

SILVER STREAK

CONNECTING AND INFORMING TCU'S SILVER FROGS



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MAY 2023

Spring's Finale Was a Blast (from the Past)

by Susan Turner

The TCU Silver Frogs literally danced the night away as we celebrated one another and a year jam-packed with fun, friendship and learning. The BLUU lobby was filled with laughter and joy as we greeted one another and marveled at how gorgeous we all looked in our festive attire. We are a VERY striking group, as we all know!

It didn't take long for us to make our way down to the buffet tables and bars where we helped ourselves to hors d'oeuvres that ranged from fancy charcuterie cups to rich, chocolate truffles. The hors d'oeuvres were not only delicious—they were also really creative and beautifully displayed. Kudos to TCU's caterers for their great work.



Speaking of great work, our TCU Silver Frog photographers are something else—what a sleek system they had! From warm greetings and seamless registration to posing folks and tweaking lighting, they made us all look like movie stars as they captured our inner and outer beauty. WELL DONE, photo SIG—you all are incredible!

Inside the ballroom decorated with life-size, back-lit silhouettes of dancers, dramatic balloon columns and centerpieces that carried out the drama of the dancer silhouettes, the ambiance the decorations provided set the tone for the evening. The room looked magical! Adding to the eye-catching decor were the screens filled with dancing and pictures of all of us from our high



school days of glory. We had so much fun seeing one another with fewer wrinkles and more hair. I won't lie. There was a lot of laughing and back patting going on around the room as we shared the stories behind the photos.



AND—if you think Silver Frogs can't dance? Well—think again. We filled the dance floor throughout the night as we sang along with and danced to the oldies and goodies our two musical masters, Rick Selcer and Colin Plante, provided. Some of us have obviously had lots of dance lessons while others just got out there and did a whole bunch of shaking, rattling and rolling. During short breaks from the music, Rick offered musical trivia questions with the winners taking home Silver Frogs memberships for Fall 2023 along with other prizes.

A highlight of the evening was the crowning of our Prom Queen, Trisha Obregon, who worked tirelessly to make this celebration a success. Talk about a deserving queen. As we all know, this lady is amazing. She guided the prom committee throughout the planning process, pulled off miracle

(Continued on page 2)

End-of-Semester (Continued from page 1)

after miracle working with the BLUU and the caterers and kept the communication flowing to encourage folks to participate. THANK YOU TRISHA for all you did to create the most fun end-of-year closing party the TCU Silver Frogs have ever had. You are a true blessing to every single one of us and we love and appreciate you!

In closing, we want to thank a few folks who helped Trisha make the evening a success including our incredible leader, Julie Lovett, Marissa Garcia and the planning committee that included **Sian Borne, Donna Burnette, Tom Clark, Colin Plante, Rick Selcer, Andi Smith, Susan Turner and Diane Weaver**. Thank you all for the countless hours and hard work you put in to set the stage for memory making and relationship building for everyone who attended.

Until next year, dance on, Silver Frogs!



Prom Queen
Trisha Obregon

Planning Committee



Sian



Donna



Tom



Colin



Rick



Andi



Susan



Diane

<h2>What's Inside</h2>	
STORY	PAGE
End-of-Semester Event & Related Stories	2-5
Instructor Thank You	6
Fall Membership	6
Silver Frogs News	7
Luncheon Lecture	8
Class Highlights	9-10
Activities & Events	11-12
Special Interest Groups	13-16
Dates to Remember	17
Staff	17

Additional stories related to the End-of-Semester Party / Prom can be found on pages 3-5 of this newsletter!

Photo SIG Tackles Prom Portraits

by Tom Clark

When Andi Smith asked if I would take care of prom photography, I said, "Sure!" believing someone in our membership would certainly know how to take portraits and could teach the rest of us. At our February SIG meeting, it was discovered everyone in our group was a landscape photographer, and no one but me even owned a studio light. Panic time, but just think of it as a great learning opportunity, right? Julie offered to hire folks but I said with confidence, "we got this."



