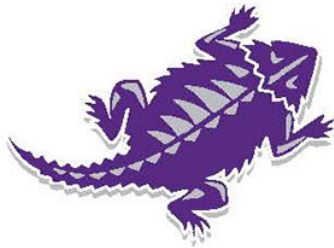


TCU
Silver Frogs



Course & Lecture Catalog
Fall 2018

TCU Silver Frogs

Course and Lecture Registration: Opens Tuesday, July 31 at 9am

Your membership allows you to register for up to:

- **3** four-week courses (courses beginning with the code SF18FC)
- **3** one-time lectures (lectures beginning with the code SF18FL)
- *Helpful Hint:* when looking at the courses & lectures online [Silver Frogs Courses and Lectures](#) , you can sort the listings by code or begin date just by clicking on “Code” or “Begins”
- *Have backup selections in mind in the event your top choices are taken—there are a lot of folks interested in the same programs and there is limited space!*
- **Please note that some courses and lectures run concurrently!! Check your schedule before double-booking yourself!**
- You cannot waitlist yourself for a lecture or course. We will open waitlist registration after July 31st.
- Luncheon Lecture Registration will take place approximately six weeks before the luncheons. This will help course and lecture registration go quicker!
- On a following page is a registration worksheet you can use to help select your top picks

Registration Options:

1. ONLINE: usually the fastest way! Keep in mind that high volume will slow the system—be patient!
 - a. www.lifelong.tcu.edu/silver-frogs
 - b. Click on Courses and Lectures
 - c. Select a course or lecture
 - d. Select Enroll Yourself or Enroll Someone Else (if enrolling your spouse or friend)
 - e. Enter your email address and password (click Forgot password if you don't remember it).
DO NOT CREATE A NEW ACCOUNT IF YOU HAVE DIFFICULTY—your membership is tied to your current account—contact TCU Extended Education (817-257-7132).
 - f. Click Add More Courses or Proceed to Checkout—there are no additional fees for courses and lectures!
2. PHONE: 817-257-7132: Do not leave a message—call back!
3. IN PERSON: TCU Extended Education, 3015 Merida Avenue, Fort Worth 76109

Registration is on a first-come/first served basis. If a class or lecture you want is full, select something else—you cannot waitlist yourself for courses or lectures. We encourage you to try a class or lecture topic you might not know much or anything about—you'll be surprised at what you learn! Only Silver Frog members can register for Silver Frog classes and lectures! If you cannot register beginning July 31st, you can have someone register for you—it would be best to do this via phone or in-person.

Lecture Locations:

We are expanding our locations! In addition to the Secrest Wible Classroom, we will hold most one-time lectures in the following places as well as other campus or off-site locations:

- TCU Brown Lupton University Union-Beck/Geren Rooms: 2901 Stadium Drive, Fort Worth 76109
 - The Union is located across the street from the Kelly Center. Enter through the left doors in the breezeway and elevators are straight ahead. Go the 3rd floor. Beck/Geren Rooms are on the right side.
 - Some classes and lectures run concurrently—check your schedule so you don't double-book yourself!
- Annie Richardson Bass Building Room 1004: 2800 W. Bowie Street

Silver Frogs Meet & Greet Coffee: Tuesday, August 28

Please join us on Tuesday, August 28 at 10:00am in the Brown Lupton University Union (BLUU) Ballroom for our Meet & Greet Coffee. You'll learn what all the committees do, sign up for committees, meet your fellow Silver Frogs, receive your course transcript and parking hangtag, have your TCU ID photo taken (if you are receiving an ID for discounts and library access), receive your name tag and go over program details and updates. If you can't make it, don't worry—we'll make sure you get all the information you need!



Fall 2018 Course & Lecture Registration Worksheet
****Please note that some courses & lectures run concurrently****

Name: _____

Four-Week Courses (code begins SF18FC...)

<u>Course Title</u>	<u>Course Code</u>
1.	
2.	
3.	

Alternate Courses (if top choices are full)

<u>Course Title</u>	<u>Course Code</u>
1.	
2.	

One-Time Lectures (code begins SF18FL...)

<u>Lecture Title</u>	<u>Lecture Code</u>
1.	
2.	
3.	

Alternate Lectures (if top choices are full)

<u>Lecture Title</u>	<u>Lecture Code</u>
1.	
2.	

Luncheon Lecture Registration will take place closer to the lecture time

Staff Use Only

Date _____ Time _____ Initials _____

TCU Silver Frogs
Fall 2018 Four-Week Courses-at-a-Glance

Course	Code	Instructor	Location	Session I		Session II		Session III	
				Sep 10 - Oct 5		Oct 15 - Nov 9		Nov 13 - Dec 14	
				Day	Time	Day	Time	Day	Time
'60s Rock & Roll: When Music Was Hummable & Lyrics Mattered	SF18FC103	Richard Selcer	SW 119	M	9am				
Close Up Photography the Basics and Beyond	SF18FC159	Michael Erwine	SW 119	M	11am				
The Genius of America: The Separation of Church and State--And What it Means	SF18FC03	Ronald Flowers	SW 119	M	1pm				
Practical T'ai Chi	SF18FC149	Dennis Beck	SW 119	M	3pm				
German Language, Culture & Bon Mots	SF18FC160	Helga Gerlinger	SW 119	Tu	9am				
Mythology and Spirituality	SF18FC139	Joseph Tarride	SW 119	Tu	11am				
Survival: Land and Water	SF18FC152	Bill Taylor	SW 119	Tu	1pm				
In Science Fiction We Dream - Faith and Ethics in Science Fiction	SF18FC183	David Grebel	SW 119	Tu	3pm				
Yeats and Heaney: Two Stellar Irish Poets	SF18FC161	Judy Soriano	SW 119	W	9am				
Staying Active Staying Ageless-Core Strength Training	SF18FC162	Patricia Lowery	SW 119	W	11am				
Be Well: Nutrition, Wellness & Yoga for Everyday Living--Women Only	SF18FC163	Kathy Fletcher	SW 119	W	1pm				
The Cullen Davis Murder Case & its Aftermath	SF18FC138	Joe Shannon	SW 119	W	3pm				
The Oil Industry: From Prospect to Pipeline	SF18FC164	Tom Roberts	SW 119	Th	9am				
America's Prison Crisis	SF18FC165	Katherine Polzer	SW 119	Th	11am				
Investing Foundations: Investing in Plain English	SF18FC157	Angela Tacco	SW 119	Th	3pm				
It's Never too Late to Begin Again - Discovering Creativity and Meaning at Midlife & Beyond	SF18FC181	Cathryn Sunkel	SW 119	F	9am				
Art History 101: Art to See in Your Lifetime	SF18FC158	Lisa Smith	BASS 1004	F	3pm				
Ageless Beauty Endless Spirit	SF18FC166	Karen Kaigler-Walker	SW 119	F	3pm				
Country Music Jesus	SF18FC63	Darren Middleton	SW 119			M	9am		
A Year to Live	SF18FC167	Sarina Harz	SW 119			M	1pm		
So You Want to Be a Critical Thinker?	SF18FC131	Richard Selcer	SW 119			Tu	9am		
Bucket List Books	SF18FC08	Shari Barnes	SW 119			Tu	11am		
"To Be Perfectly Clear": An Introduction to the History and "Theology" of Scientology	SF18FC132	Ronald Flowers	SW 119			Tu	3pm		
BeLovEd- Mastering Your Experience with Heart	SF18FC170	Amy Fitzgerald	SW 119			W	9am		

TCU Silver Frogs
Fall 2018 Four-Week Courses-at-a-Glance

Course	Code	Instructor	Location	Session I		Session II		Session III	
				Sep 10 - Oct 5		Oct 15 - Nov 9		Nov 13 - Dec 14	
				Day	Time	Day	Time	Day	Time
Safety First: Tax Efficient Wealthcare for Life and Family Strategies	SF18FC171	Arthur Griffin	SW 119			W	11am		
Jerusalem: One City, Three Faiths	SF18FC102	Jane Pawgan	SW 119			W	1pm		
Genealogy – From Getting Started to Finding Kings Among Your Ancestors	SF18FC116	Thomas Morton	SW 119			W	3pm		
Wildlife Conservation	SF18FC143	Bill Taylor	SW 119			Th	9am		
The Bible - Fact or Fiction?	SF18FC130	Roger Norman	SW 119			Th	11am		
Retirement 101----You Don't Know What You Don't Know!	SF18FC44	Angela Tacco	SW 119			Th	3pm		
Four Science Fiction Classics and the Stories They are Based On	SF18FC174	Dan Calvin	SW 119			F	1pm		
Beginning Mah Jongg (American)	SF18FC175	Carol Taylor	SW 119			F	3pm		
PowerPoint for Beginners	SF18FC118	Boglarka Huddleston	SW 119					M	9am
Beginning Genealogy	SF18FC58	Crystal Barth	SW 119					M	11am
Religion In The News	SF18FC176	J CY Rowell	SW 119					M	1pm
Evolution vs. Creation	SF18FC177	Roger Bevan & Roger Norman	SW 119					M	3pm
How We Decide: Evaluate Facts & Make Choices	SF18FC128	David Coke & Larry Klos	SW 119					Tu	9am
How Media Changed Everything	SF18FC134	Larry Lauer	SW 119					Tu	11am
Astronomy 101	SF18FC68	Randy Smith	SW 119					Tu	1pm
Conscious Aging	SF18FC180	Katherine Godby	SW 119					Tu	3pm
Introduction to Cruise Vacations	SF18FC151	Lewis Woodard	SW 119					W	9am
Self Defense for Seniors	SF18FC99	Richard Wolf	SW 119					W	11am
Spanish Beginners 3	SF18FC178	Virginia Dias	SW 119					W	1pm
Liverpool Rummy	SF18FC179	Virginia Dias	SW 119					W	3pm
Mary Baker Eddy: The History and Theology of Christian Science	SF18FC182	Ronald Flowers	SW 119					Th	3pm
Yoga for Seniors Living with Osteoporosis	SF18FC168	Stephanie Mamantov	SW 119					F	9am
The Bill of Rights and What It Means Today	SF18FC21	Donald Jackson	SW 119					F	1pm
Location Info									
SW 119: Secrest Wible Building, Room 119									
Bass 1004: Annie Richardson Bass Building, Room 1004									

TCU Silver Frogs
Fall 2018 One-Time Lectures-at-a-Glance

				Session I			Session II			Session III		
				Sept 10 - Oct 5			Oct 12 - Nov 9			Nov 13 - Dec 14		
Lecture	Code	Instructor	Location	Date	Day	Time	Date	Day	Time	Date	Day	Time
TCU Athletics Through Five Decades	SF18FL176	Richard Sybesma	BLUU BG	9/10	M	9am						
Frank Lloyd Wright: The Life and Legacy of America's Greatest Architect	SF18FL86	Anthony Lickteig	BLUU BG	9/10	M	11am						
Margaret Mitchell's Gone With the Wind Revisited: The True Story of the Civil War in Georgia	SF18FL177	Anne Bailey	BLUU BG	9/10	M	1pm						
Treasures of TCU: Rare Books of the Mary Couets Burnett Library	SF18FL178	Julie Christenson	LIBRARY	9/10	M	3pm						
2017 and Beyond - Changes in U.S. Priorities for Admission and/or Deportation of Immigrants	SF18FL206	Jackee Cox	BASS 1004	9/14	F	1pm						
An Introduction to the History and Procedures of the United States Supreme Court	SF18FL60	Ronald Flowers	BLUU BG	9/18	Tu	9am						
William Marshal: Possibly the Greatest Knight in History	SF18FL179	Mike Strange	BLUU BG	9/18	Tu	11am						
Plant Combinations	SF18FL180	Steve Huddleston	BLUU BG	9/18	Tu	1pm						
Vote Smart	SF18FL199	Lewis Woodard	BLUU BG	9/18	Tu	3pm						
Augustinian Motifs in Popular Music	SF18FL207	Darren Middleton	BASS 1004	9/21	F	1:30pm						
Discover the Nuances of Color	SF18FL169	Elaine Stoltz	BLUU BG	9/25	Tu	9am						
Understanding Mindfulness and Contemplative Studies	SF18FL182	Andrew Fort	BLUU BG	9/25	Tu	11am						
Living Abroad in Switzerland	SF18FL152	Patricia Geran	BLUU BG	9/25	Tu	1pm						
The Dinosaurs of Texas	SF18FL111	Art Busbey	BASS 1004	9/28	F	1pm						
Mindset Matters	SF18FL181	Cyndee Hopkins	BLUU BG	10/4	Th	9am						
Venomous Animals of North Texas	SF18FL183	Bill Taylor	BLUU BG	10/4	Th	1pm						
Erich Maria Remarque in Person	SF18FL184	George Frein	BLUU BG	10/4	Th	3pm						
NaNoWriMo: Write a Novel in November	SF18FL208	Dick Johnston	BASS 1004	10/5	F	1pm						
Bitcoin, Cryptocurrency, and Blockchain: A Very Brief Introduction	SF18FL185	Robert Frey	BLUU BG				10/15	M	9am			
Fall-Proof Your Home	SF18FL186	Jerome Davis	BLUU BG				10/15	M	11am			
Appeal Power of Women of the Bible	SF18FL157	Roger M. Norman	BLUU BG				10/15	M	1pm			
How to Get the Most Effective Use of Your Cell Phone	SF18FL187	Joe Greenslade	BLUU BG				10/15	M	3pm			
Medicare 101	SF18FL146	Sherri Parris & Ron Smith	BASS 1004				10/19	F	1pm			
Don't Just Do Something, Stand There!	SF18FL119	Dennis Beck	BASS 1004				10/19	F	3pm			
Organizing Your Genealogy Research Trip	SF18FL133	Crystal Barth	BLUU BG				10/23	Tu	9am			

TCU Silver Frogs
Fall 2018 One-Time Lectures-at-a-Glance

Lecture	Code	Instructor	Location	Session I			Session II			Session III		
				Sept 10 - Oct 5			Oct 12 - Nov 9			Nov 13 - Dec 14		
				Date	Day	Time	Date	Day	Time	Date	Day	Time
How the Other Half Lived: Women in the Civil War	SF18FL188	Anne Bailey	BLUU BG				10/23	Tu	11am			
Outstanding Plants for North Central Texas	SF18FL115	Steve Huddleston	BLUU BG				10/23	Tu	1pm			
A History of Bluegrass	SF18FL189	Jim Stripling	BLUU BG				10/23	Tu	3pm			
The American Revolution: Military Strategy, Tactics & Technology	SF18FL44	Ken Bowers	BASS 1004				10/26	F	1pm			
Fun with Math!	SF18FL165	Thomas Morton	BASS 1004				10/26	F	3pm			
An Introduction to Proton Radiation for Oncology	SF18FL190	Gary Barlow	BLUU BG				10/31	W	11am			
Fort Worth Area Rocks and Fossils	SF18FL135	Janet Busbey Nilsson	BLUU BG				10/31	W	1pm			
Maintenance of Adequate Bone Mass as We Age	SF18FL202	Adrian LeBlanc	BASS 1004				11/2	F	1pm			
Understanding the Heart and Blood Vessels	SF18FL203	Stephanie Wallace	BASS 1004				11/2	F	3pm			
Hermeneutics	SF18FL191	William Tolar	BLUU BG				11/5	M	9am			
U.S. Supreme Court Cases to Watch - 2018-2019 Term	SF18FL192	Gregg Lehman	BLUU BG				11/5	M	11am			
African American Artists from 1800 to Now	SF18FL193	Lillian Young	BLUU BG				11/5	M	1pm			
Contemporary Art & Aging	SF18FL209	SarahJayne Parsons	Off-Site				11/5	M	3pm			
Texas. Mexico. And the Border on the Eve of World War I	SF18FL204	Kent Knudson	BASS 1004				11/9	F	1pm			
The Forgotten Nine	SF18FL205	Jack Davis	BASS 1004				11/9	F	3pm			
Everything You Want to Know About Road Scholar But Are Afraid to Ask	SF18FL126	Janelle Coyle	BLUU BG							11/12	M	9am
Dying With Dignity: The Facts About Hospice Care	SF18FL155	Jim Parr	BLUU BG							11/12	M	11am
Had a Good Time: The Social and Historic Importance of Postcards	SF18FL114	Dan Smith	BLUU BG							11/12	M	1pm
The Bankhead Highway in Texas	SF18FL12	Dan Smith	BLUU BG							11/12	M	3pm
Timber Frame Building - No Nails. No Bolts. No Problem	SF18FL194	Randy Smith	BLUU BG							11/27	Tu	9am
The Thunderstorm Project of 1945	SF18FL65	Dan Smith	BLUU BG							11/27	Tu	1pm
Righteous Gentiles During the Holocaust	SF18FL195	Klaus Dressen	BLUU BG							11/27	Tu	3pm
Sex and Money: What's the Problem Honey?	SF18FL196	Brad Nowlin	BLUU BG							12/5	W	9am
The Galileo Project: Mission to Jupiter and Its Worlds	SF18FL197	Eilene Theilig	BLUU BG							12/5	W	11am
Sculpture, Paintings and Architecture by Michelangelo	SF18FL198	Jackee Cox	BLUU BG							12/5	W	1pm

**TCU Silver Frogs
Fall 2018 Luncheon Lectures**

Luncheon Lecture	Speaker	Date	Time	Location
Fort Worth South	Mr. Mike Brennan	9/21/18	11:30am - 1pm	BLUU Ballroom
		10/12/18	11:30am - 1pm	BLUU Ballroom
		11/16/18	11:30am - 1pm	BLUU Ballroom

TCU
SilverFrogs



Four-Week Courses

Four-Week Courses

Session I: September 10 – October 5

Please note that some lectures and courses run concurrently!

'60s Rock & Roll: When Music Was Hummable & Lyrics Mattered

This course covers roughly the years 1960-1970 when Top 40 ruled the airwaves, focusing on the different types of music from folk to pop to psychedelic to the British Invasion. We will put the music of the baby-boomer generation into the context of the "Angry Decade." We will listen to a lot of wonderful music and analyze some lyrics because that's what we did in the '60s! If you've taken this course before, sign up again; there's lots more music to be played and different artists to discuss.

September 10 - October 1, 2018 Code: SF18FC103

M from 9:00 AM to 10:30 AM

Location: Secrest-Wible Building - Room 119: 3015 Merida Ave

Instructor: Richard Selcer

Dr. Richard Selcer is a Fort Worth author and historian who has taught for 46 years, published 10 books and dozens of articles. He has taught at colleges and universities in both the US and Europe. He is an Austin College (BA and MA) and TCU (PhD) graduate.

Close Up Photography: the Basics and Beyond

Close, Closer, Closest! Learn what you will need to do for close up photography. Learn inexpensive ways to get started and what you may need if you decide to continue exploring this exciting pursuit. Getting close up is fun.

September 10 - October 1, 2018 Code: SF18FC159

M from 11:00 AM to 12:30 PM

Location: Secrest-Wible Building - Room 119: 3015 Merida Ave

Instructor: Michael Erwine

Michael Erwine has pursued photography as a hobby since 1970. Early on he discovered he enjoyed getting closer and closer to his subject matter. Michael is a member of the Fort Worth Camera club and has studied with many professional photographers including Doug Box, Randy Kerr, Laurie Klein, Michael Timmons, and Joel Grimes at the Texas School of Professional Photography. Michael has a Masters degree in Human Resources Administration and was a business area trainer for the Michigan Department of Transportation. Close up photography is a passion he wants to share.

