new ideas, additional life experiences, and “freshman” enthusiasm. Whether new in town, freshly retired, excited about learning new things or looking to make new friends (or all of these), this is a great place to be. A very special welcome to these new Silver Frogs who've chosen this closer-to-normal-but-not-quite-there-yet time to join the program!

Wileen Aalborg
Kelly Adams
Watson Arnold
David Atnip
Kathleen Atnip
Karlee Backstrom
Margaret Baker
Coleen Brown
Patrick Brown
Hope Caldwell
Sandra Camp
Sheila Carlson
Susan Chamberlain
Patsy Cipolla
Linda Clyma
David Cory
Sarah Cowen
Mellen Creecy
Myra Crenshaw
Ellen Crowl
Mary Lee Cruz
Penny Davis
Sandy Decet
Eric Deutsch
Linda Disosway

Paula Ellis
Susan Farr
Anne Ferguson
Sharon Foster
Jeri Goforth
Elaine Griver
Lynn Hartman
Richard Hartman
Dorothy Harwood
Robert Hensch
Barbara Herman
Sharon Hidden
Kay Higgins
Linda Hochster
Susan Howard
Thomas Howard
Kathryn Hurst
Susan Hurst
Nina Hutton
Catheleen Jordan
Rhonda Keen
Elizabeth Kehoe
Mary Beth Lampe
Linda Lanctot
George Lin

Symantha Loflin
Matt Loynachan
Christine Lund
Susan Luskey
Mae Maly
John Marut
Craig Maxwell
Roberta McAllister
Greg McDaniel
Alice Miller
Jo Minge
Jeff Murray
Abbe Nadel
Donna Newbern
June Parish
Jo Patton
Bill Pennington
Lenelda Pennington
Sonja Price
Lesley Radius
Cynthia Redden
Constance Rees
Jane Reinert
Cheryl Robison
Suzanne Rodriguez

Rande Ross
James Schuessler
Diana Shackelford
John Shackelford
Pat Singleton
Judy Smalling
Betsey Starns
Marcia Sundberg
Thomas Taber
Kimberly Tezak-Daus
Vicki Thomas
Joni Van Meter
Bob Vartabedian
Mary Volcansek
Jean Walker
Paula Ward
Arnold Watsom
Bette West
Kay West
Kevin White
Barbara Williams
Laura Williams
Joan Yates
Melissa Yoshioka



Our freshman class members have a distinctive little frog printed on their name badges, which you will see if you meet them at an in-person class. Be sure to help them feel welcome and comfortable!

You're probably getting used to watching your email for communications from TCU; but keep an eye on your other mailbox too, because Extended Ed is mailing your magnetic name badge, dashboard parking pass, and other information to your home—including a coupon for Silver Frogs swag (a gift!) that you can redeem at Secrest-Wible. We usually distribute this packet at the in-person Meet & Greet, but that doesn't work when we're Zooming!



Go Where Everybody Knows Your Name

Be sure to wear your new magnetic Silver Frog name badge to all in-person classes and events associated with Silver Frogs. You'll see right away why we do this — it's so much easier to talk to each other and remember names with that visual cue, especially when we are wearing masks. The badge helps our classroom hosts sign you in to your classes. When we are at other venues it makes us easy to identify.

Just keep the badge in your car, your purse, or with something you always carry when you're heading to TCU!

One other note: if your tag says "James" but you normally go by "Jimmy," you don't have to use a Sharpie to write your preferred name on it! Just call or stop by the Extended Ed office in Secrest-Wible and ask them to print another tag for you. You can also update your name in your account online, so that next time your badge will come out just the way you like.



Are You Ready for School to Start?

You've registered for classes and you still have a few days before Session I starts. Now's the time to get yourself ready for the new semester with no worries about forgetting your locker combination or cramming for exams.

STEP 1: Get everything into your calendar.

Whether you use a date book, desk calendar or an electronic schedule, take a few minutes to sync your new classes with your calendar and (if it helps you) set reminders so you don't forget any of your upcoming activities. Occasionally there are classes scheduled at the same time, so make sure you aren't trying to be in two places at once.

STEP 2: Make adjustments. If you signed up for a course or lecture and later realize that you won't be able to make it for any reason, it's no big deal. **Simply contact the Extended Ed office at 817-257-7132** as soon as you know, so that you can be withdrawn from the class. This opens up the seat for another member to attend the course.

