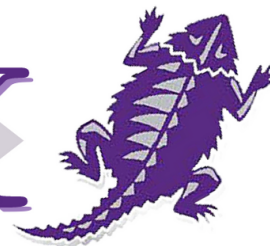


SILVER STREAK



CONNECTING AND INFORMING TCU'S SILVER FROGS

VOLUME 6, ISSUE 5
MARCH 2022

To Mask, or Not To Mask?




That is the question, now that TCU has lifted the indoor masking requirement. Your instructors now have the option for their in-person classes to be either “mask optional” or “mask required” – you will be notified if a class you’ve signed up for will require a mask covering your nose and mouth.

Unmasking, for those who are comfortable with it, means more than just breathing a little easier (although that’s amazing). No mask also means you can have your water or coffee again during class. For some, it might mean you wear lipstick again! It’s easier to hear and understand each other, especially our instructors. And the best part is that we will see each other’s smiles again. Yea!



If you’d rather continue to wear a mask, then please do so. Just like everywhere else, you will always have the option to mask up for class.

And if the unmasking causes you to rethink coming to an in-person class, just contact Extended Ed and let them know you won’t be attending, so they can open up your seat to someone else.


One more step toward “the way we were.” 

What’s Inside This Issue

STORY	PAGE
Fall Class Proposals	2
Welcome New Members	2
Meet & Greet	3
Meet Marissa	3
End-of-Semester Party	3
Special Events	4
Special Interest Groups	5-7
Dates to Remember	8
Staff	8

When You’re Registered for a Class, Whether In Person or Online...

...**please attend**. And if you can’t, please take a moment to notify the Extended Ed office as soon as you know you won’t be there. We all have last-minute things that come up, preventing us from getting to class, which is perfectly understandable (and unpreventable). But if you find a schedule conflict in advance of your class, we ask that you call 817-257-7132 and cancel – there may be other members on the waitlist for class, and this lets Extended Ed fill your empty seat.

Remember: whether the class is large or small, your instructor has spent time preparing the materials and his or her presentation. Some classes have group activities or supplies that the instructor has planned based on the roster. It does make a difference when 30% of the students don’t show up (that isn’t an exaggeration – it has happened on multiple occasions). So be considerate of them and your classmates! Next time you get an email that you’ve been added to a class from the waitlist, you’ll know someone called and gave up their seat. It’s the right thing to do. 



What Will You Teach Next Fall?


Have you considered becoming a volunteer instructor? Teaching credentials are not required (although we love that). What you need is a passion for your subject and a willingness to share it. Fear not! If creating a PowerPoint presentation or handout isn't your forte, we have help available. New, more in-depth instructor training opportunities were offered this semester and will continue for the fall.

Longtime Silver Frogs are always looking for new courses to take, but we have a lot of newer members as well, and so previously-offered classes are welcome. If you've taught before and skipped a few semesters, come on back!

Be creative and have fun with your class idea. There are many different ways to structure a class: include a field trip relevant to your subject, or assign a book to read or a video to watch in advance for group discussion. Think about clever activities to inspire students to learn more. Team-teach with a friend.


Another way we can help guarantee that there are always new courses and lectures offered is to recruit our talented friends—whether or not they are members—to become volunteer instructors. They don't even have to live in our area, since we offer online courses. So call your sister, your neighbor, or anyone else you know whose expertise you admire...maybe they would enjoy sharing their passion with us!

Proposals will be accepted until April 11. Instructors have two formats to choose from: in-person programs presented on campus in our Secrest-Wible classroom or programs delivered via Zoom. No preference? Please indicate that on the proposal form. Flexibility is greatly appreciated! The committee can also schedule multiple sections of your course throughout the semester—just indicate that option when you make your proposal.

[Here's the link.](#) See you at the head of the class! 

Welcome, New Members!

New Silver Frogs bring fresh ideas and perspectives to the program, and we always welcome our new members with open arms!

Some of our new members jump right in and take advantage of every opportunity, while others take it a little more slowly. There's no "right" or "wrong" way to be a Silver Frog as long as you're learning new things and having fun. This spring we brought about 60 new members on board, and many have already joined SIGs and attended events. 



New member Jeff Winter on his first day as a Silver Frog, ready to attend his first class.


Final (?) Virtual Meet & Greet

On Twosday (2/2/22), Silver Frogs met via Zoom for our 4th (and hopefully last!) virtual Meet & Greet. While we certainly would have preferred to meet in person, it was great to see over 75 attendees on our screens, ready to start the new semester!

Julie Lovett shared some spring-semester stats: 541 members (60 are new), putting the program at 90% of its maximum capacity; 71% female, 29% male; our most seasoned member is 93 and our youngest is 53. She talked about what's going on with TCU, including a continued mask mandate* for indoor events; no large group programs will be scheduled. Silver Frogs has a good mix of in-person and virtual classes. Julie reviewed some tips for successful Zoom learning as well as waitlist and classroom host information. Packets are available in the Extended Ed office; be sure to display the parking pass on your dashboard (also available online) whenever you park in a TCU lot. Wear your name badge whenever you attend a class or event in person. She also announced that Silver Frogs "swag" is [available for sale online](#), while it lasts.