The Genius of America: The Separation of Church and State--And What it Means

The course will examine what the US Constitution says about the relation of religion and government. Some attention will be given to US Supreme Court procedure. Considerable attention will be devoted to the Court's church-state

opinions interpreting the Establishment Clause and Free Exercise Clauses of the First Amendment, with focus on the more controversial church-state issues of recent times. Q & A will be integral to the classes.

September 10 - October 1, 2018 Code: SF18FC03

M from 1:00 PM to 2:30 PM

Location: Secrest-Wible Building - Room 119: 3015 Merida Ave

Instructor: Ronald Flowers

Dr. Ronald B. Flowers is John F. Weatherly Emeritus Professor of Religion at Texas Christian University. He taught at TCU for 37 years and was chair of the Religion Department for nine years. He is the author or co-author of ten books and 56 articles in scholarly publications, 96% of which were on church-state relations in the United States. He is a member of the Editorial Council of the Journal of Church and State. He still teaches his church-state course at TCU.

Practical T'ai Chi

T'ai Chi is a centuries-old Chinese system of physical exercise and mental conditioning that elevates body and spirit. It is characterized by slow, relaxed movements, and is unlike any other exercise system in either Asia or the West. One of our goals is to learn to do movements with diminishing physical effort. We'll learn a short form from the Sun style of T'ai Chi. The harmony-bringing effects lead to a unique composure that naturally allows us to better handle the trials of daily life. Wear comfortable clothes.

September 10 - October 1, 2018 Code: SF18FC149

M from 3:00 PM to 4:30 PM

Location: Secrest-Wible Building - Room 119: 3015 Merida Ave

Instructor: Dennis Beck

Dennis Beck has taught Tai Chi for TCU for at least the last 20 years, He also has helped others to explore relaxation and related arts at Trinity Terrace and The Vantage at Cityview. He knows these ideas work because he feels it himself when he's teaching, doing tai chi, or dancing the boogie woogie.

German Language, Culture & Bon Motts

This class is intended for those participants who wish to brush-up on the language (limited time) and are interested in reading a German poem - i.e., Der Ring des Polycrates by Friedrich Schiller, Bon Motts and time permitting, German Spas.

September 11 - October 2, 2018 Code: SF18FC160

Tu from 9:00 AM to 10:30 PM

Location: Secrest-Wible Building - Room 119: 3015 Merida Ave

Instructor: Helga Gerlinger

Helga Gerlinger was born in Mannheim, Germany and educated in Mannheim and Heidelberg. She attended the Academy of English in Oxford, Germany and received a translator's degree. Helga came to Texas in 1963. She retired in 1996 after 31 years of service with Bell Helicopter Textron as their in-house translator for the German language. Since

retirement, Helga has been the German language teacher in the Tarrant County College "Senior Education Program." During the summers, she teaches German for TCCs "College for Kids Program".

Mythology and Spirituality

This course will include a discussion of mythology and spirituality and how they relate to each other and to Carl G. Jung's conception of the mind and the archetypes of the collective unconscious. A description of the myths and rituals of Paleolithic and Neolithic humans and the shaman will also be included. Finally, there will follow a discussion of how mystical traditions and modern science are similar.

September 11 - October 2, 2018 Code: SF18FC139

Tu from 11:00 AM to 12:30 PM

Location: Secrest-Wible Building - Room 119: 3015 Merida Ave

Instructor: Joseph Tarride

Joe Tarride is a retired pathologist, with interests in science and philosophy. He is especially interested in astronomy, quantum physics and neuroscience, as well as the relationship of mythology and science to spirituality.

Survival: Land and Water

This course evaluates the actions of a sole survivor of an aircraft that ditched in the South Pacific Ocean. Three aspects of survival are presented: 1) the psychology of survival and the will to live, 2) what can be used in an austere environment which lacks survival equipment, and 3) learning from the environment what you can use and how to obtain food, water, and shelter.

September 11 - October 2, 2018 Code: SF18FC152

Tu from 1:00 PM to 2:30 PM

Location: Secrest-Wible Building - Room 119: 3015 Merida Ave

Instructor: Bill Taylor

Bill Taylor had a 30-year active duty career in the U.S. Air Force and taught high school ROTC for 12 years. He has BS and MS degrees in Biology and Chemistry and has taken additional graduate level coursework in plant and animal ecology. He is an amateur herpetologist, ecologist, and wildlife conservationist and is a docent at the Fort Worth Nature Center and Refuge.

In Science Fiction We Dream - Faith and Ethics in Science Fiction

Science fiction and fantasy have traditionally provided new ways of looking at the world and our place in it. Consequently writers in the field have addressed critical issues of religion and faith, sometimes directly, and sometimes obliquely which invite us to examine these issues in a new way. Through three novels and two short stories this class will examine four important questions that religions face. Session 1: What is Our Place in the Cosmos? The Sparrow - Mary Doria Russell; Session 2: How Should We Live? The Ones Who Walk Away (provided) From Omelas - Ursula K. LeGuin and The Space Traders - Derek Bell (provided); Session 3: Is it the "Faith Once Delivered" or Does Faith Grow? Parable of the Sower - Octavia Butler; Session 4: What is the End? Childhoods End - Arthur C. Clark

September 11 - October 2, 2018

Code: SF18FC183

Tu from 3:00 PM to 4:30 PM

Location: Secrest-Wible Building - Room 119: 3015 Merida Ave

Instructor: David Grebel

David Grebel serves as the Director of Extended Education at TCU. He has also been president of the Association for Continuing Higher Education. Active in the Fort Worth community he has served in a variety of board and volunteer roles. Grebel is a consultant with the Alliance of Baptist's Congregational Compassion and Human Difference Initiative and since 2012 has been the minister at Broadway Baptist Church's Agape Meal for the homeless. He is currently a doctoral student at Brite Divinity School researching the intersection of adult education with social justice ministries in local congregations.

Yeats and Heaney: Two Stellar Irish Poets

William Butler Yeats and Seamus Heaney speak with an Irish lilt in their rich, complex poetry. Let us listen to their lyrics and delve into their wisdom together.

September 12 - October 3, 2018

Code: SF18FC161

W from 9:00 AM to 10:30 AM

Location: Secrest-Wible Building - Room 119: 3015 Merida Ave

Instructor: Judy Soriano

Judy Soriano, a retired English teacher and English coordinator of the TCU Advanced Placement Summer Institute, loves reading and then musing over poems with others who understand and value the power of the word.

Staying Active Staying Ageless-Core Strength Training

Having core strength is an essential part of overall health. Every movement made is generated from your core which means if your core is weakened, other muscles need to work harder to pick up the slack, and this is the key contributor to injuries in seniors. Participants need to be able to get up and down from the floor, wear comfortable workout clothes, bring 2 beach towels, and commit to doing these exercise one to two times a day for all four weeks. Exercises will start at beginner level and will progress by individual achievement. During rest time discussion on organizing doctor visits, how to get the most from these visits, Medicare, nutrition, hydration, sleep, etc.

September 12 - October 3, 2018

Code: SF18FC162

W from 11:00 AM to 12:30 PM

Location: Secrest-Wible Building - Room 119: 3015 Merida Ave

Instructor: Patricia Lowery

Patricia Lowery: As a degreed professional in Exercise Science I created and developed an international company that trained fitness professionals and published support materials. With the belief that everyone wants to look good, feel good, have energy, and be productive and the wisdom that this needs to be fun, my career span of 36 years ended with

the sale of the company in 2003. Stem Cell replacement last December brought with it intense core strength training which I was delighted to learn. I believe that it improves the quality of life.

Be Well: Nutrition, Wellness & Yoga for Everyday Living--Women Only

Learn to eat in harmony with your natural body's genetic programming, to use foods as medicine, rather than reliance upon prescription drugs; while combining a healthy nutritional plan with a yoga program that will reduce stress and promote wellness. It is confusing to know what to eat in order to be healthy and balanced. We are constantly bombarded by conflicting messages, only to end up in worse shape than we started. During the first portion of each class, various nutritional theories and tips will be presented in a down to earth format. The student will learn how certain foods cause reactions in our bodies, why one was once able to eat certain favorite foods for years but now is reactionary to them, how stress and lack of sleep affect weight and wellness, how to grocery shop with purpose, and how to make simple meals that are both nutritious and delicious. Each session will end with a yoga sequence, focusing on restorative and healing poses that the student may incorporate into her own personal wellness practice.

September 12 - October 3, 2018 Code: SF18FC163

W from 1:00 PM to 2:30 PM

Location: Secrest-Wible Building - Room 119: 3015 Merida Ave

Instructor: Kathy Fletcher

Kathy Fletcher: In searching for answers to my own health challenges, I explored a multitude of diets, work outs and even fads promising quick and sure remedies. I found myself in poorer shape than I started. That was 15 years ago. Fast forward to the present. I became a certified health, wellness, and yoga coach, with myself as my first client. I became fascinated with food as nourishment, and also as medicine to help bodies heal and restore to a state of wellness. And, during this quest for optimal health and wellness, I learned that healing and optimal health considers the whole person. It is all interconnected: body, mind, spirit and emotions. As I lost 30 pounds, went off of all of my asthma and allergy medications, regulated my hormones, and gained a sense of clarity and balance, I wanted to share what I have learned and continue to learn, with other women.

The Cullen Davis Murder Case & its Aftermath

This course will review and discuss the background, investigation, homicide, and aftermath of the 1976 murder of two people at the Cullen Davis mansion in west Fort Worth. We will examine the facts as well as the characters involved in the trial, its extensive press coverage, the crime and what followed. Facts that were never published will also be discussed. Davis was acquitted after a five-month trial, but students may draw their own conclusions as to his guilt or innocence. Fort Worth had its own "OJ" before there was "OJ".

September 12 - October 3, 2018 Code: SF18FC138

W from 3:00 PM to 4:30 PM

Location: Secrest-Wible Building - Room 119: 3015 Merida Ave

Instructor: Joe Shannon

Joe Shannon received BA and Law degrees from University of Texas. He has been a licensed attorney for over 53 years and was chief prosecutor in the Davis murder case. He was District Attorney of Tarrant County from 2009-2014 and was former Chief of the Criminal Division of Tarrant County DA's office, and former Chief of the Economic Crimes Unit. Mr.

Shannon served as a member of the Texas House of Representatives from 1964-1971 and was administrative assistant to the Texas House Speaker in 1971.

The Oil Industry: From Prospect to Pipeline

In this class we will discuss the history of the oil business in Texas, then go into how, why, and where a well is drilled, completed and produced. We will cover geology, prospect generation, leasing, drilling, and producing a well from both the mineral owner's and operator's perspective.

September 13 - October 4, 2018 Code: SF18FC164

Th from 9:00 AM to 10:30 AM

Location: Secrest-Wible Building - Room 119: 3015 Merida Ave

Instructor: Tom Roberts

Tom Roberts has 29 years experience as a Petroleum Landman (19 years in-house management and 10 years in the field running title and negotiating leases, agreements and contracts). He is a member of the American Association of Professional Landman, and is the past director of the Fort Worth Landman Association. He received his B.A. from the University of Texas, Austin.

America's Prison Crisis

This class will look at America's mass incarceration issue combined with the effects of the War on Drugs. We will explore the high rates of imprisonment, changes in sentencing policy, lack of success after imprisonment, and look at why America is called "Incarceration Nation".

September 13 - October 4, 2018 Code: SF18FC165

Th from 11:00 AM to 12:30 PM

Location: Secrest-Wible Building - Room 119: 3015 Merida Ave

Instructor: Katherine Polzer

Dr. Katherine Polzer is an associate professor in the criminal justice department at TCU. Her work focuses on wrongful convictions, sentencing and drug policies, and issues surrounding the imposition and application of the death penalty.

Investing Foundations: Investing in Plain English

Your best investment is knowledge! Understanding how investments work and what your investments are, helps you maintain financial control. But who wants to attend a dull, monotone hour of four syllable words and run-on descriptions of Wall Street mumbo-jumbo!? No one!! Financial presentations should be engaging. Learn the basics of investing in a fun, easily understandable class presented by experienced Financial Advisor Angela Tacco. Come expand your mind, learn clear definitions to financial jargon, and get real life answers to your financial questions. This class should precede the Retirement 101 class but not required.

September 13 - October 4, 2018 Code: SF18FC157

Th from 3:00 PM to 4:30 PM

Location: Secrest-Wible Building - Room 119: 3015 Merida Ave

Instructor: Angela Tacco

Angela Tacco: Following graduation from the University of Notre Dame, Angela began her career with a national logistics company. In 1997 she ventured out to start her own logistics company and offered expanded services. In 2006 she sold the company and semi-retired, but later re-entered the workforce as a financial advisor. Angela had always loved investing and this new industry keeps her growing and learning and teaching others about it.

It's Never too Late to Begin Again - Discovering Creativity and Meaning at Midlife & Beyond

Do you have the courage to be a beginner? Do you have the courage to release your passion, commitment and most of all, your creativity to unlock dreams, revisit the past, and explore the unknown. We are all creative and that is what makes us unique in this world. Come be a beginner with me as we discovery how awaking your creativity can bring new meaning and depth. Through this four-week course, you will learn simple tools that will guide and inspire you to make the most of this time in your life. It's never too late to begin!

September 14 - October 5, 2018 Code: SF18FC181

F from 9:00 AM to 10:30 AM

Location: Secrest-Wible Building - Room 119: 3015 Merida Ave

Instructor: Cathryn Sunkel

Cathryn Sunkel is a graduate of TCU and spent 15 years as a medical technologist followed by 20 years in public education and administration. For the last 10 years, she has taught creativity to people from all walks of life through Julian Cameron's THE ARTIST WAY. A certified mediator, educator, abstract artist, poet, traveler, ukulele beginner, and

struggling Italian speaker, Cathryn and her husband recently moved back into Fort Worth to be closer to her daughter and family.

Art History 101: Art to See in Your Lifetime

Art to See in Your Lifetime will provide an overview of art periods across time, highlighting pivotal works of art that every art-lover should know. This course will also highlight works that are not traditionally considered masterpieces but are nonetheless important works of art because of their cultural relevance, innovation, or sheer aesthetic beauty. We will view a collection of art works, from pre-historic times to the present day, that need to be seen up-close and in person. Each session will be arranged around the art works located in a particular location, such as Texas, the U.S., Europe, etc.

September 14 - October 5, 2018 Code: SF18FC158

F from 3:00 PM to 4:30 PM

Location: Bass Building - Room 1004: 2800 W. Bowie Street

Instructor: Lisa Smith

Lisa Smith has a bachelor's degree in art history from Miami University, a master's degree in art education and a master's degree in art history, both from The Ohio State University. She has lived and worked in New York City, where she began her graduate art history studies while working for Galerie Lelong, and in Tulsa, Oklahoma, where she worked in public programming for the Philbrook Museum of Art. Ms. Smith now works in University Advancement for TCU.

Ageless Beauty Endless Spirit

The course is for women who want to look their best, find personal meaning, and live life to the fullest. Based on the work of psychologist Carl Jung we will dissect how women shift in mind, body, and spirit as they age. Through class discussions and individual/group work, we will explore how to become even more creative, beautiful and spiritual.

September 14 - October 5, 2018 Code: SF18FC166

F from 3:00 PM to 4:30 PM

Location: Secrest-Wible Building - Room 119: 3015 Merida Ave

Instructor: Karen Kaigler-Walker

Karen Kaigler-Walker, Ph.D. is a blogger, writer, speaker, Professor of Marketing and Psychology (Emerita) at Woodbury University (Los Angeles), and former adjunct professor at Fuller Seminary (Pasadena CA). She is an expert on the psychology of women's appearance and women's spirituality. Karen has made numerous TV and radio appearances and many public speaking appearances worldwide. She is the author of "Positive Aging: Every Woman's Quest for Wisdom and Beauty," an early look at aging Baby Boom women. She is retired, lives in Fort Worth and writes a blog:

<http://agelessbeautyendlessspirit.com>

Four-Week Courses

Session II: October 15 – November 9

Please note that some lectures and courses run concurrently!

Country Music Jesus

This playful experiment in "sonic theology" probes and evaluates the claims made about Jesus of Nazareth in contemporary country music. Silver Frogs will discuss as well as listen to artists such as Clay Walker, Kate Campbell, Thomas Rhett, Brandy Clark, and many more. We will take different songs separately, place them in historical as well as theological context, and then pose questions: What images are used in the song? What symbols would you, the listener, want to affirm? What tropes would you want to reject? What do you learn about Jesus from this song? What kind of message does the song convey about God's relationship to women and men, about the state of humanity, and about the church?

October 15 - November 5, 2018 Code: SF18FC63

M from 9:00 AM to 10:30 AM

Location: Secrest-Wible Building - Room 119: 3015 Merida Ave

Instructor: Darren Middleton

Darren J. N. Middleton is Honors Faculty Fellow and Professor of Religion at TCU. He was educated at the Universities of Manchester, Oxford, and Glasgow before teaching in Memphis, and in Fort Worth where he has been since 1998. He has published ten books and a range of articles on religion, theology, and the arts. He is currently researching material for a planned monograph, "For All The Saints: Encountering Our Christian Forebears Through Fiction." In addition, he is working with Dr. Elizabeth H. Flowers on an edited anthology of essays devoted to the history of the Evangelical novel.

A Year to Live

This class will be focused on how to live in the present, how to prepare for a good death, and will include an assignment writing one's own obituary as a contemplative practice. This class is a condensed version of a year long program I've outlined around the power of living now and building the mythology of our own life. We will learn about our Big Myth and Little Myths in our lives, as well as some processes for letting go, releasing, and preparing for a good death. Many of the practices and activities will be based on Buddhism and Toltec practices around living and dying.

October 15 - November 5, 2018 Code: SF18FC167

M from 1:00 PM to 2:30 PM

Location: Secrest-Wible Building - Room 119: 3015 Merida Ave

Instructor: Sarina Harz

Sarina Harz is a Licensed Master Social Worker and Adjunct Professor of Social Work at TCU. She is part of the Eagle Knight Toltec lineage, which includes don Miguel Ruiz, author of The Four Agreements, and the whole Ruiz family. Sarina was raised in a Christian and Buddhist household and has spent her entire life studying spirituality and religion, especially in relation to living and dying. She has spent the last three years working with grief, death, and dying. She

spends her summers in Teotihuacan, Mexico walking women through an initiatory spiritual death process so they can find freedom.

So You Want to Be a Critical Thinker?

This course is an introduction to the basic elements of critical thinking and will include discussion of inductive vs. deductive reasoning, the most common logical fallacies, and how to construct a winning argument for the non-specialist. The course will enable you to recognize false advertising claims, deconstruct political speak, and push past emotional responses to life's crises.

October 16 - November 6, 2018 Code: SF18FC131

Tu from 9:00 AM to 10:30 AM

Location: Secrest-Wible Building - Room 119: 3015 Merida Ave

Instructor: Richard Selcer

Dr. Richard Selcer is a Fort Worth author and historian who has taught for 46 years, published 10 books and dozens of articles. He has taught at colleges and universities in both the US and Europe. He is an Austin College (BA and MA) and TCU (PhD) graduate.

