

TCU EXTENDED EDUCATION PUBLICATIONS

TCU
SilverFrogs



Course & Lecture Catalog

Fall 2017

TCU EXTENDED EDUCATION PUBLICATIONS

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TCU Silver Frogs

Class and Lecture Registration: Opens Thursday, August 10 at 9am

Your membership allows you to register for up to:

- **3 four-week classes** (courses beginning with the code SF17FC)
 - **3 one-time lectures** (lectures beginning with the code SF17FL)
 - *Helpful Hint:* when looking at the classes & lectures online [Silver Frogs Courses and Lectures](#) , you can sort the listings by code or begin date just by clicking on “Code” or “Begins”
 - ***Have backup selections in mind in the event your top choices are taken.***
-
- **Luncheon Lecture Registration will take place approximately six weeks before the luncheons. This will help course and lecture registration go quicker!**
 - On a following page is a registration worksheet you can use to help select your top picks

Registration Options:

1. **ONLINE:** usually the fastest way!
 - a. www.lifelong.tcu.edu/silver-frogs
 - b. Click on Courses and Lectures
 - c. Select a class or lecture
 - d. Select Enroll Yourself or Enroll Someone Else (if enrolling your spouse)
 - e. Enter your email address and password (click Forgot password if you don't remember it). **DO NOT CREATE A NEW ACCOUNT IF YOU HAVE DIFFICULTY**—your membership is tied to your current account—contact TCU Extended Education (817-257-7132).
 - f. Click Add More Courses or Proceed to Checkout—there are no additional fees for courses and lectures!
2. **PHONE:** 817-257-7132: Do not leave a message—call back!
3. **IN PERSON:** TCU Extended Education, 3015 Merida Avenue, Fort Worth 76109

Registration is on a first-come/first served basis. If a class or lecture you want is full, you can be put on the waitlist. We encourage you to try a class or lecture topic you might not know much or anything about—you'll be surprised at what you learn! Only Silver Frog members can register for Silver Frog classes and lectures! If you cannot register beginning August 10th, you can have someone register for you because there are no additional fees for the classes and lectures--it would be best to do this via phone or in-person.

Lecture Locations:

We are expanding our locations! In addition to the Secret Wible Classroom, we will hold select one-time lectures in the following place:

- TCU Brown Lupton University Union-Beck/Geren Rooms: 2901 Stadium Drive, Fort Worth 76109
 - The Union is located across the street from the Kelly Center. Enter through the left doors in the breezeway and elevators are straight ahead. Go the 3rd floor. Beck/Geren Rooms are on the right side.

Silver Frogs Meet & Greet Coffee: Tuesday, August 29

Please join us on Tuesday, August 29 at 10:00am in the Dee J. Kelly Alumni & Visitors Center (2820 Stadium Drive) for our Meet & Greet Coffee. You'll learn what all the committees do, sign up for committees, meet your fellow Silver Frogs, receive your course transcript and parking hangtag, have your TCU ID photo taken (if you are receiving an ID for discounts and library access), receive your name tag and go over program details and updates. If you can't make it, don't worry—we'll make sure you get all the information you need!



Fall 2017 Course & Lecture Registration Worksheet

Name: _____

Courses (code begins SF17FC...)

<u>Course Title</u>	<u>Course Code</u>
1.	
2.	
3.	

Alternate Courses (if top choices are full)

<u>Course Title</u>	<u>Course Code</u>
1.	
2.	

One-Time Lectures (code begins SF17FL...)

<u>Lecture Title</u>	<u>Lecture Code</u>
1.	
2.	
3.	

Alternate Lectures (if top choices are full)

<u>Lecture Title</u>	<u>Lecture Code</u>
1.	
2.	

Luncheon Lecture Registration will take place closer to the lecture time

Staff Use Only

Date _____ Time _____ Initials _____

Fall 2017
Four-Week Courses

Courses 4 class periods, 1.5 hours each	Instructor	Loc	Session I		Session II		Session III	
			Sep 11 - Oct 6		Oct 9 - Nov 3		Nov 6 - Dec 8 (Off Nov 20-24)	
			Day	Time	Day	Time	Day	Time
Lost Tribes of Israel	Roger Norman	SF	Mon	9a				
God's Long Summer - Faith and Civil Rights	David Grebel	SF	Mon	11a				
The Native American - More than Cowboys and Indians	Resa Shipman	SF	Mon	1p				
Mark Twain and Dr. Seuss in Person	George Frein	SF	Mon	3p				
POETIC DEVICES ARE WORTH THE STRUGGLE!! Focus on English Romantic Poets	Judith Soriano	SF	Tue	9a				
MORE Digital SLR Photography	Randy Smith	SF	Tue	11a				
"60s Rock & Roll: When the Music Was Hummable and the Lyrics Mattered"	Richard Selcer	SF	Wed	9a				
ID Theft, Cyber Hacks, Deceptive "Advisors", Lawsuits, Fraud and Scams - Don't be a Victim	Arthur Griffin	SF	Wed	11a				
Churches, Sects, and Cults in American Religion	Ronald Flowers	SF	Wed	1p				
Bucket List Books	Shari Barnes	SF	Thur	9a				
Writing YOUR Novel, A-Z	Chris Manno	SF	Thur	1p				
Retirement 101----You Don't Know What You Don't Know!	Angela Tacco	SF	Thur	3p				
Religion in George Eliot's Fiction	Darren Middleton	SF			Mon	9a		
Texas and Texans in the Civil War	Anne J. Bailey	SF			Mon	1p		
Building a Backyard Birding Oasis	Charles "Rusty" Hall	SF			Tue	9a		
The Art of Receiving Your Sassy Self	Sarina Harz	SF			Tue	11a		
Self-Publishing (Indie Publishing) Who, Me?	Marsha R. West	SF			Tue	1p		
Introduction to Archaeology in the Holy Land	Carroll Kobs	SF			Tue	3p		
Albert Einstein and the Revolution in Physics, 1900 to 1930	Robert Frey	SF			Wed	9a		
Fort Worth Cares	Betty Youngman	OS			Wed	11a		
Martin Luther and the Protest Reformation	Ronald Flowers	SF			Wed	11a		
The Bill of Rights and What It Means to You	Donald Jackson	SF			Wed	1p		
Brain Aging: What does the Science Have to Say?	John Biggan	SF			Wed	3p		
Bourbon Whiskey: Science and History	Eric Simanek	SF			Thur	9a		
Death Penalty in Flux: A Timeline of Supreme Court Decisions, Troubling Issues with Wrongful Convictions and Waning Support	Katherine Polzer	SF			Thur	11a		
Spanish Beginning 1	Virginia Dias	SF			Thur	3p		
PowerPoint for Beginners	Boglarka Huddleston	SF					Mon	11a
Climate Change: From Science to Solutions	Eilene Theilig	SF					Mon	1p
When Christ was Female: "Mother" Ann Lee and the Shakers	Ronald Flowers	SF					Mon	3p

Fall 2017
Four-Week Courses

Photoshop Elements	Sam Deitz	SF					Tue	9a
Astronomy 101	Randy Smith	SF					Tue	11a
Discover Islam	Dina Malki	SF					Tue	1p
Self Defense for Seniors	Richard (Rick) Wolf	SF					Tue	3p
Four Classics of Film Noir and the Books they are Based on	Dan Calvin	SF					Wed	9a
Positive Psychology	Eddie Strickel	SF					Wed	11a
Integrating our Healthy Sexuality	Dr. Rita Cotterly	SF					Wed	1p
Jerusalem: One City, three Faiths	Jane Pawgan	SF					Wed	3p
Genealogy – From getting started to finding Kings among your ancestors.	Thomas Morton	SF					Thur	9a
Classic Canasta	Virginia Dias	SF					Thur	3p
Adventures in Early Christianity: From Origen to Augustine	Brandon Cline	SF					Fri	1p

Location Legend:

SF - Silver Frog Classroom - Secrest-Wible Building - Room 119

OS - Off Site - Multiple Locations

Fall 2017
One-Time Lectures

Lectures 1 class period, 1.5 hours	Instructor	Loc	Session I			Session II			Session III		
			Sep 11 - Oct 6			Oct 9 - Nov 3			Nov 6 - Dec 8 (Off Nov 20-24)		
			Date	Day	Time	Date	Day	Time	Date	Day	Time
Antarctica: You're never too old to explore the Great, White Continent	Andrea Rankin	U	9/12	Tue	9a						
Cullen Davis Murder Case	Joe Shannon	U	9/12	Tue	11a						
An Overview of International Humanitarian Law	Lewis Woodard	U	9/12	Tue	1p						
Creating a Colorful Fall & Winter Landscape	Steve Huddleston	U	9/12	Tue	3p						
Stop the Bleed	Mary Ann Contreras	SF	9/15	Fri	9a						
Theology in Dante's "Divine Comedy"	Darren Middleton	SF	9/15	Fri	1p						
The Bankhead Highway in Texas	Dan Smith	U	9/19	Tue	9a						
Aviation 101: The Awesome Experience of Flight	Mike Montefusco	U	9/19	Tue	11a						
Financial Fundamentals for Building Wealth	Jim Parr	U	9/19	Tue	1p						
Play Pinochle	Jerome Davis	U	9/19	Tue	3p						
Estate Planning and Probate	Roger Norman	SF				10/9	Mon	11a			
Don't Just Do Something, Stand There!	Dennis Beck	SF				10/9	Mon	3p			
The Daring World War II Raid on Ploesti	William Bradle	U				10/10	Tue	9a			
An Overview of Celestial Navigation	Randy Smith	U				10/10	Tue	11a			
Fall is the Best Time To Plant...for the best spring ever	Brad Sandy	U				10/10	Tue	1p			
Roses and Companion Plants	Steve Huddleston	U				10/10	Tue	3p			
Artists as Political Commentators: Re-Presentations of the Slaughter/Massacre of the Innocents	Warren Carter	SF				10/16	Mon	11a			
Downsizing	Judy Mollet	SF				10/16	Mon	3p			
The Thunderstorm Project	Dan Smith	U				10/17	Tue	9a			
Partners for Sacred Places - Helping Congregations with their Historic Sacred Places	James Nader	U				10/17	Tue	11a			
Financial Scams Are Well Camouflaged	Wes Shannon	U				10/17	Tue	1p			
The History of Live Theater in Fort Worth	Carol Stanford	U				10/17	Tue	3p			
Slip and Fall- Don't be a Victim	Jerome Davis	SF				10/20	Fr	9 a			
Fort Worth Area Rocks and Fossils	Janet Busbey Nilsson	SF				10/20	Fr	11 a			
The Dinosaurs of Texas	Arthur Busbey	SF				10/23	Mon	11a			
Improving Communication Through Dialogue	Greg Stephens	SF				10/27	Fr	9 a			

Fall 2017
One-Time Lectures

Had a Good Time: The Social and Historic Importance of Postcards	Dan Smith	SF				10/30	Mon	11a			
The Promise of Protons	Gary Barlow	SF				11/2	Th	1 p			
Essential Oils and Aging Gracefully	Miranda Davis	SF							11/6	Mon	9a
Where There's a Will, There's a (Legal) Way	Joel Smith	U							11/7	Tue	9a
History According To The Movies	Ken Bowers	U							11/7	Tue	11a
Dietary Supplements: The good, the bad, the ugly	Cathy Young	U							11/7	Tue	1p
Outstanding Plants for North Central Texas	Steve Huddleston	U							11/7	Tue	3p
Adventures in Italy: Undiscovered Attractions and Festivals	Jim Parr	SF							11/9	Th	11 a
Collecting Postcards with a Ft Worth Focus	Larry and Carol Schuessler and Roark	SF							11/9	Th	1 p
Discover what Road Scholar is About--	Janelle Coyle	SF							11/13	Mon	9a
Butterfly Gardening with Native Plants- for beginners	Diana Boerner	U							11/14	Tue	9a
Teddy Roosevelt, the Badlands to Brazil: Adventures of a President	James Box	U							11/14	Tue	11a
Napoleon to the Great War, Century of Peace (?)	Ken Bowers	U							11/14	Tue	1p
Cutting the Pay TV Cable	Thomas Van Gunten	U							11/14	Tue	3p
Frank Lloyd Wright: the Life, the Legacy, and the Unique Design of a Genius	Anthony Lickteig	SF							11/16	Th	11 a
What do I do with all this stuff? A guide to downsizing, appraisals and estate sales	Terri Ellis	SF							11/16	Th	1 p
Organizing Your Genealogy Research Trip	Crystal Barth	SF							11/27	Mon	9a
Close Up Photography 101	Michael Erwine	SF							12/7	Th	11 a

Location Legend:

SF - Silver Frog Classroom - Secrest-Wible Building - Room 119

U - Brown Lupton Union- Beck-Geren Conference Room

Luncheon Lectures 1 class period, 1.5 hours	Presenter	Session I			Session II			Session III		
		Sep 11 - Oct 6			Oct 9 - Nov 3			Nov 6 - Dec 8 (Off Nov 20-24)		
		Date	Day	Time	Date	Day	Time	Date	Day	Time
TCU Basketball Coach Jamie Dixon	Jamie Dixon	9/13	Wed	11:30a						
Amon Carter Museum's Wild Spaces, Open Seasons	Margaret Adler				10/13	Fri	11:30a			
Mayor Betsy Price	Betsy Price							11/30	Thur	11:30a

Session I: September 11 – October 6
Four-Week Courses

Lost Tribes of Israel

We will examine the history and migrations of the northern ten tribes of ancient Israel, part of God's chosen people. Historians, their arguments and positions will be discussed as the class explores four major theories. Have the tribes been absorbed into other nations, such as Judah, as happened with the tribe of Benjamin, and thereby simply disappeared from history? Do they exist today in small, isolated groups around the globe? Are they among today's dominant, leading nations of the earth? Did they ever exist in the first place? Bring your inquisitive mind and be prepared for the unexpected.