Mary Alice Cretsinger teaching lighting class

So turning to a dear friend and mentor, Master Photographer Mary Alice Cretsinger, I asked, having already volunteered, how do we do this? After a good laugh, Mary Alice helped me work through all the steps and persuaded me to undertake a full studio setup using her equipment from her home business. But we didn't know how to use it. From that came the March SIG meeting where Mary Alice dismantled her portrait studio and hauled it all to Fort Worth Camera

where we hold our meetings and taught us what the various lights did, how to set them up and connect them to her controller. We then took pictures, analyzed how they looked and adjusted with her guidance till we got it right. While far from expert, we left understanding a basic setup. And Mary Alice hauled it all home again. So, we had a lighting plan, now what?

Well, how do you pose single people, couples, and groups? To the rescue rides Chris Hanoch, a Certified Professional Photographer (CPP) and Lockheed Martin professional. Chris created a presentation on the subject, given at our April SIG meeting. He did a great job illustrating the dos and don'ts. He included great pictures (which others took) of horrible posing which gave us all many laughs while teaching the most valuable lesson – avoiding typical mistakes. He demonstrated with the help of yet another CPP, Tammy Graham of Locations Photography, who posed for him. He then had us taking turns posing each other under his guidance. Now armed with some courage, we were ready to try the hard stuff of doing it ourselves.

Even then, many of us, especially me, were much intimidated at the prospect of doing it all ourselves. There would be over 130 attendees on prom night, May 6th, when we would have people in line waiting. Mary Alice to the rescue! She volunteered to go with me on Saturday afternoon to haul all the equipment from her studio to BLUU and spent three-and-one-half hours doing setup and tuning in the lighting/camera.

She further volunteered to come back to the prom to advise and be ready with spares should anything fail. So, with a quick burger for dinner on the way home, she had just barely enough time to get ready before I was back at the door at 5:30 to go reinstall the high-value equipment and be ready at 6:30.

Now for the SIG members who had the courage to take this on; Lynn Yarborough, Randy Smith, Don and Donella Ware and myself, very shorthanded as many key members were out of town. With Mary Alice's help every step of the way, we started shooting at 6:45 and shot 88 attendees in just over two hours. In that short time, we gained confidence in posing people quickly, working the camera and moving the line along. We tried to make it a fun and comfortable process for all.

Finally, Randy Smith and I were faced with 485 shots to sort for best pose and the tedious work of doing post-processing to clean up mistakes and make everyone look beautiful. Tammy Graham, sensing our plight and low proficiency/skills, stepped up and offered to take the raw images to her Locations Photography studio where she and her staffer Halle would take over using their system and equipment. I watched one day and was amazed at how a highly-trained professional can quickly move through hundreds of images and transform them into incredible portraits. She and Halle saved us weeks and weeks of work.

We owe our SIG members a special thanks for having the courage and commitment to take on a hugely important task with virtually no experience at all. And a special hat off to our own Trisha Obregon who did a fantastic job of taking care of all the little details like printing. As we know, she is special. But in retrospect, we would never have achieved the excellent results you see in our sample portrait (at right) without the generous help of Mary Alice Cretsinger, Chris Hanoch and Tammy Graham. These are all great photographers and I recommend them to you gladly. And as an extra bonus, Chris agreed to offer a class on posing in the Spring semester of next year.

Trisha believes the final prints will be in the mail soon. Enjoy.

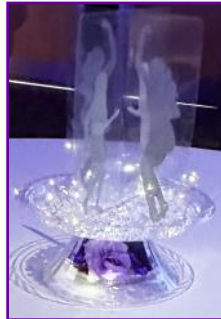


Portrait of Randy and Andi Smith

Dancing Decorations by Donna Burnette



The inspiration for our party décor was the theme: Dancing Through the Decades. I thought it would be fun to have large silhouettes throughout the room, so I fabricated them from PVC pipe for the frame and purple fabric for the background. Using the overhead projector in the classroom, I traced the silhouettes onto the fabric and then painted them with silver glitter paint. After attaching the fabric to the frame, we added fairy lights to the back.



The table centerpieces were made by gluing clear plastic plates and bowls together. We added fairy lights, vase filler acrylic crystals, and purple silk flowers. The centerpieces were topped with laminated dancing silhouettes. At the end of the evening, someone at each table won the centerpiece to take home.