Bucket List Books

Ready for a literary challenge? Voted for inclusion by the Spring Bucket List Books class, these books have been banned/challenged because someone thought you shouldn't read them. So bring your rebellious side to discuss the following: HEART OF DARKNESS (banned for offensive descriptions, the "n" word, and political elements) by Joseph Conrad; THEIR EYES WERE WATCHING GOD (banned for language and sexual explicitness) by Zora Neale Hurston; LOLITA (banned for relationship of middle-aged man with 12-year-old girl) by Vladimir Nabokov; and THE WIND IN THE WILLOWS (banned for careless, irresponsible behavior) by Kenneth Grahame.

October 16 - November 6, 2018 Code: SF18FC08

Tu from 11:00 AM to 12:30 PM

Location: Secrest-Wible Building - Room 119: 3015 Merida Ave

Instructor: Shari Barnes

Shari Barnes retired from TCU as a Human Resources Administrator but continues to teach adult book classes. A writer, consultant, interviewer, mediator, instructor, and community activist, she serves on boards of directors for several Fort Worth organizations. An avid reader, Shari enjoys book discussion groups and loves leading adults in the exploration of different literature genres.

"To Be Perfectly Clear": An Introduction to the History and "Theology" of Scientology

My one-sentence description of Scientology is that "It is pseudo-Freudianism with Hindu overtones." This course will sketch out the history of the origin and development of Scientology in order to elucidate that description. This will necessarily require a description of its founder, Lafayette Ronald Hubbard (known to Scientologists and historians alike as "L. Ron"). We will describe the belief system of Scientology and understand the goals of its faith and practice.

October 16 - November 6, 2018 Code: SF18FC132

Tu from 3:00 PM to 4:30 PM; no class 10/30, meet 11/2 @ 9am

Location: Secrest-Wible Building - Room 119: 3015 Merida Ave

Instructor: Ronald Flowers

Dr. Ronald B. Flowers is John F. Weatherly Emeritus Professor of Religion at Texas Christian University. He taught at TCU for 37 years and was chair of the Religion Department for nine years. He is the author or co-author of ten books and 56 articles in scholarly publications, 96% of which were on church-state relations in the United States. He is a member of the Editorial Council of the Journal of Church and State. He still teaches his church-state course at TCU.

BeLovEd- Mastering Your Experience with Heart

This course is about leading with your heart and intuitive center. Using metaphysical tools to clear your path, to identify your natural strengths and the souls purpose. Widening a hole into the limitless possibilities of expansion in all areas of life. Its is about spiritual empowerment and becoming the master of YOUR ship and your soul. Releasing fear and control and inviting LOVE to lead the way to unity. It's about expansion body, mind, and spirit.

October 17 - November 7, 2018 Code: SF18FC170

W from 9:00 AM to 10:30 AM

Location: Secrest-Wible Building - Room 119: 3015 Merida Ave

Instructor: Amy Fitzgerald

Amy Fitzgerald: I am a seeker of the highest truth, deeply curious, and loving. I am a teacher and an eternal student. I seek balance and harmony in all things. I am a minister, Reiki master, mother, daughter, sister, healer, friend, and a global citizen. Fiercely dedicated to soul discovery and healthy relationship to all things. My name means beloved and

my middle name means rebirth. I am here to live a loving existence and guide others in self-discover and unity consciousness.

Safety First: Tax Efficient Wealthcare for Life and Family Strategies

The course will consist of the following six modules: ID Theft, Fraud Scams and Cyber Hacks, Lawsuit and Creditor Protection, Substandard Investments, High Expenses; Probate Costs and Issues, Estate Planning, and Tax Management.

October 17 - November 7, 2018 Code: SF18FC171

W from 11:00 AM to 12:30 PM

Location: Secrest-Wible Building - Room 119: 3015 Merida Ave

Instructor: Arthur Griffin

Arthur Griffin is a Certified Financial Planner (CFP), a Certified Public Accountant (CPA), American Institute of CPA's Personal Financial Specialist (PFS), a Certified Fund Specialist (CFS), and a Certified Trust and Estate Specialist (CES). He is a former UTA accounting instructor and Associate Professor at Tarrant County College. He holds two undergraduate degrees and a Master's degree from the UTA School of Business. He has been in private practice for 30 years and specializes in retirement planning.

Jerusalem: One City, Three Faiths

This course will explain why Jerusalem is so important to Judaism, Christianity, and Islam. A spokesperson for Judaism will speak at the first session; a spokesperson for Christianity will speak at the second, and a spokesperson for Islam will speak at the third session. The final class period will be a discussion about the first three talks.

October 17 - November 7, 2018 Code: SF18FC102

W from 1:00 PM to 2:30 PM

Location: Secrest-Wible Building - Room 119: 3015 Merida Ave

Instructor: Jane Pawgan

Jane Pawgan earned a PhD in American history from UNT. She taught American history and government for 19 years in the Dallas County Community College District, and one year at Texas Woman's University. She is the author of several publications, including a chapter in Lone Stars of David: The Jews of Texas.

Genealogy – From Getting Started to Finding Kings Among Your Ancestors

Are you descended from kings? Learn easy steps to finding royalty in your family history, including the names that are likely to lead you to royalty. Discover how to publish your findings in a book for friends and relatives. You will need to be familiar with Family Tree Maker and Ancestry.com; see how to download the files into your Family Tree Maker file.

October 17 - November 7, 2018 Code: SF18FC116

W from 3:00 PM to 4:30 PM

Location: Secrest-Wible Building - Room 119: 3015 Merida Ave

Instructor: Thomas Morton

Thomas Morton is a retired professional engineer and a Silver Frog. He has been doing geneology research for over 50 years and has published 50 family history books for friends and family.

Wildlife Conservation

The first session will address personal responsibilities in conservation at home and in your neighborhood. The second covers selected cases of conservation at the state level that you might observe. The next session will present how to manage a confrontation with animals that might be injurious to you or others. The last topic presents the unexpected animal life that you might encounter. It includes unexpected animals out of their expected ranges all the way to the process of bringing "the unknowns" into the scientific literature. Does "Big Foot" or the Lake Worth "Monster" really exist? NO! But can they exist? Find out!

October 18 - November 8, 2018 Code: SF18FC143

Th from 9:00 AM to 10:30 AM

Location: Secrest-Wible Building - Room 119: 3015 Merida Ave

Instructor: Bill Taylor

Bill Taylor had a 30-year active duty career in the U.S. Air Force and taught high school ROTC for 12 years. He has BS and MS degrees in Biology and Chemistry and has taken additional graduate level couework in plant and animal ecology. He is an amateur herpetologist, ecologist, and wildlife conservationist and is a docent at the Fort Worth Nature Center and Refuge.

The Bible - Fact or Fiction?

We will discuss ancient manuscripts; canonization; historical, archaeological, and other evidence supporting the authenticity of the Scriptures; evidence for King David, Jesus and Biblical events from sources outside of Scripture; and why the books in our Bibles were canonized while other ancient writings -- such as the Gospel According to Thomas -- were excluded.

October 18 - November 8, 2018 Code: SF18FC130

Th from 11:00 AM to 12:30 PM

Location: Secrest-Wible Building - Room 119: 3015 Merida Ave

Instructor: Roger M. Norman

Roger M. Norman is a retired attorney specializing in an estate-planning law practice. He has taught in the Extended Education Department of TCU and as part of the Silver Frogs program. He has a BA degree from the University of Oklahoma and a Law degree from the University of Texas at Austin.

Retirement 101----You Don't Know What You Don't Know!

Retirement dreams are about having the time and resources to do those things you enjoy most in life, but without long range planning your retirement dreams may become a nightmare. We'll go through the process to identify retirement

needs and develop strategies to prepare for and live the retirement life you want. We'll discuss trade-offs between risk and return, portfolio transition, and the different tax treatments of specific investments and account types. Discussions on social security, Medicare, life insurance, and estate planning will also be included.

October 18 - November 8, 2018 Code: SF18FC44

Th from 3:00 PM to 4:30 PM

Location: Secrest-Wible Building - Room 119: 3015 Merida Ave

Instructor: Angela Tacco

Angela Tacco: Following graduation from the University of Notre Dame, Angela began her career with a national logistics company. In 1997 she ventured out to start her own logistics company and offered expanded services. In 2006 she sold the company and semi-retired, but later re-entered the workforce as a financial advisor. Angela had always loved investing and this new industry keeps her growing and learning and teaching others about it.

Four Science Fiction Classics and the Stories They are Based On

These four classic films from the Fifties and 60s have had a lasting influence on the development of Science Fiction in the movies. Many have been remade, but not, in my opinion, bested. Some have surprising allusions to other classical literature, including Shakespeare and the New Testament.

1) The Day the Earth Stood Still based on the short story Farewell to the Master; 2) Forbidden Planet based on a story by Irving Block; 3) Invasion of the Body Snatchers based on a novel by Jack Finney; 4) The Thing from Another World based on the short story Who Goes There? by John W. Campbell, Jr.

October 19 - November 9, 2018 Code: SF18FC174

F from 1:00 PM to 2:30 PM

Location: Secrest-Wible Building - Room 119: 3015 Merida Ave

Instructor: Dan Calvin

Dan Calvin is a lifelong film buff and admirer of genre films. He has taught classes for Silver Frogs earlier for 4 classic Horror Films and 4 classic Film Noir movies. The class likes to dig into the details of each movie: the actors, directors, writers, and the legacy of each film.

Beginning Mah Jongg (American)

This is NOT Mah Jongg on your phone. Mah Jongg originated in China hundreds of years ago. It is a game of skill, strategy, and luck played with special tiles (not dominoes), but it plays more like a card game with suits and standardized patterns. It is challenging, but fun. We will be playing the American variant (National Mah Jongg League). The rules and how to play will be covered in the first class. You will play the next three weeks with instructor assistance. Game sets will be provided for use during class. No previous experience is needed.

October 19 - November 9, 2018 Code: SF18FC175

F from 3:00 PM to 4:30 PM

Location: Secrest-Wible Building - Room 119: 3015 Merida Ave

Instructor: Carol Taylor

Carol Taylor decided to learn bridge when she retired, but after being lured into Mah Jongg first, she never got around to taking bridge lessons. She has been playing Mah Jongg for eight years. She plays regularly in three different groups and has taught beginners classes repeatedly along with a couple of intermediate classes. Although she has played in numerous tournaments, she prefers social play where the game is not taken overly seriously.

Four-Week Courses

Session III: November 12 – December 14; no class 11/20 – 24

Please note that some lectures and courses run concurrently!

PowerPoint for Beginners

PowerPoint is a presentation software that allows you to create dynamic slide shows that can include animation, narration, images, and more. You will learn your way around the MS Office PowerPoint environment: navigating the interface, creating and saving a new presentation, adding text and graphics, adding effects and transitions, and getting ready for presentation. Upon completion of this class, you will be able to enhance your presentation, informal talk, family reunion, or even create an e-brochure of your favorite recipes or summer travel adventures.

November 12 - December 10, 2018

Code: SF18FC118

M from 9:00 AM to 10:30 AM; no class 11/19

Location: Secrest-Wible Building - Room 119: 3015 Merida Ave

Instructor: Boglarka Huddleston

Boglarka (Bogi) Huddleston was born in Budapest, Hungary. Upon finishing her bachelor's degree, she moved to the US and obtained her master's degrees in psychology and library/information science. Currently she is a Health Sciences and Assessment Librarian at TCU. Her research interests include active learning, information literacy and assessment of learning. While she greatly enjoys working with young adults, she finds it equally important to teach 50+ people the computer skills necessary to enhance their work and personal lives.

Beginning Genealogy

Truly an introductory class to help get started researching family history. Beginning with yourself and working back through your parents, grandparents, and beyond you will be able to compile a family history to pass on to your descendants. Helpful forms and research guidance will be provided.

November 12 - December 10, 2018

Code: SF18FC58

M from 11:00 AM to 12:30 PM; no class 11/19

Location: Secrest-Wible Building - Room 119: 3015 Merida Ave

Instructor: Crystal Barth

Crystal Barth is a retired government employee who took up the challenge of tracing her family genealogy after retirement more than 20 years ago. Her ancestors hail mainly from England and Germany, with a little French added,

and have spread all over the USA. Her paternal line has been traced back to 1538 England. She is a member of several national, state and county genealogical societies.

Religion In The News

Religion in its diverse forms is in the news frequently. Religion appears in stories or commentary in social media, on TV channels and programs, in print and electronic formats. This course is designed to increase our awareness of religious news (events, etc.) and to consider the impact that news may have on personal and public life. The course will focus on four topics—the changing American religious landscape, religion in public/social life, the courts and public religion, and the rediscovery of contemplative religion. Specific topics will depend, in part, on what is in the news at the time.

November 12 - December 10, 2018 Code: SF18FC176

M from 1:00 PM to 2:30 PM; no class 11/19

Location: Secrest-Wible Building - Room 119: 3015 Merida Ave

Instructor: J CY Rowell

J. Cy Rowell is Emeritus Professor of Religious Education in TCU's Brite Divinity School, with an academic focus in adult education. He has taught a variety of adult classes in area churches and a retirement center. Current interests focus on the changing American religious landscape (a Pew Study report) and contemplative spirituality.

Evolution vs. Creation

Evolution vs. Creation; which worldview is supported by the evidence? Scientists on both sides of the issue possess the same facts, observations, and data, so why do they have opposing interpretations? The course will be co-taught by Roger Bevan who will present the case for evolution and by Roger Norman will present the case for creation.

November 12 - December 10, 2018 Code: SF18FC177

M from 3:00 PM to 4:30 PM; no class 11/19

Location: Secrest-Wible Building - Room 119: 3015 Merida Ave

Instructor: Roger M. Norman & Roger Bevan

Roger M. Norman is a retired attorney specializing in an estate-planning law practice. He has taught in the Extended Education Department of TCU and as part of the Silver Frogs program. He has a BA degree from the University of Oklahoma and a Law degree from the University of Texas at Austin.

Roger Bevan is a native New Englander. He received a BA in Mathematics from Bowdoin and an MBA from Dartmouth. He taught math for a few years between the two degrees, but spent most of his career managing IT for home and auto insurance companies. He and his wife moved to this area in 2015 to be near their son and his family, and to enjoy the great city of Fort Worth.

How We Decide: Evaluate Facts & Make Choices

We are drowning in information and opinion. The way our brains are structured to make rapid, evolutionarily sound decisions can also lead us astray. The course will review how our brains make decisions, how we evaluate facts, and how

we make choices and distinguish fact from fiction. It will describe the surprising ways that our decisions can be influenced by biases and by overt manipulation. It will include class member participation and will end with some cautions and suggestions on how we can protect ourselves from being misled.

November 13 - December 11, 2018

Code: SF18FC128

Tu from 9:00 AM to 10:30 AM; no class 11/20

Location: Secrest-Wible Building - Room 119: 3015 Merida Ave

Instructor: Larry Klos & David Coke

Larry Klos is a retired engineering manager who has volunteered for the VITA program in Tarrant County for the 2014 and 2015 tax years. His experiences and observations as a tax preparer for low to moderate income individuals were personally very educational, eye opening, and extremely interesting. Larry was employed as an engineer at Lockheed Martin for over 40 years.

David Coke retired from a career managing power plants. He has a Mechanical Engineering degree and an MBA from UT Austin. He worked the technical, financial, and people sides of electricity generation. As VP of Operations, he found people issues the most complex and interesting, and corrected dysfunctional organizations. He is a long-term Silver Frog.

How Media Changed Everything

EEach week there will be a short lecture followed by Q&A and discussion. Topics will include families, individuals, politics, government, 24/7 news, foreign policy, education, and any others introduced into our discussion by those attending.

November 13 - December 11, 2018

Code: SF18FC134

Tu from 11:00 AM to 12:30 PM; no class 11/20

Location: Secrest-Wible Building - Room 119: 3015 Merida Ave

Instructor: Larry Lauer

Larry Lauer is a Vice Chancellor Emeritus at TCU. He is also a Senior Fellow in the John V. Roach Honors College and the Bob Schieffer College of Communication. He has also served as an Adjunct Fellow for the Center for Strategic and International Studies (CSIS) in Washington DC.

Astronomy 101

This course will teach you everything you've ever wanted to know about astronomy - or at least we'll cover the basics and try to explain what you are curious about. Topics will include (1) an overview of Earth's night sky; (2) our solar system - origin, geography of the components, and interesting things about our little piece of the universe; and (3) the universe - origin, development of galaxies, stars, and elements. We'll have a night observation session and look at the sky through my telescope and enjoy a laser pointer show-and-tell.

November 13 - December 4, 2018

Code: SF18FC68

Tu from 1:00 PM to 2:30 PM

Location: Secrest-Wible Building - Room 119: 3015 Merida Ave

Instructor: Randy Smith

Randy Smith received a BS in Aerospace Engineering and a MS Aerospace Engineering. He is an FAA Private Commercial Pilot with instrument rating and a USAF-rated navigator. He has 11 years military flying experience and is a retired Bell Helicopter engineer. Randy has been an avid amateur astronomer for 30 years and has been teaching Scout leaders about the night sky nearly that long.

Conscious Aging

This class examines our emotional, psychological, and spiritual responses to the challenges and opportunities of aging. We'll explore our self-limiting beliefs, increase our self-compassion, reflect on what's given heart and meaning to our lives, enhance connection, and look at reducing fear and increasing acceptance of death and dying. The workshop design helps us listen to our own inner wisdom, integrate inspirational ideas, share in intimate conversation circles, and harvest the collective wisdom of the group.

November 13 - December 11, 2018 Code: SF18FC180

Tu from 3:00 PM to 4:30 PM; no class 11/20

Location: Secrest-Wible Building - Room 119: 3015 Merida Ave

Instructor: Katherine Godby

Rev. Dr. Katherine Godby is retired clergy. Ordained in the Christian Church (Disciples of Christ) and having held Ministerial Partnership status with the United Church of Christ, she has 20 years experience as pastor in local churches, hospice chaplain, and spiritual director. She earned her Ph.D. from Brite Divinity School in pastoral theology and pastoral counseling in 2005. Her passion for ministry and for counseling has always been about companionship as they endeavor to uncover their authentic self.

Introduction to Cruise Vacations

Learn about cruise ships, cruise lines, destinations, and the cruise experience. This class is designed for those who have never taken a cruise vacation--especially those who are interested in learning about the value cruising offers for a vacation. The class includes ocean, river, and exploration cruises and the different experiences each offers. Experienced cruisers are also welcome and can get updates on what is changing in the world of cruises.

November 14 - December 12, 2018 Code: SF18FC151

W from 9:00 AM to 10:30 AM; no class 11/21

Location: Secrest-Wible Building - Room 119: 3015 Merida Ave

Instructor: Lewis Woodard

Lewis Woodard: Mr. Woodard had a career with the American Red Cross in accounting and auditing and still volunteers with that organization. Since retiring, he has operated a home-based travel agency. Lew is an experienced Silver Frog instructor who has presented classes on cruise vacations, international humanitarian law, Clara Barton, and understanding soccer.

Self Defense for Seniors

A no-nonsense but fun class on how to protect yourself from physical attack and rape. This is a no-contact course. You will learn techniques that are effective and can potentially save your life. The goal is to defend and escape, not to learn how to fight. Techniques presented are simple and extremely effective. You will learn the pros and cons of carrying certain weapons such as guns, knives, clubs, sprays, etc. You will have the opportunity to practice techniques on a life-like punching dummy. Please wear comfortable clothes and shoes.