Code: SF17FC71

Location: Secrest-Wible Building - Room 119

Date(s): September 11 - October 2, 2017

Session(s): 4

Day/Time: M from 9:00 AM to 10:30 AM

Instructor: Roger M. Norman

Roger Norman is a semi-retired attorney specializing in an estate planning law practice. He has taught in the Extended Education Department of TCU and as part of the Silver Frogs program. He has a BA degree from the University of Oklahoma and a Law degree from the University of Texas at Austin.

God's Long Summer - Faith and Civil Rights

The summer of 1964 was a turning point for the civil rights movement in the United States. The events of the Mississippi Freedom Summer illustrate the variety of ways that religious faith, primarily Protestant, influenced the movement for and the opposition to voting rights. Using God's Long Summer by Charles Marsh as a text we will explore the ways that religious faith motivated people as diverse as voting rights activist Fannie Lou Hamer and Klansman Sam Bowers. The class will draw lessons that may apply to the current role of religion in political life.

Code: SF17FC104

Location: Secrest-Wible Building - Room 119

Date(s): September 11 - October 2, 2017

Session(s): 4

Day/Time: M from 11:00 AM to 12:30 PM

Instructor: David Grebel

David Grebel serves as the Director of Extended Education at TCU. He has also been president of the Association for Continuing Higher Education. Active in the Fort Worth community he has served in a variety of board and volunteer roles. Grebel is a consultant with the Alliance of Baptist's Congregational Compassion and Human Difference Initiative and since 2012 has been the minister at Broadway Baptist Church's Agape Meal for the homeless. He is currently a doctoral student at Brite Divinity School researching the intersection of adult education with social justice ministries in local congregations.

The Native American - More than Cowboys and Indians

Explore the world of the Native American from his viewpoint. This course will cover some of the characteristics, history, customs and legends of the 9 Major Cultural Regions.

Code: SF17FC111

Location: Secrest-Wible Building - Room 119

Date(s): September 11 - October 2, 2017

Session(s): 4

Day/Time: M from 1:00 PM to 2:30 PM

Instructor: Resa Shipman

Resa Shipman is a native Texan who fell in love with history and travel by the 4th grade. After receiving a BA in history, she taught Texas and American History in the Arlington ISD. Resa was an adjunct at Tarrant County College (TCC) where she taught U.S. History -2nd half as well as a course she developed on the "American Indian". For over a decade, she created and taught history-related courses in the Senior Ed. Program at TCC. Resa received her MLA degree from TCU.

Poetic Devices are Worth the Struggle!! Focus on English Romantic Poets

Anapestic trimeter? The iambic foot? The ballad stanza? Fixed forms? Spend some time learning the jargon and structure of poetry -- and how they function within the poem. Then, apply this knowledge to the poetry of the English Romantic poets during the last three sessions.

Code: SF17FC120

Location: Secrest-Wible Building - Room 119

Date(s): September 12 - October 3, 2017

Session(s): 4

Day/Time: Tu from 9:00 AM to 10:30 AM

Instructor: Judy Soriano

Judy Soriano retired from Mansfield ISD in 2005 after 37 years of teaching secondary English, on-level and AP. She was an AP Literature exam Reader for six years and a College Board consultant until 2012. In addition, she writes agendas for two-day College Board conferences. Working with teachers allows her the pleasure of returning to the world of ideas post-retirement. Supporting teachers is her driving force, especially public school teachers.

MORE Digital SLR Photography

This course will briefly review the material covered in the previous course: the basics of photography, primary functions of the DSLR camera, and introduction to manual and semi-auto modes. A brief review of the basics of photography: such as ISO, aperture, shutter speed, depth of field, focal length, and various lenses will be followed by new topics which will build on these basics. Students will learn about exposure compensation, metering modes, understanding the histogram, and various focus modes. Subject matter topics such as composition, framing of the image, artistic use of depth of field, and use of natural lighting will be covered. Introduction to using the camera-mounted flash and a tripod for low light photography will also be discussed.

Code: SF17FC119

Location: Secrest-Wible Building - Room 119

Date(s): September 12 - October 3, 2017

Session(s): 4

Day/Time: Tu from 11:00 AM to 12:30 PM

Instructor: Randy Smith

Randy Smith received a BS in Aerospace Engineering and a MS Aerospace Engineering. He is an FAA Private Commercial Pilot with Instrument rating and a USAF rated navigator. He has 11 years military flying experience. He is a retired Bell Helicopter engineer. Randy has been an avid amateur astronomer for 30 years and has been teaching Scout leaders about the night sky nearly that long. He has owned a couple of telescopes, the latest and best is a 10" computer-controlled Meade LX-200.

Knowing Your Planet

A geologic survey from the origin of the planet to today. Topics include: earth's composition, plate tectonics, earthquakes, common rocks, organic evolution and extinctions, industrial materials, common rocks, Tarrant County rocks, Texas geologic sites.

Code: SF17FC64

Location: Secrest-Wible Building - Room 119

Date(s): September 12 - October 3, 2017

Session(s): 4

Day/Time: Tu from 1:00 PM to 2:30 PM

Instructor: Arthur Ehlmann

Native: St. Louis, MO; B.S. in Ed., U of Missouri, 1952 M.A. in Geology, U of Missouri, 1954, Geologist, Shell Oil Company, 1954-1955; PhD, U of Utah, 1958; Professor of Geology, TCU, 1958-1993

Mark Twain and Dr. Seuss in Person

Here is a chance to meet Mark Twain and Dr. Seuss up close and in person! In week one Dr. Seuss will tell the story of his career as an author and illustrator. In week three Twain will tell the story of his adventures as a senior citizen. Each writer will invite questions about his talk and each will lead a discussion about his life and work. No prior knowledge of the authors or their books is required; nor is it forbidden. Week two will feature a PowerPoint presentation and discussion of Dr. Seuss' works; week four will do the same for Twain.

Code: SF17FC112

Location: Secrest-Wible Building - Room 119

Date(s): September 11 - October 2, 2017

Session(s): 4

Day/Time: M from 3:00 PM to 4:30 PM

Instructor: George Frein

George Frein, PhD, taught for 29 years in the Philosophy and Religion Department at the University of North Dakota in Grand Forks. During ten of those years and then during fifteen years in retirement he has done the research necessary to write historically accurate scripts for his solo performances. The characters he performs embody the values of the humanities disciplines of history and literature.

'60s Rock & Roll: When the Music Was Hummable and the Lyrics Mattered

This course covers roughly the years 1960-1970 when Top 40 ruled the airwaves, focusing on the different types of music from folk to pop to psychedelic to the British Invasion. We will put the music of the Baby-boomer generation in the context of the "Angry Decade." We will listen to a lot of wonderful music and analyze some lyrics because that's what we did in the '60s!

Code: SF17FC103

Location: Secrest-Wible Building - Room 119

Date(s): September 13 - October 4, 2017

Session(s): 4

Day/Time: W from 9:00 AM to 10:30 AM

Instructor: Richard Selcer

Dr. Richard Selcer is a Fort Worth author and historian who has taught for 46 years, published 10 books and dozens of articles. He has taught at colleges and universities in both the U.S. and Europe. He is an Austin College (B.A. and M.A.) and TCU (Ph.D.) graduate.

ID Theft, Cyber Hacks, Deceptive "Advisors", Lawsuits, Fraud and Scams - Don't be a Victim

There are 15 million ID thefts every year! Hacking of private and confidential information from personal computers has become epidemic. "Financial Advisors" with little or no financial education or professional credentials are on every street corner. Scams and fraud cost Americans over \$30 billion every year! This course will teach you how to identify and avoid threats to your personal security and privacy.

Code: SF17FC117

Location: Secrest-Wible Building - Room 119

Date(s): September 13 - October 4, 2017

Session(s): 4

Day/Time: W from 11:00 AM to 12:30 PM; **September 13 class moved to Friday, September 15 at 11am

Instructor: Arthur Griffin

Arthur Griffin is a Certified Financial Planner (CFP), a Certified Public Accountant (CPA), American Institute of CPA's Personal Financial Specialist (PFS), and a Certified Fund Specialist (CFS), Certified Trust and Estate Specialist (CES). He is a former UTA accounting instructor and Associate Professor at Tarrant County College. He holds two undergraduate degrees and a Master's degree from the UTA School of Business. He has been in private practice for 30 years and specializes in retirement planning.

Churches, Sects and Cults in American Religion

This course is designed to help people make sense of the proliferation of religious groups in this country. The study is based principally on the categories in the Sociology of Religion. The course will distinguish between and explain the characteristics of church type, sect type, and cult type religious groups. Examples will be given of each. We shall also look at the phenomenon of sect to church progression and cult to church progression. Attention will also be given to the issue of the value of each type, i.e., the "goodness" or "evilness" of each type.

Code: SF17FC28

Location: Secrest-Wible Building - Room 119

Date(s): September 13 - October 4, 2017

Session(s): 4

Day/Time: W from 1:00 PM to 2:30 PM; **September 13 class will meet from 1:30 PM to 3:00 PM

Instructor: Ronald Flowers

Dr. Ronald B. Flowers is John F. Weatherly Emeritus Professor of Religion at Texas Christian University. He taught at TCU for thirty-seven years and was chair of the Religion Department for nine years. He is the author or co-author of ten books and 56 articles in scholarly publications, 96% of which were on church-state relations in the United States. He is a member of the Editorial Council of the Journal of Church and State. He still teaches at TCU part-time (his church-state course).

Bucket List Books

In a reading rut? Join us for discussions to challenge your apathy. THE GIRL WHO FELL FROM THE SKY (Heidi Durrow) propels us into the life of a young bi-racial girl in the 80s; THE BEST SHORT STORIES OF MARK TWAIN (MODERN LIBRARY CLASSICS) helps us explore one of America's most entertaining writers; ON THE ROAD (Jack Kerouac), ranked as one of the best English novels, takes us on the quintessential road trip; and JAMES AND THE GIANT PEACH (Roald Dahl), leads us into the magical and often macabre world of children's literature.

Code: SF17FC08

Location: Secrest-Wible Building - Room 119

Date(s): September 14 - October 5, 2017

Session(s): 4

Day/Time: Th from 9:00 AM to 10:30 AM

Instructor: Shari Barnes

Shari Barnes enjoys a variety of literary genres, but nothing is better than a good murder classic. After retiring from TCU's Human Resources Department, she partnered with Community Chaplain Services, Inc. In addition to interviewing over 200 authors on television, she has written extensively for popular and professional magazines. Active in the Fort Worth community, Shari serves on the Boards of Directors for Stage West Theater and Dispute Resolution Services of North Texas as well as the Civil Service Commission for Fort Worth police and fire departments.