Kudos to Diane Weaver for her help!



SENIOR MOMENTS by Penny Dickerson

I Love this Song!

me too. would you like to dance Poppy?

Silver Frogs Prom 2023

Boogie Nights

D.J.'s MUSIC

It's such a fun party.

Yes and better than my first Prom.

Why is that Judy?

I don't have to be home by 10!

5/23-1



Rick challenged us with musical trivia questions at the end-of-semester party; door prizes were awarded for correct answers.

Behind the Music

by Ron Tamada, who pushes the light switches down and back up again... hopefully at the right time. And is a fan of Linda Ronstadt.



Classic rock & roll (R&R) courses have been popular offerings with Silver Frogs each semester. These courses are the creation of Richard Selcer (Rick), a native of Fort Worth, proud graduate of Paschal High School and TCU and author of numerous books and articles on the history of our fair city. Nowadays, Rick is a retired university professor who is the

curator of his own extensive collection of history books and articles, music records and CDs. He also officiates high school basketball games, conducts historical walking tours and is a member of the Tarrant County Historical Association.

Just to clarify, the term Rock & Roll is used here in a very inclusive way for the Silver Frogs courses: rock, folk, folk-rock, doo-wop, Motown, R&B, baroque rock, heavy metal, and, yes, disco. The basic period covered is primarily the 1950s through the 1970s.

After presenting his iconic course *1960s Rock & Roll: When the Music Was Hummable and the Lyrics Mattered* several times, Rick was approached by one of the class members, Colin Plante. Colin had watched Rick juggle CDs during his presentation while continuing to present his material to the class. Colin said to Rick, "You know, there's an easier way to do this." Thus was born a partnership that has spawned more than a half dozen new classic R&R courses with the promise of more to come. Colin is a retired Information Technology (IT) manager with extensive knowledge of numerous software packages, not the least of which is PowerPoint.

Colin began to transform Rick's 1960s course into a PowerPoint presentation. The recording of each song in the four-week course was now a soundtrack accompanied by a video presentation taken from public sources on the internet (e.g., YouTube). When a ready-made video was not available, Colin created one from video snippets and photos found in those public internet places. PowerPoint presentations have now been prepared for each of Rick's courses.

But I think the magic of these R&R courses lies in the combined strengths of Rick and Colin. The courses wouldn't exist except for Rick's vision and organization and the insight that only an experienced historian can provide. Rick has a gift for arranging the wide variety of musical styles over the three plus decades into logical,

understandable categories that make one say, "Oh, yeah, I see that now." Rick prepares the informative commentary which he uses to introduce each song or section of songs with a historian's eye (ear?). Colin affectionately refers to this commentary as "blah-blah." I believe his commentary and research has enriched R&R music for all of his students.

Through his education and professional career, Colin has mastered computer software skills that we mortals can only dream about (if we even knew what to dream about), and what he doesn't know he teaches himself. I'm doubtful that we could find anything computer related for Silver Frogs that Colin couldn't handle. He also has an extensive knowledge of all things Rock & Roll. He has not told us exactly how long it has taken him to prepare all the song videos for all of the courses Rick has offered. I'm guessing it's triple-digit hours and counting.

During the Fall 2022 semester Rick and Colin were asked to prepare the music for the semester-end party that would be held at the end of Spring 2023. They were more than up to the task. Rick prepared the playlist that would serve a dual purpose: getting people out on the dance floor while providing fun, nostalgic listening for those who wanted to visit with friends or just kick back. About 80 song videos were created for the party. They inspired a lot of great dancing and even a classic conga line at the end of the evening. Oh, and Colin also prepared a video scroll of vintage pics of many of the Silver Frogs. This scroll was displayed on the same video screens next to the song videos. Their work truly made the party more enjoyable.

I would be remiss if I didn't give a shout out to Colin's wife, Susie. During our many meetings at the Plante home to review and tweak all the music presentations, Susie made us guys a delicious lunch. Thank you, Susie, for your graciousness!

