SILVER STREAK

CONNECTING AND INFORMING TCU'S SILVER FROGS

VOLUME 7, ISSUE 2 OCTOBER 2022



"Worst Songs" Kick Off the Fall 2022 Luncheon Lectures Season

On September 16, 139 Silver Frogs boogied through the first Luncheon Lecture of the semester, following a 946-day (pandemic-induced) hiatus in the series. The popular Silver Frogs instructor/DJ team of Richard Selcer and Colin Plante led a music-filled presentation, spinning virtual vinyl and causing members to toe-tap, sing along, and reminisce to terrible tunes — all of them hits — from the 1960s. Bobby Goldsboro's #1 "Honey," Tiny Tim's #17 "Tiptoe Through the Tulips," and many more were featured. Rick's humor and vast knowledge, along with Colin's technical expertise, made for a delightful event. Can we look forward to a class in the spring with even more least-loved songs?

The Luncheon Lectures Committee, headed up by Ann Shelton and Judy Grzych, was delighted to resume its work! They've been busy, and the story continues inside.



















Photo credit: Clay Geran



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Luncheon Lectures continued



The fall Luncheon Lectures series continued on October 7. A Silver Frogs favorite instructor, Don Jackson, held court as 183 members gathered for his lecture, **A US Supreme Court for the 21st Century**. He talked about the US Constitution, various interpretations by different configurations of the Court, and raised questions about the future of both institutions. As always, his insights were both entertaining and thought-provoking.

Attendees enjoyed a variety of sandwiches and salads served via purple lunch bags and were able to park right across Stadium Drive in the reserved Visitors' Center lot. This is a new benefit for our Luncheon Lectures this semester.



Educate, Inspire & Honor: The Commemorative Air Force's Golden Thread & Veterans Recognition

Register by November 10

Join fellow Silver Frogs for this Luncheon Lecture with Hank Coates of the Commemorative Air Force (CAF). Established in 1957, the CAF is the world's largest flying museum. Comprised of more than 180 vintage military aircraft, the collection is used to educate, inspire and honor through flight and living history experiences.

Box lunches will be served.

Attention Veterans!

We will recognize Silver Frogs who served in the military at our November luncheon.

Therefore, we ask all our veterans to complete this <u>short</u> <u>survey</u> so that we can include you in the presentation.

Please also submit a photo of yourself, in uniform, preferably doing whatever your job was.

We want to see you at your fighting weight and with all your hair! Send photos to Randy Smith, smithrc@flash.net, by November 4.

Lunches Have Returned with a Few Changes

The Luncheon Lectures Committee's goal is to provide a variety of informational and entertaining programs along with a casual meal. We are bound by TCU's rules and that includes using their in-house caterer, Sodexo. For that reason, guests are not allowed to bring food into the Brown-Lupton University Union even if you paid for your reservation. Also, it is necessary to confirm the number of lunches to the caterer several days prior to the event, which is why there is a deadline for registration.

Buffet-style meals have been discontinued to help prevent the spread of viruses and due to escalating costs. The small fee that is necessary to make a luncheon reservation helps us stay within our budget and reduces the amount of waste resulting from no-shows.

Most of all, we want the Silver Frogs and their guests to enjoy these programs, and we always welcome your input.

> -<u>Ann Shelton</u> and <u>Judy Grzych</u> on behalf of the Luncheon Lectures Committee

Planning Ahead by Randy Smith

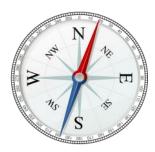
The Spring 2023 Request for Proposals (RFP) has been posted, and we are now on the hunt for over a hundred courses/lectures for next semester. We love our old faithfuls, but would also like to have a good selection of new classes to offer members. Consider sharing whatever you are passionate about with our members — if a subject interests you, there's a good chance some of our nearly 600 members will want to learn more about it!

Unsure? Additional information about serving as a volunteer instructor can be found here on the Silver
Frogs web page. The link to the RFP form is on that page, as well. The Curriculum Committee is ready and willing to provide assistance with presentations, handouts, or whatever questions you may have.