Writing YOUR Novel, A-Z

Have you ever wanted to know the who/what/where of writing your own novel? How do you even get started? This class will cover the basics of writing your own novel from a twice-published novelist and university professor of English.

Code: SF17FC123

Location: Secrest-Wible Building - Room 119

Date(s): September 14 - October 5, 2017

Session(s): 4

Day/Time: Th from 1:00 PM to 2:30 PM

Instructor: Chris Manno

Dr. Chris Manno is the author of the novels East Jesus and Voodoo Rush (White Bird Publications, Austin, Texas). He earned his PhD in English at TCU and teaches writing as an adjunct professor of English at Texas Wesleyan University.

Retirement 101----You Don't Know What You Don't Know!

Retirement dreams are about having the time and resources to do those things you enjoy most in life but without long range planning your retirement dreams may become a nightmare. We'll go through the process to identify retirement needs and develop strategies to prepare for and live the retirement life you want. We'll discuss trade offs between risk and return, portfolio transition and the different tax treatments of specific investments and account types. Discussions on social security, Medicare, life insurance and estate planning will also be included.

Code: SF17FC44

Location: Secrest-Wible Building - Room 119

Date(s): September 14 - October 5, 2017

Session(s): 4

Day/Time: Th from 3:00 PM to 4:30 PM

Instructor: Angela Tacco

Following graduation from the University of Notre Dame, Angela Tacco began her career with a national logistics company. In 1997 she ventured out to start her own logistics company and offered expanded services. In 2006 she sold the company and semi retired, but later re-entered the workforce as a financial advisor. Angela had always loved investing and this new industry keeps her growing and learning and teaching others about it.

<p style="text-align: center;">Session II: October 9 – November 3 Four-Week Courses</p>

Religion in George Eliot's Fiction

The work of the celebrated Victorian woman-of letters Marian Evans, better known as George Eliot, prowls at the edges of belief and unbelief. Novels such as "Middlemarch" and "Daniel Deronda" reveal a writer searching for significance, raising questions about providence, questioning the role of the church, and probing the source(s) of morality. In addition to novels, Eliot wrote poetry, published critical essays, and translated German philosophy and biblical criticism. This course will investigate Eliot's life and literary art, with special reference to religion.

Code: SF17FC126

Location: Secrest-Wible Building - Room 119

Date(s): October 9-30, 2017

Session(s): 4

Day/Time: M from 9:00 AM to 10:30 AM

Instructor: Darren Middleton

Darren J. N. Middleton is Honors Faculty Fellow and Professor of Religion. He was educated at the Universities of Manchester, Oxford, and Glasgow before teaching in Memphis, and in Fort Worth where he has been since 1998. He has published ten books and a range of articles on religion, theology, and the arts. He is currently researching material for a planned monograph, For All The Saints: Encountering Our Christian Forebears Through Fiction. In addition, he is working with Dr. Elizabeth H. Flowers on an edited anthology of essays devoted to the history of the Evangelical novel.

Texas and Texans in the Civil War

This course will examine why Texas voted to join the Confederacy, how the people coped with wartime conditions, and where the men fought. It will not only look at the soldiers Texas furnished to the southern armies, but also at how the women back home dealt with their changing roles as heads of household. It will conclude with a look at the legacy of the Civil War in today's society.

Code: SF17FC122

Location: Secrest-Wible Building - Room 119

Date(s): October 9-30, 2017

Session(s): 4

Day/Time: M from 1:00 PM to 2:30 PM

Instructor: Anne Bailey

Dr. Anne J. Bailey is a specialist in Civil War history. She is the author/editor of eight books, numerous book chapters, and over 300 articles and book reviews. She has taught at Texas Tech University, the University of Arkansas, Fayetteville, and in the University of Georgia system. She has edited the Society of Civil War Historians newsletter for almost 25 years.

Building a Backyard Birding Oasis

Habitat is the single most important feature for attracting birds to your backyard. Habitat provides all the essentials that birds need to survive: food, water and shelter. Habitat loss is a threat to bird populations all over North America. You can help by making your backyard a sanctuary for your feathered friends. Designing your yard with them in mind creates a welcoming habitat for year-round and migrating birds throughout the seasons and from year to year. We will explore how to create a backyard oasis for your favorite birds.

Code: SF17FC113

Location: Secrest-Wible Building - Room 119

Date(s): October 10-31, 2017

Session(s): 4

Day/Time: Tu from 9:00 AM to 10:30 AM

Instructor: Charles Hall

Charles Hall was an editor with the Fort Worth Star-Telegram for 21 years. He has worked at the Wild Bird Center on Hulen for the past three years. Charles interest and knowledge in birding has grown considerably since working at the Center and he would very much like to share what he has learned.

The Art of Receiving Your Sassy Self

This course is a foundation series to embracing your own unique flare, cleaning out what doesn't work in your life, and stepping fully into power. During this course we will explore the areas of life where we have given up on our own dreams or wishes in exchange for someone else's. We will work with tools to support a new vision for yourself and opening up to all of who you are. We will be using art, movement, and storytelling to step into the person you are meant to be.

Code: SF17FC108

Location: Secrest-Wible Building - Room 119

Date(s): October 10-27, 2017

Session(s): 4

Day/Time: Tu from 11:00 AM to 12:30 PM; last class meet 10/27 at 11am

Instructor: Sarina Harz

Sarina Harz is a clinical counselor at Five Points Counseling. She is particularly interested in the power of connection, how shame paralyzes us, and how storytelling can transform lives. She is a certified Warrior Goddess facilitator and uses the practices from Warrior Goddess Training and The Toltec Path of Transformation to help her clients ignite their lives from a place of strength, vulnerability, and love. Sarina has co-presented at the National Association of Social Workers-Texas Conference and teaches in the TCU Dept. of Social Work.

Self-Publishing (Indie Publishing) Who, Me?

This course is primarily for fiction writers who are considering self-publishing. Discussions will include step-by-step guides for writing, editing, marketing and publishing.

Code: SF17FC114

Location: Secrest-Wible Building - Room 119

Date(s): October 10-31, 2017

Session(s): 4

Day/Time: Tu from 1:00 PM to 2:30 PM

Instructor: Marsha West

Marsha West is a retired elementary school principal, former school board member, and theatre arts teacher. MuseltUp Publishing released her first book, VERMONT ESCAPE in July 2013 and her second book, TRUTH BE TOLD in May 2014. Marsha formed MRW Press LLC in 2014 to provide print versions of her books. In 2015 she self-published SECOND ACT, Book 1 The Second Chances Series. ACT OF TRUST (2016) is Book 2 in that Series. THE THEATRE 2016 is a stand-alone. She has a BS in Ed., Midwestern State University, a MAT from TCU, and a Mid-Management Certification from UTA.

Introduction to Archaeology in the Holy Land

This course will encompass both past and current developments and methodologies of archaeology in Israel and Jordan. The first session will introduce ancient mounds and the field of archaeology with principal technologies of ancient materials and methods of dating. The second session will focus on Chalcolithic sites and the Beginnings of Urbanization (4600 -2000BC). The third session covers the Middle and Late Bronze and Iron Ages (2000 - 332 BC). The fourth session will discuss being a dig volunteer and cultural opportunities/experiences associated with joining a dig.

Code: SF17FC121

Location: Secrest-Wible Building - Room 119

Date(s): October 10-31, 2017

Session(s): 4

Day/Time: Tu from 3:00 PM to 4:30 PM

Instructor: Carroll Kobs

Carroll Kobs received a PhD in Archeology in 2014 from Trinity Southwest University. She is Assistant Dig Director and Registrar for the Tall al-Hamman Excavation Project and also on staff for four seasons for the Abel Beth-Maacah Excavations in northern Israel. She has presented papers at principal archeological seminars, lectured in Israel in 2016 and in Palermo, Italy in 2017.

Albert Einstein & the Revolution in Physics, 1900 to 1930

The early part of the 20th century was a time of revolutionary change in physics. The atomic theory was approaching full acceptance. A new theory, quantum mechanics, drastically changed our concept of how physics works at the atomic and molecular scale. Special relativity changed our concept of space and time, and general relativity changed our concept of gravity and the large scale structure of the universe. Albert Einstein was involved in all of these things and was the leader in the development of special and general relativity. This course will discuss his life and science in a largely non-mathematical way.

Code: SF17FC85

Location: Secrest-Wible Building - Room 119

Date(s): October 11 - November 1, 2017

Session(s): 4

Day/Time: W from 9:00 AM to 10:30 AM

Instructor: Robert Frey

Robert Frey has had a lifelong interest in science. He received a BA in physics from Duke University in 1962 and completed a PhD in chemistry (emphasis on physical chemistry) in 1967. He spent the bulk of his working career at the U.S. Army Aberdeen Proving Ground where he worked on technical projects of a military nature. His working career involved engineering and science, but it did not involve fundamental science. The classes that he teaches for the Silver Frogs are based on his interests and not on his professional career.

Martin Luther and the Protestant Reformation

This year, 2017, is the 500th anniversary of an event that virtually all historians regard as the beginning of the Protestant Reformation. This Silver Frogs course will be an introduction to the personality and theology of Martin Luther (1483-1546) and how those led to a schism in Catholicism that became Protestantism. There will not be enough time to cover Luther's entire life, so the course will concentrate on those years in which Luther developed a theology that was inconsistent with traditional Catholic theology and how that theology led to the development of a new movement within Christendom, namely, Protestantism. The course will consist of the usual four lectures, but will conclude with an extra session for the showing of a full-length movie, "Martin Luther," that will pull together and summarize the material presented in the lectures. Course materials will also include a book by Graham Tomlin, Luther and His World, which is a very satisfactory introduction to this subject.

Code: SF17FC56

Location: Secrest-Wible Building - Room 119

Date(s): October 11 - November 1, 2017

Session(s): 4

Day/Time: W from 11:00 AM to 12:30 PM

Instructor: Ronald Flowers

Dr. Ronald B. Flowers is John F. Weatherly Emeritus Professor of Religion at Texas Christian University. He taught at TCU for thirty-seven years and was chair of the Religion Department for nine years. He is the author or co-author of ten books and 56 articles in scholarly publications, 96% of which were on church-state relations in the United States. He is a member of the Editorial Council of the Journal of Church and State. He still teaches at TCU part-time (his church-state course).

Fort Worth Cares: Site Visits

Texans are known for their big heart. Fort Worth's social service agencies prove that this heart beats in a strong and compassionate way. Each week we will visit a different local agency each of which serves a different client. Samaritan House serves homeless people with the AIDS virus, Cornerstone Ministries serves a low income population and those in crisis, the Women's Center, and ACH Home for Children. This is an great opportunity to view the working of these agencies and to hear the stories of those they serve. Optional box lunches will be available at a cost not to exceed \$10.00. Maps and directions will be sent to registered participants.

Code: SF17FC106

Location: Off-Site

Date(s): October 11 - November 1, 2017

Session(s): 4

Day/Time: W from 11:00 AM to 12:30 PM

Instructor: Betty Youngman

Betty Youngman has studied Tai Chi for nearly 20 years under Master Ho, Dennis Beck, and David Huffman. She still considers herself a beginner, but finds the best way to learn a subject is to teach it!

The Bill of Rights and What It Means Today

This course will focus on the limitations imposed on the United States national government in the original Constitution (1789), and especially in the Bill of Rights (1791), and on the limitations imposed by subsequent amendments, especially those imposed on the states (and local governments) through the 13th (1865), 14th (1868) and 15th (1870) Amendments. While we will respond to your interests as we go through topics, we will spend most of our time on Freedom of Speech, Freedom of Religion, Due Process of Law, and Equal Protection of the Laws.