Rick continues in creative mode developing outlines and playlists for new courses. He also is constantly tinkering with his old courses, changing out songs. And Colin is right alongside to put together the audio and video for all the new and revised material. Stay tuned next semester for a couple of new courses on the 70s and forgotten albums, and a retooled 60s course.

*And we have just begun watching the river run
Listening learning and yearning
Run, river, run
(K. Loggins, J. Messina)*

We've enjoyed the listening and learning, and we're yearning for more.



We LOVE Our Volunteer Instructors

There's a lot going on at Silver Frogs, but at the heart of the program we're about Lifelong Learning. It's a wonderful dynamic when our volunteer instructors present topics that they're passionate about to enrich the experience of our members. Some of these generous teachers are members, some are TCU employees, and some are members of the Fort Worth community – but they ALL give their time and energy to us, and we thank them for that.

This spring, these 76 instructors presented 129 programs. Many will return in the fall; you'll find a whopping 105 instructors and 160 courses, mini-courses, and lectures – including many brand-new offerings – in the [Silver Frogs Fall 2023 Catalog](#).

Lee Ancona		Zelda Gilbert	Kent Knudson	Ken Seeling
Anne Bailey		Hollie Glover	Linda Lanctot	Richard Selcer
Shari Barnes		William Grant	Frank Lonergan	Darcy Sety
Crystal Barth		Jeaninne Grayson	Wayne Ludwig	Punch Shaw
Victoria Bennett		Paula Green	Lynn Main	Ann Sheets
Linda Bertram Zeman		Julianna Greer	Buddy McIntyre	Randy Smith
Larry Borne		William Greer	Nancy McVean	Laurie Stelljes
Sian Borne		Mary Gugliuzza	Ralph Mecklenburger	Elaine Stoltz
Layne Bradley		David Hares	Kerri Menchaca	Angela Tacco
Donna Burnette		Sharon Harrelson	Julie Miller	Ronald Tamada
Joseph Cecere		Maxine Harrington	Cythiane Morganweck	Mark Thistlethwaite
Jack Crowder		Peggy Hendon	Roger Norman	George Tischler
Jerry Davis		Jonathan House	James Parr	Judith Van Hoof
Mary Dulle		Rachael Houston	Edward Porter	Diane Weaver
Laura Dyson		Boglarka Huddleston	Deborah Reed	Tim Wendt
Michael Erwine		Jessica Humphrey	JonAnna Reidinger	Richard Wolf
Hank Fitzhugh		Cheryl Isom	Doug Renfro	Lewis Woodard
Jeff Frazer		Elizabeth Jones	Bradley Reznicek	Lynn Yarbrough
Robert Frey		Larry Klos	Gretchen Ross	Zim Zimmerman

MEMBER REGISTRATION FOR FALL 2023

JUNE 1 AT 9AM THROUGH JUNE 2 AT 5PM

YOUR PLACE IS GUARANTEED IF YOU REGISTER ON THESE DAYS!

OPEN TO THE PUBLIC MONDAY, JUNE 5 FROM 9AM UNTIL WE SELL OUT.

Advisory Board Update by Sharon Harrelson

Each spring, the Silver Frogs Advisory Board retires members and adds new ones for two-year terms. An ad hoc Nominating Committee (led this year by Ann Shelton) reviews all submitted applications and recommends a slate of new Advisory Board members to the current voting board. Following discussion of the candidates and barring no objections, the slate is voted in and new board members are notified; other applicants are also notified and thanked for their applications.

Due to some unusual circumstances, six voting seats were vacant and they were filled with **Penny Dickerson, Susan Frymire, Wanda Murphy, Martha Newman, Ken Seeling** and **Darcy Sety** (returning for a second consecutive term). Congratulations and welcome! Rounding out the board and returning for their second years are **Gary Harrell, Elaine Klos** and **Kay Phillips**.

Thank you to retiring members **Jim Godfrey** (who will remain on the non-voting board for one year as Past President), **Tony Krause, Carol Stanford** (retiring as Secretary and moving to non-voting status as co-chair of the Speaker Series Committee) and **Susan Turner** (who remains as Special Events Chair). **Dick Fahy** passed away during his term, and a new member is also taking his place.