November 14 - December 12, 2018 Code: SF18FC99

W from 11:00 AM to 12:30 PM; no class 11/21

Location: Secrest-Wible Building - Room 119: 3015 Merida Ave

Instructor: Richard Wolf

Richard Wolf is a retired military officer, Associate Professor of Military Science at TCU, Masters Degree, Black Belt in Judo, and has numerous intermediate degrees in Karate. Richard was an Air Force policeman, has taught riot control methods and is an expert marksman. He has previously taught several courses for the Silver Frog Program.

Spanish Beginners 3

We will continue acquiring more vocabulary and useful expressions, as well as day-to-day situations. Speaking and listening skills will be emphasized. Topics will include uses of Hacer & Tener, family, and other pronouns. We will continue using the same book.

November 14 - December 12, 2018 Code: SF18FC178

W from 1:00 PM to 2:30 PM; no class 11/21

Location: Secrest-Wible Building - Room 119: 3015 Merida Ave

Instructor: Virginia Dias

Virginia Dias is a native of Lima, Peru. She has a bachelor's and a master's degree from TCU. She has 25 years of experience in teaching ESL and Spanish at pre-school, middle, and high schools, college, certification, and community levels. She is also a Certified Command Spanish Instructor. Her experience encompasses teaching in countries such as Canada, Hong Kong, Peru, and the U.S. She is an active member of several professional organizations.

Liverpool Rummy

This American game is a multi-player, multi-round card game similar to other variants of rummy that adds features like buying and going out. They are nine rounds of games in which the number of cards increases by one on each round, starting by dealing 7 cards on the first round and finishing with 15 on the last one. It is played using books (sets) of minimum 3 cards, and runs of minimum 4 cards. Come and have fun playing this easy game! Bring a shuffler and two sets of cards (plastic preferably).

November 14 - December 12, 2018 Code: SF18FC179

W from 3:00 PM to 4:30 PM; no class 11/21

Location: Secrest-Wible Building - Room 119: 3015 Merida Ave

Instructor: Virginia Dias

Virginia Dias is a native of Lima, Peru. She has a bachelor's and a master's degree from TCU. She has 25 years of experience in teaching ESL and Spanish at pre-school, middle, and high schools, college, certification, and community levels. She is also a Certified Command Spanish Instructor. Her experience encompasses teaching in countries such as Canada, Hong Kong, Peru, and the U.S. She is an active member of several professional organizations.

Mary Baker Eddy: The History and Theology of Christian Science

I am frequently asked if Scientology and Christian Science are the same, or at least similar. The short answer is "no, they are VERY different." Providing the long answer is the reason that I am offering a course on Scientology and Christian Science the same term, back to back. Of course, to get the full effect of the discussion just suggested, one would have to take both courses. But in case that is not possible, each course stands alone as a distinct entity and one could get a good introduction from taking either course. This course will trace the career of the "discoverer" of Christian Science, Mary Baker Eddy. Interwoven with the biographical presentation will be a description of her philosophy and theology. A principal focus of the course will be that for which Christian Science is most known, its views of and impact on physical health.

November 15 - December 13, 2018

Code: SF18FC182

Th from 3:00 PM to 4:30 PM; no class 11/22

Location: Secrest-Wible Building - Room 119: 3015 Merida Ave

Instructor: Ronald Flowers

Dr. Ronald B. Flowers is John F. Weatherly Emeritus Professor of Religion at Texas Christian University. He taught at TCU for 37 years and was chair of the Religion Department for nine years. He is the author or co-author of ten books and 56 articles in scholarly publications, 96% of which were on church-state relations in the United States. He is a member of the Editorial Council of the Journal of Church and State. He still teaches his church-state course at TCU.

Yoga for Seniors Living with Osteoporosis

Yoga is a wonderful addition to anyone's exercise routine, but especially in older adults as it helps maintain flexibility, strength, improve balance, and reduce pain. It is an effective tool in building and preserving strong bones. Yoga can be done safely and effectively in the comfort of one's own home. This class will introduce students to yoga pose, offer modification, and educate on the various health benefits that each pose offers. It is appropriate for beginners as well as experienced yogis. Please bring a yoga mat, blocks, and strap to class. The instructor has a limited number of loaners.

November 16 - December 14, 2018

Code: SF18FC168

F from 9:00 AM to 10:30 AM; no class 11/23

Location: Secrest-Wible Building - Room 119: 3015 Merida Ave

Instructor: Stephanie Mamantov

Stephanie Mamantov is an NFPT certified Personal Trainer, and a recognized Cancer Exercise Specialist by the American College of Sports Medicine. For the past 6 years, She has worked at the Moncrief Cancer Institute in Fort Worth, offering free, survivorship exercise services to anyone with a cancer diagnosis in Tarrant and 9 other surrounding North Texas

counties. The program offers one-on-one personal training based on the individual needs of the patient/survivor. Group fitness and yoga compliment the program as well, and offer diversity for all participants.

The Bill of Rights and What It Means Today

This course will focus on the limitations imposed on the United States national government in the original Constitution (1789), and especially in the Bill of Rights (1791), and on the limitations imposed by subsequent amendments, especially those imposed on the states (and local governments) through the 13th (1865), 14th (1868) and 15th (1870) Amendments. While we will respond to your interests as we go through topics, we will spend most of our time on Freedom of Speech, Freedom of Religion, Due Process of Law, and Equal Protection of the Laws.

November 16 - December 14, 2018

Code: SF18FC21

F from 1:00 PM to 2:30 PM; no class 11/23

Location: Secrest-Wible Building - Room 119: 3015 Merida Ave

Instructor: Donald Jackson

Don Jackson has spent his career on issues involving the Constitution of the United States and on human rights law. He attended SMU Law School and then was chosen as a Supreme Court Fellow and was assigned to work in the office of Chief Justice Warren Burger. He then became a consultant to the American Bar Foundation and pro bono counsel with the Greater Fort Worth Civil Liberties Union. Don was a member of the National Board of the American Civil Liberties Union and a board member of the Executive Council of Americans United for Separation of Church and State.

TCU
SilverFrogs



One-Time Lectures

One-Time Lectures

Session I: September 10 – October 5

Please note that some lectures and courses run concurrently!

TCU Athletics Through Five Decades

Richard Sybesma, TCU's longest tenured head coach, is retired and talks about his experience throughout 38 years of service, spanning 5 decades. Talk will include working with four Athletic Directors, 5 head Football Coaches and how far the Sports programs at TCU have come since his arrival at TCU in 1979.

September 10, 2018 Code: SF18FL176

M from 9:00 AM to 10:30 AM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Richard Sybesma

Richard Sybesma has been the TCU Head Swimming and Diving coach for 38 years (1979-2018). He has been the Head Olympic Swimming coach for Nicaragua in the 1996 Olympic games in Atlanta. He is a 5-time coach of the year and has won 7 conference team championships, spanning 6 conferences.

Frank Lloyd Wright: The Life and Legacy of America's Greatest Architect

This lecture will include a historical summary of Frank Lloyd Wright's life and career with a closer look at a specific project -- Taliesin West -- which was Wright's winter home and architectural studio in Arizona. Mr. Lickteig will also discuss Wright's legacy in American architecture today.

September 10, 2018 Code: SF18FL86

M from 11:00 AM to 12:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Anthony Lickteig

Anthony Lickteig worked in his first career as an urban planner for more than twenty years with public agencies and private consultants. He has been working in a second career for the last 15 years in the non-profit sector, mainly museums. He was an art museum docent in Seattle for more than ten years, and he was employed by the Frank Lloyd Foundation in Arizona for 11 years primarily as a tour guide. Currently he is a docent at the Kimbell Art Museum.

Margaret Mitchell's Gone With the Wind Revisited: The True Story of the Civil War in Georgia

More than 30 million copies of *Gone with the Wind* have been sold worldwide and it was one of the most influential books of the twentieth century. Fifty years after it was first published in 1936 it reappeared on the national bestseller list after its sequel *Scarlett* came out in 1991. The movie version in 1939 still remains one of the most successful films in box-office history. But how accurate is Mitchell's story? Is *Scarlett O'Hara* a fair representation of a Georgia belle? Is Rhett Butler a typical southern rogue? Is Ashley Wilkes a true southern gentleman? We will discuss this and much more,

including the real wartime events in Georgia, with a focus on Gen. William T. Sherman's capture of Atlanta and his March to the Sea (from Atlanta to Savannah) in 1864 and how it touched the people of Georgia, both then and now.

September 10, 2018

Code: SF18FL177

M from 1:00 PM to 2:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Anne Bailey

Dr. Anne J. Bailey is a specialist in Civil War history. She is the author/editor of eight books, numerous book chapters, and over 300 articles and book reviews. She has taught at Texas Tech University, the University of Arkansas, Fayetteville, and in the University of Georgia system. She has edited the Society of Civil War Historians newsletter for almost 25 years.

Treasures of TCU: Rare Books of the Mary Coats Burnett Library

Did you know that Special Collections at Mary Coats Burnett Library houses rare and unique treasures including the extremely scarce collection of Shakespeare published (illegally) in 1619, a notebook hand-written by the famous British author George Eliot, and a first edition of Jane Austen's *Pride and Prejudice*? Join us for an information introduction to these and other treasures right here in Fort Worth and available to the public. There are no pre-requisites except a healthy appetite for rare books.

September 10, 2018

Code: SF18FL178

M from 3:00 PM to 4:30 PM

Location: Mary Coats Barnett Library Computer Lab

Instructor: Julie Christenson

Julie Christenson is the rare book librarian at TCU. She holds a PhD in English from the University of Missouri and a MLS from the University of Illinois. Her love of rare books has led her to conduct research in rare book repositories such as the British Library and the Morgan Library and Museum. She loves meeting fellow bibliophiles as well as opening up the world of rare books to interested newcomers.

2017 and Beyond - Changes in U.S. Priorities for Admission and/or Deportation of Immigrants

Under the Obama administration, the US focused on deporting immigrants recently-caught near our borders, and immigrants with convictions for serious crimes committed in the U.S. In February, 2017, federal deportation priorities were expanded to target all foreign-born persons apprehended in the US without currently valid U.S. visas, or papers reflecting their completion of the naturalization process. Criteria for extending or granting new work-related visas have been narrowed substantially. There is also a push to deport Dreamers. Class will review rules changes, strategies for deportation, and the wisdom or folly of the new procedures.

September 14, 2018

Code: SF18FL206

F from 1:00 PM to 2:30 PM

Location: Bass Building - Room 1004: 2800 W. Bowie Street

Instructor: Jackee Cox

Jackee Cox: Education: BA English Literature UT Austin; MA English literature, Wayne State University; J.D. UT Austin Law School; 30+ years practicing law; and teacher of adult basic education at Highland Park Community College (Mich) in 1970-71. Jackee fell in love with Renaissance art and history in 1968, and wants to share on-line resources on this subject with others.

An Introduction to the History and Procedures of the United States Supreme Court

The Judicial Branch, especially the Supreme Court, is widely regarded as being the most mysterious, i.e., the least understood, of the three branches of the Federal Government. This lecture will introduce attendees to a brief history of the Court and a behind-the-scenes look at its procedures. The "procedures" part of the lecture will focus on how cases get to the Court, how the Justices decide what cases they will hear, how oral arguments are conducted, and the procedures they use from determining how the case ought to be decided to the public announcement of the Court's decision. This last section will explain how the opinions are written.

September 18, 2018 Code: SF18FL60

Tu from 9:00 AM to 10:30 AM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Ronald Flowers

Dr. Ronald B. Flowers is John F. Weatherly Emeritus Professor of Religion at Texas Christian University. He taught at TCU for 37 years and was chair of the Religion Department for nine years. He is the author or co-author of ten books and 56 articles in scholarly publications, 96% of which were on church-state relations in the United States. He is a member of the Editorial Council of the Journal of Church and State. He still teaches his church-state course at TCU.

William Marshal: Possibly the Greatest Knight in History

William Marshal, born in mid-12th century, rose from humble beginnings to become rich, famous, and powerful. He served five kings and finally ruled all of England as regent. His fascinating story was lost until the late 19th century. Who was this man and why don't we know more about him?

September 18, 2018 Code: SF18FL179

Tu from 11:00 AM to 12:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Mike Strange

Mike Strange is a retired physician with an MD degree from UT Southwestern. He has an interest in history, especially quirky stories like this one.

Plant Combinations

Learn how to combine annuals, perennials, shrubs, and tropical plants in beds and containers to achieve stunning results in your landscape. This course features working with both cool and warm season plants to create year-round color combinations.

September 18, 2018 Code: SF18FL180

Tu from 1:00 PM to 2:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Steve Huddleston

Steve Huddleston is the senior horticulturist at the Fort Worth Botanic Garden, president of his own landscaping company, and author of *Easy Gardens for North Central Texas*. He broadcasts weekly on WBAP and writes for three magazines.

Vote Smart

Project Vote Smart was started in the 1950's to collect and organize FACTS related to political candidates in US elections. It is a non-profit, non-partisan organization that helps educate voters on candidates by providing biographies, issue positions, voting records, lists of major financial supporters, etc. Vote Smart data records are often used by major media outlets looking for facts in their coverage of politics. After a brief profile of the organization, this lecture will explore the resources available from Vote Smart and how to navigate the features on its website. Focus is on the tools available from Vote Smart and not on any specific candidates. There will be no discussion nor endorsement of specific candidates or issues.

September 18, 2018 Code: SF18FL199

Tu from 3:00 PM to 4:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Lewis Woodard

Lewis Woodard: Mr. Woodard had a career with the American Red Cross in accounting and auditing and still volunteers with that organization. Since retiring, he has operated a home-based travel agency. Lew is an experienced Silver Frog instructor who has presented classes on cruise vacations, international humanitarian law, Clara Barton, and understanding soccer.

Augustinian Motifs in Popular Music

This multimedia lecture explores and evaluates how and why basic theological themes of reverence for the primacy of God, the ubiquity of sin, and the value of grace associated with St. Augustine, surface in contemporary music. St. Augustine (354-430) was an early Christian thinker and now Doctor of the Church. Featured artists include Stormzy, Depeche Mode, Tarrus Riley, Margo Price, J. Cole, and others.

September 21, 2018 Code: SF18FL207

F from 1:30 PM to 3:00 PM

Location: Bass Building - Room 1004: 2800 W. Bowie Street

Instructor: Darren Middleton

Darren J. N. Middleton is Honors Faculty Fellow and Professor of Religion at TCU. He was educated at the Universities of Manchester, Oxford, and Glasgow before teaching in Memphis, and in Fort Worth where he has been since 1998. He has published ten books and a range of articles on religion, theology, and the arts. He is currently researching material for a planned monograph, "For All The Saints: Encountering Our Christian Forebears Through Fiction." In addition, he is working with Dr. Elizabeth H. Flowers on an edited anthology of essays devoted to the history of the Evangelical novel.

Discover the Nuances of Color

This course will examine the properties of color. After learning the properties of color you will see how the properties of color are used to determine what colors are flattering on a person. For example: why do certain colors of clothing enhance your appearance while other colors are not as flattering?

September 25, 2018

Code: SF18FL169

Tu from 9:00 AM to 10:30 AM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Elaine Stoltz

Elaine Stolz is a certified image consultant master. She is one of twelve masters in the world. She has owned Stoltz Image Consulting in Fort Worth for 30 years, specializing in positive first impression and custom color analysis. For the last 15 years Elaine has been teaching others to be image consultants through Stoltz Image Institute.

Understanding Mindfulness and Contemplative Studies

What is mindfulness, and what is the emerging field of Contemplative Studies? Are they for scholars and practitioners of Asian thought, or for everyone, to relieve stress and increase well-being? This talk will introduce these terms and their background, and will include some exercises to help participants to understand them.

September 25, 2018

Code: SF18FL182

Tu from 11:00 AM to 12:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Andrew Fort

Andrew O. Fort is Professor of Asian Religions (emeritus) at TCU, where he taught courses on the religions of India for 35 years. He received his Ph. D. in Religious Studies from the University of Pennsylvania, and his research focused on aspects of Hindu thought. Most recently he started the Contemplative Studies initiative at TCU and is particularly interested in contemplative pedagogy.

Living Abroad in Switzerland

Considering living in Switzerland or staying for an extended period of time? This presentation not only provides an overview of Switzerland, the top places to visit, and tips on traveling but also the pros and cons of living in this beautiful

country. You will get a glimpse of what it is like to live in the 500 year old city of Basel, located on the Rhine River in the northwest corner of the country.

September 25, 2018 Code: SF18FL152

Tu from 1:00 PM to 2:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Patricia Geran

Patricia Geran recently retired as Divisional Vice-President, Finance and IT, Established Pharmaceuticals, at Abbott Laboratories after 29 years of service. Her final position was located in Basel, Switzerland where she and her husband lived for three and one-half years. She holds a BS degree from the University of Minnesota in Minneapolis and a Master's in Business Administration from St. Edwards University in Austin.

The Dinosaurs of Texas

Texas has dinosaurs (and their close relatives) from the Triassic and Cretaceous Periods. This presentation provides a very brief introduction to the classification of dinosaurs and dinosaurs that have been found in Texas.

September 28, 2018 Code: SF18FL111

F from 1:00 PM to 2:30 PM

Location: Bass Building - Room 1004: 2800 W. Bowie Street

Instructor: Art Busbey

Dr. Arthur Busbey has been a geology professor at TCU since 1985 and is currently coordinator of the geology program of the School of Geology, Energy, and the Environment. His BS and MA are from the Department of Geology at UT-Austin and his PhD is from the Department of Anatomy at the University of Chicago. He has been published on reptilian vertebrate paleontology, geological remote sensing, and aspects of soft rock geology.

Mindset Matters

We are taught many things in life, but how to be happy is not one of them. Being happy takes work. It is easy to get overwhelmed and lose some of the joy in life. The most important aspect to happiness is your mindset. Our thoughts become things. So if you are thinking negative thoughts, guess what shows up in your life? In this lecture tips and tools are shared to create more happiness in your life. You can take these ideas home and use them to help you overcome negative thoughts.

October 4, 2018 Code: SF18FL181

Th from 9:00 AM to 10:30 AM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Cyndee Hopkins

Cyndee Hopkins is a mentor, mediator, author, coach, speaker and Mindset Maven. From a stay-at-home mother of four, to shockingly and unexpectedly becoming a widow, Cyndee Hopkins Jardieu has experienced life's major challenges and learned how to create a life she loves. Through her courage, she champions the cause of happiness -- finding your

joy-filled life through happiness creation. Cyndee is passionate about authentically helping people create a new mindset, so they can live life with more joy and happiness. She knows how to overcome and thoughtfully helps you to pursue your personal peace. She touches hearts through her book, *Detour to Happiness*, speaks to a wide variety of groups, and has created her Tribe for inspiring, supporting and empowering members for their life choice of joy.

Venomous Animals of North Texas

This lecture addresses the identification, natural history, and habitat selection of venomous species in rural and urban environments. Epidemiology, morbidity, and historical aspects of bites in Tarrant County, especially copperheads, will be presented.