Is teaching not your thing? Another way you can help guarantee that we always have new courses and lectures offered is to recruit your talented friends—whether or not they are members—to become volunteer instructors. They don't even have to live in our area, since we offer online courses. Think of it: your sister the college history professor in California can teach! So can your best friend from college who has discovered a passion for presidential libraries! The possibilities are endless. Forward the newsletter to them or hand them one of your information cards, and let them know what a great audience they'll have when they teach for Silver Frogs.

Please submit your proposal(s) by **November 1**.





Where Are You Going?

Be sure to check your class reminder email to verify the location — Secrest-Wible or the Dee. J. Kelly Center — where your class is scheduled to meet. On occasion, the room will change between the time you registered and the day of class. You don't want to be running late, then find yourself on the wrong side of campus.

And before you leave the car...remember your parking pass and name badge!

If you haven't picked up your fall membership packet from the TCU Extended Ed office yet, stop by and get it next time you're in the area.

It's got your new-format name badge, Silver Frogs luggage tags, and these cool little information cards (shown at right) — perfect for giving to friends who may want to join us in the spring! Or if they're too young, maybe they'd like to teach us a thing or two and become a volunteer instructor?

Packets will be available until after Session III begins.



Classes Spark Creativity



A new class for Silver Frogs, *Fall Crafts* was a fun opportunity for crafters to chat and create together.

Starting the first week with pine cone flowers, students jumped right in with paint, glue and enthusiasm to celebrate autumn. For week two, they made acorns from plastic Easter eggs, more pine cones, jute and twigs. No-sew pumpkins came together with fabric tubes stuffed with plastic bags and adorned with jute and stick-stems. Finally, they created oyster-shell ornaments or bowls by decoupaging with napkins, finished with painted gold leaf.

—Donna Burnette, Instructor







What's **Zentangle**?

Well, besides being a new course offered this semester, Zentangle is a miniature abstract work of art created by combining patterns (called "tangles") on a small paper tile using simple tools — graphite pencils and ink pens.

"Zen" refers to the Buddhist meditative philosophy for balancing the mind. The result incorporates gratitude and appreciation and facilitates a "state of flow" with simple dots and lines. It's a relaxing exercise that anyone can do – especially with a little practice.



Laura Dyson (right) and Viveca Rene Chenoweth led Silver Frog students new to Zentangle in a series of dots and lines to form creative designs.

Laura Dyson and her assistant, Viveca Rene Chenoweth, led this first four-week class in creating three to five different tangles each session to form interesting combinations of four basic shapes: I C O S. At the end of each class, Silver Frog artists laid their 3 $\frac{1}{2}$ X 3 $\frac{1}{2}$ inch tiles in a group to compare how similar and yet how unique they are.



Sound interesting? Look for two Zentangle classes to be offered next semester. The black and white class will be a repeat of this semester, and the application of colored pencils will be added for the second class.

- Carolyn Stephens

SIG News: Artful Adventures Abound!

Art SIG Does Summer 2022

The Art of Fort Worth SIG took advantage of the summer sun to – what else? – do our art thing. We boarded the TRE to Dallas to see the Cartier exhibit at the <u>Dallas Museum of Art</u>. We were awed by *Bob Wade's Cowgirls* at the <u>Cowgirl Museum</u>, with a presentation by Peeler Howell of <u>William Campbell Gallery</u>. We experienced the magic of Murano glass at the <u>Amon Carter</u>.





Art SIG Does Fall 2022





Then on September 9 we gathered for "Nibbles and Sips" at Colleen Blair's lovely home to greet the fall semester, welcome our six new members, and celebrate more than six years of artful outings.

On September 28, the artful frogs gathered at the <u>Kimbell Art Museum</u> for a guided tour of the exhibit *Murillo: From Heaven to Earth.* Although Murillo is mostly known for his religious works, this exhibit focuses on his depiction of everyday life in 16th-century Seville. The exhibit is on display as part of the Kimbell's 50th anniversary celebration through January 29, 2023.





Docent Deborah Reed enlightens us about the Murillo exhibit.