Code: SF17FC21

Location: Secrest-Wible Building - Room 119

Date(s): October 11 - November 1, 2017

Session(s): 4

Day/Time: W from 1:00 PM to 2:30 PM

Instructor: Donald Jackson

Don Jackson has spent his career on issues involving the Constitution of the United States and on human rights law. He attended SMU Law School and then was chosen as a Supreme Court Fellow and was assigned to work in the office of Chief Justice Warren Burger. He then became a consultant to the American Bar Foundation and pro bono counsel with the Greater Fort Worth Civil Liberties Union. Don was a member of the National Board of the American Civil Liberties Union, and a Board member of the Executive Council of Americans United for Separation of Church and State.

Brain Aging: What does the Science Have to Say?

Concerns about age-related cognitive decline have led to the development of numerous interventions to combat the decline. Over 90-minutes, we will discuss the three most common interventions. We will begin with cognitive training followed by pharmaceuticals. We will discuss the three most common interventions. For each of these, we will go over what we know, what we don't know, and where we are going.

Code: SF17FC124

Location: Secrest-Wible Building - Room 119

Date(s): October 11 - November 1, 2017

Session(s): 4

Day/Time: W from 3:00 PM to 4:30 PM

Instructor: John Biggan

Dr. Biggan is a Beckman Institute Postdoctoral Fellow at the world-renowned Beckman Institute for Advanced Science and Technology at the University of Illinois at Urbana-Champaign. He uses interdisciplinary methods to study the impact of interventions, such as physical activity, on cognition across the lifespan.

Bourbon Whiskey: Science and History

What is bourbon whiskey? Bourbon can be defined through many lenses including history, technology, sensory analysis and the law. The production of bourbon from sunshine through moonshine to whiskey is discussed. Can you really make bourbon in Texas? Absolutely, and some very fine bourbon, indeed! Who is bourbon whiskey? From folks evading tax agents, through families legitimated to multinational corporations, we'll focus on dissecting change as it pertains to the story of iconic distilleries. The role of whiskey in four periods of American history will also be discussed. I will arrange for the group to tour F&R Distillery if possible. We review the entire process and science that makes this so.

Code: SF17FC127

Location: Secrest-Wible Building - Room 119

Date(s): October 12 - November 2, 2017

Session(s): 4

Day/Time: Th from 9:00 AM to 10:30 AM

Instructor: Eric Simanek

Dr. Eric Simanek completed an undergraduate degree at the University of Illinois ('91), a PhD at Harvard University ('96), and a postdoctoral stint at The Scripps Research Institute ('98). He took a position in chemistry at Texas A&M University and remained on faculty for 12 years. He moved to TCU as the Welch Chair in 2010. "Shots of Knowledge: The Science of Whiskey" coauthored with Rob Arnold represents his first book for the public.

Death Penalty in Flux: A Timeline of Supreme Court Decisions & Troubling Issues

We will explore the history and evolution of capital punishment in the United and then look at the troubling issues with wrongful convictions, with a main focus on death row inmates. Then we will examine the waning support for the death penalty and what this potentially means for the future of capital punishment in the United States.

Code: SF17FC101

Location: Secrest-Wible Building - Room 119

Date(s): October 12 - November 2, 2017

Session(s): 4

Day/Time: Th from 11:00 AM to 12:30 PM

Instructor: Katherine Polzer

Katherine Polzer is an associate professor in the Criminal Justice department. She received her undergraduate degree at University of Texas and her PhD. at the University of Texas at Dallas. Her research interests include capital punishment, specifically focusing on wrongful convictions, prisoner reentry, and mass incarceration and sentencing policies.

Spanish for Beginners I

Spanish is one of the top three languages spoken in the modern world and is in high demand. This course will cover the basic aspects of the language. Students will learn how to communicate effectively from the start. Grammar will be introduced along the way, as well as cultural insights (and well known Spanish songs). Come and learn Spanish in an easy way.

Code: SF17FC62

Location: Secrest-Wible Building - Room 119

Date(s): October 12 - November 2, 2017

Session(s): 4

Day/Time: Th from 3:00 PM to 4:30 PM

Instructor: Virginia Dias

Virginia Dias is a native of Lima, Peru. She has a bachelor's and a master's degree from TCU. She has 25 years of experience in teaching ESL and Spanish at pre-school, middle & high school, college, certification and community levels. She is also a Certified Command Spanish Instructor. Her experience encompasses teaching in countries such as Canada, Hong Kong, Peru and the U.S. She is an active member of several professional organizations.

Session III: November 6 – December 8
Four-Week Courses

PowerPoint for Beginners

PowerPoint is a presentation software that allows you to create dynamic slide shows that can include animation, narration, images, etc. You will learn your way around the MS Office PowerPoint environment: navigating the interface, creating and saving a new presentation, adding text and graphics, adding effects and transitions, and getting ready for presentation. Upon completion of this class, you will be able to enhance your presentation, informal talk, family-reunion, or even create an e-brochure of your favourite recipes or summer travel adventures.

Code: SF17FC118

Location: Secrest-Wible Building - Room 119

Date(s): November 6 - December 4, 2017

Session(s): 4

Day/Time: M from 11:00 AM to 12:30 PM; no class 11/20

Instructor: Boglarka Huddleston

Boglarka (Bogi) Huddleston was born in Budapest, Hungary. Upon finishing her bachelor's degree, she moved to the US and obtained her master's degrees in psychology and library/information science. Currently she is a Health Sciences and Assessment Librarian at TCU. Her research interests include active learning, information literacy and assessment of learning. While she greatly enjoys working with young adults, she finds it equally important to teach 50+ people the computer skills necessary to enhance their work and personal lives.

Climate Change: From Science to Solutions

Climate change is a reality beginning to affect our daily lives in Texas, the United States, and around the world. This course examines the science behind climate change, the observed and anticipated impacts on both physical and social systems, and the solutions already helping to mitigate the symptoms of a warming planet. Global attention has brought unparalleled cooperation in addressing the underlying causes. Entrepreneurial spirits are creating technological breakthroughs. The picture is not all gloom and doom but does depend on our collective action.

Code: SF17FC92

Location: Secrest-Wible Building - Room 119

Date(s): November 6 - December 4, 2017

Session(s): 4

Day/Time: M from 1:00 PM to 2:30 PM; no class 11/20

Instructor: Eilene Theilig

Eilene Theilig combines her background in science and theology to address current issues in today's world. She earned a PhD in Geology from Arizona State University with a concentration in planetary studies. For 14 years Eilene was part of NASA's Galileo Mission to Jupiter, serving as Project Manager for the final two years of the mission. Afterward, she received a MDiv from Pacific School of Religion, and is an ordained Disciples of Christ minister. Eilene is Director of Lay and Continuing Education at Brite Divinity School.

When Christ was Female: "Mother" Ann Lee and the Shakers

One of the new religious groups in 17th century America was the United Society of Believers in Christ's Second Appearing, commonly called "Shakers." A principal early leader of the Shakers was Ann Lee, who they called Mother Ann Lee. Not only did they regard her as the leader of the movement, they believed that she was the female incarnation of Jesus Christ. The nature of this course will be to describe how the Shakers appeared in America, the primary characteristics of their theology, principally their view of Ann Lee as a divine figure, and the trajectory of Shaker theology and life into contemporary American history.

Code: SF17FC115

Location: Secrest-Wible Building - Room 119

Date(s): November 6 - December 4, 2017

Session(s): 4

Day/Time: M from 3:00 PM to 4:30 PM; no class 11/20

Instructor: Ronald Flowers

Dr. Ronald B. Flowers is John F. Weatherly Emeritus Professor of Religion at Texas Christian University. He taught at TCU for thirty-seven years and was chair of the Religion Department for nine years. He is the author or co-author of ten books and 56 articles in scholarly publications, 96% of which were on church-state relations in the United States. He is a member of the Editorial Council of the Journal of Church and State. He still teaches at TCU part-time (his church-state course).

Photoshop Elements I

This course introduces the basic elements of enhancing and repairing photographs. We cover ways to improve the color, contrast, fogginess, and flaws in old or digital photographs. This is an introduction to ways to create new photographs by combining or manipulating other ones.

Code: SF17FC02

Location: Secrest-Wible Building - Room 119

Date(s): November 7 - December 5, 2017

Session(s): 4

Day/Time: Tu from 9:00 AM to 10:30 AM; no class 11/21

Instructor: Sam Deitz

Sam Deitz is a retired dean of the College of Education at TCU. He came to photoshop as a hobby and wants to share these skills with others.

Astronomy 101

This course will teach you everything you've ever wanted to know about astronomy - or at least we'll cover the basics and try to explain what you are curious about. Topics will include (1) an overview of Earth's night sky; (2) our solar system - origin, geography of the components, and interesting things about our little piece of the universe; and (3) the universe - origin, development of galaxies, stars, and elements. We'll have a night observation session and look at the sky through my telescope and enjoy a laser pointer show-and-tell.

Code: SF17FC68

Location: Secrest-Wible Building - Room 119

Date(s): November 7 - December 5, 2017

Session(s): 4

Day/Time: Tu from 11:00 AM to 12:30 PM; no class 11/21

Instructor: Randy Smith

Randy Smith received a BS in Aerospace Engineering and a MS Aerospace Engineering. He is an FAA Private Commercial Pilot with Instrument rating and a USAF rated navigator. He has 11 years military flying experience. He is a retired Bell Helicopter engineer. Randy has been an avid amateur astronomer for 30 years and has been teaching Scout leaders about the night sky nearly that long. He has owned a couple of telescopes, the latest and best is a 10" computer-controlled Meade LX-200.

Discover Islam

Islam is the faith of more than 1.7 billion people over the world, making it the second largest religion after Christianity. Yet, it is the least understood: more than one out of two Americans have negative views about Islam and Muslims. This course is an introduction to the faith beliefs and practices of Muslims. We will explain a brief historical and cultural background to the rise of Islam and its tenants, a thorough illustration about what Shariah or Islamic law is and is not, and facts about history of America in Islam as well as Muslim American contemporary realities. During the course, we will briefly touch on sensitive topics like religious extremism and violence.

Code: SF17FC34

Location: Secrest-Wible Building - Room 119

Date(s): November 7 - December 5, 2017

Session(s): 4

Day/Time: Tu from 1:00 PM to 2:30 PM; no class 11/21

Instructor: Dina Malki Al-Hussayni

Dina Malki is an active public speaker in DFW who presents diverse topics about Islam and Muslim Americans in universities, places of worship and events. She holds a Master's Degree in Islamic Studies and Christian-Muslim Relations from Hartford Seminary in Connecticut. She is a writer whose articles are published in online publications, magazines, and local newspapers. She is an active in interfaith dialog and is a member of the Daughters of Abraham.

Self Defense for Seniors

A no-nonsense fun approach to self defense and survival. The course will introduce students to simple but extremely effective techniques to enable them to escape an attacker. There will be no hitting, kicking, or throwing involving class members. Techniques taught will be presented in slow motion and precise accuracy will be the goal. The class will also cover the pros and cons of carrying/having certain self defense devices such as guns, knives, clubs, chains, dogs, and etc. Students will learn the importance of observation and awareness. Discussions about safety in the home, car, and the street (learning to be "street smart").

Code: SF17FC99

Location: Secrest-Wible Building - Room 119

Date(s): November 7 - December 5, 2017

Session(s): 4

Day/Time: Tu from 3:00 PM to 4:30 PM; no class 11/21

Instructor: Richard Wolf

Richard Wolf is a retired military officer, Associate Professor of Military Science at TCU, Masters Degree, Black Belt in Judo and has numerous intermediate degrees in Karate. Richard was an Air Force policeman, has taught riot control methods, and is an expert marksman. He has previously taught several courses for the Silver Frog Program.

Four Classics of Film Noir and the Books They are Based On

We'll discuss and see clips from 4 Classic Film Noir Movies: The Big Sleep - by Raymond Chandler, The Maltese Falcon - by Dashiell Hammet, Double Indemnity - by James Cain, and the Thin Man - by Dashiell Hammet. Please try to read the books before we discuss the films in class. Also, these films are often available for free viewing on Turner Classic Movies, please review (if possible) before class. We will discuss the definition of Film Noir, its unique place in American Cinema, and its lasting influences.

