

**TCU Silver Frogs Spring 2026  
Programs with Space as of February 6**

Session I: February 9 - March 6	DOW	Start Date	Session(s)	Start Time	Instructor(s)	Location
<a href="#">Four Rock Music Legends</a>	M	2/9	4	9:00AM	Selcer, Richard; Plante, Colin; Tamada, Ron	ZOOM
<a href="#">Synthetic Mesh Used for Hernia Repairs: Is it Safe?</a>	M	2/9	1	1:00PM	Rutledge, Peter	STAY
<a href="#">Women: Exploring Human Coloring and How Our Coloring Changes as We Mature</a>	M	2/9	1	3:00PM	Stoltz, Elaine	SW
<a href="#">Corraling the Cupcakes</a>	T	2/10	1	11:00AM	Harrelson, Sharon	ZOOM
<a href="#">Are You Getting Older or Bolder? What Do You Want to Do &amp; What are You Waiting For?</a>	Tu	2/10	4	11:00AM	Ancona, Lee	SW
<a href="#">Capital Chaos: The Fall of the House of Hitler</a>	W	2/11	2	1:00PM	Lanctot, Linda	ZOOM
<a href="#">Basic Sign Language</a>	W	2/11	4	3:00PM	Henry, Michelle	SW
<a href="#">One Cattle Prod, Two Death Verdicts, and A Killer Goes Free</a>	Th	2/12	1	9:00AM	Sparks, Ken	SW
<a href="#">Happier in 2026</a>	Th	2/12	4	11:00AM	Eads, Mary	SW
<a href="#">Volunteer View</a>	Th	2/12	1	1:00PM	Yowell, Suzanne	SO
<a href="#">The Bible--Then and Now</a>	F	2/13	4	9:00AM	Grant, David	ZOOM
<a href="#">Ethical Issues in Artificial Nutrition and Hydration</a>	F	2/13	1	11:00AM	Morgenweck, Cynthiane	SW
<a href="#">Thunder on the Water: Charleston and Vicksburg July 1863</a>	F	2/13	2	3:00PM	Burt, James	TCUARB
<a href="#">Women: Wardrobe and Closet Planning</a>	M	2/16	1	3:00PM	Stoltz, Elaine	SW
<a href="#">Learn How to Create a Photobook With Ease by Watching</a>	Tu	2/17	1	11:00AM	Sparks, Ken	ZOOM
<a href="#">Italy: Tips for Independent Travel</a>	Th	2/19	1	1:00PM	Parr, James	SO
<a href="#">Tales from the Japanese Garden: A Virtual Tour</a>	F	2/20	1	9:00AM	Coalson, Nora	TCUARB
<a href="#">World War II's Sisterhood of Spies: Women in the OSS</a>	F	2/20	1	9:00AM	Sheets, Ann	BLUU
<a href="#">Round the World Air Travel</a>	F	2/20	2	11:00AM	Kelley, Michael	TCUARB
<a href="#">Taking Care of Our Trees</a>	F	2/20	1	11:00AM	Coke, David	SW
<a href="#">Mary Martin - from Weatherford Tomboy to Broadway Superstar</a>	W	2/25	1	11:00AM	Main, Lynn	TT
<a href="#">Coal Mines of Southwestern Indiana</a>	W	2/25	1	1:00PM	Walker, Bud	SW
<a href="#">Fashion Trend Cycling: Past, Present and Future Forecasts</a>	F	2/27	2	9:00AM	Bettinger, Nicole	TCUFAB
<a href="#">That Old Car You Always Dreamed About</a>	F	2/27	2	9:00AM	Nixon, Chuck	TCUARB
<a href="#">Joy of Cooking: A Classic for Generations of Home Cooks</a>	M	3/2	1	1:00PM	Harrelson, Sharon	STAY
<a href="#">The King of Instruments: The Rildia Bee O'Bryan Cliburn Organ - Tour &amp; Demo</a>	W	3/4	1	1:00PM	Reznicek, Bradley	BBC
<a href="#">The Cannabis Classroom</a>	Th	3/5	1	1:00PM	Sahba, Caroline	SW
<a href="#">Chili, It's Not Just For Breakfast Anymore</a>	F	3/6	1	11:00AM	Davis, Jerry	SW

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**Session II: March 9 - April 10**