Your officers for the 2023-24 school year are:

Kay Phillips, President
Gary Harrell, Vice President / President-Elect
Darcy Sety, Secretary

If you're interested in a term on the Advisory Board, be sure to apply next spring! It's a great way to be involved and help shape the future of Silver Frogs. In the meantime, participation on a committee or in another volunteer activity within Silver Frogs is a great start.



New for Fall 2023: Opt in for Text Messages

It's easy to opt in if you'd like to receive reminders and alerts from TCU in a text format!

1. Sign into your Silver Frog Account at lifelong.tcu.edu
2. Go to My Account
3. Go to My Profile
4. Make sure you have a mobile phone number listed
5. Click the checkbox to agree to receive text messages
6. Click Save Changes

If you change your mind later, simply go back in and uncheck the text messages box.



Donate Those Little Shampoos by Ken Bowers

During your summer travels, please remember that Silver Frogs supports the Women's Haven and the Presbyterian Night Shelter with the amenities that you donate from your overnight stays in hotels, motels, roadside inns, spas, etc. If you would be so kind as to bring them home and place them in a plastic bag, then put them in the "Can" in the front office when classes begin next Fall. Trisha will be happy to point it out, if you have any trouble finding it. The "Can" is tan and marked for the donations. It is a small, but much appreciated thing that we can do to support those less fortunate and they can and do use the items.



Luncheon Lectures Conclude



Speaker Hank Coates, Silver Frogs Advisory Board President Kay Phillips and CAF and TCU Trustee Neils Agather.

Silver Frogs gathered in the BLUU ballroom on Friday, May 19 for the final Luncheon Lecture, which concluded activities for the Spring 2023 semester. *Educate, Inspire & Honor: The Commemorative Air Force's Golden Thread* was presented by [Commemorative Air Force](#) (CAF) CEO Hank Coates.

Established in 1957, the CAF owns and maintains 175 vintage military aircraft, most of which have been restored (and upgraded with current equipment). This is the world's largest flying museum, with a mission to educate, inspire and honor – and they're headquartered nearby, in Dallas. One of the planes they're proudest of is the C-47 Skytrain "That's All, Brother" which led the D-Day invasion.

The organization works to weave what they call a "golden thread" between youth and older veterans, bringing them together for various educational experiences. By preserving the past and inspiring the next generation of aviation enthusiasts, the CAF delights old and young alike with its programs and its collection of aircraft.

You can learn more about the CAF, including upcoming events, on their website. They're a largely volunteer organization, so if you'd like to get more involved, there are many ways to do that. Start by watching [this short video!](#)



Silver Frog Roland Haedge, who introduced the speaker, Julie Lovett, JoAnn Haedge and Hank Coates.



Members enjoying the final luncheon (bottom photo): Sharon Hayes, Linda Mitchell, and Teresa Gallagher-Bell; (top photo) Judy Grzych, Susan Frymire, and Susanna Rodriguez.

New for Fall 2023: Silver Frog Speaker Series

The Silver Frogs Luncheon Lecture Committee, now co-chaired by Carol Stanford and Judy Grzych, met on May 15. The first order of business was to discuss a possible new format for the Luncheon Lecture series. It was decided to do away with the lunch and have a **Silver Frogs Speaker Series** (new name) and change the time to 11am-12:30pm. We will have cookies, coffee, tea, and water at no additional cost to members. Guests may attend for a small fee.

The fall series dates will be **September 15, November 17, and December 1** (all Fridays). No other classes will be scheduled during these times so that there are no Silver Frogs schedule conflicts.

The first two speakers are lined up for the fall—Dr. Rachael Houston (September) and Doug Renfro (November). You'll receive further details about their topics and the third speaker when registration opens for the series.

Learning Takes Many Forms



Above, pictures from the *Card Making with Basic Supplies* class and the cards we made during the last two classes.

In *Fun and Easy Crafts* (pictured at right) we made necklaces from washers and nail polish, painted rocks, made rag wreaths and decoupage items such as trays, jars, tiles, candles and cans.

Each class met for four weeks, and lots of fun was had!