President Siân Borne introduced the [Advisory Board](#) and also talked about our [Special Interest Groups](#).

Everyone was reminded to [visit the Silver Frogs website](#), read and contribute to your newsletter [good job if you are reading this!] and keep an eye on your email, as that is the primary form of communication to members. Not seeing email? Check your spam/junk folder before calling TCU about it.


After a couple of breakout sessions where members could chat in small groups, Julie reminded everyone to please contact the office if they cannot attend a class they have signed up for. Then a drawing for a free (refunded) membership was held, and Nancy Menking was the winner. 

*masking rules have since changed; see story on page 1

New Face in Extended Ed



You'll see a new face in the Extended Ed office this semester! Born and raised in South Fort Worth, **Marissa Garcia** graduated from Paschal HS, attended TCC and plans to transfer her credits and get a degree from TCU. Before joining Extended Ed, she spent six years as a TCU housekeeper, so she is very familiar with the campus and TCU community.

She says, "I love to travel, I love watching sunsets—they never fail to amaze me—and the cooler season is my favorite. My family and I love to gather around the fire pit, cook out, and enjoy each other's company. I look forward to growing and getting to know the Silver Frogs!" 

End-of-Semester Celebration!

It's baaaack – the end-of-semester event we've all been missing (our last one was in December of 2019, if you can believe that).

Fajitas on the Patio (weather permitting)

Joe T. Garcia's

Tuesday, May 10

6:00-8:30pm

Cost: \$25



Seats are limited, so [sign up today](#) if you'd like to be part of this special event.



Touring Cowtown by Susan Turner

On Saturday, March 12, 56 fabulous TCU Silver Frogs enjoyed a very entertaining tour of Cowtown with Dawson Granade of [Fort Worth Tours](#). We heard a lot of great stories about our beloved city's fascinating history - all the way back to 1849! What a city we live in! What amazing people have contributed to the rich heritage we enjoy today.

It was such fun to hear about Hell's Half Acre and the long list of interesting folks (including Butch Cassidy and Sundance!) who kept those shady businesses flourishing, learn more about how the Chisholm Trail cattle drives shaped our heritage and even learn about all the interesting people buried in Oakwood Cemetery. We got quite a kick out of the great stories of what has fueled the competition between Fort Worth and Dallas for generations. And it was lots of fun to hear stories about Fort Worth's famous families such as the Waggoners, Carters, Burnetts, Daggets, General Carswell, General Tarrant, General Worth and SO many more.

Central Market did a perfect job of providing yummy lunches at the appointed rendezvous location in the Stockyards, exactly on time, and we thank [Cowtown Charters](#) for a very nice bus and wonderful driver.

All in all, it was a delightful outing with wonderful Silver Frogs friends!

Looking forward to our next adventure on [April 23 to see "Liberty and Laughter" at the George W. Bush Presidential Center](#), located over there in that little town to the east of Fort Worth...what's its name??? Oh, yeah — Dallas!!!



SIG News

Green Lunch

March 17 was our first **Ladies Lunch Out** since the start of the pandemic! We celebrated St. Patrick's Day too and wore a green top in his honor. We had a lively conversation, the food was very good at [Meso Maya](#) and we finished up our lunch with a green cookie for dessert! You could see we had been missing each other very much!!!

We will next meet again in April.

—Virginia Dias



Bakers Tackle Kouign-Amann

On February 25, the intrepid members of the **Bake Anything Better** SIG met via Zoom to learn a new recipe, led by Lori Whitnell. [Classic Kouign-Amann](#) (pronounced "queen a-MAHN" and also known as Breton Butter Cake) is a buttery, caramelized pastry made with a series of folds and shaping. Lori expertly demonstrated the technique while several members baked along in their own kitchens, producing golden brown cakes with beautiful layers. While our results all looked somewhat different, everyone agreed they were delicious.

—Sharon Harrelson



More from Special Interest Groups

Active Art Lovers Unite

The artful frogs got a head start on the spring semester with “Jan term” programs at the Kimbell, The Modern, and the Dallas Museum of Art.

—Notes by Penny McAdoo and Linda Rodjak
Photos by Dave Rodjak



Who are those masked frogs? We gathered for a photo op while visiting the Milton Avery exhibit at [The Modern](#).

[Erika Huddleston's Prairie exhibit](#) at the Botanical Research Institute of Texas (BRIT) captures her impression of the remnant of blackland prairie right behind BRIT. The up-close look at her works and the prairie that inspired them was a counterpoint to our usual lack of notice as we travel along University Drive. The artist was our delightful guide.