**No Classes March 16 - 20 or April 3**

<a href="#">The 1960's Folk Music Revival in Four Acts</a>	M	3/9	4	9:00AM	Erwine, Michael	SW
<a href="#">Who Are You? Where Did You Come From?</a>	M	3/9	4	1:00PM	Morton, Thomas	SW
<a href="#">A Hit or Miss?</a>	Tu	3/10	2	11:00AM	Selcer, Richard; Plante, Colin; Tamada, Ron	ZOOM
<a href="#">Consumer Behavior</a>	Tu	3/10	4	3:00PM	Ross, Gretchen	SW
<a href="#">Jack, His Beanstalk and King Arthur: All Related</a>	W	3/11	1	11:00AM	Norman, Roger	TT
<a href="#">Medical Benefits from DNA Sequencing</a>	W	3/11	4	11:00AM	Fitzhugh, Hank	SW
<a href="#">A Basic Introduction to Investment Markets, Options, Annuities, and Real Estate</a>	W	3/11	4	1:00PM	Shannon, Wes	SW
<a href="#">Trap-Neuter-Return: Introduction to Community Cat Care</a>	W	3/11	1	3:00PM	Hudson, Lydia	SW
<a href="#">Acting Technique: Uta Hagen</a>	Th	3/12	4	1:00PM	Schultes, Dana	SWT
<a href="#">Criminal Death Penalty: Justice or Myth?</a>	Th	3/12	4	9:00AM	Hennig, Greg	SW
<a href="#">Intermediate 42: Fun and Competition in Silver Frogs!</a>	Th	3/12	4	1:00PM	Frazer, Jeff	SW
<a href="#">From Fabric to Fabulous Fashion</a>	F	3/13	2	9:00AM	Bettinger, Nicole	TCUFAB
<a href="#">The Old Chisholm Trail: From Cow Path to Tourist Stop</a>	F	3/13	2	9:00AM	Ludwig, Wayne	SW
<a href="#">Tour Prehistoric and Historic Henan Province in China: Luoyang, Kaifeng, and Anyang</a>	F	3/13	2	9:00AM	Yarbrough, Lynn	TCUARB
<a href="#">Thunder on the Hills: Gettysburg July 1863</a>	F	3/13	2	11:00AM	Burt, James	TCUARB
<a href="#">I Attended the Jacqueline Kennedy Onassis Auction Preview</a>	M	3/23	1	1:00PM	Sety, Darcy	STAY
<a href="#">Perfecting the Jelly Roll</a>	T	3/24	1	11:00AM	Harrelson, Sharon	ZOOM
<a href="#">Fort Worth's Other Airline</a>	Th	3/26	1	11:00AM	Swanson, Jane	SW
<a href="#">Music To My Heirs - The Challenge of Generational Wealth and How to Succeed</a>	Th	3/26	1	11:00AM	Lewis, Steve	ZOOM
<a href="#">Discovering Art in the Fort Worth Botanic Garden</a>	Th	3/26	2	1:00PM	Burt, Melinda; Green, Subie	FWBG
<a href="#">So You Want to Make a Hit Record?</a>	Tu	3/31	2	11:00AM	Selcer, Richard; Plante, Colin; Tamada, Ron	ZOOM
<a href="#">So You Want to Make a Hit Record?</a>	Tu	3/31	2	11:00AM	Selcer, Richard; Plante, Colin; Tamada, Ron	SW
<a href="#">Going from "We" to "Me"</a>	Tu	3/31	1	1:00PM	Sullivan, Ingrid	SW
<a href="#">Genealogy Research Using Online Applications</a>	W	4/1	2	11:00AM	Barth, Crystal	ZOOM