— Donna Burnette



Here's a picture from *Savior and Serpent: Two Men Who Changed the Course of the 20th Century – Winston Churchill and Adolf Hitler*, taught by Linda Lanctot.

This is the only class I've attended where one of the subjects of the class made a guest appearance. What made it even more incredible is that the guest was Winston Churchill.

— Ken Seeling



A Wide Range of Classes Keeps Things Interesting

First-time Silver Frogs instructor Gretchen Ross, assistant professor of marketing at TCU's Neeley School of Business, presented a most interesting class this spring semester: ***Consumer Behavior***.

Social and personal influences, value, and many other aspects were explored with lots of discussion and interactive content. I hope Professor Ross will offer more instruction in the future.

— Barbara Neely



When the power went out suddenly at Secret-Wible on April 26, intrepid instructor Jack Crowder just kept on talking. Not exactly candlelight, but cell phones provided appropriate mood lighting for the 18th-century topic: ***Stories of Bravery, Daring, and Compassion by Women Patriots in the American Revolution***.



Several representatives from the Texas Health Harris Methodist Hospital's Level 1 Trauma Center presented an excellent class on how to recognize and treat life-threatening bleeding. ***Stop the Bleed*** provided easy-to-understand information along with demonstrations and hands-on participation.

— Ann Shelton

Silver Frogs Celebrate Marissa Garcia

with a baby shower on April 4 in the Kelly Center. Marissa's daughter, Camilla, her husband Jairo, and her parents, Mariza and Anselmo Garcia, were able to attend. Amazingly, after two months of secret planning, it was indeed a SURPRISE! Congratulations on the May 12 birth of Jairo, weighing in at 8.5 lbs. Marissa is doing well and taking some much deserved time away from TCU.



The family was extremely grateful for the generous gifts and good wishes.



Trisha Obregon with Marissa



Youngest Silver Frog, Jairo Garcia, weighed in at 8.5 lbs on May 12.



Kit and Reeve Van Nostrand, Jim Godfrey



Linda Tindall, Betsy McDaniel



Ann Bracey, Darcy Sety, Jane Mason



The Kelly Center took on a different vibe for a baby shower!



Mother Mariza, daughter Camilla, father Anselmo meet with Silver Frogs Director Julie Lovett



Ann Shelton, Sian Borne, Lisa Winter, Judy Grzych



Elaine Klos, Rhonda Grundy, Sonja Durando

Opera Students: Talented and Fun!

by [Susan Turner](#), Special Events Committee Chair



On Saturday evening, April 22, a group of 36 Silver Frogs gathered to enjoy a delightful evening with the TCU Opera Department. "Stars of Tomorrow" was performed onstage in the beautiful Van Cliburn Hall and featured the remarkably talented TCU Opera students under the direction of Dr. Corey Trahan. The concert included selections from *La Traviata*, *West Side Story*, *Les Misérables*, *Lakmé*, *Phantom of the Opera*, *The Pearl Fishers*, *Der Rosenkavalier* and *Turandot*. Click [here](#) to see the specific pieces performed.



Following the performance, the opera students and faculty gathered with the Silver Frogs for a reception during which we shared lots of laughs and stories and warmth. The students were incredibly engaging and personable and truly appreciative of the Silver Frogs support of the opera program and attendance at the concert.



SIG News: Art Abounds shared by Linda Rodjak, with photos by Dave Rodjak

The **Art of Fort Worth** SIG wrapped up the semester with events at the Sid Richardson Museum in downtown Fort Worth and at Fort Worth Contemporary Arts.



[Night and Day: Frederic Remington's Final Decade](#) at the Sid Richardson Museum with Dr. Mark Thistlethwaite, TCU Professor of Art History Emeritus, on April 12.



TCU's [150 Years / 150 Artists](#) exhibit at Fort Worth Contemporary Arts with [Sara-Jayne Parsons](#), Director, The Art Galleries at TCU, on April 26.



SIG News: Ladies Lunch & Canasta

shared by Susan Frymire



Canasta at the home of Virginia Dias on March 21



Ladies Lunch met on May 12 at the [Rose Garden Tea Room](#) inside the Mercantile on Camp Bowie in Fort Worth.