This is especially important for one-time lectures, but it may also be a good option if you find you'll miss multiple sessions of a four-week course. Many courses are offered again in another semester, and you're likely to get more out of any course when you're able to attend most of it.

The same courtesy applies to other Silver Frogs events. In most cases there are a limited number of spaces; if you sign up and later find you can't attend, just let Extended Ed know.

STEP 3: Learn! If you're a note-taker, have paper and pen handy when you walk in or sign in to your class. Not all courses have handouts, but many will, and you'll either get a printed copy (in-person) or see those in your email (virtual). You may find it helpful to designate a folder in your computer or utilize a small binder for organizing your paper materials.

STEP 4: Provide feedback. After the completion of each class, you'll get an email survey requesting your comments about it. Please take a couple of minutes to respond and provide this helpful information to the Curriculum Committee.

FINALLY — and this is important — if you have NOT registered for a class or event, you may NOT attend. Please **do not share your Zoom link with others**, and **do not attempt to attend an in-person class you are not registered for**, as there are a limited number of spaces in the class and they are reserved for those who are registered. The classroom capacity is strictly limited and for contact-tracing purposes we will be keeping a record of who attends.

You'll get a confirmation message every time you sign up for something, so you'll know for sure that you're "in"! Extended Ed also sends email reminders before the first session of each class; be sure to read those in case anything changes about your class.





Taking Some Virtual Classes?

By now, most of us have Zoomed a few times and we are much better at it than we were in the beginning. But even the most experienced virtual learners can use a few reminders as we get back to class.

- **One of the most challenging things your Zoom instructor has to deal with is interruptions from background noise.** Maybe you've been in a class where this has happened — the instructor is lecturing and all of a sudden someone is talking about what they are having for lunch! Or worse, commenting on the class without realizing everyone can hear it (and see who they are as their "box" lights up on screen). You will be "muted" upon arrival in class. PLEASE stay muted until you have a question. You can unmute yourself by holding down your space bar while talking and then release to easily return to the muted mode — that way you won't forget to re-mute.
- **The link to your virtual class** will typically be emailed two business days in advance of the first meeting. If you're in a four-week class, keep the email so you can use the link again. Please do NOT share your Zoom invitation with others. We have course capacities capped for effectiveness and we'll be taking attendance!
- **Handouts** will be emailed prior to the start of classes.
- **When you log into Zoom**, you will appear on-screen (with or without video, your choice) and your name will display. If your screen is showing your daughter's name because you are using her iPad, or it just says "iPhone," please take a moment to right-click your name and "Rename" to change it.
- **If you're having connection issues**, try turning your video off. Otherwise, please show your face! Your instructors love to see you.
- **To hear better**, use headphones/earbuds and turn up your speaker volume.
- Give a lot of grace and **thanks to your instructors**—we couldn't have virtual programs without their willingness to brave the technical challenge!



If you are a fan of virtual classes, please take a moment to share your thoughts in [this brief survey](#).



Please, no waste in this can.

Thank You for Your Donations!