October 4, 2018

Code: SF18FL183

Th from 1:00 PM to 2:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Bill Taylor

Bill Taylor had a 30-year active duty career in the U.S. Air Force and taught high school ROTC for 12 years. He has BS and MS degrees in Biology and Chemistry and has taken additional graduate level coursework in plant and animal ecology. He is an amateur herpetologist, ecologist, and wildlife conservationist and is a docent at the Fort Worth Nature Center and Refuge.

Erich Maria Remarque in Person

World War I ended 100 years ago this November -- at the 11th hour, on the 11th day, of the 11th month, 1918. While the fighting ended on 11-11-11, echoes of the war have been heard down through the century that followed -- most notably in Erich Maria Remarque's book, *All Quiet on the Western Front*. An international bestseller, the book has been called the greatest war novel of all time. The instructor will portray Remarque, speaking as he spoke about the Great War and the echoes of it he heard for the rest of his life.

October 4, 2018

Code: SF18FL184

Th from 3:00 PM to 4:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: George Frein

George Frein, PhD, taught for 29 years in the Philosophy and Religion Department at the University of North Dakota in Grand Forks. During ten of those years, and then during fifteen years in retirement, he has done the research necessary to write historically accurate scripts for his solo performances. The characters he performs embody the values of the humanities disciplines of history and literature.

NaNoWriMo: Write a Novel in November

Been meaning to get your Harry Potter down on paper? NaNoWriMo (National Novel Writing Month) might just be the start you need! It's an annual event in which participants around the world attempt to write 50,000-word novels during the month of November. It's free, with no experience required, but a bit of planning is highly recommended. (Spoiler

alert: A plan to write seven pages a day will get you there mathematically, but life, Thanksgiving, and writer's block may have their own plans.)

October 5, 2018

Code: SF18FL208

F from 1:00 PM to 2:30 PM

Location: Bass Building - Room 1004: 2800 W. Bowie Street

Instructor: Dick Johnston

Dick Johnston: Dick Johnston is a Silver Frog who retired from one career and is now working on a second as a part-time novelist. He participated in NaNoWriMo 2017, writing 55,756 words plus "The End."

One-Time Lectures

Session II: October 12 – November 9

Please note that some lectures and courses run concurrently!

Bitcoin. Cryptocurrency. and Blockchain: A Very Brief Introduction

Bitcoin is the first of many cybercurrencies. It's based on some cryptographic concepts and a technology called blockchain. This lecture will discuss what cybercurrencies are and their possible advantages and disadvantages. It will also describe the underlying technology in a very elementary way. This will NOT be an investment seminar. The instructor finds the technology and the sociology of bitcoin to be very interesting, but he has not invested in any cryptocurrency and has no intention of doing so.

October 15, 2018

Code: SF18FL185

M from 9:00 AM to 10:30 AM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Robert Frey

Robert Frey has had a lifelong interest in science. He received a BA in physics from Duke University in 1962 and completed a PhD in chemistry (emphasis on physical chemistry) in 1967. He spent the bulk of his working career at the U.S. Army Aberdeen Proving Ground where he worked on technical projects of a military nature. His working career involved engineering and science, but it did not involve fundamental science. The classes that he teaches for the Silver Frogs are based on his interests and not on his professional career.

Fall-Proof Your Home

Don't be a Slip, Trip, and Fall victim in your own home. What can you change or add to help save yourself potential grief? How to improve your space and what questions to ask when you do your own inspection.

October 15, 2018

Code: SF18FL186

M from 11:00 AM to 12:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Jerome Davis

Jerome Davis holds BS and MS Degrees in Nuclear Engineering from the Univ. of Wisconsin and is a licensed professional engineer. He worked for 15 years as an engineer and manager in the nuclear power industry, then taught nuclear and mechanical engineering for 21 years at The University of North Texas College of Engineering. In 2015, he created a Certificate in Walkway Safety Auditing course and continues to teach the course both on-campus and at corporate locations.

Appeal Power of Women of the Bible

The Scriptures record that every time a wife appeals to her husband with a request he honors it, with one exception. Scripture further records that every time a woman appeals to a man who is not her husband he complies with only two exceptions. There are over 25 examples. Why? What's the point?

October 15, 2018 Code: SF18FL157

M from 1:00 PM to 2:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Roger M. Norman

Roger M. Norman is a retired attorney specializing in an estate-planning law practice. He has taught in the Extended Education Department of TCU and as part of the Silver Frogs program. He has a BA degree from the University of Oklahoma and a Law degree from the University of Texas at Austin.

How to Get the Most Effective Use of Your Cell Phone

Learn how to be more organized. Learn how to stop forgetting important tasks and dates. Learn how to coordinate you cell phone and computers/tablets. Learn about apps that will help you do the things above and improve your data security. Learn how to be a better communicator with your friends and loved ones, including your spouse. Reduce the fear and confusion related to your cell phone by learning some simple tips.

October 15, 2018 Code: SF18FL187

M from 3:00 PM to 4:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Joe Greenslade

Joe Greenslade is a Fort Worth native and graduate of Texas A&M University with a degree in Business Management. He is an author, artist, speaker, inventor, teacher, and community volunteer. Joe's passion is helping young people reach their highest potential through education, self-development, and mentoring. He has been teaching and mentoring young people for over 50 years.

Medicare 101

Making the most of your Medicare benefits can help you achieve your best health and keep more money in your pocket. This presentation provides a brief overview of Medicare from its inception through its current form today; an overview of Medicare parts A, B, C, D, and supplements; issues regarding eligibility, initial enrollment, the annual enrollment period, special enrollment periods, and penalties; Medicare benefits for niche groups such as those in low-income categories, veterans, teachers, and others; and tips for getting the maximum benefit from your Medicare plan.

October 19, 2018

Code: SF18FL146

F from 1:00 PM to 2:30 PM

Location: Bass Building - Room 1004: 2800 W. Bowie Street

Instructor: Sheri Parris & Ron Smith

Sheri Parris, Ph.D., is a licensed health insurance agent, and Research Scientist for the Karyn Purvis Institute of Child Development at TCU. She has published four textbooks, including the most recent in 2017 on the topic of child maltreatment in institutions.

Ron Smith, co-instructor, has an M.A. in Health Administration. He is a licensed health insurance agent, President Emeritus of Harris Methodist Health System, Co-founder of Texas Health Resources and CareFlite, FACHE Fellow of the American College of Healthcare Executives, Past Chair of the Texas Hospital Association, and Past Chair of the M.J. Neeley School of Business at TCU.

Don't Just Do Something, Stand There!

This Chinese method of standing meditation is called Zhan Zhuang (John Ju-wahng or Standing Like a Post) and will do wonders for your health and peace of mind. The group will explore the theories behind this method, learn several useful postures, and actually feel the mysterious intrinsic energy that the Chinese call chi. This is a system where you get more results if you put in less effort. It is the ideal exercise for the truly lazy.

October 19, 2018

Code: SF18FL119

F from 3:00 PM to 4:30 PM

Location: Bass Building - Room 1004: 2800 W. Bowie Street

Instructor: Dennis Beck

Dennis Beck has taught Tai Chi for TCU for at least the last 20 years, He also has helped others to explore relaxation and related arts at Trinity Terrace and The Vantage at Cityview. He knows these ideas work because he feels it himself when he's teaching, doing tai chi, or dancing the boogie woogie.

Organizing Your Genealogy Research Trip

Going on a genealogy research trip is something you will probably want to do at least once in search of your family history. Being prepared ahead of time will not only make your trip easier but will also increase your chances of success. Knowing where to go and what you expect to find is the adventure.

October 23, 2018

Code: SF18FL133

Tu from 9:00 AM to 10:30 AM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Crystal Barth

Crystal Barth is a retired government employee who took up the challenge of tracing her family genealogy after retirement more than 20 years ago. Her ancestors hail mainly from England and Germany, with a little French added, and have spread all over the USA. Her paternal line has been traced back to 1538 England. She is a member of several national, state and county genealogical societies.

How the Other Half Lived: Women in the Civil War

Too often discussion of the Civil War focuses only on the men and their battles. It's easy to forget that the families left behind at home were kept together by the women -- wives and mothers. Women all across the Confederacy suffered through hardships and deprivations, and in Texas that was compounded by the presence of hostile Comanches, Kiowas, and Apaches. Who were these Confederate women and why do they matter? The story of the challenges and hardships of women across the South during the war is compelling, and their struggle to survive should be remembered just as much as stories of the men who fought the battles. We will look at Confederate women rich and poor, young and old, and how they survived four years of war.

October 23, 2018 Code: SF18FL188

Tu from 11:00 AM to 12:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Anne Bailey

Dr. Anne J. Bailey is a specialist in Civil War history. She is the author/editor of eight books, numerous book chapters, and over 300 articles and book reviews. She has taught at Texas Tech University, the University of Arkansas, Fayetteville, and in the University of Georgia system. She has edited the Society of Civil War Historians newsletter for almost 25 years.

Outstanding Plants for North Central Texas

Learn the best trees, shrubs, perennials and vines for north central Texas just in time for fall planting. Fall is the best time to install these stalwart plants in your landscape so that they can establish before next summer's heat. These native and introduced plants perform well in our soils under our climatic conditions and, once established, will require minimal maintenance.

October 23, 2018 Code: SF18FL115

Tu from 1:00 PM to 2:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Steve Huddleston

Steve Huddleston is the senior horticulturist at the Fort Worth Botanic Garden, president of his own landscaping company, and author of Easy Gardens for North Central Texas. He broadcasts weekly on WBAP and writes for three magazines.

A History of Bluegrass

The course will cover the history of bluegrass music from the pre-war string bands and Bill Monroe to the contemporary musicians. Topics will include major contributors to the music, instruments and instrumental styles, musical influences, and bluegrass in popular culture, all illustrated with audio and video examples of the "high lonesome" sound and instrumental virtuosity.

October 23, 2018 Code: SF18FL189

Tu from 3:00 PM to 4:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Jim Stripling

Jim Stripling is an attorney who got hooked on bluegrass when he heard an Earl Scruggs banjo instrumental in 1958, and he hasn't been the same since. He has played guitar, banjo, and a little bit of mandolin for over 50 years, including a stint with the not-so-famous Third World String Band that performed at the long-forgotten and since-demolished Tootsie's on White Settlement Road in the 1970's. He received a B.A. from Yale and a J.D. from the University of Texas at Austin, neither of which has had an adverse effect on his picking.

The American Revolution: Military Strategy, Tactics & Technology

This lecture is a discussion of the overall strategies of the British and American armies during the Revolution. The precursors of the Revolution in North America, the French and Indian War, plus some interactions with Indians are examined as to how they formed perspectives for operations later. The impact of the latest technologies and logistics on the strategies used by both sides will also be discuss. In addition, some threads that passed from the English Civil War through the Revolution and into the US Civil War will be are examined.

October 26, 2018 Code: SF18FL44

F from 1:00 PM to 2:30 PM

Location: Bass Building - Room 1004: 2800 W. Bowie Street

Instructor: Ken Bowers

Ken Bowers: Ken suffers from a variety of interests, flying, fly fishing, history, science, among others. Of special interest are the connections of the seemingly unconnected.

Fun with Math!

Have fun with math skills, tricks, and riddles. Learn the rule of 70, 12-month moving graphs, math tricks to amaze your friends, exponentials, some business nomographs, and -- of course -- fun math riddles. You don't need to be a math major to learn these fun skills!

October 26, 2018 Code: SF18FL165

F from 3:00 PM to 4:30 PM

Location: Bass Building - Room 1004: 2800 W. Bowie Street

Instructor: Thomas Morton

Thomas Morton is a retired professional engineer and a Silver Frog. He has been doing genealogy research for over 50 years and has published 50 family history books for friends and family.

An Introduction to Proton Radiation for Oncology

Proton Therapy is an advanced form of radiation treatment that uses a beam of the positively charged part of an atom (the proton) to damage cancer cells and delivers higher doses of precisely targeted radiation to control and manage tumors thus minimizes radiation does to surrounding tissues. Proton therapy is one of the most promising recent developments in cancer treatment.

October 31, 2018 Code: SF18FL190

W from 11:00 AM to 12:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Gary Barlow

Gary Barlow has more than 32 years of experience in radiation therapy management and is the Administrative Director of the Texas Center for Proton Therapy. Gary was instrumental in opening the only proton therapy center in North Texas and leads a team of radiation therapists, physicists, and other clinical personnel with over 75 combined years of proton therapy experience.

Fort Worth Area Rocks and Fossils

A general introduction to geology, using the local Fort Worth area as the example. The group will discuss the three types of rocks based on how they are formed, how they are represented on maps and cross-sections, identify hand-samples, and more. We will look at the historical changes that have occurred in the local area based on the rock and fossil record and see how this is represented both in cross-sections and map views. We will also learn about good fossil localities, the most common and interesting fossils that can be found near here, and work with actual rocks and fossils in a friendly lab setting.

October 31, 2018 Code: SF18FL135

W from 1:00 PM to 2:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Janet Busbey Nilsson

Janet Nilsson Busbey is a graduate of the University of Texas at Austin and attended TCU where she earned an MLA in 1989. She has taught earth, life, and physical science for over 25 years for FWISD, retiring in 2012. Janet has also taught Math and Logic for 20 years at Texas Wesleyan University's summer STEM program. She generously assists with the TCU Geology Field Trips several times a year with her husband, Dr. Art Busbey.

Maintenance of Adequate Bone Mass as We Age

One of the consequences of living a long life, is that the deterioration of various bodily systems continues, and bones are no exception. Poor skeletal health can mean weaker bones with increased likelihood of fractures and consequent loss in quality of life. To acquire and maintain a healthy skeleton, it's important what we do early in our life as well as when we age. The purpose of this lecture is to discuss: 1) Causes of weakened bones, fracture risk and possible countermeasure, and 2) describe how NASA research in microgravity has been useful in our understanding of osteoporosis.

November 2, 2018

Code: SF18FL202

F from 1:00 PM to 2:30 PM

Location: Bass Building - Room 1004: 2800 W. Bowie Street

Instructor: Adrian LeBlanc

Adrian D. LeBlanc, Ph.D. was a staff scientist at the Universities Space Research Association (USRA) for over 15 years and served as the Director of the Division of Space Life Sciences (DSLSS). He received his Ph.D. in Radiation Biophysics from the University of Kansas and is a Professor (retired) in the Department of Medicine and the Center for Space Medicine at Baylor College of Medicine and adjunct professor in the Department of Orthopedic Surgery at UTMB and the Institute for Cardiovascular and Molecular Disease at UNTHSC. His primary research interests relate to the investigation of the loss and recovery of bone and muscle tissue in weightlessness and the development of countermeasures.

Understanding the Heart and Blood Vessels

You've likely heard of heart attacks, high blood pressure, mitral valve prolapse, bypass surgery, congestive heart failure, and coronary artery disease. But, do you know what is really happening in these cases, or why they cause such problems? In this class the lecturer will explain common terminology, show basic anatomy with models you can touch, and discuss common treatments in an easy to understand manner.

November 2, 2018

Code: SF18FL203

F from 3:00 PM to 4:30 PM

Location: Bass Building - Room 1004: 2800 W. Bowie Street

Instructor: Stephanie Wallace

I've been teaching Anatomy and Physiology for 9 years, the last 5 years at TCU. Most of my students have plans to be nurses, physical therapists, or physician assistants. Anatomy and physiology is my passion and I love teaching others about the human body and how it works. I know these topics can be confusing and I strive to explain complicated mechanisms in an easy to understand way.

Hermeneutics

How to understand what you read. A study of one human mind understanding what another human mind means by the words or language they speak or write. We would look at the role and meaning of words in scripture.

November 5, 2018

Code: SF18FL191

M from 9:00 AM to 10:30 AM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: William Tolar

Dr. William B Tolar is a retired Professor who has taught 10 years at Baylor University, 40 years at a Graduate Seminary, and 12 years at Dallas Baptist University. He loves teaching and connecting with students to build foundations in knowledge.

U.S. Supreme Court Cases to Watch - 2018-2019 Term

This lecture will explore a few of the headline cases on the 2018-19 U.S. Supreme Court docket and why their outcome is significant.

November 5, 2018 Code: SF18FL192

M from 11:00 AM to 12:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Gregg Lehman

Gregg H. Lehman is Senior Vice President, Secretary, and General Counsel for the Fort Worth based One Main Solutions (OMS), a member of Citi. Since 2005, Gregg has also served as an Adjunct Professor for the Management and Accounting Departments in the M.J. Neeley School of Business at TCU, teaching undergraduate and graduate courses on the Legal Environment of Business and White Collar Crime. He has also held Adjunct Professorships at The University of Texas School of Law, Tulane University School of Law, Southern Methodist University Dedman School of Law and the Edwin L. Cox School of Business at Southern Methodist University

African American Artists from 1800 to Now

American art tends to overlook the contributions of black artists. This lecture will highlight two or three black artists from the 19th, 20th, and 21st century. It will introduce the audience to these artists' respective styles and subject matter and examine how social issues influenced their works. In addition, we will also discuss how representation in the arts and art museums is beneficial to youth because it gives them role models. We will also briefly discuss past and present artists who have influenced my work.

November 5, 2018 Code: SF18FL193

M from 1:00 PM to 2:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Lillian Young

Lillian Young is a BFA Painting Major at Texas Christian University. She has a passion for history and incorporates it into her art. Her works depict forgotten or not well known moments for the black history and the black experience, focusing on overlooked black leaders and objects historically used by the black communities. Lillian has worked at the Smithsonian American Art Museum and is currently working part time as an elementary art teacher at Montessori School of Fort Worth and hopes to pursue a career in museum education so that she can help with the push to diversify museum culture.

Contemporary Art & Aging

The Director of the Art Galleries at TCU will lead a guided tour of a solo exhibition featuring the work of artist Jordan Baseman at Fort Worth Contemporary Arts. Baseman is a visual artist and filmmaker, who received a BFA from Tyler School of Art, Philadelphia, Pennsylvania and an MA from Goldsmith's College, University of London. Baseman is currently the Head of Time Based Media at the Royal College of Art, London. His new video work, made especially for presentation at TCU, reflects on diverse aspects of aging, including dementia and the quest for identity by an older transgender woman. Please join us for a challenging and moving exploration of aging in the 21st century. Refreshments provided.

November 5, 2018 Code: SF18FL209

M from 3:00 PM to 4:30 PM

Location: Fort Worth Contemporary Arts, 2900 W. Berry Street

Instructor: SarahJayne Parsons

Sarah Jayne Parsons: As the Director of the Art Galleries at TCU, Sara-Jayne Parsons drives the international curatorial vision of Fort Worth Contemporary Arts and promotes professional development of students and local artists through programming in Moudy Gallery. Her curatorial practice is informed by working in close partnership with artists to produce new art through commissions, exhibitions and artist residencies. Before moving to Fort Worth in 2014 Sara-Jayne was the Exhibitions Curator at the Bluecoat in Liverpool, UK. She has published critical writing in various contemporary art magazines including Source, Art Monthly Australia and ArtLies, and has published essays in numerous exhibition catalogues.

Texas, Mexico, and the Border on the Eve of World War I

This lecture provides an overview of how events along the Texas / Mexico border influenced American involvement in World War I. Some of these events include: the Mexican Revolution, the Plan of San Diego, the Columbus, New Mexico Raid, the Punitive Expedition, the first nation-wide call-up of the National Guard, and the Zimmermann Telegram.