SIG News: Women & Wine shared by Siân Borne



W&W1 met at the home of Wanda Murphy on April 27 and our theme was Italian wines.

1) Susan Howell, Adrienne Rosen, Lisa Duhamell, Judy Coolidge, Cathy Sunkel, Leola Curtis; 2) Martha Newman, Sharon Ward, Claudia Blalock, Nancy Caudill. Right: Wanda Murphy and in the background L-R Susan Howell and Cathy Sunkel; 3) Andi Smith, Judy Grzych, Nancy Caudill, Mary Eads.



W&W2 was hosted by Nikki Hatley at her apartment's clubhouse on April 18; our theme was Australian wines.

1) Carolyn Knott, Penny Dickerson, Sharon Harrelson, Sheila Carlson, Cynthia Redden; 2) Sheila Carlson, Linda Mitchell, Connie Ivy-Swanson, Jane Swanson, Nikki Hatley, Penny Dickinson, Katie Bray; 3) Nikki Hatley, Nancy Stahl, Leslie Dell, Kim Reynolds.



W&W1 met again on May 18 at the home of Donna Parker, where we learned which cheeses to pair with our favorite wines.

1) Judith Tarvin, Sherri Glaser, Leola Curtis, Cathy Sunkel, Susan Howell, Susan Whittaker, Patsy Cipolla, Gail Stephens; 2) JonAnna Reidinger, Donna Parker, Adrienne Rosen, Yvette Holloway, Judy Grzych.



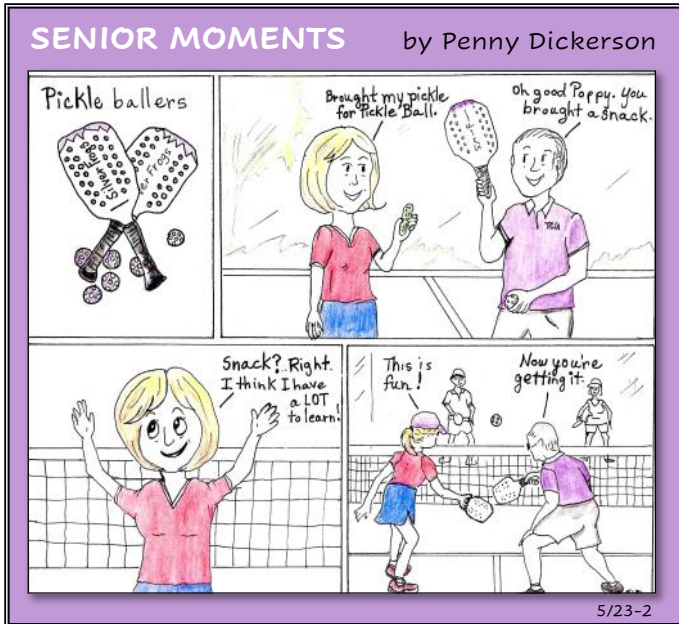
Jackie Brewer was our W&W2 hostess on May 16 and we sampled and learned about French wines.



1) Eileen Frey, Nancy Stahl, Michelle Gagne, Sheila Carlson, Jane Swanson and Connie Ivy-Swanson; 2) guest and future SF Jane Sullivan, Jackie Brewer, Sharon Harrelson; 3) some great French red wines!

SENIOR MOMENTS

by Penny Dickerson



SIG News: More Good Times Together!



The **Men's Breakfast Group** meets monthly at Ol' South Pancake House on University Drive the first Friday at 8:00am. Usually numbering about 20 Silver Frogs, all male members are invited to enjoy the morning meal and camaraderie. — *Gary Harrell*



These pictures are from one of our **Afternoon Tea** get-togethers at the Kimbell Art Museum. We have informally added "and

other fun things" to the name of our group. The group also enjoyed a late lunch at the Modern Art Museum in May. — *Sherry Flowers*

The **Bake Anything Better** SIG has met several times this spring, both via Zoom and in person. We've shared holiday bakes, held a "gadget roundup," baked filled Chicago biscotti together and are planning a field trip for June to sample baked goods we didn't have to bake! For the Fall, we plan to focus on bread-baking with demonstrations by members in person and/or on Zoom.