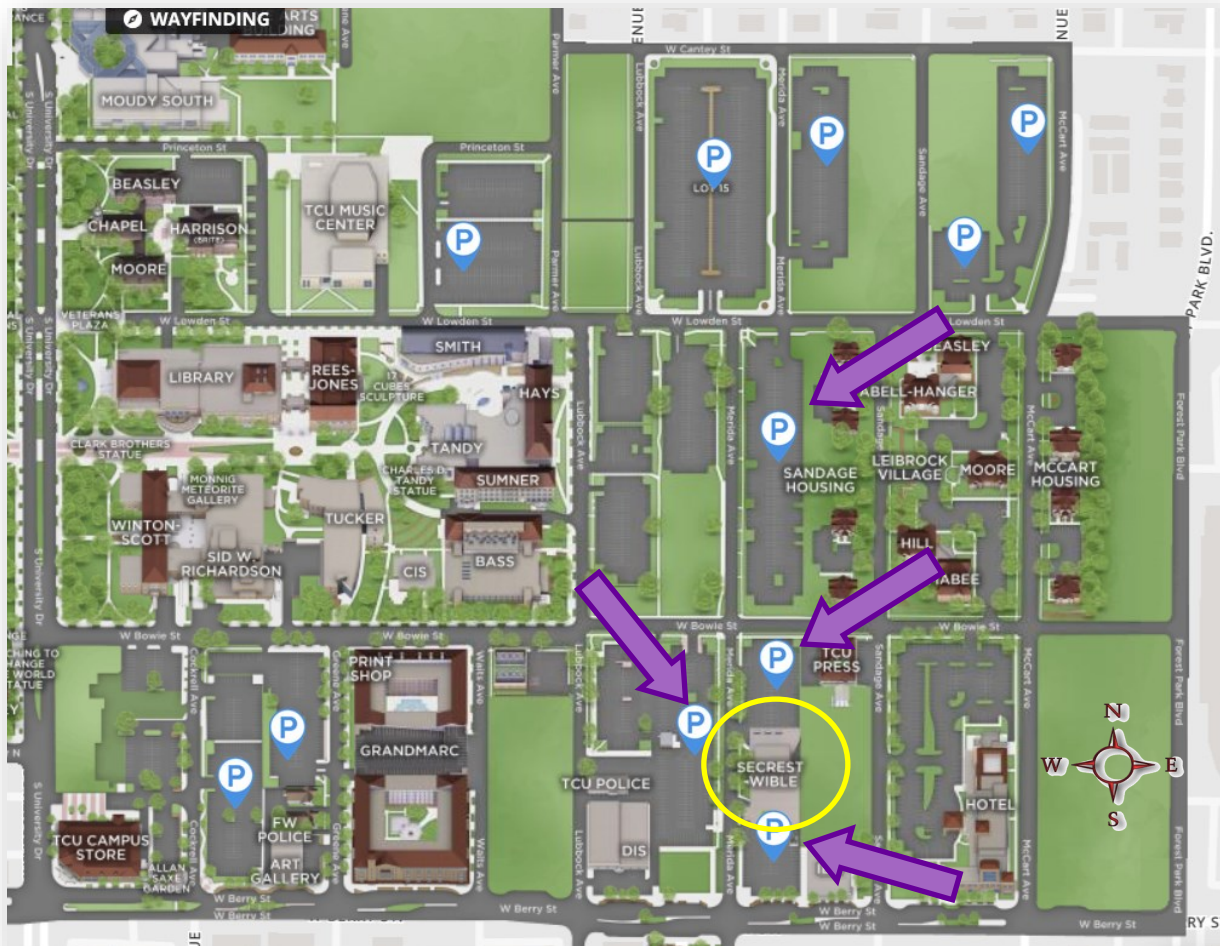
This can in the Secret-Wible classroom collects travel-sized toiletries for donation to the Presbyterian Night Shelter and Safe Haven.

To participate, simply place items (such as shampoo, lotion and soap bars) into a zip-lock bag and bring them along when you come to class. Drop your donation in "the can" and I'll be happy to deliver them!

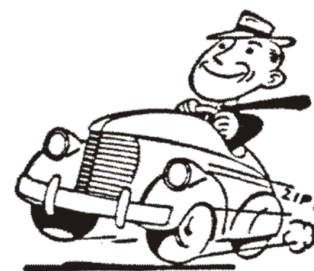
—Kakai Bowers

Plan Your Parking

This semester, in-person Silver Frogs courses and lectures will all be held in the Secretst-Wible Building, circled in yellow on the map below. Your dashboard parking pass allows you to park in white-lined spaces within various lots on campus designated CM/FS. You'll receive a map in your information packet showing the parking lots closest to Secretst-Wible. You can also click on the map below to visit TCU's online interactive parking map.



This section of the map is bordered by W Cantey Street at the top (north), Forest Park Boulevard on the right (east), W Berry Street at the bottom (south) and University Drive on the left (west). The lots with the purple arrows are your closest/target parking areas!



Silver Frogs Advisory Board and Committees

Your elected **Silver Frogs Advisory Board** for 2021-22 includes these members:

[Siân Borne](#), President
[Jim Godfrey](#), Vice President and President
 Elect for 2022-23
[Carol Stanford](#), Secretary
[Dick Fahy](#)
[Judy Furche](#)
[Jo Ann Haedge](#)
[Tony Krause](#)
[Darcy Sety](#)
[Susan Turner](#)

The advisory board also includes non-voting members Past President Lisa Winter, TCU Liaison Julie Lovett, and the committee chairs (listed at right). The Board meets monthly, usually on the second Friday, in Secret-Wible 119. Exact days and times may vary depending on when other Silver Frogs activities are scheduled.