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<a href="#">From Clueless to Confident: Financial Basics for Non-Finance Managing Spouses</a>	Th	4/2	2	11:00AM	Moseley, Bonnie	SW
<a href="#">Before Ree, Before Ina, Before Julia, There Was Dione Lucas</a>	Th	4/9	1	1:00PM	Davis, Jerry	SO
<a href="#">Boating's Essential Skills</a>	F	4/10	1	9:00AM	Webster, Michael	SW
<a href="#">Retirement Master Class</a>	F	4/10	1	11:00AM	Cowley, Ryan	SW
<a href="#">Smart Tools, Smarter Living: Practical AI Skills for Everyday Tasks</a>	F	4/10	1	3:00PM	Lillagore, William	SW
<b>Session III: April 13 - May 8</b>						
<a href="#">Common Things Are Common: A Review of the Common Chronic Conditions of Adults</a>	M	4/13	4	11:00AM	Parker, James	SW
<a href="#">Abdominal Anatomy, Physiology, and Disease Processes</a>	M	4/13	4	1:00PM	Rutledge, Peter	SW
<a href="#">Bucket List Books</a>	M	4/13	4	3:00PM	Barnes, Shari	SW
<a href="#">From Russia with Blood: Napoleon's and Hitler's Invasions of Russia</a>	Tu	4/14	2	11:00AM	Lanctot, Linda	ZOOM
<a href="#">Get Into Jail Free</a>	Tu	4/14	1	11:00AM	Gagne, Michele	ZOOM
<a href="#">Shrink Seminar: How to Grow Your Specialty by Thinking Smaller</a>	Tu	4/14	1	3:00PM	Quinn, Rix	SW
<a href="#">A Practical Guide to Understanding Health Savings Accounts (HSA)</a>	W	4/15	1	11:00AM	Moseley, Bonnie	ZOOM
<a href="#">Water for North Texas - Present and Future</a>	Th	4/16	2	9:00AM	Gugliuzza, Mary; Tamada, Ron	SW
<a href="#">Antarctica Expedition with Space Legends</a>	Th	4/16	1	1:00PM	Becker, Christine	SO
<a href="#">Beginner Winning 42: Learn the National Game of Texas!</a>	Th	4/16	4	3:00PM	Roberson, Dennis	SW
<a href="#">Intermediate Hand Embroidery</a>	F	4/17	4	11:00AM	Clark, Nancy	SW
<a href="#">Land Titles and Title Insurance--What Can Go Wrong?</a>	F	4/17	1	1:00PM	Minke, Janet	SW
<a href="#">The Professional Organizer's Guide to Having the Most Organized Home on the Block: PART 2</a>	F	4/17	4	3:00PM	Jones, Elizabeth	SW
<a href="#">Giving with Purpose: Tax-Smart and Charitable Planning Strategies</a>	Tu	4/21	1	9:00AM	Villegas, Melissa	SW
<a href="#">Extreme Weather: Supercells and Tornadoes</a>	Tu	4/21	2	3:00PM	McIntyre, Buddy	SW
<a href="#">Gardening by the Moon: Almanacs and How to Use Them</a>	W	4/22	1	9:00AM	Byers, Bob	SW
<a href="#">Small Modular Reactors</a>	W	4/22	1	11:00AM	Davis, Jerry	TT
<a href="#">Phoebe, Pax, and Olive: LLC K-9 Comfort Dogs in Fort Worth</a>	Th	4/23	1	1:00PM	Marut, Janice	SO
<a href="#">Travel Log: A Summer Car Trip Through France</a>	Th	4/23	2	1:00PM	Parr, James	SW
<a href="#">An Experiential Look at Dementia</a>	F	4/24	2	11:00AM	Snider, Gail	TCUARB
<a href="#">Boomer Playthings: Games, Cars, Clothes, Books, Movies, and Television</a>	M	4/27	1	1:00PM	Quinn, Rix	STAY

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<a href="#">The F.I.F.A. World Cup--Final Notes</a>	Tu	4/28	1	11:00AM	Woodard, Lew	SW
<a href="#">A Star is Born</a>	W	4/29	2	9:00AM	Harrelson, Sharon	SW
<a href="#">Manage Stress Before it Manages You</a>	W	4/29	2	11:00AM	Valdez, Diana	SW
<a href="#">The Sound of Health: Exploring the Importance of Hearing Healthcare</a>	W	4/29	1	1:00PM	Carson, Robin	SW
<a href="#">The Original Camp Bowie</a>	Th	4/30	1	9:00AM	Alberts, Tyler	ZOOM
<a href="#">Chandor Gardens</a>	Th	4/30	1	1:00PM	Main, Lynn	SO
<a href="#">If I Could Tell The World!</a>	F	5/1	2	1:00PM	Sikes, Russ	SW
<a href="#">Charles Goodnight, Oliver Loving, and the Goodnight-Loving Trail</a>	Tu	5/5	1	9:00AM	Ludwig, Wayne	SW
<a href="#">Overview of the New NASA James Webb Space Telescope Mission</a>	W	5/6	1	11:00AM	Smith, Randy	TT
<a href="#">Get Your Jam On</a>	W	5/6	1	3:00PM	Dulle, Mary	ZOOM
<a href="#">Soccer--Laws of the Game</a>	Th	5/7	1	9:00AM	Woodard, Lew	SW
<a href="#">New Mexico: How the Indians Made Their Pottery</a>	Th	5/7	1	11:00AM	Borne, Larry	SW
<a href="#">I Promised a Hitman He Would Get the Death Penalty</a>	Th	5/7	1	1:00PM	Sparks, Ken	SO
<a href="#">Nostalgia Secrets: How Sharing Your Past Can Improve the Future</a>	F	5/8	1	11:00AM	Quinn, Rix	TCUARB

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