Code: SF17FC110

Location: Secrest-Wible Building - Room 119

Date(s): November 8 - December 6, 2017

Session(s): 4

Day/Time: W from 9:00 AM to 10:00 AM; no class 11/22

Instructor: Dan Calvin

Dan Calvin has been a long time movie buff, particularly of the Horror genre of the 50's and 60's. Dan and his brother bought and assembled the Aurora Models based on the Universal movies, collected the monster equivalent of "baseball cards", faithfully read the fan magazine "Famous Monsters of Filmland", and went to the local drive-ins and theaters. His early interest in the films led him to an examination of the literature that they were based on, which often was an improvement as an exercise of imagination. Dan graduated from Rice University with a BA in English in 1974.

Positive Psychology

Positive Psychology is the scientific way to study, develop, and enhance happiness, leadership, parenting and teaching. In contrast with traditional psychology that focuses on pathology, Positive Psychology focuses on individual and community strengths, self-esteem, optimism and flourishing. Scientifically supported specific skills are introduced and practiced during your Positive Psychology course.

Code: SF17FC47

Location: Secrest-Wible Building - Room 119

Date(s): November 8 - December 6, 2017

Session(s): 4

Day/Time: W from 11:00 AM to 12:30 PM; no class 11/22

Instructor: Ed Strickel

Ed Strickel has worked with people to facilitate the development of their leadership and management abilities for over thirty year. He has been an instructor with the TCU Department of Extended Education, a consultant with Human Dynamics and a consulting principal in his own private consulting business for twenty-three years. Ed has a BA in psychology, an MS in counseling psychology with a concentration in industrial/organizational psychology, and certifications from many leadership and education organizations.

Integrating our Healthy Sexuality

Media bombards us daily with negative messages about sexuality. These sessions will focus on healthy sexuality which includes sex, sensuality, intimacy, identity, culture and spirituality. This brief course will be an opportunity to reflect on the past, evaluate the present and prepare for the future. The sessions will include power points and lively discussions in a safe, respectful environment. Be prepared to talk, to listen, and to laugh! Come, share your wisdom and enjoy the journey!

Code: SF17FC105

Location: Secrest-Wible Building - Room 119

Date(s): November 8 - December 6, 2017

Session(s): 4

Day/Time: W from 1:00 PM to 2:30 PM; no class 11/22

Instructor: Rita Cotterly

Dr. Cotterly is recognized for her ability to motivate persons of diverse cultural backgrounds, ages, orientations and personal values. For two decades she provided sexuality education for groups and individuals and facilitated a support group for transgendered individuals. Dr. Cotterly was an adjunct professor at Texas Christian University for eight years.

Jerusalem: One City, Three Faiths

This course will explain why Jerusalem is so important to Judaism, Christianity, and Islam, A spokesperson for Judaism will speak this first session; a spokesperson for Christianity will speak the second,, and finally, a spokesperson for Islam will speak the third session. The final class period will be a discussion about the first three talks.

Code: SF17FC102

Location: Secrest-Wible Building - Room 119

Date(s): November 8 - December 6, 2017

Session(s): 4

Day/Time: W from 3:00 PM to 4:30 PM; no class 11/22

Instructor: Jane Pawgan

Jane Pawgan earned a PhD in American history from UNT. She taught American history and government for 19 years in the Dallas County Community College District, and one year at Texas Woman's University. She is the author of several publications, including a chapter in Lone Stars of David; the Jews of Texas.

Genealogy – From Getting Started to Finding Kings Among Your Ancestors

Genealogy - Are you descended from Kings? I will show you easier steps to finding Royalty in your family history and how to download the files into your Family Tree Maker file. I will show you the names that are likely to lead you to Royalty. I have helped over 50 people find they are descended from Kings and Queens. I will then show you how to publish your findings in a book for friends and relatives. You will need to be familiar with Family Tree Maker and Ancestry.com.

Code: SF17FC116

Location: Secrest-Wible Building - Room 119

Date(s): November 9 - December 7, 2017

Session(s): 4

Day/Time: Th from 9:00 AM to 10:30 AM; no class 11/23

Instructor: Thomas Morton

Thomas Morton is a retired professional engineer. He has been doing genealogy research for over 50 years and has over 84,000 people in his Family Tree Maker data base. He has published 50 family history books for friends and family and has traced over 150 people back to kings, queens and emperors.

Classic Canasta

The game of Canasta was originated in Uruguay in 1939 and spread to the rest of South America in the following years. Finally, it came to the United States in 1949. Canasta can be played individually or with one or two partners. The difference with other Canastas, is that the rules are always the same with some variations in the bonus points. Come and have fun with us! Please bring to class a set of plastic cards with large letters or numbers (you can purchase them at Barnes & Noble), and a shuffler.

Code: SF17FC109

Location: Secrest-Wible Building - Room 119

Date(s): November 9 - December 7, 2017

Session(s): 4

Day/Time: Th from 3:00 PM to 4:30 PM; no class 11/23

Instructor: Virginia Dias

Virginia Dias is a native of Lima, Peru. She has a bachelor's and a master's degree from TCU. She has 25 years of experience in teaching ESL and Spanish at pre-school, middle & high school, college, certification and community levels. She is also a Certified Command Spanish Instructor. Her experience encompasses teaching internationally.

Adventures in Early Christianity: From Origen to Augustine

This course will explore four influential figures in the history of early Christianity: Origen of Alexandria, Gregory of Nyssa, Evagrius of Pontus, and Augustine of Hippo. Each week we will examine a different theologian and read a representative sample of their work. A central theme in our study will be each author's conception of the soul's progress toward God, although we will situate this theme within the development of early Christian thought more broadly. Class sessions will combine lecture-style overviews with engaging discussion of the weekly readings.

Code: SF17FC107

Location: Secrest-Wible Building - Room 119

Date(s): November 10 - December 8, 2017

Session(s): 4

Day/Time: F from 1:00 PM to 2:30 PM; no class 11/24

Instructor: Brandon Cline

Brandon Cline earned his M.Div., M.A., and Ph.D. in New Testament and Early Christian Literature from the University of Chicago and presently serves as Senior Major Gifts Officer at Brite Divinity School. He taught as an undergraduate lecturer at the University of Chicago, where he was the founding Program Coordinator of the Craft of Teaching in the Academic Study of Religion. His scholarly research has focused on Ignatius of Antioch, Justin Martyr, and the Roman imperial context of early Christianity.

Session I: September 11 – October 6

One-Time Lectures

Antarctica: You're Never Too Old to Explore the Great, White Continent

Having traveled the world as a tourist, not a travel agent, Antarctica was an experience that can not be replicated in any other part of the world. Come see the pristine beauty of the ice, the penguins, the elephant seals, albatross, etc. and the educational experiences that abound in a trip like this. The different types of expeditions that are offered will be discussed, and an amazing video of "what to expect" will be shown.

Code: SF17FL105

Location: University Union: Beck/Geren Rooms

Date(s): September 12, 2017

Session(s): 1

Day/Time: Tu from 9:00 AM to 10:30 AM

Instructor: Andrea Rankin

Andrea Rankin, is a retired banker who has traveled the world, including all seven continents. She has seen the prominent sites in all four "corners" of the globe, including an African safari, camel rides in Egypt, elephants in Thailand, and seen kangaroos, pandas, and fished for piranha on the Amazon. Andrea believes that Antarctica is a destination that needs to be explored by more people. She wants to promote awareness of the wildlife, the environment and the beauty of this amazing part of the world.

The Cullen Davis Murder Case

Joe Shannon will review and discuss the 1976 homicide case in which it was alleged that Fort Worth millionaire Cullen Davis shot and killed his 12-year old step-daughter Andrea Wilborn, Stan Farr, a former TCU basketball player and wounded his estranged wife Priscilla Davis at his mansion. He was tried in Amarillo for the murder of Wilborn after a change of venue to that community due to extensive publicity in Fort Worth. The lecture will review the investigation, arrest as well as evidence, testimony and trial proceedings in detail. Davis was acquitted by a jury after a five month trial.

Code: SF17FL131

Location: University Union: Beck/Geren Rooms

Date(s): September 12, 2017

Session(s): 1

Day/Time: Tu from 11:00 AM to 12:30 PM

Instructor: Joe Shannon

Joe Shannon received a BA and Law degrees from University of Texas. He has been a licensed attorney for over 53 years and was chief prosecutor in the Davis murder case. He was District Attorney of Tarrant County from 2009-2014 and was former Chief of the Criminal Division of Tarrant County DA's office, and former Chief of the Economic Crimes Unit. Mr. Shannon served as a member of the House of Representatives from 1964-1971 and was administrative assistant to the Texas House Speaker in 1971.

An Overview of International Humanitarian Law

This lecture will provide an overview of the origins of International Humanitarian Law (IHL) and the Geneva Conventions. Topics addressed include protections provided by IHL, restrictions on parties engaged in armed conflict, and the challenges faced by humanitarian efforts in today's volatile world.

Code: SF17FL77

Location: University Union: Beck/Geren Rooms

Date(s): September 12, 2017

Session(s): 1

Day/Time: Tu from 1:00 PM to 2:30 PM

Instructor: Lewis Woodard

Mr. Woodard had a career with the American Red Cross in accounting and auditing. In recent years, he has volunteered with the organization in International Services and Disaster Services Finance. He was certified as an instructor for the Red Cross course on International Humanitarian Law in 2006. He has a BSBA from Auburn University.

Creating a Colorful Fall & Winter Landscape

Homeowners in north central Texas can choose from many plants in order to create a colorful fall and winter landscape. Learn which annuals, perennials, shrubs, ornamental grasses, and trees will give your landscape color through flowers, foliage, and fruit. You'll never think of winter as a drab season again!

Code: SF17FL117

Location: University Union: Beck/Geren Rooms

Date(s): September 12, 2017

Session(s): 1

Day/Time: Tu from 3:00 PM to 4:30 PM

Instructor: Steve Huddleston

Steve Huddleston is the senior horticulturist at the Fort Worth Botanic Garden, president of his own landscaping company, and author of Easy Gardens for North Central Texas. He broadcasts weekly on WBAP and writes for three magazines.

The Bankhead Highway in Texas

The Bankhead Highway was the nation's first year-round transcontinental highway, extending from Washington, DC, to San Diego. Roughly a third of its 3,000 mile length was Texas Highway No. 1, from Texarkana to El Paso. Alabama Sen. John H. Bankhead was influential in passage of the "Good Roads Act," which in 1916 made federal funds available to states, for the first time, to share the costs of better roads. The Texas Highway Dept. followed in 1917, and construction of Texas 1 soon followed. The class will explore how all that came about and the historical significance of the result.

Code: SF17FL12

Location: University Union: Beck/Geren Rooms

Date(s): September 19, 2017

Session(s): 1

Day/Time: Tu from 9:00 AM to 10:30 AM

Instructor: Dan Smith

After graduating from Florida State University, Dan Smith began a forty year career with the National Weather Service. He is a Fellow of the American Meteorological Society. His first encounter with the Bankhead Highway occurred while bicycling on back roads in Parker County near Aledo. The narrow country road seemed to belie the nearby street sign which identified it as the Old Bankhead Highway. Few seemed to know much about the old road, and even less was known about the Bankhead Highway. Years later the author began his research and discovered the roads historical significance.

Aviation 101: The Awesome Experience of Flight

Learn the fun, intriguing, and fascinating things about aviation you never knew including types of general aviation aircraft; aircraft instruments; how aircraft fly; airport signs, markings, and lights; radio communications between the aircraft and the ground; airspace; air traffic control; charts and navigation; and why pilots seems to have so much fun up in the air!

Code: SF17FL113

Location: University Union: Beck/Geren Rooms

Date(s): September 19, 2017

Session(s): 1

Day/Time: Tu from 11:00 AM to 12:30 PM

Instructor: Mike Montefusco

Mike Montefusco has been an FAA Certified Flight Instructor (CFI) for 40+ years, and has taught in the US, Europe, and in the Far East. He has been an instructor for American Airlines and is currently a Beechcraft Pilot Proficiency Program (BPPP) instructor for the American Bonanza Society (ABS).

Financial Fundamentals for Building Wealth

This class is a common sense presentation of the fundamental principles leading to a healthy nest egg. It is useful to those seeking to build wealth themselves, or looking for a discussion guide to teach children or grandchildren these valuable lessons.