Good to Know

Advisory Board members serve two-year terms and elections are held each spring. Silver Frogs Operating Guidelines are available on the Silver Frogs website.

Committees bring together interested members to perform important tasks which are needed to help Silver Frogs run smoothly. They schedule meetings based on their activities. Contact the chairperson to see how you can help!

CURRICULUM

Chair: [Randy Smith](#)

Solicit course and lecture proposals, determine what will be offered and when, create printed/online schedule, and review feedback for future improvement (basic computer skills helpful).

LUNCHEON LECTURES

Co-Chairs: [Judy Gryzch](#) and [Jo Ann Haedge](#)

Identify TCU and community speakers for high-profile presentations; assist with planning and implementation.

NEWSLETTER

Chair: [Sharon Harrelson](#)

Report on activities, share your special interests, and plan future issues. The Silver Frogs newsletter, *Silver Streak*, informs and connects our members throughout the school year. The *Silver Streak Magazine* features more creative and human-interest features, as well as reviews and recommendation from our members.

SPECIAL EVENTS

Chair: [Susan Turner](#)

Plan activities for entire membership each semester as well as extra special events.

SPECIAL INTEREST GROUPS (SIGS)

Chair: [Siân Borne](#)

Promote and support Special Interest Group creation and modification.

Joining Silver Frogs is Just the First Step...

Taking classes is the next one, and when you're ready, the real fun begins: joining. Whether you join a committee, participate in your first special event, start or join a SIG, nominate yourself for the Advisory Board, teach a class, or write a story for our magazine, there are so many ways to share your life experiences and skills with our all-volunteer organization.

Join—or Start—a Special Interest Group

by Siân Borne

Special Interest Groups (SIGs) foster fellowship and allow members to engage with others who share a common interest. SIGs are open to current Silver Frogs members only. Membership or participation in specific SIG activities may be limited and a waitlist might be in place.

These groups are member-driven and meet at various locations (or virtually) on a regular schedule according to what the group members decide. Meeting in person this fall unless otherwise shown in *red*.

CULTURE

Art of Fort Worth — contact: [Penny McAdoo](#)

Discover Fort Worth's unique and fascinating art scene. View the art in our area by visiting galleries, studios, special events and museums with fellow Silver Frogs.

German Conversation — contact: [Helga Gerlinger](#)

Members enhance their working knowledge of German, brush up on grammar, add new vocabulary and join in discussions of current events and other topics of interest.

FOOD AND FELLOWSHIP

Bake Anything Better — contact: [Sharon Harrelson](#)

Meeting virtually in our kitchens with Zoom.

Silver Frogs who are already bakers (or those who'd like to be) work to improve their understanding of ingredients, recipes, techniques and tools.

Ladies Lunch Out — contact: [Virginia Dias](#)

Meets once a month to share experiences, foster new friends, and socialize in general. Every participant will have the opportunity to suggest a nice restaurant to explore, have lunch and more importantly, have fun!

Men's Breakfast Group — contacts: [Gary Harrell](#) and [Jim Box](#)

Meets monthly with the goal of fostering friendships, networking and exploring common interests in a relaxed atmosphere.

Positive Aging — contact: [Anne Carlson](#)

This group will share resources that enhance positive aging, develop a supportive community to anticipate, smooth, and own expected/unexpected life transitions.

Women & Wine — contact: [Sian Borne](#)

This group meets to provide an opportunity for networking with other Silver Frogs women who enjoy tasting and learning about wine, plus possibly arranging for more formal tastings/trips at local wineries.

SPORTS AND GAMES

Classic Canasta — contact: [Virginia Dias](#)

This group will focus on playing Classic Canasta, which is played with two or more partners making it easy and faster to play and players have fun playing and trying various strategies.

Liverpool Rummy — contact: [Polly Hooper](#)

This American game is an easy to play, multi-player, multi-round card game similar to other variants of Rummy that adds features like buying and going out.