November 9, 2018 Code: SF18FL204

F from 1:00 PM to 2:30 PM

Location: Bass Building - Room 1004: 2800 W. Bowie Street

Instructor: Kent Knudson

Kent Knudson: Member, Tarrant County Historical Commission

The Forgotten Nine

This presentation will focus on the work of nine women artists who taught at the woman's university in Denton "CIA, TSCW, and TWU" and formed the first studio art department at a public university in Texas. They were excellent artists who were well-educated and well-traveled. Through their study and associations with well-known international artists, they brought modernism to Texas. They worked at the same time as the more well-known Dallas Nine, but have been overlooked by comparison. Following the lecture, interested participants will be invited to the lecturer's home to see examples of work by some of these women artists.

November 9, 2018

Code: SF18FL205

F from 3:00 PM to 4:30 PM

Location: Bass Building - Room 1004: 2800 W. Bowie Street

Instructor: Jack Davis

Jack Davis: Professor Emeritus and Founding Dean of the College of Visual Arts and Design at the University of North Texas where he spent 40 years in a variety of teaching and administrative roles. He holds BA and MA degrees from Baylor University, a Ph.D. from the University of Minnesota, and a Certificate in Appraisal Studies in Fine and Decorative Arts from New York University. Jack has more than 40 publications and has presented more than 90 papers at professional meetings. A founding member of CASETA, (the Center for the Advancement and Study of Early Texas Art), he received the group's Lifetime Achievement Award in 2012.

One-Time Lectures

Session III: November 12 – December 14; no class 11/20 – 24

Please note that some lectures and courses run concurrently!

Everything You Want to Know About Road Scholar But Are Afraid to Ask

This is a travel venue for seniors and was formerly known as Elder-Hostel. Road Scholar covers not only the United States, but countries all over the world. All attendees will get one of their travel magazines.

November 12, 2018

Code: SF18FL126

M from 9:00 AM to 10:30 AM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Janelle Coyle

Janelle Coyle is a retired social studies teacher. She has taken numerous trips with Road Scholar here in the United States. She is active in Retired Teachers in Burleson.

Dying With Dignity: The Facts About Hospice Care

Decisions about end-of-life care, whether for oneself or a loved one, are always difficult. One possible choice which offers dignity, respect, and pain relief as needed is the Hospice Care option. This presentation offers participants the opportunity to hear first-hand experiences with Hospice Care. Participants are also encouraged to ask any and all questions to fully explore the Hospice Care option.

November 12, 2018

Code: SF18FL155

M from 11:00 AM to 12:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Jim Parr

Jim Parr is a semi-retired commercial realtor and entrepreneur. Having used the principles to build his own nest egg, he now focuses on teaching and managing his own investments. He is approved by the Texas Real Estate Commission to teach all levels of discretionary and mandatory continuing education classes for license renewal. He also offers this class and three classes on traveling in Italy through TCU's Extended Ed program.

Had a Good Time: The Social and Historic Importance of Postcards

During a "golden age" of postcards, about 100 years ago, millions of postcards served the social purpose of staying in touch, sharing information, educating both senders and receivers, and even passing on critical information -- from weather forecasts to news of illness. Mail was delivered twice a day and cards cost a penny. Without phones or autos (and good roads), how else to communicate? They were commonly saved, and even carefully preserved, so cards can provide important images and messages that are valuable to researchers. They are also just plain interesting ... it's hard to think of a subject that wasn't on a postcard.

November 12, 2018 Code: SF18FL114

M from 1:00 PM to 2:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Dan Smith

Dan Smith: After graduating from Florida State University, Dan Smith began a forty year career with the National Weather Service. He is a Fellow of the American Meteorological Society. His first encounter with the Bankhead Highway occurred while bicycling on back roads in Parker County near Aledo. The narrow country road seemed to belie the nearby street sign which identified it as the Old Bankhead Highway. Few seemed to know much about the old road, and even less was known about the Bankhead Highway. Years later the author began his research and discovered the roads historical significance.

The Bankhead Highway in Texas

The Bankhead Highway was the nation's first year-round transcontinental highway, extending from Washington, DC, to San Diego. Roughly a third of its 3,000 mile length was Texas Highway No. 1, from Texarkana to El Paso. Alabama Senator John H. Bankhead was influential in passage of the "Good Roads Act," which in 1916 made federal funds available to states, for the first time, to share the costs of better roads. The Texas Highway Dept. followed in 1917, and construction of Texas 1 soon followed. The group will explore how all that came about and the historical significance of the result.

November 12, 2018 Code: SF18FL12

M from 3:00 PM to 4:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Dan Smith

Dan Smith: After graduating from Florida State University, Dan Smith began a forty year career with the National Weather Service. He is a Fellow of the American Meteorological Society. His first encounter with the Bankhead Highway occurred while bicycling on back roads in Parker County near Aledo. The narrow country road seemed to belie the nearby street sign which identified it as the Old Bankhead Highway. Few seemed to know much about the old road, and

even less was known about the Bankhead Highway. Years later the author began his research and discovered the roads historical significance.

Timber Frame Building - No Nails. No Bolts. No Problem

Timber frame construction has been the basis for buildings for centuries before nails and hardware were practical in holding structures together. This is a traditional methods of building with heavy, hand hewn timbers, carefully fitted and joined with mortise and tenon joints, and secured by large wooden pegs. This lecture will cover a brief history of this technique and discuss the various structural elements and erection methods. Traditional methods with examples will be compared with modern methods. The instructor will share photos and his experience in building a timber frame ranch house near Palo Pinto, TX.

November 27, 2018

Code: SF18FL194

Tu from 9:00 AM to 10:30 AM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Randy Smith

Randy Smith received a BS in Aerospace Engineering and a MS Aerospace Engineering. He is an FAA Private Commercial Pilot with instrument rating and a USAF-rated navigator. He has 11 years military flying experience and is a retired Bell Helicopter engineer. Randy has been an avid amateur astronomer for 30 years and has been teaching Scout leaders about the night sky nearly that long.

The Thunderstorm Project of 1945

Aviation advanced during WW-2, but it was clear afterward that weather remained a serious problem to flight safety. In 1945 Congress directed the Weather Bureau to learn more about thunderstorms. Fortunately, tools and manpower were at hand at war's end for "The Thunderstorm Project." Using radar, aircraft and dense observations, all for the first time, data were collected in Florida (1946) and Ohio (1947). Results were taken to the University of Chicago where project scientists and technicians, working without computers, of course, compiled and published a final report in 1949. "The Thunderstorm," usually referred to simply as "Byers & Braham, 1949" is the most-often cited reference in meteorological literature.

November 27, 2018

Code: SF18FL65

Tu from 1:00 PM to 2:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Dan Smith

Dan Smith: After graduating from Florida State University, Dan Smith began a forty year career with the National Weather Service. He is a Fellow of the American Meteorological Society. His first encounter with the Bankhead Highway occurred while bicycling on back roads in Parker County near Aledo. The narrow country road seemed to belie the nearby street sign which identified it as the Old Bankhead Highway. Few seemed to know much about the old road, and even less was known about the Bankhead Highway. Years later the author began his research and discovered the roads historical significance.

Righteous Gentiles During the Holocaust

The lecturer's mother was honored by Israel as a Righteous Gentile at Yad Vashim and this lecture will tell her story of hiding a Jewish woman in Vienna during WWII. The lecture will also give background about how Hitler came to power and the reality of the Holocaust.

November 27, 2018 Code: SF18FL195

Tu from 3:00 PM to 4:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Klaus Dressen

Klaus Dressen: Retired professor at UTA. Lecturer of Germanic Languages. Born in Germany.

Sex and Money: What's the Problem Honey?

Brad Nowlin, Licensed Marriage and Family Therapist, and his wife, Grace Nowlin will address those topics using the latest research in this fun and lively presentation.

December 5, 2018 Code: SF18FL196

W from 9:00 AM to 10:30 AM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Brad Nowlin

Brad Nowlin: Brad Nowlin is a Licensed Marriage and Family Therapist in private practice with Fort Worth Counseling. A 1984 TCU MBA graduate, this Silver Frog also has degrees from The University of Texas and MidAmerica Nazarene University. His Silver Frog wife Grace is an artist and a gardener and a graduate of the University of Missouri.

The Galileo Project: Mission to Jupiter and Its Worlds

Like a miniature solar system, planet-sized moons and dusty rings orbit the giant planet Jupiter. Since its discovery by Galileo Galilei in 1610, the Jovian system has fired our imaginations, challenged our worldviews, and inspired voyages of exploration. NASA's Galileo mission with its atmospheric probe and long-lived orbiter performed the most comprehensive exploration to date of this king of planets. Launched in 1989, the spacecraft arrived at Jupiter on December 7, 1995. In the ensuing seven and a half years, twelve science instruments on the orbiter studied the planet, its magnetosphere, and its magnificent moons.

December 5, 2018 Code: SF18FL197

W from 11:00 AM to 12:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Eilene Theilig

Eilene Theilig: Eilene Theilig combines her background in science and theology to address current issues in today's world. She earned a Ph.D. in geology from Arizona State University with a concentration in planetary studies. For 14 years Eilene was part of NASA's Galileo Mission to Jupiter, serving as Project Manager for the final two years of the mission.

Afterward, she received a MDiv from Pacific School of Religion, and is an ordained Disciples of Christ minister. Eilene is Director of Lay and Continuing Education at TCU's Brite Divinity School.

Sculpture, Paintings and Architecture by Michelangelo

Michelangelo's statute of David, now in Florence, is probably the most famous sculpture in the world, and his Pieta in St. Peter's cathedral may be the second-most famous. This lecture will look at these and other wonderful pieces, including images of his statute of Moses and the tomb of Pope Julian, and his works for the Medici tombs and the Medici library in Florence. The history of Michelangelo's times, and the changes brought about the by invasion of Rome, the Reformation, and the contrasts between the world view of the Sistine Chapel and his much darker painting, "the Last Judgement" will be discussed.

December 5, 2018 Code: SF18FL198

W from 1:00 PM to 2:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Jackee Cox

Jackee Cox: Education: BA English Literature UT Austin; MA English literature, Wayne State University; J.D. UT Austin Law School; 30+ years practicing law; and teacher of adult basic education at Highland Park Community College (Mich) in 1970-71. Jackee fell in love with Renaissance art and history in 1968, and wants to share on-line resources on this subject with others.

Marfa. Ft. Davis. Alpine. Marathon and Big Bend - Why Go?

Marfa has been described as "Tough to Get To, Tougher to Forget, But Once You Get Here...You Get It..." The history, geology and attractions of the towns in the Big Bend Area will be explored. The presentation will include photos and descriptions of the attractions in each area such as art galleries, museums, hiking trails, shopping, restaurants and lodging. Opportunities for tours such as those at McDonald Observatory, Marfa Maid Goat Farm, Big Bend Brewery in Alpine, and Angell Expeditions in Big Bend National Park will be highlighted in a power point presentation.

December 13, 2018 Code: SF18FL200

Th from 11:00 AM to 12:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Judy Furche

Judy Furche: Retired five years ago from the Everman Independent School District where she served as a principal, counselor, and teacher. She has Bachelor's and Master's degrees from TCU and is a charter Silver Frogs member. Judy's love of West Texas began four years ago when she went to Marfa on a girls' trip and has returned several times a year since then. With each visit, I have gained more knowledge about the area and experienced additional activities.

Butterfly Gardening with Native Plants- For Beginners

This lecture is designed for beginners to learn about butterfly gardening from a layman's perspective and the basics of the lifecycle of butterflies. There will be discussion of some native plants that work well for butterfly gardening, their benefits and where to obtain them.

December 13, 2018 Code: SF18FL118

Th from 1:00 PM to 2:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Diana Boerner

Diana Boerner works at TCU as the Business research librarian, but spends her spare time learning about native plants and gardening.

The Great Train Wreck of 1918

On July 9, 1918, two express trains operated by the Nashville, Chattanooga and St. Louis Railway collided head on at Dutchman's Curve west of Nashville killing 127 and injuring 171, the worst train wreck in US history. What happened, why did it occur, how it's connected to my family and a few other interesting historic tidbits.

December 13, 2018 Code: SF18FL201

Th from 3:00 PM to 4:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Tom Clark

Tom Clark is a retired pilot and aerospace engineer with a life-long passion for history. Railroading has always been an interest as his grandfather was an engineer for the NC&StL and his great uncles worked in their shops not far from the wreck site. As a kid, Tom remembers his father taking him to the train yards where they hitchhiked rides in the cabs of freight engines, with his mother chasing in the car. On a recent genealogy road trip to Tennessee, Tom discovered a bizarre connection between his family's history and the Great Train Wreck of 1918.

One-Time Lectures

Session I: September 10 – October 5

Please note that some lectures and courses run concurrently!

TCU Athletics Through Five Decades

Richard Sybesma, TCU's longest tenured head coach, is retired and talks about his experience throughout 38 years of service, spanning 5 decades. Talk will include working with four Athletic Directors, 5 head Football Coaches and how far the Sports programs at TCU have come since his arrival at TCU in 1979.

September 10, 2018 Code: SF18FL176

M from 9:00 AM to 10:30 AM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Richard Sybesma

Richard Sybesma has been the TCU Head Swimming and Diving coach for 38 years (1979-2018). He has been the Head Olympic Swimming coach for Nicaragua in the 1996 Olympic games in Atlanta. He is a 5-time coach of the year and has won 7 conference team championships, spanning 6 conferences.

Frank Lloyd Wright: The Life and Legacy of America's Greatest Architect

This lecture will include a historical summary of Frank Lloyd Wright's life and career with a closer look at a specific project -- Taliesin West -- which was Wright's winter home and architectural studio in Arizona. Mr. Lickteig will also discuss Wright's legacy in American architecture today.

September 10, 2018 Code: SF18FL86

M from 11:00 AM to 12:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Anthony Lickteig

Anthony Lickteig worked in his first career as an urban planner for more than twenty years with public agencies and private consultants. He has been working in a second career for the last 15 years in the non-profit sector, mainly museums. He was an art museum docent in Seattle for more than ten years, and he was employed by the Frank Lloyd Foundation in Arizona for 11 years primarily as a tour guide. Currently he is a docent at the Kimbell Art Museum.

Margaret Mitchell's Gone With the Wind Revisited: The True Story of the Civil War in Georgia

More than 30 million copies of *Gone with the Wind* have been sold worldwide and it was one of the most influential books of the twentieth century. Fifty years after it was first published in 1936 it reappeared on the national bestseller list after its sequel *Scarlett* came out in 1991. The movie version in 1939 still remains one of the most successful films in box-office history. But how accurate is Mitchell's story? Is *Scarlett O'Hara* a fair representation of a Georgia belle? Is *Rhett Butler* a typical southern rogue? Is *Ashley Wilkes* a true southern gentleman? We will discuss this and much more, including the real wartime events in Georgia, with a focus on Gen. William T. Sherman's capture of Atlanta and his March to the Sea (from Atlanta to Savannah) in 1864 and how it touched the people of Georgia, both then and now.

September 10, 2018

Code: SF18FL177

M from 1:00 PM to 2:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Anne Bailey

Dr. Anne J. Bailey is a specialist in Civil War history. She is the author/editor of eight books, numerous book chapters, and over 300 articles and book reviews. She has taught at Texas Tech University, the University of Arkansas, Fayetteville, and in the University of Georgia system. She has edited the Society of Civil War Historians newsletter for almost 25 years.

Treasures of TCU: Rare Books of the Mary Coutts Burnett Library

Did you know that Special Collections at Mary Coutts Burnett Library houses rare and unique treasures including the extremely scarce collection of Shakespeare published (illegally) in 1619, a notebook hand-written by the famous British author George Eliot, and a first edition of Jane Austen's *Pride and Prejudice*? Join us for an information introduction to these and other treasures right here in Fort Worth and available to the public. There are no pre-requisites except a healthy appetite for rare books.

September 10, 2018

Code: SF18FL178

M from 3:00 PM to 4:30 PM

Location: Mary Coutts Barnett Library Computer Lab

Instructor: Julie Christenson

Julie Christenson is the rare book librarian at TCU. She holds a PhD in English from the University of Missouri and a MLS from the University of Illinois. Her love of rare books has led her to conduct research in rare book repositories such as the British Library and the Morgan Library and Museum. She loves meeting fellow bibliophiles as well as opening up the world of rare books to interested newcomers.

2017 and Beyond - Changes in U.S. Priorities for Admission and/or Deportation of Immigrants

Under the Obama administration, the US focused on deporting immigrants recently-caught near our borders, and immigrants with convictions for serious crimes committed in the U.S. In February, 2017, federal deportation priorities were expanded to target all foreign-born persons apprehended in the US without currently valid U.S. visas, or papers reflecting their completion of the naturalization process. Criteria for extending or granting new work-related visas have been narrowed substantially. There is also a push to deport Dreamers. Class will review rules changes, strategies for deportation, and the wisdom or folly of the new procedures.

September 14, 2018

Code: SF18FL206

F from 1:00 PM to 2:30 PM

Location: Bass Building - Room 1004: 2800 W. Bowie Street

Instructor: Jackee Cox

Jackee Cox: Education: BA English Literature UT Austin; MA English literature, Wayne State University; J.D. UT Austin Law School; 30+ years practicing law; and teacher of adult basic education at Highland Park Community College (Mich) in

1970-71. Jackee fell in love with Renaissance art and history in 1968, and wants to share on-line resources on this subject with others.

An Introduction to the History and Procedures of the United States Supreme Court

The Judicial Branch, especially the Supreme Court, is widely regarded as being the most mysterious, i.e., the least understood, of the three branches of the Federal Government. This lecture will introduce attendees to a brief history of the Court and a behind-the-scenes look at its procedures. The "procedures" part of the lecture will focus on how cases get to the Court, how the Justices decide what cases they will hear, how oral arguments are conducted, and the procedures they use from determining how the case ought to be decided to the public announcement of the Court's decision. This last section will explain how the opinions are written.

September 18, 2018 Code: SF18FL60

Tu from 9:00 AM to 10:30 AM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Ronald Flowers

Dr. Ronald B. Flowers is John F. Weatherly Emeritus Professor of Religion at Texas Christian University. He taught at TCU for 37 years and was chair of the Religion Department for nine years. He is the author or co-author of ten books and 56 articles in scholarly publications, 96% of which were on church-state relations in the United States. He is a member of the Editorial Council of the Journal of Church and State. He still teaches his church-state course at TCU.

William Marshal: Possibly the Greatest Knight in History

William Marshal, born in mid-12th century, rose from humble beginnings to become rich, famous, and powerful. He served five kings and finally ruled all of England as regent. His fascinating story was lost until the late 19th century. Who was this man and why don't we know more about him?

September 18, 2018 Code: SF18FL179

Tu from 11:00 AM to 12:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Mike Strange

Mike Strange is a retired physician with an MD degree from UT Southwestern. He has an interest in history, especially quirky stories like this one.

Plant Combinations

Learn how to combine annuals, perennials, shrubs, and tropical plants in beds and containers to achieve stunning results in your landscape. This course features working with both cool and warm season plants to create year-round color combinations.