Code: SF17FL124

Location: University Union: Beck/Geren Rooms

Date(s): September 19, 2017

Session(s): 1

Day/Time: Tu from 1:00 PM to 2:30 PM

Instructor: Jim Parr

Jim Parr is a semi-retired commercial realtor and entrepreneur. Having used the principles to build his own nest egg, he now focuses on teaching and managing his own investments. He is approved by the Texas Real Estate Commission to teach all levels of discretionary and mandatory continuing education classes for license renewal. He also offers this class and three classes on traveling in Italy through TCU's Extended Ed program.

Play Pinochle

A 48 card deck? Two aces of spades? What strange game is this? Pinochle, similar to Whist, but far easier than Bridge, is a bidding and trick-taking card game, ideal for four players. Learn to play in only a few hands, learn to be a shark in only a few games. Learn to play here the easy way, instead of on the mean tables in hidden back rooms.

Code: SF17FL129

Location: University Union: Beck/Geren Rooms

Date(s): September 19, 2017

Session(s): 1

Day/Time: Tu from 3:00 PM to 4:30 PM

Instructor: Jerome Davis

Mr. Davis holds BS and MS Degrees in Nuclear Engineering from the Univ. of Wisconsin and is a licensed professional engineer. He worked for 15 years as an engineer and manager in the nuclear power industry, then taught nuclear and mechanical engineering for 21 years at The University of North Texas College of Engineering. In 2015, he created a Certificate in Walkway Safety Auditing course and continues to teach the course both on-campus and at corporate locations.

Stop the Bleed

A person who is bleeding can die from blood loss in as little as 5 minutes. Bystanders can take simple steps to keep the injured person alive until appropriate medical care is available. "Stop the Bleed" is a nationwide campaign to empower individuals to act quickly and save lives. Our program is led by JPS healthcare professionals that teach the skills so that people can help save lives. This course was developed through the US Military Tactical Combat Course, the National Association of EMT's, and the American College of Surgeon's Committee on Trauma.

Code: SF17FL120

Location: Secrest-Wible Building - Room 119

Date(s): September 22, 2017

Session(s): 1

Day/Time: F from 9:00 AM to 10:30 AM

Instructor: Mary Ann Contreras

Mary Ann Contreras has been a nurse over thirty years specializing in the field of trauma, emergency and critical care. She is an Injury Prevention/Trauma Outreach Manager at JPS Hospital. In this position she studies trauma, behavior, environment and policy to develop and implement prevention initiatives. These initiatives are based on data from the hospital and state trauma registry. She is involved in professional education opportunities for trauma healthcare providers and is active in the regional and state trauma advisory councils.

Theology in Dante's "Divine Comedy"

Through an investigation of Dante Alighieri's "The Divine Comedy," Silver Frogs will appraise as well as discuss the Tuscan theologian-in-verse's views of God, morality, sin, evil, life, death, judgment, grace, and redemption.

Code: SF17FL108

Location: Secrest-Wible Building - Room 119

Date(s): September 22, 2017

Session(s): 1

Day/Time: F from 1:00 PM to 2:30 PM

Instructor: Darren Middleton

Darren J. N. Middleton is Honors Faculty Fellow and Professor of Religion. He was educated at the Universities of Manchester, Oxford, and Glasgow before teaching in Memphis, and in Fort Worth where he has been since 1998. He has published ten books and a range of articles on religion, theology, and the arts. He is currently researching material for a planned monograph, *For All The Saints: Encountering Our Christian Forebears Through Fiction*. In addition, he is working with Dr. Elizabeth H. Flowers on an edited anthology of essays devoted to the history of the Evangelical novel.

Session II: October 9 – November 3
One-Time Lectures

Estate Planning and Probate

We will discuss estate plans for Texas law -- last will and testaments, trusts, financial powers of attorney, living wills, medical powers of attorney, and methods of passing title to property at death without requirement of probate.

Code: SF17FL89

Location: Secrest-Wible Building - Room 119

Date(s): October 9, 2017

Session(s): 1

Day/Time: M from 11:00 AM to 12:30 PM

Instructor: Roger M. Norman

Roger Norman is a semi-retired attorney specializing in an estate planning law practice. He has taught in the Extended Education Department of TCU and as part of the Silver Frogs program. He has a BA degree from the University of Oklahoma and a Law degree from the University of Texas at Austin.

Don't Just Do Something, Stand There!

This Chinese method of standing meditation is called Zhan Zhuang (John Ju-wahng or Standing Like a Post) and will do wonders for your health and peace of mind. During the seminar we'll explore the theories behind the method, learn several useful postures, and actually feel the mysterious intrinsic energy that the Chinese call chi. This is a system where you get more results if you put in less effort. It's the ideal exercise for the truly lazy.

Code: SF17FL119

Location: Secrest-Wible Building - Room 119

Date(s): October 9, 2017

Session(s): 1

Day/Time: M from 3:00 PM to 4:30 PM

Instructor: Dennis Beck

Dennis Beck has taught Tai Chi for TCU for at least the last 20 years, He also has helped others to explore relaxation and related arts at Trinity Terrace and The Vantage at Cityview. He knows these ideas work because he feels it himself when he's teaching, doing tai chi, or dancing the boogie woogie.

The Daring World War II Raid on Ploesti

On August 1, 1943 178 B24 Bombers took off from Benghazi. They flew 1500 miles under radio silence to Ploesti to bomb Hilter's main source of oil. Only 88 Bombers came back. The Germans knew they were coming five minutes after they took off. The Americans flew at 50 ft. off the ground into the most heavily defended target in Europe. Five medal of honors, the most for any single day action in American history were awarded.

Code: SF17FL137

Location: University Union: Beck/Geren Rooms

Date(s): October 10, 2017

Session(s): 1

Day/Time: Tu from 9:00 AM to 10:30 AM

Instructor: William Bradle

William Bradle writes screenplays, non-fiction and historical fiction, Including Goliad--the Other Alamo, a Book on the Texas Revolution. A graduate of the Senior Executive Program at Stanford University, and the University of Illinois, Bradle worked in corporate and international finance for several large companies i.e. the Quaker Oats Company and Alcon Labs.

An Overview of Celestial Navigation

Before the compass, ancient mariners developed methods to get around on the oceans using only the positions and motion of the heavenly bodies. Sailors improved on these basic methods and in the late 18th century the marine chronometer (a clock capable of maintaining accurate time on a moving ship) was invented. This method has served mariners and aviators well up until the 'recent' deployment of the satellite-based global positioning system (GPS). The lecture will show how navigators determine latitude by Polaris, find their latitude at noon using the Sun, and plot an accurate position anywhere on Earth using a sextant and a watch.

Code: SF17FL104

Location: University Union: Beck/Geren Rooms

Date(s): October 10, 2017

Session(s): 1

Day/Time: Tu from 11:00 AM to 12:30 PM

Instructor: Randy Smith

Randy Smith received a BS in Aerospace Engineering and a MS Aerospace Engineering. He is an FAA Private Commercial Pilot with Instrument rating and a USAF rated navigator. He has 11 years military flying experience. He is a retired Bell Helicopter engineer. Randy has been an avid amateur astronomer for 30 years and has been teaching Scout leaders about the night sky nearly that long. He has owned a couple of telescopes, the latest and best is a 10" computer-controlled Meade LX-200.

Fall is the Best Time To Plant...For the Best Spring Ever

This 90 minute class is about how to get your projects done in the fall to make spring better. Topics include fixing the pH of the soil to increase the variety of plants you can grow with ease. How to use soil amendments, that come from A&M research that will make our black clay soil as easy to work as what you put in a flower pot. Finally, things you can do to restore poor areas of your landscape, from your lawn to barren spots under tree.

Code: SF17FL106

Location: University Union: Beck/Geren Rooms

Date(s): October 10, 2017

Session(s): 1

Day/Time: Tu from 1:00 PM to 2:30 PM

Instructor: Brad Sandy

Since 1992 Brad has been a business coach working with owners of factories, services, and dining. After writing two books on selling, his coaching experience helped him to look into the Master Gardener program in 2001. Since then he has helped to grow the speaker program and started the first rose sale. Since 2008 he has been a spring and fall presenter at the Dallas Arboretum. He has also sold supplies to some of Dallas' top landscape companies, working on projects like the George W. Bush Presidential Library and Klyde Warren Park.

Roses and Companion Plants

Learn the history of the Fort Worth Botanic Garden's rose garden, the trouble the garden has had with rose rosette disease, the measures the Fort Worth Botanic Garden has taken to deal with this disease, and recommendations for alternatives to roses.

Code: SF17FL116

Location: University Union: Beck/Geren Rooms

Date(s): October 10, 2017

Session(s): 1

Day/Time: Tu from 3:00 PM to 4:30 PM

Instructor: Steve Huddleston

Steve Huddleston is the senior horticulturist at the Fort Worth Botanic Garden, president of his own landscaping company, and author of Easy Gardens for North Central Texas. He broadcasts weekly on WBAP and writes for three magazines.

Artists as Political Commentators: Representations of the Slaughter/Massacre of the Innocents

This session examines three paintings that re-present the Biblical scene of King Herod killing the baby boys of Bethlehem as part of his quest to kill Jesus. The three selected paintings employ allegory to update the scene so that it provides political commentary on events contemporary with the artists. Pieter Bruegel's 1567 depiction participates in Reformation struggles to protest Spanish Catholic military attacks on Dutch protestants in the Netherlands. The Massachusetts-based William Rimmer's 1858 painting protests southern US slavery. And Julia Chavarria's painting from the 1980s protests the military attack on the Solentiname community by the US backed, Nicaraguan dictator Somoza.

Code: SF17FL110

Location: Secrest-Wible Building - Room 119

Date(s): October 16, 2017

Session(s): 1

Day/Time: M from 11:00 AM to 12:30 PM

Instructor: Warren Carter

Dr. Warren Carter is Professor of New Testament at Brite Divinity School where he has taught since 2007. Three times he has been voted the Clark Faculty Teaching excellence award by Brite students. He is the author of 15 books and numerous research articles. He is a regular speaker at scholarly conferences, at educational institutions, in church Sunday School classes, and ecclesial conferences. He is interested in the ways Biblical texts have been interpreted in various contexts and media across the millennia.

Downsizing

As you look toward a change in lifestyle, you may need help in making the transition from living in your present home to moving into a smaller home or retirement community. You may simply want to downsize and clear out and let go of some of your possessions. This class will help you define and accomplish these goals.

Code: SF17FL130

Location: Secrest-Wible Building - Room 119

Date(s): October 16, 2017

Session(s): 1

Day/Time: M from 3:00 PM to 4:30 PM

Instructor: Judy Mollet

Judy Mollet has worked with trust departments, estate lawyers, realtors, retirement communities, and individuals doing estate sales and downsizing counseling for over 25 years. In addition to doing 20-25 estate sales a year, she also does appraisals of personal property.

The Thunderstorm Project of 1945

Aviation advanced during WW-2, but it was clear afterward that weather remained a serious problem to flight safety. In 1945 Congress directed the Weather Bureau to learn more about thunderstorms. Fortunately, tools and manpower were at hand at war's end for "The Thunderstorm Project." Using radar, aircraft and dense observations, all for the first time, data were collected in Florida (1946) and Ohio (1947). Results were taken to the Univ. of Chicago where project scientists and technicians, working without computers, of course, compiled and published a final report in 1949. "The Thunderstorm," usually referred to simply as "Byers & Braham, 1949" is the most often cited reference in meteorological literature.

Code: SF17FL65

Location: University Union: Beck/Geren Rooms

Date(s): October 17, 2017

Session(s): 1

Day/Time: Tu from 9:00 AM to 10:30 AM

Instructor: Dan Smith

After graduating from Florida State University, Dan Smith began a forty year career with the National Weather Service. He is a Fellow of the American Meteorological Society. His first encounter with the Bankhead Highway occurred while bicycling on back roads in Parker County near Aledo. The narrow country road seemed to belie the nearby street sign which identified it as the Old Bankhead Highway. Few seemed to know much about the old road, and even less was known about the Bankhead Highway. Years later the author began his research and discovered the roads historical significance.