- Penny McAdoo, with photos by Dave Rodjak

More Special Interest Groups

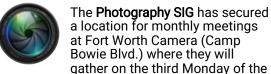


The two **Women & Wine** SIGs enjoyed a combined event at the home of Marsha Farrell on September 22. Our hostesses were Marsha and her sister Earla Houser; our theme was Pinot

Noir wines from Argentina/Chile, California, France, Oregon and New Zealand. We sampled and compared the different wines and enjoyed some wonderful snacks. We also had several new members who were able to join us. We will be meeting as separate groups for October and November but hope to have another combined event later in the year.



-Siân Borne



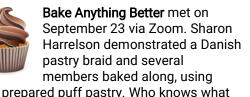
month at 4:30pm. The October meeting will concentrate on low-light photography, then we will go out for an evening shoot later this month. All Silver Frogs are welcome, and if interested contact Randy Smith.



we'll bake next!

Men's Breakfast Group meets monthly at Ol' South Pancake House on University Drive, the first Friday, at 8:00am. Usually numbering about 20 Silver

Frogs, all male members are invited to enjoy the morning meal and camaraderie.



Special Interest Groups (SIGs) foster fellowship and allow members to engage with others who share a common interest. SIGs are open to current Silver Frogs members only. Membership or participation in specific SIG activities may be limited and a waitlist might be in place.

These groups are member-driven and meet at various locations (or virtually) on a regular schedule according to what the group members decide.

Art of Fort Worth — contact: Penny McAdoo

Bake Anything Better — contact: Sharon Harrelson

Classic Canasta — contact: <u>Virginia Dias</u>
Ladies Lunch Out — contact: <u>Virginia Dias</u>
Liverpool Rummy — contact: <u>Virginia Dias</u>

Men's Breakfast Group — contacts: Gary Harrell and Jim Box

NEW! Non-Fiction Book Club — contact: <u>Joann Schulte</u>

Photography — contact: Randy Smith

Positive Aging — contact: Anne Carlson

Women & Wine — contact: Sian Borne

For details about a group, or to inquire about joining, click on a name above to contact the organizer.

<u>Click here</u> to see the full group descriptions.

If you don't see YOUR special interest represented here, you are welcome to lead your own SIG! Simply send in a proposal — it's just a short form where you can describe your proposed group — and you'll be contacted if there are questions and/or when it has been approved!

Putting the "Special" in Our Events

by <u>Susan Turner</u> Special Events Committee Chair

There is nothing louder than 60 Silver Frogs chowing down on yummy burgers and fries, laughing and talking over each other! Yep! That's what happened recently when we gathered at <u>Jakes</u> in Sundance Square to enjoy a bite to eat prior to the show at <u>Four Day Weekend</u>.

To say this was a bit of a rowdy bunch is underestimating the decibel level in the restaurant! But wow oh wow! Did we ever have a ton of fun! It was SO great to get back together for our first official special event of the 2022-2023 year.



















Upcoming events, next page!

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The Events Just Keep Coming...

Cheer on the TCU Volleyball Team as they take on Oklahoma on **Friday, October 21, at 12:30pm** at the TCU Silver Frogs Appreciation Event. Silver Frogs members get in FREE, and our own Kay Phillips (your Silver Frogs Vice President) will be singing the National Anthem! A few seats remain; register here.

TWO OPENINGS Two glass fusion classes, 11:00am and 2:00pm at <u>Contempo Art Glass Gallery</u> in Arlington on October 27. MANY thanks to Carol Stanford for organizing this. There are two places left in the 2:00 session; <u>email Carol</u> to register. I can't wait to see the neat plant stakes everyone makes!

ALMOST SOLD OUT — SIX SPOTS LEFT Forty adventurous, fun-loving Silver Frogs are gathering at Vince and Mona Puente's home on Friday, November 4, to do some serious boot scootin'! We will enjoy some yummy Tex-Mex from Enchilada Ole then head to Mona's upstairs dance studio to kick up our heels, dance and probably laugh a LOT! Email Susan to register.