September 18, 2018 Code: SF18FL180

Tu from 1:00 PM to 2:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Steve Huddleston

Steve Huddleston is the senior horticulturist at the Fort Worth Botanic Garden, president of his own landscaping company, and author of Easy Gardens for North Central Texas. He broadcasts weekly on WBAP and writes for three magazines.

Vote Smart

Project Vote Smart was started in the 1950's to collect and organize FACTS related to political candidates in US elections. It is a non-profit, non-partisan organization that helps educate voters on candidates by providing biographies, issue positions, voting records, lists of major financial supporters, etc. Vote Smart data records are often used by major media outlets looking for facts in their coverage of politics. After a brief profile of the organization, this lecture will explore the resources available from Vote Smart and how to navigate the features on its website. Focus is on the tools available from Vote Smart and not on any specific candidates. There will be no discussion nor endorsement of specific candidates or issues.

September 18, 2018 Code: SF18FL199

Tu from 3:00 PM to 4:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Lewis Woodard

Lewis Woodard: Mr. Woodard had a career with the American Red Cross in accounting and auditing and still volunteers with that organization. Since retiring, he has operated a home-based travel agency. Lew is an experienced Silver Frog instructor who has presented classes on cruise vacations, international humanitarian law, Clara Barton, and understanding soccer.

Augustinian Motifs in Popular Music

This multimedia lecture explores and evaluates how and why basic theological themes of reverence for the primacy of God, the ubiquity of sin, and the value of grace associated with St. Augustine, surface in contemporary music. St. Augustine (354-430) was an early Christian thinker and now Doctor of the Church. Featured artists include Stormzy, Depeche Mode, Tarrus Riley, Margo Price, J. Cole, and others.

September 21, 2018 Code: SF18FL207

F from 1:30 PM to 3:00 PM

Location: Bass Building - Room 1004: 2800 W. Bowie Street

Instructor: Darren Middleton

Darren J. N. Middleton is Honors Faculty Fellow and Professor of Religion at TCU. He was educated at the Universities of Manchester, Oxford, and Glasgow before teaching in Memphis, and in Fort Worth where he has been since 1998. He has published ten books and a range of articles on religion, theology, and the arts. He is currently researching material for a planned monograph, "For All The Saints: Encountering Our Christian Forebears Through Fiction." In addition, he is working with Dr. Elizabeth H. Flowers on an edited anthology of essays devoted to the history of the Evangelical novel.

Discover the Nuances of Color

This course will examine the properties of color. After learning the properties of color you will see how the properties of color are used to determine what colors are flattering on a person. For example: why do certain colors of clothing enhance your appearance while other colors are not as flattering?

September 25, 2018 Code: SF18FL169

Tu from 9:00 AM to 10:30 AM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Elaine Stoltz

Elaine Stolz is a certified image consultant master. She is one of twelve masters in the world. She has owned Stoltz Image Consulting in Fort Worth for 30 years, specializing in positive first impression and custom color analysis. For the last 15 years Elaine has been teaching others to be image consultants through Stoltz Image Institute.

Understanding Mindfulness and Contemplative Studies

What is mindfulness, and what is the emerging field of Contemplative Studies? Are they for scholars and practitioners of Asian thought, or for everyone, to relieve stress and increase well-being? This talk will introduce these terms and their background, and will include some exercises to help participants to understand them.

September 25, 2018 Code: SF18FL182

Tu from 11:00 AM to 12:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Andrew Fort

Andrew O. Fort is Professor of Asian Religions (emeritus) at TCU, where he taught courses on the religions of India for 35 years. He received his Ph. D. in Religious Studies from the University of Pennsylvania, and his research focused on aspects of Hindu thought. Most recently he started the Contemplative Studies initiative at TCU and is particularly interested in contemplative pedagogy.

Living Abroad in Switzerland

Considering living in Switzerland or staying for an extended period of time? This presentation not only provides an overview of Switzerland, the top places to visit, and tips on traveling but also the pros and cons of living in this beautiful country. You will get a glimpse of what it is like to live in the 500 year old city of Basel, located on the Rhine River in the northwest corner of the country.

September 25, 2018 Code: SF18FL152

Tu from 1:00 PM to 2:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Patricia Geran

Patricia Geran recently retired as Divisional Vice-President, Finance and IT, Established Pharmaceuticals, at Abbott Laboratories after 29 years of service. Her final position was located in Basel, Switzerland where she and her husband

lived for three and one-half years. She holds a BS degree from the University of Minnesota in Minneapolis and a Master's in Business Administration from St. Edwards University in Austin.

The Dinosaurs of Texas

Texas has dinosaurs (and their close relatives) from the Triassic and Cretaceous Periods. This presentation provides a very brief introduction to the classification of dinosaurs and dinosaurs that have been found in Texas.

September 28, 2018 Code: SF18FL111

F from 1:00 PM to 2:30 PM

Location: Bass Building - Room 1004: 2800 W. Bowie Street

Instructor: Art Busbey

Dr. Arthur Busbey has been a geology professor at TCU since 1985 and is currently coordinator of the geology program of the School of Geology, Energy, and the Environment. His BS and MA are from the Department of Geology at UT-Austin and his PhD is from the Department of Anatomy at the University of Chicago. He has been published on reptilian vertebrate paleontology, geological remote sensing, and aspects of soft rock geology.

Mindset Matters

We are taught many things in life, but how to be happy is not one of them. Being happy takes work. It is easy to get overwhelmed and lose some of the joy in life. The most important aspect to happiness is your mindset. Our thoughts become things. So if you are thinking negative thoughts, guess what shows up in your life? In this lecture tips and tools are shared to create more happiness in your life. You can take these ideas home and use them to help you overcome negative thoughts.

October 4, 2018 Code: SF18FL181

Th from 9:00 AM to 10:30 AM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Cyndee Hopkins

Cyndee Hopkins is a mentor, mediator, author, coach, speaker and Mindset Maven. From a stay-at-home mother of four, to shockingly and unexpectedly becoming a widow, Cyndee Hopkins Jardieu has experienced life's major challenges and learned how to create a life she loves. Through her courage, she champions the cause of happiness -- finding your joy-filled life through happiness creation. Cyndee is passionate about authentically helping people create a new mindset, so they can live life with more joy and happiness. She knows how to overcome and thoughtfully helps you to pursue your personal peace. She touches hearts through her book, *Detour to Happiness*, speaks to a wide variety of groups, and has created her Tribe for inspiring, supporting and empowering members for their life choice of joy.

Venomous Animals of North Texas

This lecture addresses the identification, natural history, and habitat selection of venomous species in rural and urban environments. Epidemiology, morbidity, and historical aspects of bites in Tarrant County, especially copperheads, will be presented.

October 4, 2018 Code: SF18FL183

Th from 1:00 PM to 2:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Bill Taylor

Bill Taylor had a 30-year active duty career in the U.S. Air Force and taught high school ROTC for 12 years. He has BS and MS degrees in Biology and Chemistry and has taken additional graduate level coursework in plant and animal ecology. He is an amateur herpetologist, ecologist, and wildlife conservationist and is a docent at the Fort Worth Nature Center and Refuge.

Erich Maria Remarque in Person

World War I ended 100 years ago this November -- at the 11th hour, on the 11th day, of the 11th month, 1918. While the fighting ended on 11-11-11, echoes of the war have been heard down through the century that followed -- most notably in Erich Maria Remarque's book, *All Quiet on the Western Front*. An international bestseller, the book has been called the greatest war novel of all time. The instructor will portray Remarque, speaking as he spoke about the Great War and the echoes of it he heard for the rest of his life.

October 4, 2018

Code: SF18FL184

Th from 3:00 PM to 4:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: George Frein

George Frein, PhD, taught for 29 years in the Philosophy and Religion Department at the University of North Dakota in Grand Forks. During ten of those years, and then during fifteen years in retirement, he has done the research necessary to write historically accurate scripts for his solo performances. The characters he performs embody the values of the humanities disciplines of history and literature.

NaNoWriMo: Write a Novel in November

Been meaning to get your Harry Potter down on paper? NaNoWriMo (National Novel Writing Month) might just be the start you need! It's an annual event in which participants around the world attempt to write 50,000-word novels during the month of November. It's free, with no experience required, but a bit of planning is highly recommended. (Spoiler alert: A plan to write seven pages a day will get you there mathematically, but life, Thanksgiving, and writer's block may have their own plans.)

October 5, 2018

Code: SF18FL208

F from 1:00 PM to 2:30 PM

Location: Bass Building - Room 1004: 2800 W. Bowie Street

Instructor: Dick Johnston

Dick Johnston: Dick Johnston is a Silver Frog who retired from one career and is now working on a second as a part-time novelist. He participated in NaNoWriMo 2017, writing 55,756 words plus "The End."

One-Time Lectures

Session II: October 12 – November 9

Please note that some lectures and courses run concurrently!

Bitcoin. Cryptocurrency. and Blockchain: A Very Brief Introduction

Bitcoin is the first of many cybercurrencies. It's based on some cryptographic concepts and a technology called blockchain. This lecture will discuss what cybercurrencies are and their possible advantages and disadvantages. It will also describe the underlying technology in a very elementary way. This will NOT be an investment seminar. The instructor finds the technology and the sociology of bitcoin to be very interesting, but he has not invested in any cryptocurrency and has no intention of doing so.

October 15, 2018 Code: SF18FL185

M from 9:00 AM to 10:30 AM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Robert Frey

Robert Frey has had a lifelong interest in science. He received a BA in physics from Duke University in 1962 and completed a PhD in chemistry (emphasis on physical chemistry) in 1967. He spent the bulk of his working career at the U.S. Army Aberdeen Proving Ground where he worked on technical projects of a military nature. His working career involved engineering and science, but it did not involve fundamental science. The classes that he teaches for the Silver Frogs are based on his interests and not on his professional career.

Fall-Proof Your Home

Don't be a Slip, Trip, and Fall victim in your own home. What can you change or add to help save yourself potential grief? How to improve your space and what questions to ask when you do your own inspection.

October 15, 2018 Code: SF18FL186

M from 11:00 AM to 12:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Jerome Davis

Jerome Davis holds BS and MS Degrees in Nuclear Engineering from the Univ. of Wisconsin and is a licensed professional engineer. He worked for 15 years as an engineer and manager in the nuclear power industry, then taught nuclear and mechanical engineering for 21 years at The University of North Texas College of Engineering. In 2015, he created a Certificate in Walkway Safety Auditing course and continues to teach the course both on-campus and at corporate locations.

Appeal Power of Women of the Bible

The Scriptures record that every time a wife appeals to her husband with a request he honors it, with one exception. Scripture further records that every time a woman appeals to a man who is not her husband he complies with only two exceptions. There are over 25 examples. Why? What's the point?

October 15, 2018

Code: SF18FL157

M from 1:00 PM to 2:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Roger M. Norman

Roger M. Norman is a retired attorney specializing in an estate-planning law practice. He has taught in the Extended Education Department of TCU and as part of the Silver Frogs program. He has a BA degree from the University of Oklahoma and a Law degree from the University of Texas at Austin.

How to Get the Most Effective Use of Your Cell Phone

Learn how to be more organized. Learn how to stop forgetting important tasks and dates. Learn how to coordinate you cell phone and computers/tablets. Learn about apps that will help you do the things above and improve your data security. Learn how to be a better communicator with your friends and loved ones, including your spouse. Reduce the fear and confusion related to your cell phone by learning some simple tips.

October 15, 2018

Code: SF18FL187

M from 3:00 PM to 4:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Joe Greenslade

Joe Greenslade is a Fort Worth native and graduate of Texas A&M University with a degree in Business Management. He is an author, artist, speaker, inventor, teacher, and community volunteer. Joe's passion is helping young people reach their highest potential through education, self-development, and mentoring. He has been teaching and mentoring young people for over 50 years.

Medicare 101

Making the most of your Medicare benefits can help you achieve your best health and keep more money in your pocket. This presentation provides a brief overview of Medicare from its inception through its current form today; an overview of Medicare parts A, B, C, D, and supplements; issues regarding eligibility, initial enrollment, the annual enrollment period, special enrollment periods, and penalties; Medicare benefits for niche groups such as those in low-income categories, veterans, teachers, and others; and tips for getting the maximum benefit from your Medicare plan.

October 19, 2018

Code: SF18FL146

F from 1:00 PM to 2:30 PM

Location: Bass Building - Room 1004: 2800 W. Bowie Street

Instructor: Sheri Parris & Ron Smith

Sheri Parris, Ph.D., is a licensed health insurance agent, and Research Scientist for the Karyn Purvis Institute of Child Development at TCU. She has published four textbooks, including the most recent in 2017 on the topic of child maltreatment in institutions.

Ron Smith, co-instructor, has an M.A. in Health Administration. He is a licensed health insurance agent, President Emeritus of Harris Methodist Health System, Co-founder of Texas Health Resources and CareFlite, FACHE Fellow of the

American College of Healthcare Executives, Past Chair of the Texas Hospital Association, and Past Chair of the M.J. Neeley School of Business at TCU.

Don't Just Do Something, Stand There!

This Chinese method of standing meditation is called Zhan Zhuang (John Ju-wahng or Standing Like a Post) and will do wonders for your health and peace of mind. The group will explore the theories behind this method, learn several useful postures, and actually feel the mysterious intrinsic energy that the Chinese call chi. This is a system where you get more results if you put in less effort. It is the ideal exercise for the truly lazy.

October 19, 2018 Code: SF18FL119

F from 3:00 PM to 4:30 PM

Location: Bass Building - Room 1004: 2800 W. Bowie Street

Instructor: Dennis Beck

Dennis Beck has taught Tai Chi for TCU for at least the last 20 years, He also has helped others to explore relaxation and related arts at Trinity Terrace and The Vantage at Cityview. He knows these ideas work because he feels it himself when he's teaching, doing tai chi, or dancing the boogie woogie.

Organizing Your Genealogy Research Trip

Going on a genealogy research trip is something you will probably want to do at least once in search of your family history. Being prepared ahead of time will not only make your trip easier but will also increase your chances of success. Knowing where to go and what you expect to find is the adventure.

October 23, 2018 Code: SF18FL133

Tu from 9:00 AM to 10:30 AM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Crystal Barth

Crystal Barth is a retired government employee who took up the challenge of tracing her family genealogy after retirement more than 20 years ago. Her ancestors hail mainly from England and Germany, with a little French added, and have spread all over the USA. Her paternal line has been traced back to 1538 England. She is a member of several national, state and county genealogical societies.

How the Other Half Lived: Women in the Civil War

Too often discussion of the Civil War focuses only on the men and their battles. It's easy to forget that the families left behind at home were kept together by the women -- wives and mothers. Women all across the Confederacy suffered through hardships and deprivations, and in Texas that was compounded by the presence of hostile Comanches, Kiowas, and Apaches. Who were these Confederate women and why do they matter? The story of the challenges and hardships of women across the South during the war is compelling, and their struggle to survive should be remembered just as much as stories of the men who fought the battles. We will look at Confederate women rich and poor, young and old, and how they survived four years of war.

October 23, 2018 Code: SF18FL188

Tu from 11:00 AM to 12:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Anne Bailey

Dr. Anne J. Bailey is a specialist in Civil War history. She is the author/editor of eight books, numerous book chapters, and over 300 articles and book reviews. She has taught at Texas Tech University, the University of Arkansas, Fayetteville, and in the University of Georgia system. She has edited the Society of Civil War Historians newsletter for almost 25 years.

Outstanding Plants for North Central Texas

Learn the best trees, shrubs, perennials and vines for north central Texas just in time for fall planting. Fall is the best time to install these stalwart plants in your landscape so that they can establish before next summer's heat. These native and introduced plants perform well in our soils under our climatic conditions and, once established, will require minimal maintenance.

October 23, 2018

Code: SF18FL115

Tu from 1:00 PM to 2:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Steve Huddleston

Steve Huddleston is the senior horticulturist at the Fort Worth Botanic Garden, president of his own landscaping company, and author of Easy Gardens for North Central Texas. He broadcasts weekly on WBAP and writes for three magazines.

A History of Bluegrass

The course will cover the history of bluegrass music from the pre-war string bands and Bill Monroe to the contemporary musicians. Topics will include major contributors to the music, instruments and instrumental styles, musical influences, and bluegrass in popular culture, all illustrated with audio and video examples of the "high lonesome" sound and instrumental virtuosity.

October 23, 2018

Code: SF18FL189

Tu from 3:00 PM to 4:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Jim Stripling

Jim Stripling is an attorney who got hooked on bluegrass when he heard an Earl Scruggs banjo instrumental in 1958, and he hasn't been the same since. He has played guitar, banjo, and a little bit of mandolin for over 50 years, including a stint with the not-so-famous Third World String Band that performed at the long-forgotten and since-demolished Tootsie's on White Settlement Road in the 1970's. He received a B.A. from Yale and a J.D. from the University of Texas at Austin, neither of which has had an adverse effect on his picking.

The American Revolution: Military Strategy, Tactics & Technology

This lecture is a discussion of the overall strategies of the British and American armies during the Revolution. The precursors of the Revolution in North America, the French and Indian War, plus some interactions with Indians are examined as to how they formed perspectives for operations later. The impact of the latest technologies and logistics on the strategies used by both sides will also be discuss. In addition, some threads that passed from the English Civil War through the Revolution and into the US Civil War will be are examined.

October 26, 2018 Code: SF18FL44

F from 1:00 PM to 2:30 PM

Location: Bass Building - Room 1004: 2800 W. Bowie Street

Instructor: Ken Bowers

Ken Bowers: Ken suffers from a variety of interests, flying, fly fishing, history, science, among others. Of special interest are the connections of the seemingly unconnected.

Fun with Math!

Have fun with math skills, tricks, and riddles. Learn the rule of 70, 12-month moving graphs, math tricks to amaze your friends, exponentials, some business nomographs, and -- of course -- fun math riddles. You don't need to be a math major to learn these fun skills!

October 26, 2018 Code: SF18FL165

F from 3:00 PM to 4:30 PM

Location: Bass Building - Room 1004: 2800 W. Bowie Street

Instructor: Thomas Morton

Thomas Morton is a retired professional engineer and a Silver Frog. He has been doing geneology research for over 50 years and has published 50 family history books for friends and family.

An Introduction to Proton Radiation for Oncology

Proton Therapy is an advanced form of radiation treatment that uses a beam of the positively charged part of an atom (the proton) to damage cancer cells and delivers higher doses of precisely targeted radiation to control and manage tumors thus minimizes radiation does to surrounding tissues. Proton therapy is one of the most promising recent developments in cancer treatment.

October 31, 2018 Code: SF18FL190

W from 11:00 AM to 12:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Gary Barlow

Gary Barlow has more than 32 years of experience in radiation therapy management and is the Administrative Director of the Texas Center for Proton Therapy. Gary was instrumental in opening the only proton therapy center in North Texas and leads a team of radiation therapists, physicists, and other clinical personnel with over 75 combined years of proton therapy experience.

Fort Worth Area Rocks and Fossils

A general introduction to geology, using the local Fort Worth area as the example. The group will discuss the three types of rocks based on how they are formed, how they are represented on maps and cross-sections, identify hand-samples, and more. We will look at the historical changes that have occurred in the local area based on the rock and fossil record and see how this is represented both in cross-sections and map views. We will also learn about good fossil localities, the most common and interesting fossils that can be found near here, and work with actual rocks and fossils in a friendly lab setting.