— *Sharon Harrelson*



These unusual — and delicious — filled biscotti were demonstrated by Marjorie Deutsch..

Current Special Interest Groups

Afternoon Tea — contact: [Sherry Flowers](#)

Art of Fort Worth — contact: [Penny McAdoo](#)

Bake Anything Better — contact: [Sharon Harrelson](#)

Classic Canasta — contact: [Susan Frymire](#)

Ladies Lunch Out — contact: [Susan Frymire](#)

Liverpool Rummy — contact: [Marsha Farrell](#)

Men's Breakfast Group — contacts: [Gary Harrell](#) and [Jim Box](#)

Non-Fiction Book Club — contact: [Joann Schulte](#)

Pickleball — contact: [Jack Crowder](#)

Photography — contact: [Randy Smith](#)

Positive Aging — contact: [Anne Carlson](#)

Women & Wine — contact: [Sian Borne](#)

[Click here](#) to see the complete group descriptions online.

Silver Streak Staff



Siân Borne, a Silver Frog since Spring '17, came to Fort Worth in 1973 after moving to the US from England. She loves to read and travel. For Silver Frogs, she has served as Advisory Board President, is the SIG Chair as well as an instructor, and is active in several Silver Frogs committees.



Penny Dickerson is a practicing artist (acrylic and watercolor) who loves to travel and read (mostly mysteries). She joined TCU Silver Frogs in fall of 2019. Retired from IBM Corp. after 31 years as an Executive Assistant, all in the DFW area.



Mary Dulle joined Silver Frogs in 2020 when the pandemic abruptly halted her travels and classes went virtual. She retired after a 25-year career in public relations and now enjoys gardening, reading, cooking, baking and playing with her cat, Sparky.



Sharon Harrelson (Editor) is a Fort Worth native who's been editing various publications for work and fun since middle school. She's delighted to be a Silver Frogs instructor; she also spends time cooking/baking, gardening, and learning to parent twin college freshmen.



Richard Ranc is a retired VP of Investments at Wachovia Securities. He is a Silver Frogs instructor who serves on the Curriculum Committee in addition to writing for Silver Streak.



Darcy Sety joined Silver Frogs in 2019 after watching them grow and blossom. Following a career in IT Management, she now enjoys indulging in her many hobbies. She has served on the Silver Frogs Advisory Board and has recently started teaching classes.



Ann Shelton is a charter member of Silver Frogs. She retired after many years as an Administrative / Executive Assistant, and now enjoys being a grandmother, playing tennis and volunteering.



Carolyn Stephens came to Silver Frogs five years ago following a career in journalism, public relations and crisis communications. She loves the concept of lifelong learning and enjoys reading, cooking, gardening and new adventures.



Lisa Winter, a Silver Frog since 2016, has served as special events chairperson, vice president, president, and past president. She is a proud grandparent and is quick to pull out a picture of her adorable grandchildren. Her hobbies include reading, knitting, cooking, traveling, and Wordle.

HAVE A
FABULOUS
SUMMER!



Your Silver Streak staffers will be taking some time off this summer, returning with our annual back-to-school issue in early September. Look for two additional newsletters and two Silver Streak magazines during the fall semester!

The staff gathers information, interviews members, writes stories, edits material, contributes pictures and ideas, and documents Silver Frogs activities. It's a fun group and you can be part of it! [Email Sharon Harrelson if interested.](mailto:sharon@silverfrogs.org)

DATES TO REMEMBER

June 1-2
Member Registration for Fall

June 5
Public Registration for Fall

August 15-19
Course and Lecture Requests

August 29
Open Seats Registration

September 7, 2pm
Meet & Greet

September 12
Classes Begin!

September 15
Speaker Series #1

What do you enjoy about Silver Streak?

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Photo Credits for this issue:

- ◆ End-of-Semester Party, Luncheon Lecture, and Baby Shower: **Tom Clark**. Thank you, Tom!
- ◆ Other photos, unless otherwise noted, were submitted by the person who contributed the information/story.