Silver Frogs Fly Fishers — contact: [Ken Bowers](#)

This group hopes to introduce fly fishing to interested beginners and offer meetings with experienced fly fishers. The group will explore local waters as they learn more about terminology and techniques.

WORKING TOGETHER, DEVELOPING SKILLS

American Sign Language — contact: [Lisa Winter](#)

Meeting virtually with Zoom.

Come have fun while learning a new skill. We learn to sign colors, numbers, food names, time elements, verbs and communicate in complete sentences. The group welcomes all skill levels.

Give Me A Break — contact: [Roger Norman](#)

Not currently meeting.

This group of Silver Frogs formed to assist and "give a break" to caretaker Silver Frogs who are caring for their spouse or other family member.

If you don't see YOUR special interest represented here, you are welcome to lead your own SIG! [Simply send in a proposal](#) — it's just a short form where you can describe your proposed group — and you'll be contacted when it has been approved!

For details about a group, or to inquire about joining, click on a name above to contact the organizer. [Click here](#) to see the full descriptions on the Silver Frogs website.

A LEGACY OF LEARNING: Dr. Ron Flowers and Ann Heinz

by Sharon Harrelson

In June, Silver Frogs lost two of our longest-term leaders and avid lifelong learners, Dr. Ron Flowers and Ann Heinz. While words cannot adequately express how much we will miss sharing time with them in the classroom or a museum, their energy and enthusiasm will stay with each of us who was able to do so. Happily, they were generous with their time and ideas, and each in his/her own way helped guide the Silver Frogs program into 2021.

Charter member **Dr. Ron Flowers** taught Silver Frogs 35 popular courses and lectures – with over 1300 registrations – during the 12 semesters he volunteered his time. His dedication to teaching led him to present three of those classes in our first virtual semester, bravely leaping into Zoom even though it was uncomfortable territory.



Dr. Flowers taught his Zoom course on Martin Luther from the Secrest-Wible conference room in Fall 2020.

A retired professor of religion, most of Ron's courses delved into the boundless topics around religious beliefs, and while he shared his specialty of Church and State he also taught more unusual subjects including his *And They Shall Take Up Serpents* lecture. Always professional in his shirt and tie, he delighted in answering student questions and recommending additional reading. His enthusiasm for teaching was evident, and his wit very much appreciated by his "elder" students at Silver Frogs.

He was always generous and willing to help out in other areas when asked, contributing to the Silver Streak and even serving as a distinguished judge in our 2019 Cookie Challenge. He didn't even hesitate on that one!

(Continued on page 11)

Ann Heinz' love for art inspired her to found the *Art of Fort Worth* special interest group, which was instantly popular and grew to be so large that it maintains a waiting list of members eager to join. The many and varied field trips of the group involve visiting all sorts of venues in the Fort Worth area, including public exhibitions, private collections, and hidden gems.

It was Ann's vision that got the group going and gave it momentum, but it wasn't long before members began helping with the scouting and planning of activities. Fortunately, the SIG is still going strong and is poised to continue Ann's legacy. Penny McAdoo, Linda Rodjak, Colleen Blair, and Lee Wimp are now spearheading the group.



Ann Heinz on the Art SIG's visit to Hefestus Fine Arts in Springtown, March 2018.

When the members of the art group learned of Ann's death, there was an outpouring of sorrow and, simultaneously, amazement for Ann's life. Ann was remembered as delightful, energetic, kind, welcoming, feisty, knowledgeable, vivacious,

(Continued on page 11)

A LEGACY OF LEARNING continued

(Ron Flowers, continued from page 10)

As a teacher, fearless lifelong learner and a true gentleman, Dr. Flowers was an inspiration to so many. He set high standards for his own classes, reminding students how important it is to think for ourselves and ask questions, in turn helping make Silver Frogs what it is today.

Dr. Flowers was a “regular” in our office area. He would come and visit with staff upfront or me in my office all the time. He had a habit of getting ready to leave only to sit back down and talk about something else. A five-minute visit would turn into 30 and I loved every minute of it. We were fortunate that Ron came to see us the day before his last surgery. He talked about his fall classes (and he still had a lot of work to do), what he wanted to teach for the Silver Frogs in Spring 2022, and how much he loved teaching to the Frogs. He mentioned to me on more than one occasion that he saw teaching the Silver Frogs as one of his purposes in life. I truly believe we all meant as much to him as he to us. It was a privilege to know him.