Partners for Sacred Places - Helping Congregations with their Historic Sacred Places

Our historic sacred places are significantly important markers in our communities, like our courthouses, public school houses and other pieces of the architectural culture of our society. Participation today in organized religious activities is not only smaller as a percentage of our population, but also as an actual number as well. Logically the financial support for maintenance of these facilities is on the wane. However, the need for space to house other important social and cultural functions is significantly on the rise. Could there be a match here that can benefit both?

Code: SF17FL23

Location: University Union: Beck/Geren Rooms

Date(s): October 17, 2017

Session(s): 1

Day/Time: Tu from 11:00 AM to 12:30 PM

Instructor: James Nader

James Nader is a native of Fort Worth who received a Bachelor of Architecture degree at Texas Tech University in 1974. A private practitioner, he has served as president of AIA Fort Worth and the Texas Society of Architects. He was elevated to institute Fellowship in 2010, largely based on his development of the Texas Regional Office of Partners for Sacred Places.

Financial Scams Are Well Camouflaged

Financial scams can have long-lasting and long-reaching consequences and certain populations are more at risk and are more targeted. This lecture will focus on how to detect financial scams and avoid them.

Code: SF17FL107

Location: University Union: Beck/Geren Rooms

Date(s): October 17, 2017

Session(s): 1

Day/Time: Tu from 1:00 PM to 2:30 PM

Instructor: Wes Shannon

Wes Shannon has a Bachelors of Business Administration from the University of North Texas majoring in financial services. He is a Certified Financial Planning practitioner (CFP). As a native of Fort Worth he has worked in the financial services business in Fort Worth for 32 years. He owns SJK Financial Planning, LLC an independent fee only registered investment advisory firm. He is a member of Partners for Success BNI group and is the former president of Cowtown Toastmasters.

The History of Live Theater in Fort Worth

Fort Worth is lucky to have a rich history in live theater. Carol will share the history of the theaters in Fort Worth...from Casa Manana to the current local theaters as well as the new breed of 'pop-up' theaters. She will also discuss how the theaters were founded, by whom, what is community vs. professional theaters, and what live theater brings to our community.

Code: SF17FL122

Location: University Union: Beck/Geren Rooms

Date(s): October 17, 2017

Session(s): 1

Day/Time: Tu from 3:00 PM to 4:30 PM

Instructor: Carol Stanford

Carol Stanford has served on the board of Stage West for over 30 years and is on the board of the Live Theatre League (all the theaters in Tarrant County). She does fundraising, ushering, labeling & stuffing mailers, and any other job the theaters need, in addition to attending as many productions as possible. She looks forward to sharing with Silver Frogs what she knows about the local theater.

Slip and Fall - Don't Be a Victim

Slip and Fall is a growing threat to personal safety, health, and quality of life. Not surprisingly, both the frequency and after effects of Slip and Fall incidents gets worse as one gets older. This lecture will help the student recognize and correct many common contributors to Slip and Fall incidents both in the home and in other locations.

Code: SF17FL121

Location: Secrest-Wible Building - Room 119

Date(s): October 20, 2017

Session(s): 1

Day/Time: F from 9:00 AM to 10:30 AM

Instructor: Jerome Davis

Mr. Davis holds BS and MS Degrees in Nuclear Engineering from the Univ. of Wisconsin and is a licensed professional engineer. He worked for 15 years as an engineer and manager in the nuclear power industry, then taught nuclear and mechanical engineering for 21 years at The University of North Texas College of Engineering. In 2015, he created a Certificate in Walkway Safety Auditing course and continues to teach the course both on-campus and at corporate locations.

Fort Worth Area Rocks and Fossils

General introduction to geology, using the local Fort Worth area as the example. We will discuss the 3 types of rocks based on how they are formed, how they are represented on maps and cross-sections, identify hand-samples, and more. We will look at the historical changes that have occurred in the local area based on the rock and fossil record and see how this is represented both in cross-sections and map views. We will also learn about good fossil localities, the most common and interesting fossils that can be found near here, and get to work with actual rocks and fossils in a friendly lab setting.

Code: SF17FL135

Location: Secrest-Wible Building - Room 119

Date(s): October 20, 2017

Session(s): 1

Day/Time: F from 11:00 AM to 12:30 PM

Instructor: Janet Busbey Nilsson

Janet is a graduate of the University of Texas at Austin and attended TCU where she earned an MLA in 1989. She has taught earth, life and physical science for over 25 years for FWISD, retiring in 2012. Jane has also taught Math and Logic for 20 years at Texas Wesleyan University's summer STEM program. She generously assists with the TCU Geology Field Trips several times a year with her husband, Dr. Art Busbey.

The Dinosaurs of Texas

Texas has dinosaurs (and their close relatives) from the Triassic and Cretaceous Periods. This class provides a very brief introduction to the classification of dinosaurs and dinosaurs that have been found in Texas.

Code: SF17FL111

Location: Secrest-Wible Building - Room 119

Date(s): October 23, 2017

Session(s): 1

Day/Time: M from 11:00 AM to 12:30 PM

Instructor: Art Busbey

Dr. Arthur Busbey has been a geology professor at TCU since 1985 and is currently coordinator of the geology program of the School of Geology, Energy, and the Environment. His BS and MA are from the Department of Geology at UT-Austin and his Ph.D. is from the Department of Anatomy at the University of Chicago. He has published on reptilian vertebrate paleontology, geological remote sensing and aspects of soft rock geology.

Had a Good Time: The Social and Historic Importance of Postcards

During a "golden age" of postcards, about 100 years ago, millions of postcards served the social purpose of staying in touch, sharing information, educating both senders and receivers, and even passing on critical information - from weather forecasts to news of illness. Mail was delivered twice a day and cards cost a penny. Without phones or autos (and good roads), how else to communicate? They were commonly saved, and even carefully preserved, so cards can provide important images and messages that are valuable to researchers. They are also just plain interesting ... it's hard to think of a subject that wasn't on a postcard.

Code: SF17FL114

Location: Secrest-Wible Building - Room 119

Date(s): October 30, 2017

Session(s): 1

Day/Time: M from 11:00 AM to 12:30 PM

Instructor: Dan Smith

After graduating from Florida State University, Dan Smith began a forty year career with the National Weather Service. He is a Fellow of the American Meteorological Society. His first encounter with the Bankhead Highway occurred while bicycling on back roads in Parker County near Aledo. The narrow country road seemed to belie the nearby street sign which identified it as the Old Bankhead Highway. Few seemed to know much about the old road, and even less was known about the Bankhead Highway. Years later the author began his research and discovered the roads historical significance.

Improving Communication Through Dialogue

This is an introduction to communication through dialogue, drawing upon work found in "Crucial Conversations," "The Anatomy of Peace," "Dialogue: The Art of Thinking Together," and similar materials. It will only be an introduction, providing a taste of what I do in my graduate class on conflict resolution. Nonetheless, attendees should leave with a better appreciation for, and understanding of, key ideas and techniques for handling difficult conversations, how to replace - not manage - emotions in difficult interactions, and a few techniques anyone can use to work through difficult issues with another person.

Code: SF17FL103

Location: Secrest-Wible Building - Room 119

Date(s): October 27, 2017

Session(s): 1

Day/Time: F from 9:00 AM to 10:30 AM

Instructor: Gregory Stephens

Gregory K Stephens earned his Ph.D. in Management from the University of California, Irvine. He is bilingual (English and Spanish), and is a tenured faculty member in the Neeley School of Business at TCU, where he serves as the academic director of the BNSF Neeley Leadership Program. He provides business consultations, leadership and dispute resolution training, and mediation services to numerous clients. As a Texas court qualified mediator, he has extensive training and experience in workplace and family mediation, and currently serves as a member of the Board of Directors of Dispute Resolution Services of North Texas.

The Promise of Protons

Discover an advanced and innovative form of radiation therapy utilizing high-energy proton beams to destroy cancer cells while minimizing harm to normal, healthy tissue. Learn the physical properties behind proton therapy and the applications and uses for targeting solid tumors with precision to reduce the risk to surrounding healthy tissue and organs. Understand how this can decrease side effects and enable the patient to maintain quality of life.

Code: SF17FL128

Location: Secrest-Wible Building - Room 119

Date(s): November 2, 2017

Session(s): 1

Day/Time: Th from 1:00 PM to 2:30 PM

Instructor: Gary Barlow

Gary Barlow has more than 32 years of experience in radiation therapy management and is the Administrative Director of the Texas Center for Proton Therapy. Gary was instrumental in opening the only proton therapy center in North Texas and leads a team of radiation therapists, physicists, and other clinical personnel with over 75 combined years of proton therapy experience.

Session III: November 6 – December 8
One-Time Lectures

Essential Oils and Aging Gracefully

In this class we will discuss Essential Oils as a holistic solution to everyday ailments that occur in the aging process. Learn how Essential Oils are a natural alternative to keeping the body happy and healthy as we age. Essential Oils are powerful in that they can successfully support your mental, physical, emotional health and bring about healing to all your body's systems. Enjoy a hands on approach to this class as we smell, touch and discover the power of Essential Oils on drop at a time!

Code: SF17FL57

Location: Secrest-Wible Building - Room 119

Date(s): November 6, 2017

Session(s): 1

Day/Time: M from 9:00 AM to 10:30 AM

Instructor: Miranda Davis

Miranda Davis has joyfully taught health and wellness since 1993. She has taken her talents of Yoga, Pilates and Essential oils instruction around the globe as an international master trainer. She holds a degree in Exercise Physiology, is an RYT 500 with Yoga Alliance. She has been featured as an expert source both locally and nationally in various media outlets in TV, radio and print. Miranda gives health and wellness seminars to various corporations on topics of fitness, meditation, prayer, yoga and Essential Oils. She is the Owner of PerfectFit Yoga, Pilates and Wellness in Fort Worth.

Where There's a Will, There's a (Legal) Way

Joel Smith will present an overview of legal documents that should be included in everyone's estate planning. He will cover the benefits and limitations of Wills, Financial Power of Attorney, Medical Power of Attorney, Living Will and HIPAA Release forms. He will also discuss new estate planning tools in Texas to streamline property transfers to an individual's beneficiaries.

Code: SF17FL73

Location: University Union: Beck/Geren Rooms

Date(s): November 7, 2017

Session(s): 1

Day/Time: Tu from 9:00 AM to 10:30 AM

Instructor: Joel Smith

Joel Smith is a TCU employee and a practicing attorney based in North Richland Hills. A member of the Texas Bar since 2009, his practice deals almost exclusively with Estate Planning.

History According To The Movies

This lecture will explore the relationship between movies that have a historical narrative and actual events that gave rise to the movie. Some of the movies to be examined are "The Charge of the Light Brigade", "Henry V", "Tora, Tora, Tora", "Apocalypse Now", and "They Died With Their Boots On." We will examine in each movie the congruence or divergence from actual events to promote an artistic or political view point.

Code: SF17FL112

Location: University Union: Beck/Geren Rooms

Date(s): November 7, 2017

Session(s): 1

Day/Time: Tu from 11:00 AM to 12:30 PM

Instructor: Ken Bowers

Ken suffers from a variety of interests, flying, fly fishing, history, science, among others. Of special interest are the connections of the seemingly unconnected.

Dietary Supplements: The Good, the Bad, the Ugly

This class will present common dietary supplement and review their efficacy and benefits. We will look at a number that research does not support any benefits; and present those that are dangerous and have actually cause death. Cathy Young will discuss the ways the companies stay in business despite marketing dangerous products and will present federal oversight or lack of federal oversight to protect consumers.

Code: SF17FL109

Location: University Union: Beck/Geren Rooms

Date(s): November 7, 2017

Session(s): 1

Day/Time: Tu from 1:00 PM to 2:30 PM

Instructor: Cathy Young

Cathy Young is faculty in the Harris College of Nursing and Health Sciences. She also practices part-time as a Family Nurse Practitioner in the Student Health Center at TCU. Dr. Young received her BSN from Webster University in St. Louis; her MSN at the University of MO - Kansas City and her DNSc from the University of Tennessee - Memphis. She has been recognized by the American Academy of Nursing the American Association of Nurse Practitioners and inducted as a Fellow in both. She has presented topics from her practice and research at the local, state, national and international levels.