AND THEN! Bakers! Get your ovens preheating and start planning to bake the world's best cookies because the Great Silver Frog Cookie Challenge happens on Wednesday, November 16 (details below).

We have MORE events happening this semester so be sure you are checking your email to get all the great info about them as soon as it comes out. Smaller events sell out very quickly and you don't want to miss anything!

Questions? Email Susan Turner at msusanturner4@gmail.com.





The Great Silver Frog Cookie Challenge Wednesday, November 16, 1:00pm - 2:30pm Dee J. Kelly Alumni & Visitors Center

Back by popular demand, it's time for the second-ever Great Silver Frog Cookie Challenge! Silver Frogs will battle for Best Bar, Drop/Sandwich, Icebox/Ball, and Decorated Cutout Cookies as determined by celebrity judges including **TCU Football Coach Sonny Dykes!** Silver Frogs will decide the People's Choice winner. Yes, there will be prizes! Are you up for the challenge to bake or to eat cookies?

Want to Bake and Compete? REGISTER HERE

- Homemade Cookies (no store-bought imitations!)
- Deliver 4-5 dozen cookies to the Kelly Center on November 16 by noon
- Send an electronic copy of your recipe, to be shared with members in a commemorative e-cookbook
- Submit one entry in any category
- Must be a current Silver Frog! Submit individually or as a group (SIG entries anyone?)
- Baker Entry Deadline: Monday, November 7

Want to Be a Cookie Eater or Just Attend? REGISTER HERE

- Come hungry! Sample cookies!
- ♦ Vote for the People's Choice Award
- Register by November 9

Silver Streak Staff



Siân Borne, a Silver Frog since Spring '17, came to Fort Worth in 1973 after moving to the US from England. She loves to read and travel. For Silver Frogs, she has served as Advisory Board President, is the SIG Chair as well as an instructor, and is active in several Silver Frogs committees.



Mary Dulle joined Silver Frogs in 2020 when the pandemic abruptly halted her travels and classes went virtual. She retired after a 25-year career in public relations and now enjoys gardening, reading, cooking, baking and playing with her cat, Sparky.



Diane Griffin has enjoyed Silver Frogs since Spring 2016 and is an enthusiastic advocate for lifelong learning. She is a retired business owner who loves reading, writing, listening, travel, theater, volunteering, and frequent interaction with family and friends.



Sharon Harrelson (Editor) is a Fort Worth native who's been editing various publications for work and fun since middle school. She's delighted to be a Silver Frogs instructor; she also spends time cooking/baking, gardening, and learning to parent twin college freshmen.



Richard Ranc is a retired VP of Investments at Wachovia Securities. He is a Silver Frogs instructor who serves on the Curriculum Committee in addition to writing for Silver Streak.



Ann Shelton is a charter member of Silver Frogs. She retired after many years as an Administrative / Executive Assistant, and now enjoys being a grandmother, playing tennis and volunteering. She co-chairs the Luncheon Lectures Committee.



Carolyn Stephens came to Silver Frogs five years ago following a career in journalism, public relations and crisis communications. She loves the concept of lifelong learning and enjoys reading, cooking, gardening and new adventures.



Lisa Winter, a Silver Frog since 2016, has served as special events chairperson, vice president, president, and past president. She is a new grandparent and is quick to pull out a picture of her adorable grandson. Her hobbies include reading, knitting, cooking, traveling, and Wordle.

JOIN THE TEAM!

The Silver Streak team produces three newsletters each semester, reporting on Silver Frogs activities.

The staff gathers information, interviews members, writes stories, edits material, contributes pictures and ideas, and documents Silver Frogs activities. It's a fun group and you can be part of it!

Email Sharon Harrelson if interested.

We also request member contributions to themed magazines each semester. These publications include creative writing, how-tos, pets, travel, reading recommendations, TV and movie reviews, and other human interest stories. You'll see an email prior to each deadline, as a reminder to contribute.



What do you enjoy about Silver Streak?

<u>Click here</u> to send feedback.

<u>Click here</u> to view past issues.



Office of Extended Education 817-257-7132 <u>lifelong@tcu.edu</u> <u>Visit the Silver Frogs website</u>