Our visit to [Beth-El Congregation](#) was inspiring. We had a tour of the magnificent architecture and art, including historic stained glass. The artifacts and art tell incredible stories. The art pictured is fine needlepoint by congregants.



Late December's treat was [Turner's Modern World](#) at the [Kimbell Art Museum](#). Two docents toured our enthusiastic group after a tasty lunch at [The Kimbell Café](#).

Artful frogs traveled by car and train to the [Dallas Museum of Art](#) to visit the amazing exhibit of paintings of olive groves by Vincent Van Gogh.



And Even More from Our SIGs

Women & Wine's Combined Happy Hour

Ladies from both **Women & Wine** SIGs met on February 16 for our first-ever combined event. Our host was Judy Grzych and we sampled wines from Napa Valley with over 45 ladies present. It was a great turnout and everyone enjoyed meeting fellow wine-loving Silver Frogs. Another combined event is planned for May.

—*Siân Borne*



Linda Mitchell, Penny Dickerson, Katie Bray, Sheila Carson



Judy Grzych, Fran Leiss, Connie Ivy-Swanson



Diane Weaver, Wanda Murphy, Adrienne Rosen, Gail Stephens



Cynthia Hooper, Cathy Sunkel, Peggy Wadsworth

Current Special Interest Groups

CULTURE

Art of Fort Worth – contact [Penny McAdoo](#)

German Conversation – contact [Helga Gerlinger](#)

FOOD AND FELLOWSHIP

Bake Anything Better – contact: [Sharon Harrelson](#)

Meeting virtually with Zoom.

Ladies Lunch Out – contact [Virginia Dias](#)

Men's Breakfast Group – contact [Gary Harrell](#), [Jim Box](#)

Positive Aging – contact [Anne Carlson](#)

Women & Wine – contact [Sian Borne](#)

SPORTS AND GAMES

Classic Canasta – contact [Virginia Dias](#)

Liverpool Rummy – contact [Polly Hooper](#)

WORKING TOGETHER, DEVELOPING SKILLS

Give Me A Break – contact [Roger Norman](#)

Photography – contact [Randy Smith](#)

For details about a group, or to inquire about joining, click on a name above to contact the organizer. [Click here](#) to see the full descriptions on the Silver Frogs website.

When your SIG meets, be sure to take a few pictures! Then [send them to Silver Streak](#) to be featured. If you don't see YOUR special interest represented here, you are welcome to lead your own SIG! [Simply send in a proposal](#) — it's just a short form where you can describe your proposed group — and you'll be contacted when it has been approved.

Silver Streak Staff



Siân Borne A Silver Frog since Spring '17, Siân came to Fort Worth in 1973, after moving to the US from England. She has two daughters and five grandchildren. She loves to read and travel, serves as Advisory Board President, is the SIG Chair, and is active in several Silver Frogs committees.



Mary Dulle joined Silver Frogs in 2020 when the pandemic abruptly halted her travels and classes went virtual. She retired after a 25-year career in public relations and now enjoys gardening, reading, cooking, baking and playing with her cat, Sparky.



Diane Griffin has enjoyed Silver Frogs since Spring 2016 and is an enthusiastic advocate for lifelong learning. She is a retired business owner who loves reading, writing, listening, travel, theater, volunteering, and frequent interaction with family and friends.



Sharon Harrelson (Editor) is a Fort Worth native who's been editing various publications for work and fun since middle school. She's delighted to be a Silver Frogs instructor as well as a student; she also enjoys cooking/baking, gardening, games and being a band mom to twin high-school seniors.



Richard Ranc came to Silver Frogs following an affiliation with Senior University in Georgetown. He's a retired VP of Investments at Wachovia Securities. He is a Silver Frogs instructor who serves on the Curriculum Committee in addition to writing for Silver Streak.



Ann Shelton is a charter member of Silver Frogs. She retired after many years as an Administrative / Executive Assistant, and now enjoys being a grandmother, playing tennis and volunteering.



Carolyn Stephens came to Silver Frogs four years ago following a career in journalism, public relations and crisis communications. She loves the concept of lifelong learning and enjoys reading, cooking, gardening and new adventures.

BE A CONTRIBUTOR!

The *Silver Streak* team produces three newsletters each semester, reporting on Silver Frogs activities and need-to-knows.

We also ask for contributions to our themed magazines, which highlight recommendations and creative pursuits by our members.

[Email your items to *Silver Streak*](#)
or [use our handy survey](#).

Dates to Remember

April 8
End of Session II

April 11
Fall Course & Lecture Proposals Due

April 18
Session III Starts

April 23
Excursion to
Bush Presidential Center

May 10
End of Semester Celebration

May 13
End of Session III

June (watch for dates)
Renew Your Membership

What do you enjoy about *Silver Streak*?

[Click here](#) to send feedback. [Click here](#) to view past issues.



Office of Extended Education
817-257-7132
lifelong@tcu.edu
[Visit the Silver Frogs website](#)