—Julie Lovett, Director, TCU Extended Ed

I always felt that I was in the presence of greatness when I was in one of Dr. Flowers’ classes. And, for all the seriousness of his topics, he leavened everything with a wonderful sense of humor.

—Penny McAdoo

When asked in 2019 what he enjoyed about teaching Silver Frogs, Dr. Flowers responded with this comment:

“Teaching older adults is a different kind of teaching. Mainly, because older adults have much richer life experience, and, often, much more curiosity than undergraduates. (That is not the fault of the undergrads, of course.) Older folk often ask much better questions. They make me think on my feet. Fun!”

(Ann Heinz, continued from page 10)

generous, and warm-hearted, among many other wonderful traits. Others said:

- ◆ Didn't Ann set the bar high for intellectual and social engagement? I hope we can live up to her enthusiasm and drive all of our days.
- ◆ We are challenged to emulate Ann's best qualities.
- ◆ What a warm and generous spirit she was. Ann and this group have so enriched my life. The Art SIG is a great legacy that she left us all.
- ◆ She was such a special woman who embraced life to the fullest.
- ◆ There are so many ways to describe Ann, all of them good, in my eyes. She truly made people's lives better by just being in her presence. Her launching of the Silver Frogs art group certainly increased my quality of life.
- ◆ She gave us a wonderful perspective of the many things in this life filled with beauty.
- ◆ Intelligent, witty, engaging...one superlative after another and, yet, not enough to fully capture her essence. Irreplaceable Ann.

Yes, she will be missed.



Lee Wimp and Linda Rodjak visit at a gathering held by the Art of Fort Worth SIG on August 20 to remember and honor our beloved colleague, Ann Heinz. Photo by Dave Rodjak.

Fittingly, these two devoted members graced Silver Streak's first two covers back in 2017. Read more about [Dr. Flowers](#) and [Ann Heinz](#) in those interviews.

Silver Streak Staff



Siân Borne (SIGs) A Silver Frog since Spring '17, Siân came to Fort Worth in 1973, after moving to the US from England. She has two daughters and five grandchildren. She loves to read and travel, serves as Advisory Board President, is the SIG Chair, and is active in several Silver Frogs committees.



Diane Griffin has enjoyed Silver Frogs since Spring 2016 and is an enthusiastic advocate for lifelong learning. She is a retired business owner who loves reading, writing, listening, travel, theater, volunteering, and frequent interaction with family and friends.



Sharon Harrelson (Editor) is a Fort Worth native who's been editing various publications for work and fun since middle school. She's delighted to be a Silver Frogs instructor as well as a student; She also enjoys cooking/baking, gardening, games and being a band mom to twin high-schoolers.



Polly Hooper is a native Texan and is passionate about all types of photography. Her hobbies include travel and reading. She also loves to play games and is in a neighborhood book club. Her grandsons keep her very busy as well.



Richard Ranc came to Silver Frogs following an affiliation with Senior University in Georgetown. He's a retired VP of Investments at Wachovia Securities. He is a Silver Frogs instructor who serves on the Curriculum Committee in addition to writing for Silver Streak.



Ann Shelton is a charter member of Silver Frogs. She retired after many years as an Administrative / Executive Assistant, and now enjoys being a grandmother, playing tennis and volunteering.



Carolyn Stephens came to Silver Frogs four years ago following a career in journalism, public relations and crisis communications. She loves the concept of lifelong learning and enjoys reading, cooking, gardening and new adventures.

What do you enjoy about Silver Streak?
[Click here](#) to send feedback. [Click here](#) to view past issues.



Office of Extended Education
817-257-7132
lifelong@tcu.edu
[Visit the Silver Frogs website](#)

BE A CONTRIBUTOR!

The Silver Streak team produces three newsletters each semester, reporting on Silver Frogs activities.

We also request member contributions to three themed magazines each semester. These publications include creative writing, how-tos, pets, travel, reading recommendations, TV and movie reviews, and other human interest stories. Here's what we are seeking for our October issue:



DATES TO REMEMBER

September 1
Meet & Greet

September 13
Session I Classes Begin

October 8
Session I Classes End

October 11
Session II Classes Begin