Outstanding Plants for North Central Texas

Learn the best trees, shrubs, perennials and vines for north central Texas just in time for fall planting. Fall is the best time to install these stalwart plants in your landscape so that they can establish before next summer's heat. These native and introduced plants perform well in our soils under our climatic conditions and, once established, will require minimal maintenance.

Code: SF17FL115

Location: University Union: Beck/Geren Rooms

Date(s): November 7, 2017

Session(s): 1

Day/Time: Tu from 3:00 PM to 4:30 PM

Instructor: Steve Huddleston

Steve Huddleston is the senior horticulturist at the Fort Worth Botanic Garden, president of his own landscaping company, and author of Easy Gardens for North Central Texas. He broadcasts weekly on WBAP and writes for three magazines.

Adventures in Italy: Undiscovered Attractions and Festivals

This lecture provides information on several Italian attractions and festivals not included in group tour itineraries and not even mentioned in some guide books. Some of them are hidden in the major cities of Rome, Florence and Venice, while others venture into the Italian countryside.

Code: SF17FL66

Location: Secrest-Wible Building - Room 119

Date(s): November 9, 2017

Session(s): 1

Day/Time: Th from 11:00 AM to 12:30 PM

Instructor: Jim Parr

Jim Parr is a semi-retired commercial realtor and entrepreneur. Having used the principles to build his own nest egg, he now focuses on teaching and managing his own investments. He is approved by the Texas Real Estate Commission to teach all levels of discretionary and mandatory continuing education classes for license renewal. He also offers this class and three classes on traveling in Italy through TCU's Extended Ed program.

Collecting Postcards with a Fort Worth Focus

Collecting historic postcards is a fun and inexpensive way to have images of things, scenes, and events that you love. Fort Worth collector Larry Schuessler and historian, author, and collector Carol Roark will talk about what you need to know to be an informed collector. They will also share rare Fort Worth cards from their personal collections and tell the stories behind them. This session will be of interest both to people who are interested in collecting postcards and to those interested in the history of Fort Worth.

Code: SF17FL125

Location: Secrest-Wible Building - Room 119

Date(s): November 9, 2017

Session(s): 1

Day/Time: Th from 1:00 PM to 2:30 PM

Instructors: Larry Schuessler & Carol Roark

Larry Schuessler is a 60-year Fort Worth resident. He worked for the Fort Worth YMCA and the City of Fort Worth before retiring to pursue his passion of collecting artifacts related to Fort Worth history -- everything from advertising to postcards to panther-themed objects.

Carol Roark worked for the Historic Preservation Council of Tarrant County on the historic resources survey and managed the Texas/Dallas History & Archives Division at Dallas Public Library. Carol's love for architecture and photography is reflected in her own collection of Fort Worth postcards.

Discover What Road Scholar is About

This is a travel venue for seniors. It was formerly known as Elder-Hostel. Road Scholar covers not only the United States, but countries all over the world. All attendees will get one of their travel magazines.

Code: SF17FL126

Location: Secrest-Wible Building - Room 119

Date(s): November 13, 2017

Session(s): 1

Day/Time: M from 9:00 AM to 10:30 AM

Instructor: Janelle Coyle

Jane Coyle is a retired social studies teacher. She has taken numerous trips with Road Scholar here in the United States. She is active in Retired Teachers in Burleson.

Butterfly Gardening with Native Plants- For Beginners

Learn about butterfly gardening from a layman's perspective. I'll show you how I got started with before and after pictures of my flowerbeds. We will also cover the basics of the lifecycle of butterflies. We will discuss some native plants that work well for butterfly gardening and the benefits of using native plants. We will also talk about where to obtain native plants. This class is designed for beginners.

Code: SF17FL118

Location: University Union: Beck/Geren Rooms

Date(s): November 14, 2017

Session(s): 1

Day/Time: Tu from 9:00 AM to 10:30 AM

Instructor: Diana Boerner

Diana Boerner has been the business research librarian at TCU for over 10 years. She has been butterfly gardening since 2011 as a hobby.

Teddy Roosevelt--The Badlands to Brazil: Adventures of a President

This lecture will focus on two chapters from TR's life. The first story is about how a rich city kid from New York became a ranch-hand in the Dakotas in the 1880's turning him into a cowboy/outdoorsman/conservationist in the process. The second episode recounts his expedition down an un-named tributary of the Amazon River in dugout canoes which nearly cost him his life. It is hoped that a discussion can follow and that participants will want to do further study of this fascinating character. References for further reading will be provided.

Code: SF17FL42

Location: University Union: Beck/Geren Rooms

Date(s): November 14, 2017

Session(s): 1

Day/Time: Tu from 11:00 AM to 12:30 PM

Instructor: James Box

Jim Box graduated from Harvard College with a BA degree in history and pre-med. He received an MD degree from Baylor College of Medicine and recently retired from the practice of Orthopedic Surgery in Fort Worth.

Napoleon to the Great War: Century of Peace (?)

Did the Congress of Vienna ensure peace in Europe, delay the inevitable or was it just a good party. The discussion will show the Europeans response to the 25 years of the French Revolution and Napoleon and how it might not have been what what was desired. How the stage was set for the 20th Century.

Code: SF17FL136

Location: University Union: Beck/Geren Rooms

Date(s): November 14, 2017

Session(s): 1

Day/Time: Tu from 1:00 PM to 2:30 PM

Instructor: Ken Bowers

Ken suffers from a variety of interests, flying, fly fishing, history, science, among others. Of special interest are the connections of the seemingly unconnected.

Cutting the Pay TV Cable

This lecture will cover the best way to stop paying for TV and returning to OTA (Over the Air) Free TV. All of the options are available to make the change easy. Thomas will discuss keeping many of the features your cable box provides and being able to find most of your favorite shows.

Code: SF17FL132

Location: University Union: Beck/Geren Rooms

Date(s): November 14, 2017

Session(s): 1

Day/Time: Tu from 3:00 PM to 4:30 PM

Instructor: Thomas Van Gunten

Thomas have spent the last 2 years changing over from cable to OTA. He has used both side by side for several months and invested in several different DVRs for making the change almost unnoticeable. Living in Weatherford, being more than 45 miles from the broadcast antennas, he has faced a series of problems and set backs as well as spring storms. He has lots of hands on experience to share.

Frank Lloyd Wright: The Life, Legacy, and Unique Design of a Genius

This lecture will include a historical summary of Frank Lloyd Wright's life and career with a closer look at a specific project, Taliesin West which was Wright's winter home and architectural studio in Arizona. Mr. Lickteig will also discuss his legacy in American architecture today.

Code: SF17FL86

Location: Secrest-Wible Building - Room 119

Date(s): November 16, 2017

Session(s): 1

Day/Time: Th from 11:00 AM to 12:30 PM

Instructor: Anthony Lickteig

Anthony Lickteig worked in his first career as an urban planner for more than twenty years with public agencies and private consultants. He has been working in a second career for the last 15 years in the non-profit sector, mainly museums. He was an art museum docent in Seattle for more than ten years, and he was employed by the Frank Lloyd Foundation in Arizona for 11 years primarily as a tour guide. Currently he is a docent at the Kimbell Art Museum.

What Do I Do With All This Stuff? A Guide to Downsizing, Appraisals and Estate Sales

Do you want to downsize? Do you need to have an estate sale? Do you need a personal property appraisal, and what type of appraisal should you get? A quick guide to all the information you need before you decide to have an estate sale or get an appraisal of your personal property.

Code: SF17FL127

Location: Secrest-Wible Building - Room 119

Date(s): November 16, 2017

Session(s): 1

Day/Time: Th from 1:00 PM to 2:30 PM

Instructor: Terri Ellis

Terri Ellis, ISA CAPP has been appraising personal property and has conducted over 150 estate sales during the last 25 years in the Fort Worth area. She is a Certified Appraiser of Personal Property, accredited by the International Society of Appraisers. Her company, Mistletoe Estate Sales, is well known for professionalism and expertise in this field. She has a BA from the University of Texas, and has been a member of the Board of Directors of ISA, the Foundation for Appraisal Education, and the North Texas chapter of ISA.

Organizing Your Genealogy Research Trip

Going on a genealogy research trip is something you will probably want to do at least once in search of your family history. Being prepared ahead of time will not only make your trip easier but will also increase your chances of success. Knowing where to go and what you expect to find is the adventure.

Code: SF17FL133

Location: Secrest-Wible Building - Room 119

Date(s): November 27, 2017

Session(s): 1

Day/Time: M from 9:00 AM to 10:30 AM

Instructor: Crystal Barth

Crystal is a retired government employee who took up the challenge of tracing her family genealogy after she retired, more than 20 years ago. Her ancestors hail mainly from England and Germany, with a little French added and have spread all over the USA. Her paternal line has been traced back to 1538 England. She is a member of several national, state, and county genealogical societies.

Close Up Photography 101

Close, Closer, Closest! Learn what you will need to do close up photography. Learn inexpensive ways to get started and what you may need if you decide to continue exploring this exciting pursuit. Getting close up is fun.

Code: SF17FL134

Location: Secrest-Wible Building - Room 119

Date(s): December 7, 2017

Session(s): 1

Day/Time: Th from 11:00 AM to 12:30 PM

Instructor: Michael Erwine

Michael Erwine has pursued photography as a hobby since 1970. Early on he discovered he enjoyed getting closer and closer to his subject matter. Michael is a member of the Fort Worth Camera club and has studied with many professional photographers including Doug Box, Randy Kerr, Laurie Klein, Michael Timmons, and Joel Grimes at the Texas School of Professional Photography. Michael has a Masters degree in Human Resources Administration and was a business area trainer for the Michigan Department of Transportation. Close up photography is a passion he wants to share.

Fall Luncheon Lectures

Luncheon Lecture: Jamie Dixon, TCU Men's Basketball Coach

The TCU Men's Basketball team has an extraordinary 2016-2017 season, culminating in winning the NIT Tournament. The success of the team is due in large part by the head coaching prowess of Jamie Dixon. Dixon, a 2007 TCU Hall of Fame Inductee, returned to his alma mater on March 22, 2016, after serving 13 seasons as head coach at the University of Pittsburgh. Dixon, who has earned four college basketball National Coach of the Year honors, including the 2009 Naismith Coach of the Year, previously served as an assistant at Pitt, Northern Arizona, Hawaii and UC Santa Barbara. He enters the 2017-18 season ranked No. 12 among winningest active Division I coaches with a winning percentage of .718. Come hear his story, his team and the outlook for the future.

Code: SF17FKL16

Location: University Union Ballroom

Date(s): September 13, 2017

Session(s): 1

Day/Time: W from 11:30 AM to 1:00 PM

Luncheon Lecture: The Amon Carter Museum's Wild Spaces, Open Seasons Fall Exhibit

Margaret C. Adler, Associate Curator of the Amon Carter Museum, will speak about the exhibit entitled "Wild Spaces, Open Seasons--Hunting and Fishing in American Art". The show focuses on how hunting and fishing activities were an integral part of American life and addressed American ambitions and priorities during the 1800's and early 1900's. This show opens October 7th and runs through January 7th.

Code: SF17FKL17

Location: Dee J. Kelly Alumni & Visitors Center

Date(s): October 13, 2017

Session(s): 1

Day/Time: F from 11:30 AM to 1:00 PM

Luncheon Lecture: Mayor Betsy Price

Betsy Price, a Fort Worth native, was elected in 2011 as the 44th mayor of the City of Fort Worth. In 2017, Price was re-elected for her fourth two-year term. As the 16th largest city in the U.S., Fort Worth remains one of the fastest growing large cities in the country. Along with her focus on promoting jobs, strengthening education, fighting crime and improving mobility, Price has made significant strides along the path toward her vision of a healthy, engaged and fiscally responsible city. Join us for a conversation with Mayor Price about her vision for our city.

Code: SF17FKL18

Location: University Union Ballroom

Date(s): November 30, 2017

Session(s): 1

Day/Time: Th from 11:30 AM to 1:00 PM