October 31, 2018

Code: SF18FL135

W from 1:00 PM to 2:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Janet Busbey Nilsson

Janet Nilsson Busbey is a graduate of the University of Texas at Austin and attended TCU where she earned an MLA in 1989. She has taught earth, life, and physical science for over 25 years for FWISD, retiring in 2012. Janet has also taught Math and Logic for 20 years at Texas Wesleyan University's summer STEM program. She generously assists with the TCU Geology Field Trips several times a year with her husband, Dr. Art Busbey.

Maintenance of Adequate Bone Mass as We Age

One of the consequences of living a long life, is that the deterioration of various bodily systems continues, and bones are no exception. Poor skeletal health can mean weaker bones with increased likelihood of fractures and consequent loss in quality of life. To acquire and maintain a healthy skeleton, it's important what we do early in our life as well as when we age. The purpose of this lecture is to discuss: 1) Causes of weakened bones, fracture risk and possible countermeasure, and 2) describe how NASA research in microgravity has been useful in our understanding of osteoporosis.

November 2, 2018

Code: SF18FL202

F from 1:00 PM to 2:30 PM

Location: Bass Building - Room 1004: 2800 W. Bowie Street

Instructor: Adrian LeBlanc

Adrian D. LeBlanc, Ph.D. was a staff scientist at the Universities Space Research Association (USRA) for over 15 years and served as the Director of the Division of Space Life Sciences (DSLSS). He received his Ph.D. in Radiation Biophysics from the University of Kansas and is a Professor (retired) in the Department of Medicine and the Center for Space Medicine at Baylor College of Medicine and adjunct professor in the Department of Orthopedic Surgery at UTMB and the Institute for Cardiovascular and Molecular Disease at UNTHSC. His primary research interests relate to the investigation of the loss and recovery of bone and muscle tissue in weightlessness and the development of countermeasures.

Understanding the Heart and Blood Vessels

You've likely heard of heart attacks, high blood pressure, mitral valve prolapse, bypass surgery, congestive heart failure, and coronary artery disease. But, do you know what is really happening in these cases, or why they cause such

problems? In this class the lecturer will explain common terminology, show basic anatomy with models you can touch, and discuss common treatments in an easy to understand manner.

November 2, 2018 Code: SF18FL203

F from 3:00 PM to 4:30 PM

Location: Bass Building - Room 1004: 2800 W. Bowie Street

Instructor: Stephanie Wallace

I've been teaching Anatomy and Physiology for 9 years, the last 5 years at TCU. Most of my students have plans to be nurses, physical therapists, or physician assistants. Anatomy and physiology is my passion and I love teaching others about the human body and how it works. I know these topics can be confusing and I strive to explain complicated mechanisms in an easy to understand way.

Hermeneutics

How to understand what you read. A study of one human mind understanding what another human mind means by the words or language they speak or write. We would look at the role and meaning of words in scripture.

November 5, 2018 Code: SF18FL191

M from 9:00 AM to 10:30 AM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: William Tolar

Dr. William B Tolar is a retired Professor who has taught 10 years at Baylor University, 40 years at a Graduate Seminary, and 12 years at Dallas Baptist University. He loves teaching and connecting with students to build foundations in knowledge.

U.S. Supreme Court Cases to Watch - 2018-2019 Term

This lecture will explore a few of the headline cases on the 2018-19 U.S. Supreme Court docket and why their outcome is significant.

November 5, 2018 Code: SF18FL192

M from 11:00 AM to 12:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Gregg Lehman

Gregg H. Lehman is Senior Vice President, Secretary, and General Counsel for the Fort Worth based One Main Solutions (OMS), a member of Citi. Since 2005, Gregg has also served as an Adjunct Professor for the Management and Accounting Departments in the M.J. Neeley School of Business at TCU, teaching undergraduate and graduate courses on the Legal Environment of Business and White Collar Crime. He has also held Adjunct Professorships at The University of Texas School of Law, Tulane University School of Law, Southern Methodist University Dedman School of Law and the Edwin L. Cox School of Business at Southern Methodist University

African American Artists from 1800 to Now

American art tends to overlook the contributions of black artists. This lecture will highlight two or three black artists from the 19th, 20th, and 21st century. It will introduce the audience to these artists' respective styles and subject matter and examine how social issues influenced their works. In addition, we will also discuss how representation in the arts and art museums is beneficial to youth because it gives them role models. We will also briefly discuss past and present artists who have influenced my work.

November 5, 2018 Code: SF18FL193

M from 1:00 PM to 2:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Lillian Young

Lillian Young is a BFA Painting Major at Texas Christian University. She has a passion for history and incorporates it into her art. Her works depict forgotten or not well known moments for the black history and the black experience, focusing on overlooked black leaders and objects historically used by the black communities. Lillian has worked at the Smithsonian American Art Museum and is currently working part time as an elementary art teacher at Montessori School of Fort Worth and hopes to pursue a career in museum education so that she can help with the push to diversify museum culture.

Contemporary Art & Aging

The Director of the Art Galleries at TCU will lead a guided tour of a solo exhibition featuring the work of artist Jordan Baseman at Fort Worth Contemporary Arts. Baseman is a visual artist and filmmaker, who received a BFA from Tyler School of Art, Philadelphia, Pennsylvania and an MA from Goldsmith's College, University of London. Baseman is currently the Head of Time Based Media at the Royal College of Art, London. His new video work, made especially for presentation at TCU, reflects on diverse aspects of aging, including dementia and the quest for identity by an older transgender woman. Please join us for a challenging and moving exploration of aging in the 21st century. Refreshments provided.

November 5, 2018 Code: SF18FL209

M from 3:00 PM to 4:30 PM

Location: Fort Worth Contemporary Arts, 2900 W. Berry Street

Instructor: SarahJayne Parsons

Sarah Jayne Parsons: As the Director of the Art Galleries at TCU, Sara-Jayne Parsons drives the international curatorial vision of Fort Worth Contemporary Arts and promotes professional development of students and local artists through programming in Moudy Gallery. Her curatorial practice is informed by working in close partnership with artists to produce new art through commissions, exhibitions and artist residencies. Before moving to Fort Worth in 2014 Sara-Jayne was the Exhibitions Curator at the Bluecoat in Liverpool, UK. She has published critical writing in various contemporary art magazines including Source, Art Monthly Australia and ArtLies, and has published essays in numerous exhibition catalogues.

Texas, Mexico, and the Border on the Eve of World War I

This lecture provides an overview of how events along the Texas / Mexico border influenced American involvement in World War I. Some of these events include: the Mexican Revolution, the Plan of San Diego, the Columbus, New Mexico Raid, the Punitive Expedition, the first nation-wide call-up of the National Guard, and the Zimmermann Telegram.

November 9, 2018

Code: SF18FL204

F from 1:00 PM to 2:30 PM

Location: Bass Building - Room 1004: 2800 W. Bowie Street

Instructor: Kent Knudson

Kent Knudson: Member, Tarrant County Historical Commission

The Forgotten Nine

This presentation will focus on the work of nine women artists who taught at the woman's university in Denton "CIA, TSCW, and TWU" and formed the first studio art department at a public university in Texas. They were excellent artists who were well-educated and well-traveled. Through their study and associations with well-known international artists, they brought modernism to Texas. They worked at the same time as the more well-known Dallas Nine, but have been overlooked by comparison. Following the lecture, interested participants will be invited to the lecturer's home to see examples of work by some of these women artists.

November 9, 2018

Code: SF18FL205

F from 3:00 PM to 4:30 PM

Location: Bass Building - Room 1004: 2800 W. Bowie Street

Instructor: Jack Davis

Jack Davis: Professor Emeritus and Founding Dean of the College of Visual Arts and Design at the University of North Texas where he spent 40 years in a variety of teaching and administrative roles. He holds BA and MA degrees from Baylor University, a Ph.D. from the University of Minnesota, and a Certificate in Appraisal Studies in Fine and Decorative Arts from New York University. Jack has more than 40 publications and has presented more than 90 papers at professional meetings. A founding member of CASETA, (the Center for the Advancement and Study of Early Texas Art), he received the group's Lifetime Achievement Award in 2012.

One-Time Lectures

Session III: November 12 – December 14; no class 11/20 – 24

Please note that some lectures and courses run concurrently!

Everything You Want to Know About Road Scholar But Are Afraid to Ask

This is a travel venue for seniors and was formerly known as Elder-Hostel. Road Scholar covers not only the United States, but countries all over the world. All attendees will get one of their travel magazines.

November 12, 2018

Code: SF18FL126

M from 9:00 AM to 10:30 AM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Janelle Coyle

Janelle Coyle is a retired social studies teacher. She has taken numerous trips with Road Scholar here in the United States. She is active in Retired Teachers in Burleson.

Dying With Dignity: The Facts About Hospice Care

Decisions about end-of-life care, whether for oneself or a loved one, are always difficult. One possible choice which offers dignity, respect, and pain relief as needed is the Hospice Care option. This presentation offers participants the opportunity to hear first-hand experiences with Hospice Care. Participants are also encouraged to ask any and all questions to fully explore the Hospice Care option.

November 12, 2018 Code: SF18FL155

M from 11:00 AM to 12:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Jim Parr

Jim Parr is a semi-retired commercial realtor and entrepreneur. Having used the principles to build his own nest egg, he now focuses on teaching and managing his own investments. He is approved by the Texas Real Estate Commission to teach all levels of discretionary and mandatory continuing education classes for license renewal. He also offers this class and three classes on traveling in Italy through TCU's Extended Ed program.

Had a Good Time: The Social and Historic Importance of Postcards

During a "golden age" of postcards, about 100 years ago, millions of postcards served the social purpose of staying in touch, sharing information, educating both senders and receivers, and even passing on critical information -- from weather forecasts to news of illness. Mail was delivered twice a day and cards cost a penny. Without phones or autos (and good roads), how else to communicate? They were commonly saved, and even carefully preserved, so cards can provide important images and messages that are valuable to researchers. They are also just plain interesting ... it's hard to think of a subject that wasn't on a postcard.

November 12, 2018 Code: SF18FL114

M from 1:00 PM to 2:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Dan Smith

Dan Smith: After graduating from Florida State University, Dan Smith began a forty year career with the National Weather Service. He is a Fellow of the American Meteorological Society. His first encounter with the Bankhead Highway occurred while bicycling on back roads in Parker County near Aledo. The narrow country road seemed to belie the nearby street sign which identified it as the Old Bankhead Highway. Few seemed to know much about the old road, and even less was known about the Bankhead Highway. Years later the author began his research and discovered the roads historical significance.

The Bankhead Highway in Texas

The Bankhead Highway was the nation's first year-round transcontinental highway, extending from Washington, DC, to San Diego. Roughly a third of its 3,000 mile length was Texas Highway No. 1, from Texarkana to El Paso. Alabama Senator John H. Bankhead was influential in passage of the "Good Roads Act," which in 1916 made federal funds available to states, for the first time, to share the costs of better roads. The Texas Highway Dept. followed in 1917, and construction of Texas 1 soon followed. The group will explore how all that came about and the historical significance of the result.

November 12, 2018

Code: SF18FL12

M from 3:00 PM to 4:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Dan Smith

Dan Smith: After graduating from Florida State University, Dan Smith began a forty year career with the National Weather Service. He is a Fellow of the American Meteorological Society. His first encounter with the Bankhead Highway occurred while bicycling on back roads in Parker County near Aledo. The narrow country road seemed to belie the nearby street sign which identified it as the Old Bankhead Highway. Few seemed to know much about the old road, and even less was known about the Bankhead Highway. Years later the author began his research and discovered the roads historical significance.

Timber Frame Building - No Nails. No Bolts. No Problem

Timber frame construction has been the basis for buildings for centuries before nails and hardware were practical in holding structures together. This is a traditional methods of building with heavy, hand hewn timbers, carefully fitted and joined with mortise and tenon joints, and secured by large wooden pegs. This lecture will cover a brief history of this technique and discuss the various structural elements and erection methods. Traditional methods with examples will be compared with modern methods. The instructor will share photos and his experience in building a timber frame ranch house near Palo Pinto, TX.

November 27, 2018

Code: SF18FL194

Tu from 9:00 AM to 10:30 AM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Randy Smith

Randy Smith received a BS in Aerospace Engineering and a MS Aerospace Engineering. He is an FAA Private Commercial Pilot with instrument rating and a USAF-rated navigator. He has 11 years military flying experience and is a retired Bell Helicopter engineer. Randy has been an avid amateur astronomer for 30 years and has been teaching Scout leaders about the night sky nearly that long.

The Thunderstorm Project of 1945

Aviation advanced during WW-2, but it was clear afterward that weather remained a serious problem to flight safety. In 1945 Congress directed the Weather Bureau to learn more about thunderstorms. Fortunately, tools and manpower were at hand at war's end for "The Thunderstorm Project." Using radar, aircraft and dense observations, all for the first time, data were collected in Florida (1946) and Ohio (1947). Results were taken to the University of Chicago where project scientists and technicians, working without computers, of course, compiled and published a final report in 1949.

"The Thunderstorm," usually referred to simply as "Byers & Braham, 1949" is the most-often cited reference in meteorological literature.

November 27, 2018

Code: SF18FL65

Tu from 1:00 PM to 2:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Dan Smith

Dan Smith: After graduating from Florida State University, Dan Smith began a forty year career with the National Weather Service. He is a Fellow of the American Meteorological Society. His first encounter with the Bankhead Highway occurred while bicycling on back roads in Parker County near Aledo. The narrow country road seemed to belie the nearby street sign which identified it as the Old Bankhead Highway. Few seemed to know much about the old road, and even less was known about the Bankhead Highway. Years later the author began his research and discovered the roads historical significance.

Righteous Gentiles During the Holocaust

The lecturer's mother was honored by Israel as a Righteous Gentile at Yad Vashim and this lecture will tell her story of hiding a Jewish woman in Vienna during WWII. The lecture will also give background about how Hitler came to power and the reality of the Holocaust.

November 27, 2018

Code: SF18FL195

Tu from 3:00 PM to 4:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Klaus Dressen

Klaus Dressen: Retired professor at UTA. Lecturer of Germanic Languages. Born in Germany.

Sex and Money: What's the Problem Honey?

Brad Nowlin, Licensed Marriage and Family Therapist, and his wife, Grace Nowlin will address those topics using the latest research in this fun and lively presentation.

December 5, 2018

Code: SF18FL196

W from 9:00 AM to 10:30 AM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Brad Nowlin

Brad Nowlin: Brad Nowlin is a Licensed Marriage and Family Therapist in private practice with Fort Worth Counseling. A 1984 TCU MBA graduate, this Silver Frog also has degrees from The University of Texas and MidAmerica Nazarene University. His Silver Frog wife Grace is an artist and a gardener and a graduate of the University of Missouri.

The Galileo Project: Mission to Jupiter and Its Worlds

Like a miniature solar system, planet-sized moons and dusty rings orbit the giant planet Jupiter. Since its discovery by Galileo Galilei in 1610, the Jovian system has fired our imaginations, challenged our worldviews, and inspired voyages of exploration. NASA's Galileo mission with its atmospheric probe and long-lived orbiter performed the most comprehensive exploration to date of this king of planets. Launched in 1989, the spacecraft arrived at Jupiter on December 7, 1995. In the ensuing seven and a half years, twelve science instruments on the orbiter studied the planet, its magnetosphere, and its magnificent moons.

December 5, 2018 Code: SF18FL197

W from 11:00 AM to 12:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Eilene Theilig

Eilene Theilig: Eilene Theilig combines her background in science and theology to address current issues in today's world. She earned a Ph.D. in geology from Arizona State University with a concentration in planetary studies. For 14 years Eilene was part of NASA's Galileo Mission to Jupiter, serving as Project Manager for the final two years of the mission. Afterward, she received a MDiv from Pacific School of Religion, and is an ordained Disciples of Christ minister. Eilene is Director of Lay and Continuing Education at TCU's Brite Divinity School.

Sculpture, Paintings and Architecture by Michelangelo

Michelangelo's statute of David, now in Florence, is probably the most famous sculpture in the world, and his Pieta in St. Peter's cathedral may be the second-most famous. This lecture will look at these and other wonderful pieces, including images of his statute of Moses and the tomb of Pope Julian, and his works for the Medici tombs and the Medici library in Florence. The history of Michelangelo's times, and the changes brought about by the invasion of Rome, the Reformation, and the contrasts between the world view of the Sistine Chapel and his much darker painting, "the Last Judgement" will be discussed.

December 5, 2018 Code: SF18FL198

W from 1:00 PM to 2:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Jackee Cox

Jackee Cox: Education: BA English Literature UT Austin; MA English literature, Wayne State University; J.D. UT Austin Law School; 30+ years practicing law; and teacher of adult basic education at Highland Park Community College (Mich) in 1970-71. Jackee fell in love with Renaissance art and history in 1968, and wants to share on-line resources on this subject with others.

Marfa. Ft. Davis. Alpine. Marathon and Big Bend - Why Go?

Marfa has been described as "Tough to Get To, Tougher to Forget, But Once You Get Here...You Get It..." The history, geology and attractions of the towns in the Big Bend Area will be explored. The presentation will include photos and descriptions of the attractions in each area such as art galleries, museums, hiking trails, shopping, restaurants and lodging. Opportunities for tours such as those at McDonald Observatory, Marfa Maid Goat Farm, Big Bend Brewery in Alpine, and Angell Expeditions in Big Bend National Park will be highlighted in a power point presentation.

December 13, 2018 Code: SF18FL200

Th from 11:00 AM to 12:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Judy Furche

Judy Furche: Retired five years ago from the Everman Independent School District where she served as a principal, counselor, and teacher. She has Bachelor's and Master's degrees from TCU and is a charter Silver Frogs member. Judy's love of West Texas began four years ago when she went to Marfa on a girls' trip and has returned several times a year since then. With each visit, I have gained more knowledge about the area and experienced additional activities.

Butterfly Gardening with Native Plants- For Beginners

This lecture is designed for beginners to learn about butterfly gardening from a layman's perspective and the basics of the lifecycle of butterflies. There will be discussion of some native plants that work well for butterfly gardening, their benefits and where to obtain them.

December 13, 2018 Code: SF18FL118

Th from 1:00 PM to 2:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Diana Boerner

Diana Boerner works at TCU as the Business research librarian, but spends her spare time learning about native plants and gardening.

The Great Train Wreck of 1918

On July 9, 1918, two express trains operated by the Nashville, Chattanooga and St. Louis Railway collided head on at Dutchman's Curve west of Nashville killing 127 and injuring 171, the worst train wreck in US history. What happened, why did it occur, how it's connected to my family and a few other interesting historic tidbits.

December 13, 2018 Code: SF18FL201

Th from 3:00 PM to 4:30 PM

Location: Brown Lupton University Union: Beck/Geren Rooms

Instructor: Tom Clark

Tom Clark is a retired pilot and aerospace engineer with a life-long passion for history. Railroading has always been an interest as his grandfather was an engineer for the NC&StL and his great uncles worked in their shops not far from the wreck site. As a kid, Tom remembers his father taking him to the train yards where they hitchhiked rides in the cabs of freight engines, with his mother chasing in the car. On a recent genealogy road trip to Tennessee, Tom discovered a bizarre connection between his family's history and the Great Train Wreck of 1918.