

SPECIAL INTEREST GROUPS-----SIGs

Greetings to all Silver Frog members:

Special Interest Groups (SIGs) foster fellowship and allow members to engage with others who share a common interest. Special Interest Groups are member driven and meet on a regular schedule such as bi-weekly or monthly, according to what the group members decide. SIGs are an added benefit of your Silver Frog membership.

NEW!

Ladies Lunch Out – SIG contact: Virginia Dias
virginiadias0863@gmail.com

This group will meet once a month to share experiences, foster new friends, and socialize in general. Every participant will have the opportunity to suggest a nice restaurant to explore, have lunch and more importantly, have fun!

NEW!!

Spanish Club - SIG contact: Virginia Dias
virginiadias0863@gmail.com

The purpose of this group to practice the Spanish language in a fun way, such as sharing experiences, ideas, cultural insights, learning new vocabulary and common expressions. Basic Spanish knowledge is necessary.

No Fears Writers Group – SIG contact: Judith Soriano
Soriano.soriano100@gmail.com

Writers of prose and /or poetry come together to exchange ideas, find support and write. If you are not a writer yet but long wanted to muster up the courage , this group is for you, providing a safe space for aspiring writers.

**American Sign Language –SIG contact: Lisa Winter
lgw.winter@gmail.com**

Interest in this group was forged in the Spring 2018 American Sign Language class offered by Dianne Fisher. Sign language will be important for seniors to know as they and their parent's age. It is also a way to communicate with younger grandchildren who are sometimes taught sign language as a form of communication before they are able to talk. The group welcomes all skill levels. Come have fun while learning a new skill.

**Men's Breakfast Group – SIG Contacts:
Gary Harrell – garem36@sbcglobal.net and
Jim Box - fishingbones@yahoo.com**

A men's monthly breakfast group meeting with the goal of fostering friendships, networking and exploring common interests in a relaxed atmosphere. Social and/or service opportunities could arise out of any shared interests.

**Silver Frogs Fly Fishers
SIG contact: Ken Bowers – 68bowers@gmail.com**

This group hopes to introduce fly fishing to interested beginners and offer meetings with experienced fly fishers. The group will explore local waters, learn more about casting, etymology, reading water, knots, lines, leaders and tippets, rods, reels, fly tying and fly selection. They plan to have regular meetings and field trips to local fishing holes within a 75-mile radius of Ft. Worth.

**Classic Canasta – SIG contact: Virginia Dias
virginiadiaz0863@gmail.com**

This group will focus on playing Classic Canasta which provides many hours of fun and the opportunity to make new friends. This game is played with two or more partners making it easy and faster to play and players have fun playing and trying various strategies.

**Women & Wine – SIG contact: Sian Borne
sianb0803@hotmail.com**

This group hopes to provide an opportunity for networking with other Silver Frog women who enjoy wine, plus possibly arranging for more formal tastings/trips at local wineries around the area.

**Fort Worth Square Dancing – SIG contact: Penney and
Russell Andrew – rmandrew@aol.com**

Square dancing is a way to have fun, make friends, and is a great form of mental and physical exercise. Members of this group will be advised on how they can participate in this rewarding activity. Couples and individuals are all welcome.

**German Conversation – SIG contact: Helga Gerlinger
helgagerlinger@sbcglobal.net**

Members of this group enjoy having the opportunity to get together to enhance their working knowledge of German, brush up on grammar, add new vocabulary and join in discussions of current events and other topics of interest.

Discussion of Current Societal Issues – SIG contacts: Larry and Elaine Klos – klostx@sbcglobal.net

This group explores societal issues chosen by the members. The goal is to provide a welcoming atmosphere where all points of view can be presented and respectfully heard. The group will have succeeded when members can “agree to disagree” with respect to other’s viewpoints.

**Art of Fort Worth – SIG contact: Ann Heinz
agatha1@flash.net**

Discover Ft. Worth’s unique and fascinating art scene. View the art in our area by visiting galleries, studios, special events and museums with fellow Silver Frogs. Tours are led by docents, artists and gallery owners and generally occur every two weeks. Attendees may decide to get together after a tour to discuss art and visit with new friends.